



COMMUNITY RESOURCE GUIDE



Brought to you by
the **City of Peoria** and the **City of Surprise**



**PEORIA
SUPPORT**

Services Uniting to Provide People
with Opportunities, Resources, & Training



**HUMAN
SERVICE
COMMUNITY
VITALITY**
CITY OF SURPRISE

The City of Peoria and City of Surprise collaborated to create this quick reference guide to provide contact information for assistance with food, shelter, homelessness, domestic violence and many other local resources. This guide is intended to provide general information and is not considered to be all inclusive. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval. The user assumes the risk related to the use of any of this information.

Peoria SUPPORT



623.773.7070 • TTY/TDD: 623.773.7221

peoriasupport@peoriaaz.gov

**City of Surprise
Human Service & Community Vitality**



623.222.1600 • TTY: 623.222.1002

surprisecares@surpriseaz.gov

The most up-to-date version of this guide can be located online at
peoriaaz.gov/peoriaSUPPORT and **surpriseaz.gov/HSCV**

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City of Peoria Programs

www.peoriaaz.gov
www.facebook.com/CityofPeoriaAz

Peoria Community Assistance Division623-773-7070

www.peoriaaz.gov/communityassistance

- Emergency Home Repair Program 623-773-7667
(must be an income qualified Peoria homeowner)
- HOA contact information and registration.....623-773-5140
- Human Services 623-773-7070
- Neighborhood Grant Program..... 623-773-5140
- Tool Lending Program (*must be a Peoria resident*) 623-773-7514
- Water Payment Assistance Program..... 623-773-7667
(must be an income qualified Peoria resident)

Peoria Attorney’s Victim Assistance Unit623-773-7414

Provides support services to crime victims

Peoria Community Center623-773-7436

www.peoriaaz.gov/communitycenter

Active Adult Program: classes, trips, health and fitness, special events, educational courses and lunches served daily M-F.

Adaptive Recreation: DES/DDD services (DTA, DTT, DTS, GSE), Special Olympics, bowling, weekly dance, special events, trips and various classes.

Food programs: Various food programs for youth, teens and families distributed throughout the week. Call for details.

Youth Programs: weekly activities, tournaments and special events.

Peoria Community Services.....623-773-7137

www.peoriaaz.gov/recreation

Before/after school care, preschool, teens, sports, summer programs and reduced fees for qualifying youth. Programs at Rio Vista for all ages (reduced rates for qualifying families/persons).

Peoria Dial-A-Ride/Dial-A-Ride Plus623-773-7435

www.peoriaaz.gov/dialaride

After Hours: 623-693-1043

Leave message to reserve an ADA trip.

ADA Service Hrs: M - F 4:30am– 9pm, Sa, Su & Holidays 6 am– 10pm

Provides curb-to-curb, advance reservation transportation of Peoria residents.

Vehicles available that are wheelchair accessible. Trips can be reserved between 1 and 14 days in advance.

Peoria Rio Vista Recreation Center623-773-8600

www.peoriaaz.gov/riovista

Silver Sneakers and health programs available.

Peoria Fire-Medical Administration Non-Emergency623-773-7279

www.peoriaaz.gov/fire

www.facebook.com/PeoriaFireMedicalDepartment

Peoria Fire-Medical Services 623-773-7919

Lock box program, smoke detector help, home safety visits, car seat inspections, cpr classes and safety education.

Peoria Police Non-Emergency623-773-8311

www.peoriaaz.gov/police

www.facebook.com/PeoriaPoliceDepartmentArizona

Peoria Police Victim Assistance 623-773-7019

Domestic Violence support and meetings.

City of Surprise Programs

www.surpriseaz.gov

Surprise Human Services & Community Vitality

www.surpriseaz.gov/3320/Human-Service-Community-Vitality

www.facebook.com/surprisecares

Neighborhood Services 623-222-3238

Emergency Home Repair Program..... 623-222-3240

Neighborhood Grant Program 623-222-3239

Water Payment Assistance Program 623-222-4673

City of Surprise Resource Center 623-222-1600

Resource Center (CAP Office) 623-222-HOPE (4673)

www.surpriseaz.gov/3588/Surprise-Resource-Center

Eviction prevention, utility assistance, Medicare benefits counseling, Veteran job club, Veteran homeless services and Veteran employment.

Surprise Senior Center..... 623-222-1500

www.surpriseaz.gov/Senior-Services

15832 N. Hollyhock St. Surprise, AZ 85378

Active adult program: Congregate Meal Program, classes, trips health and fitness, Silver Sneakers, special events and educational courses.

Surprise Community Recreation Services 623-222-2000

www.surpriseaz.gov/17/Community-Recreation-Services

Provides adaptive recreation: Special Olympics, bowling and weekly dance classes.

Tot time, before/after school care and preschool

Youth Services 623-222-1033

Provides Weekly activities, tournaments and special events.

Aquatics Center 623-222-5000

Countryside Recreation Center 623-222-2626

Sierra Montana Recreation Center 623-222-2600

Surprise Fire-Medical Administration Non-Emergency..... 623-222-5000

www.surpriseaz.gov/8/Fire-Medical-Department

Surprise Police Non-emergency 623-222-4000

www.surpriseaz.gov/882/Police-Department

Surprise Youth Services 623-222-8336

Surprise City Court 623-222-4800

www.surpriseaz.gov/238/City-Court

Basic Needs/Multiple Service Offerings

Catholic Charities Community Services 602-285-1999

www.CatholicCharitiesAz.org

www.facebook.com/CatholicCharitiesAZ

4747 N. 7th Ave., Phoenix, AZ 85013

Programs include domestic violence, foster care, youth programs, parenting, immigration and Westside Head Start.

Community Action Program (CAP)

www.azdes.gov

www.facebook.com/OfficialArizonaDES

Peoria 8335 W Jefferson St, Peoria 85345 623-979-3911

Surprise 623.222.HOPE(4673)

Offers assistance with: Utilities, rent, food, referral to senior services and case management.

Department of Economic Security (DES).....602-542-4791

www.azdes.gov

<https://www.facebook.com/OfficialArizonaDES/>

Peoria Location: 8990 W. Peoria Ave., 2nd Floor 602-771-0014

Hours: M-F 8am – 5pm

Office of Community Engagement (1789 W Jefferson St., Phx)..... 602-542-2274

Aging and Adult Services (DAAS)..... 602-542-4446

Adult Protective Services..... 877-SOS-ADULT (877-767-2385)

Benefits and Medical Eligibility (DBME) 855-777-8590

Child Care Assistance..... 602-542-4248

Child Support Services (DCSS)..... 602-252-4045

Developmental Disabilities (DDD) 844-770-9500

AZEIP 602-532-9960

Employment and Rehabilitation Services 602-542-4910

Ombudsman 602-364-2860

Tribal Relations 602-542-1290

Volunteer Engagement 602-542-1991

Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

Hours 10:00 - 8:00 Monday through Thursday -GED, ESL, Adult Citizenship classes

After School Program ages 4 - 18, Hours: Mon 1-7, Tue - Thurs 3-7

First Saturday Mobile Pantry. Hours 9:00 – 11:00

Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.

Salvation Army Sun City.....623-977-1084

suncities.salvationarmy.org

www.facebook.com/thesalvationarmy.suncitieswestvalleycorps

www.needhelppayingbills.com

17420 N Avenue of the Arts, Surprise, AZ 85378

Hours: M-F 9am-4pm; closed 12pm-1pm for lunch

Food box assistance line..... 623-977-1084

The location listed offers assistance with an emergency food program, utilities and is a hydration station in the Surprise area and provides services to the following cities: Peoria, Youngtown, Sun City, Sun City West, Waddell, El Mirage, Surprise and Wittmann.

St Vincent de Paul602-266-HOPE (4673)

www.stvincentdepaul.net/programs

www.facebook.com/StVincentdePaulPhx

Food Box Assistance Line/ Financial Assistance..... 602-266-4673

Medical/Dental 602-261-6868

Shelter/Clothing 602-261-6883

Medical Equipment Loan 602-261-6896

Housing Assistance/Utility Assistance/through 211..... 877-211-8661

Zuri’s Circle..... 480-779-ZURI (9874)

www.zuriscircle.org

<https://www.facebook.com/ZurisCircle/>

Provide temporary assistance during unforeseen hardship to individuals, families and the homeless. Supporting the need of food boxes, hygiene bags, clothing and furniture.

Behavioral Health/Substance Abuse

Abraham Low Self - Help Systems (Christian Church)623-974-0566

www.recoveryinternational.org/meetings

Weekly group meetings for people with mental health challenges (depression, anxiety, etc) using a self-help method.

American Foundation for Suicide Prevention888-333-AFSP (2377)

Crisis Line (24/7) 800-273-TALK (8255)

www.afsp.org

www.facebook.com/AFSPnational

Not-for-Profit organization exclusively dedicated to preventing suicide.

AZ Youth & Family Services602-277-4833

www.azyfs.org

Community mental health agency serving children, adolescents and families.

Community Bridges623-643-9678

www.communitybridgesaz.org

www.facebook.com/communitybridgesaz

24/7 Access to care line

Services: Patient-centered medical home, inpatient, outpatient, access point, transition point, crisis mobile teams, stabilization, and recovery unit, opioid treatment and residential treatment.

Family Involvement Center.....602-288-0155 / 877-568-8468

www.familyinvolvementcenter.org

www.facebook.com/FollowFIC

Support & resources for parents who are navigating behavioral and physical health, schools, developmental disabilities, juvenile justice, child welfare and other systems to meet their child's and family's needs.

Marc Community Resources480-994-4407

www.marccr.com/arizona-mental-behavioral-health-information-resources/

Provides information and resources. Helping people navigate the often confusing world of the Arizona mental health system, locating the professionals and organizations best able to assist the individuals.

Mercy Maricopa Integrated Care 24/7 602-586-1841/ 800-564-5465

www.mercymaricopa.org

www.facebook.com/MercyMaricopa

Helping connect residents in Maricopa County and parts of Pinal County to behavioral health, substance use and crisis care services.

MIKID (Mentally Ill Kids in Distress)602-253-1240

www.mikid.org

www.facebook.com/MIKIDarizona

Hours: M-F 8am - 4pm

Provides: case management, individual/group respite, living skills individual/group, youth peer support, family support, chronic disease self-management, safeTALK and signs of suicide training, mental health first aid program and cultural competency training.

Mental Health America of Arizona480-994-4407 x10

www.mhaarizona.org

www.facebook.com/mentalhealthamericaofarizona

Promotes mental health and well-being for all Arizonans through education, advocacy and the shaping of public policy.

- NAMI Valley of the Sun Office..... 602 244-8166**
www.namivalleyofthesun.org
5025 East Washington Street, Suite 112, Phoenix, AZ 85034
Nami advocates for access to services, treatment, support and research and is steadfast in its commitment to raising awareness and building a community of hope. Also, provides education programs at no cost throughout Maricopa County to qualified individuals.
- Partners in Recovery623-583-0232**
www.partnersinrecovery.us.com/WestValley/WestValleyHome.htm
Out-patient mental health provider that assists individuals in becoming healthy and stable as well as achieving personal goals and dreams. A tool on your pathway to recovery. In order for us to assist you in your success, we want to become a partner with you.
- Recovery Empowerment Network602-248-0368**
www.renaz.org
www.facebook.com/renaz.org
Provides adult behavioral health services.
- RI International866-481-5361**
www.riinternational.com
Peoria Recovery Response Center (RRC)..... 602-650-1212
Fax:..... 623-972-6173
11361 N. 99th Avenue, Suite 402, Peoria, AZ 85345
Crisis Respite 602-636-4380
11361 N. 99th Avenue, Suite 107, Peoria, AZ 85345
Serving those with mental illness and/or substance abuse through our Crisis Observation and Stabilization Unit, inpatient hospitalization, crisis respite services, as well as out-patient and peer support/educational services for those transitioning back into the community after hospitalization or incarceration.
- Southwest Behavioral & Health Services602-265-8338**
www.sbhservices.org
www.facebook.com/SBHServices/?ref=ts
Providing integrated behavioral & health services to children, adolescents and adults.
- STAR (Stand Together and Recover)623-882-8463**
www.thestarcenters.org
Hours: M – Th 7:30am - 7:30pm, F 7:30am - 3:30pm, Sa 7:30am - 2:00pm
Mission is to empower adults diagnosed with a mental illness by providing non-clinical peer-run support services.
- Terros Health.....602-685-6000**
www.terros.org
Hours: M – F 8am - 5pm
Provides culturally responsive, integrated and evidence-based primary care services, addiction and mental health treatment, mobile psychiatric crisis services, and community prevention and education.
- Touchstone Behavioral Health866-207-3882**
www.touchstonehs.org
www.facebook.com/touchstoneaz
Integrated health providing mental, behavioral health and pediatric medicine for children and youth-birth to 17 years old.

Boys and Girls Club Dental Clinic602-271-9961

www.bgcamp.org/programs/bgcamp-dental-clinic

<https://www.facebook.com/BGCMP>

1601 W Sherman St, Phoenix 85007. Hours: Tu- F 7am - 6pm

Full-service facility for children 5-18 who lack dental insurance and do not qualify for state assistance.

First Teeth Firstsee various locations below

www.maricopa.gov/publichealth/programs/oral/FTF/default.aspx

Glendale WIC 5141 W. Lamar Rd 623-939-0989

St. Mary's WIC 3003 W. Thomas Rd., Phoenix 602-278-3201

Sunnyslope WIC 8828 N. Central Ave., #100, Phoenix 602-331-8311

Thunderbird WIC 5422 W. Thunderbird Rd., #6, Glendale 602-993-5010

Constitution WIC 18440 N 15th Ave, Phoenix 602-482-7174

Maricopa County Office of Oral Health provides dental screenings, parent education, fluoride varnish and referrals for children five years of age and younger.

Mobile Dentistry of Arizona480-313-3310

www.mobiledentistryofaz.com

Provides full dental services for people of all ages, including individuals with physical and cognitive constraints that make it difficult to get to the dentist. This service is provided at your home.

Phoenix College Dental Clinic602-285-7323

www.phoenixcollege.edu/student-resources/campus-resources/dental-clinic

3144 N 7th Ave, Phoenix, AZ 85013

Hours: M-Th 8:30am - 4:30pm; F 8:30am - 3:30pm (by appointment only)

Dental hygiene services offered include cleanings, deep scaling, x-rays, sealants and fluoride. \$35 for adults, \$25 for kids (ages 3 to 15) and \$10 per sealant.

Employment/Training Resources

Arizona@Work: Maricopa County602-372-4200

www.arizonaatwork.com/maricopa

<https://www.facebook.com/azatworkmaricopa>

West Valley Career Center: 1840 N 95th Ave, Suite 160, Phx, AZ 602-372-4200

Youth Hub: 8335 W Jefferson St, Peoria, AZ serves ages 16-24 623-878-0416

Provides services including job placement, skills assessments, job training, career counseling and resume development.

AWEE Advancing Arizona's Workforce602-601-7200

www.awee.org

www.facebook.com/aweeworks

4520 N Central Ave, Phoenix, AZ 85006

Hours: M-F 9am - 12pm holiday hours vary

Provides workforce development strategy and offers tools for change, independence, self-reliance, and community revitalization to Advance Arizona's Workforce.

Goodwill of Central Arizona Corporate Center602-535-4444

www.goodwillaz.org/locations/?filter=career-center

Career Center: 6750 W Peoria, AZ 623-486-4400

Hours: M-Th 9am - 3pm, F 9am - 1pm (Other career centers listed on the website)

Prepare and connect job seekers to open positions with hundreds of local companies.

Hope Women’s Center623-875-4549
www.hopewomenscenter.org/west-valley-center/
 Hours: W-Th 9am-2pm
 West Valley Center: 12101 Grand Ave, El Mirage, AZ 85335
Serves women and teen girls facing any difficult life situation such as domestic violence, abuse, poverty, mental health, family conflict, single parenting, job readiness, substance abuse recovery, etc, to move them through crisis and teach the tools needed for long term positive life changes.

Jobs for Arizona Graduates602-216-9503
www.jaqaz.org
<https://www.facebook.com/JagArizona/>
Assists youth to remain in school and acquire the academic, personal and leadership skills required for success after graduation.

Phoenix Job Corps602-254-5921
<https://phoenix.jobcorps.gov/>
<https://www.facebook.com/doljobcorps>
Helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training.

St. Mary’s Food Bank Alliance’s Community Kitchen602-343-3183
www.firstfoodbank.org/learn/programs/community-kitchen/
Life skills and food service training for those with barriers to employment. Info sessions are held every Wednesday at 10:00am and are mandatory to proceed to the next step in the enrollment process.

Family Services

AASK – Aid to adoption of Special Kids602-254-2275
www.aask-az.org
<https://www.facebook.com/AidtoAdoptionofSpecialKids/>
Aid to adoption of special kids by strengthening families for the children in Arizona’s foster care system. "Ensuring every child has someone who cares!"

Arizona Facts of Life602-254-2704
www.azfactsoflife.org
<https://www.facebook.com/AzFactsOfLife>
Provide and nourish an environment where youth and families discover healthy solutions to life situations.

Arizonans for Children.....480-838-0085
www.arizonansforchildren.org
<https://www.facebook.com/az4children/>
Helping abused, neglected and abandoned children.

Billy’s Place.....623-414-9838
www.billysplace.me
<https://www.facebook.com/billysplaceme/>
Grief support groups for Children ages 3 to 30 and their families.

Catholic Charities
 Head Start and Early Head Start 623-486-9868
 Westside Head Start 623-932-3517
www.catholiccharitiesaz.org/all-locations/youth-development
www.azheadstart.org
 7400 W. Olive Ave. Suite 10, Peoria, AZ 85345
 Early Head Start serves children from pregnancy to 3 years and Head Start for children 3 to 5 years. Services available in Peoria, El Mirage, Surprise, Glendale, Tolleson, Avondale, Buckeye and Palo Verde

Pregnancy, Parenting, & Adoption Counseling Hotline 888-818-4445
www.catholiccharitiesaz.org/all-locations/pregnancy-counseling
Free counseling for women and men experiencing an unexpected pregnancy who need help, please call or text.

Family Bridges.....877-412-7434
www.familybridgesusa.com
<https://www.facebook.com/familybridges>
Provides resources, workshops and events to strengthen marriages and families.

First Things First.....602-771-5100
www.firstthingsfirst.org
<https://www.facebook.com/AZFirstThingsFirst/>
First Things First is a voter-created organization dedicated to helping Arizona kids five and younger receive the quality early learning, healthcare and family support they need to arrive at kindergarten healthy and ready to succeed.

Helping Families in Need.....800-298-4346
www.hfinaz.com
<https://www.facebook.com/Hfinaz/>
Program which seeks to improve early education and health services for children.

Jewish Family & Children’s Service (JFCS)602-279-7655
www.jfcsaz.org
<https://www.facebook.com/JFCSAZ>
Provides behavioral health services for children, youth and adults; services for victims of domestic violence; foster care youth transitioning to adulthood; older adult case management and counseling and services for the Jewish Community. Services are provided with a goal of improving coping skills and emotional health while encouraging self-determination, independence and resiliency.

Peoria Unified School District Family Resource Center623-773-6679
www.peoriaunified.org/Page/490
email: PUSDFamilyResourceCE@pusd11.net
Sky View Elementary School, 8624 W. Sweetwater Avenue, Peoria, AZ 85381
Hours: M-F 8am - 4pm
Helps families with children 0-5 years identify available resources to support children in their earliest years.

Southwest Human Development
Birth to Five Helpline..... 877-705-KIDS (5437) call or text
www.birthtofivehelpline.org
www.swhd.org/helpline
www.facebook.com/SouthwestHumanDevelopment
Hours: M-F 8am - 8pm
Assist with questions or concerns about children birth to five years of age.

Teen Challenge.....800-346-7859
www.tcaz.org
<https://www.facebook.com/TeenChallengeArizona>
Faith-based solutions for youth, adults and families struggling with life controlling problems.

West Valley Child Crisis Center623-848-8863
www.wvccc.org
<https://www.facebook.com/WestValleyChildCrisisCenter/>
Provides counseling services, supervised visitation of minors that are court ordered in addition to foster care and adoption services.

Food/Meals Assistance

Animals in Disasters, Empty Bowl Pet Food Pantry602-909-7153

www.emptybowlpetfoodpantry.org

<https://www.facebook.com/emptybowlpetfoodpantry/>

Helps owners facing financial challenges with dog and cat pet food.

Helps Veterans and disaster victims providing supplies for all pet species with pet food and pet items.

Association of Arizona Food Banks602-528-3434

www.azfoodbanks.org

<https://www.facebook.com/azfoodbanks>

Online resource to find a food bank closest to you by zip code, city or title.

Community Hope Center at Fresh Start Church623-979-4392

www.freshstartaz.com

<https://www.facebook.com/freshstartchurchaz>

Utility assistance on Wednesday is at 10am. Mobile food pantry is the 1st Thursday of the Month at 8am, closed during holiday weeks.

Harvest Compassion Center602-788-2444

www.harvestcompassioncenter.org

<https://www.facebook.com/MitchellSwabackCharities>

4744 E Thunderbird Rd, Suite 9, Phoenix 85032

Hours: M&W 9am - 11:30am, Sa 2pm - 4:30pm

Bring 2 forms of ID. Local food and clothing bank to serve families in need

Guests may visit once every 30 days for free groceries, hygiene, baby and clothing items.

Hope for Hunger Food Bank602-773-4344

www.hopeforhungerfb.org

<https://www.facebook.com/hopeforhunger>

5605 N 55th Ave, Glendale 85301

Hours: M–Th; 8am - 12pm

Committed to feeding families.

ICM Food & Clothing Bank602-254-7450

www.icmaz.org

<https://www.facebook.com/ICMFoodandClothingBank>

Hours: M-Sa 9am – 11am

Services: Food boxes, clothing, toiletries and household goods.

Mission: Providing an immediate response to basic human need.

Operation Care Food Bank602-866-0135

www.operationcarefoodbank.org

1827 W Grovers, Phoenix 85023

Hours: Tu&Th 9am - 11:30am

Food and clothing to help those in need.

St Charles Borromeo.....623-979-8059

https://scbpeoria.org/

<https://www.facebook.com/scbpeoria/?fref=ts>

8615 W Peoria Ave, Peoria, AZ

Hours: Open to serve the community Tu&Th; 6pm-8pm

Food box assistance - Serves zip codes: 85345, 85351 and 85381.

The Pantry is in St. John's Room at St. Charles Borromeo Church.

St Mary’s Food Bank Alliance602-242-FOOD (3663)

www.firstfoodbank.org

<https://www.facebook.com/firstfoodbank>

Programs designed to help those in need receive food and other types of assistance and offer opportunities for individuals and organizations to get involved, make financial donations, and volunteer their time, effort and resources.

St Vincent de Paul

www.stvincentdepaul.net

<https://www.facebook.com/StVincentdePaulPhx>

Provides food via charitable dining rooms and a food bank to those who need help.

El Mirage Dining Room 602-850-6746

14013 N Verbena St, El Mirage 85335

Hours: M-F 10am - 11:30am

Sunnyslope Dining Room 602-944-0139

9227 N 10th Ave, Phoenix 85021

Hours: M-F 11am - 12:30pm, 4:30pm - 5:30pm, Sa-Sun 4:30pm - 5:30pm

Family Dining Room 602-254-3338

420 W Watkins Rd, Phoenix 85003

Hours: M-F 4:45pm - 6pm, activities and tutoring are available after dinner. Free shuttle is available.

Human Services Campus Dining Room 602-850-6746

1075 W Jackson St, Phoenix 85007

Hours: Weekdays 7am-8am, 11am-12:45pm; open weekends 11am-12:45pm

United Food Bank480-926-4897

www.unitedfoodbank.org

<https://www.facebook.com/UnitedFoodBank>

Food distribution warehouse serving almost 200 agencies in a five county service area. Our agency partners provide direct client service providing emergency food boxes and other services to those in need.

Valley View Food Bank623-933-3358

www.yourfoodbank.org

<https://www.facebook.com/YourFoodBank>

12321 NW Grand Ave, El Mirage, AZ 85335

Hours: M-F; 9am - 1pm

Provides the resources for wholesome, nutritious food for those seeking help.

Vineyard Church623-934-4000

www.vineyardnorthphoenix.com/foodbank

<https://www.facebook.com/vineyardnorthphoenix/>

6250 W Peoria Ave, Glendale, AZ 85302

Hours: Sa, Su & W 9am; M, Tu, & Th 7pm; F closed

Provides clothing and food boxes.

West Valley Community Food Pantry623-848-8278

www.stchurchaz.org

<https://www.facebook.com/stchurchaz>

7205 N 51st Ave, Glendale 85301

Hours: M, W, Th 9am - 12:00pm

Emergency food pantry, providing up to 5 boxes per year to each household.

Accepting appointments for possible utility assistance: Call 480-654-4539

Health and Welfare/Medical Assistance

Adelante Healthcare.....877-809-5092

www.adelantehealthcare.com

www.facebook.com/AdelanteHealthcare/

Peoria Location: 15525 N 83rd Ave #104

Hours: M-F 8am – 5pm, closed during lunch

Offers primary medical care for the whole family, including family and internal medicine, pediatrics, on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance. Additional locations may also provide dental.

American Cancer Society.....800-227-2345

www.cancer.org

www.facebook.com/AmericanCancerSociety

Cancer Resource Center:623-832-5682

Provides personalized cancer information, wigs, head coverings, support groups and community resource referrals to cope with cancer. Assists cancer patients, their caregivers and/or their family members at no cost.

Prescription Assistance Program (PAP)

provided through Safeway and CVS/Pharmacy

<https://www.arizonarxcard.com/>

As a resident of Arizona, you and your family have access to a statewide Prescription Assistance Program (PAP). Create and print your FREE discount prescription drug card from the website listed above.

Arizona Department of Child Safety (DCS) .. Abuse Hotline 888-767-2445

Local number for general information602-255-2500

dcs.az.gov/

www.facebook.com/arizonadcs

AZ Dept of Public Health602-542-1025

www.azdhs.gov

www.facebook.com/azdhs

To promote, protect and improve the health and wellness of individuals and communities in Arizona.

Arizona Division of Problem Gambling.....602-542-8998

Helpline 800-Next Step (639-8783)

www.problemgambling.az.gov

www.facebook.com/Arizona-Office-of-Problem-Gambling-431670023533035

Provide and support effective problem gambling prevention, treatment and education programs.

AZ Health Care Cost Containment System (AHCCCS).....855-432-7587

www.azahcccs.gov

Hours: M-F 8am - 5pm

Arizona's Medicaid agency that offers health care programs to serve Arizona residents.

Brain Injury Alliance.....602-508-8024

www.biaaz.org

Provides support, resource and referrals to children, adults and families with any type of brain injury.

Cancer Support Community Arizona602-712-1006

www.cscaz.org

www.facebook.com/CSCArizona

Provides psychosocial support and services to people diagnosed with cancer and their friends and families in Arizona. Services include: support services, healthy lifestyle activities, educational seminars, social connections and resources and referrals.

Care 1st Resource Center.....623-333-2703

www.avondaleaz.gov/government/departments/neighborhood-family-services/family-services/resource-center

328 W Western Ave, Avondale 85323 Hours: M-Th 8am - 7pm; F 9am - 5pm

Offers a variety of human services; from programs for parents with children 0-5, to assistance with applying for AHCCCS.

Family Assistance Administration (FAA)602-771-0011

des.az.gov/services/basic-needs/family-assistance

www.facebook.com/OfficialArizonaDES

Peoria Location: 8990 W Peoria Hours: M-F 8am - 5pm

Family assistance – possible nutrition, cash and/or medical assistance benefits.

Health-e-Arizona 855-432-7587 /855-HEAPlus

www.healthearizonaplus.gov

Single on-line application for medical and nutrition assistance.

Statewide Fax Queue: 602-257-7031

Maricopa County Dept of Public Health (MCDPH)602-506-6900

www.WeArePublicHealth.org (English)

www.SomosSaludPublica.org (Spanish)

[Facebook.com/MCDPH](https://www.facebook.com/MCDPH) (English)

Main Number 602-506-6767

West Valley Immunization Clinic 623-474-2290

1850 N 95th Ave, Suite 184, Phoenix 85037

Hours: M-F 8am - 4:30pm (closed 12pm-1pm and every fourth Wednesday morning of the month, to reopen at 1 p.m. that day)

Maricopa County Dept of Public Health (MCDPH)(cont)602-506-6900

Immunization Clinic..... 602-506-8815

1645 E Roosevelt St, Phoenix 85006

Other locations in Maricopa County 602-839-2289

Provides free immunizations to children age 0-18 years old. Educates parents, guardians, day care and school staff to reduce/eliminate the transmission of vaccine preventable diseases.

Nurse-Family Partnership program 602-224-1740 / 602-359-7083

Provides a nurse to visit you in your home throughout your 1st pregnancy and until your child is 2 years of age. Working together to have a healthy pregnancy and child, become a better parent, make your home a safe place, get referrals to support services and set goals for your future.

Maricopa Integrated Health System Family Health Centers (MIHS)

www.mihs.org/family-health-center

www.facebook.com/mihs.az

Avondale Family Health Center 950 E Van Buren..... 623-344-6800

Hours: M-F 8am - 6pm; Sa 8am - 12pm

Adult Dental 623-344-6809

Hours: 7:30am - 4:00pm

Glendale Family Health Center 623-344-6700

5141 W. Lamar Glendale, AZ 85301

Hours: M-F 7am - 5pm

Adult Dental..... 623-344-6789
 Hours: 7:30am - 4pm
 Pendergast Family Health Center..... 602-344-2520
 10550 W Mariposa St, Ste 1, Phoenix, AZ 85037
 Hours: M-F 7am - 6pm,
 Pediatric Dental..... 602-344-2522
 Hours: 7:30am - 4:30pm
Routine exams and cleanings, oral hygiene, instruction for young patients and parents, digital x-rays, fluoride treatments, restorative treatments and emergency (pain relief) treatments, Family Medicine and lab services.

Literacy Volunteers of Maricopa County

www.literacyvolunteers-maricopa.org
 1616 E Indian School Rd, Suite 200, Phoenix 85016 602-274-3430
 Office Hours: M-F 8am - 4pm
 Class hours: M-Th, 8am - 8pm; F 8 am – 4 pm
 729 E Hatcher Rd, Phoenix 85020 602-943-7332
 Office Hours: M-Th, 8am - 4pm
 Class hours: M-Th, 8am - 8pm; F 8am – 4pm
Improve adult reading, writing and mathematical skills to prepare for the GED; English language acquisition classes for adults.

Mountain Park Health Center.....602-243-7277

www.mountainparkhealth.org
www.facebook.com/MountainParkHealthCenter
 6601 W Thomas Rd, Phoenix 85033
 Hours: M-F 8am - 8pm; Sa 7:30am - 4:30pm
*Can schedule appointments 24/7
 Provides Women’s Healthcare, Pediatrics, Internal/Family Medicine, Dental, Labs, Pharmacy, WIC and more!*

Medical Lending Center (Youngtown Community Fund)623-977-4661

www.youngtowncommunityfund.com
Short-term loan of medical equipment.

Mission of Mercy..... (602) 861-2233

www.amissionofmercy.org/arizona (Other locations listed on website)
www.facebook.com/missionofmercyaz/
 Avondale Appointment Line 623-932-2723
 Appointment Line Hours Tu & Th; 9am - 2pm.
 First Southern Baptist Church, 1001 N. Central Ave, Avondale
 Clinic open on Mondays, 8am-2pm
 Maryvale & Central Phoenix Appointment Line..... 602-486-7798
 Appointment Line Hours Tu 1pm-6pm and Th 9am - 2pm.
 Maryvale - Church of the Nazarene, 3201 N. 51st Ave, Phoenix, AZ
 Clinic open on 1st & 3rd Tuesdays, 8am - 2pm
 Murphy Education & Health Center, 3140 W Buckeye Rd. Phoenix, AZ
 Clinic open on 2nd and 4th Friday
 Central Phoenix -Shepherd of the Valley Lutheran Church, 1500 W Maryland
 Clinic open on Wednesdays, 8am - 2pm
All locations provide free healthcare and free prescription medications to the uninsured, underinsured and those who "fall through the cracks" of the healthcare system. Appointment lines and locations also offer bi-lingual assistance.

Native Health Centers afterHours:602-787-3352

www.nativehealthphoenix.org

www.facebook.com/nativehealthphoenix

4041 N Central Ave Building C, Phoenix 602-279-5262

Hours: M – F 7am - 6pm

2423 W Dunlap Ave, Suite 140, Phoenix..... 602-279-5351

Hours: M – F 8am - 7pm

Full medical and dental services, WIC, HIV testing and AHCCCS enrollment assistance. Free transportation may be available.

Neighborhood Outreach Access to Health (NOAH)

Central scheduling phone number for all locations480-882-4545

www.Noahhelps.org

Copperwood Center: 6677 W Thunderbird, Ste A124, Glendale, AZ 85306

Hours: M–Th 7am - 7pm; F 7am-5pm

Desert Mission Community Health Center: 9201 N 5th St, Phoenix, AZ 85020

Hours: M–F 8am - 5 pm

Sierra Health Center: 6206 W Bell Rd, Glendale, AZ 85308

Hours: M-F 8am - 5pm

Venado Health Center: 20440 N. 27th Avenue, Phoenix, AZ 85027

Services may include medical, dental, pediatric, behavioral health and psychiatric, nutrition services, prenatal and community resources. Additional locations listed online.

Nutritional Services (WIC).....800-252-5942

www.azdhs.gov/prevention/azwic/families/index.php

www.facebook.com/azdhs/

Peoria Mobile (WIC) through Adelante Healthcare..... 623-236-4622

8335 W Jefferson St, Peoria

Hours: Tu & W 8am - 5pm

Supplemental nutrition program for low income women.

Social Security800-772-1213

www.ssa.gov

www.facebook.com/socialsecurity

Official Social Security website online services and retirement estimator.

Solecito Services623-876-5331

Medical equipment rental.

Southwest Lending Closet.....623-932-1016

www.southwestlendingcloset.org

www.facebook.com/SouthwestLendingCloset

Lends home health equipment.

Young Adult Transitional Insurance (YATI).....623-977-4661

www.healtharizonaplus.gov

Signup through Phoenix Day HealthLinks Program (602) 252-4911, ext. 104

Provides health insurance for youth formerly in foster care.

Housing Rehabilitation

Ability360 main office 602-256-2245

Glendale Office 602-424-4100

www.ability360.org

www.facebook.com/Ability360

Provides removal of architectural barriers in the homes of residents with disabilities.

Maricopa County Housing Programs602-506-5911
www.maricopa.gov/faq.aspx?qid=254
Provides weatherization for homes owned by low-income persons, particularly the elderly, the disabled and persons with minor children. The goal of weatherization is to increase energy efficiency by reducing energy usage and improving the health and safety of the home. You can complete an inquiry form at www.maricopa.gov/4119

Housing Assistance

Administration of Resources and Choices (ARC)602-374-2226
www.arc-az.org/housing-counseling/
HUD Certified agency providing a path to successful home ownership through Mortgage Readiness Review and Assistance. Also, providing foreclosure prevention counseling for principal reduction, monthly mortgage subsidy assistance to qualified Arizona homeowners, Reverse Mortgage Counseling, assisting homeowners 62 or older.

Arizona Attorney General602-542-5025
 Consumer Information and Complaints 602-542-5763
 Task Force Against Senior Abuse (TASA)..... 602-542-2124
www.azag.gov/seniors/ITASA
 Resources for Seniors www.azag.gov/seniors

Arizona Department of Housing (ADOH)602-771-1000
www.housing.az.gov
www.facebook.com/azhousing/
Programs include: Foreclosure and homeless assistance, fair housing, affordable housing, Section 8, rentals and housing counseling.
 Save Our Home AZ (foreclosure assistance) 602-771-1000
 Housing Counselor..... 877-448-1211
Offers principal reduction assistance, monthly mortgage subsidy assistance for underemployed and unemployed Arizonans, second lien elimination and short sale assistance to qualified Arizona homeowners.

Arizona Fair Housing Center.....602-548-1599
www.azfairhousing.net
www.facebook.com/pg/Arizona-Fair-Housing-Center-265710680205759/
Mission is to eliminate housing discrimination and fair housing/civil rights complaints. Individuals who believe they are victims of discrimination should submit a complaint.

Catholic Charities Affordable Housing602-285-1999
www.housingforhopeaz.org
www.CatholicCharitiesAz.org
 Phoenix (2 locations) 602-840-0898 and 602-290-0459
 Glendale 623-934-7579
Offers affordable housing for qualifying families in three housing communities throughout the Valley.

Habitat for Humanity Central Arizona.....623-583-2417
www.habitatcaz.org
www.facebook.com/HabitatCAZ
 Peoria Location: 9133 NW Grand Ave, Suite 1, Peoria, AZ 85345
New home construction, home repairs, neighborhood revitalization and contract services for public and nonprofit industries.

Housing Authority of Maricopa County

www.maricopahousing.org/programs/

Peoria Property: 10950 N 87th Ave 602-744-4590

Hours: M-F 8am - 5pm

Providing HUD affordable housing for low-income eligible families and/or single persons.

Housing Choice Voucher-Section 8 602-744-4500

Location: 8910 N 78th Ave, Building D, Peoria

Hours: M-F 8am - 5pm

Provides rent subsidy to income eligible individuals and families.

Save the Family

www.savethefamily.org

www.facebook.com/SaveTheFamilyAZ

Affordable Rental Movement..... 480-898-0228 ext 100

Transitional housing and supportive services for homeless families with children.

Trellis.....602-258-1659

www.trellisaz.org

www.facebook.com/TrellisAZ1

Pre and post-purchase, reverse mortgage housing counseling; financial coaching, money management and budget workshops; homebuyer education; down payment assistance and flexible lending products; and affordable single-family homes.

Legal/Financial Services

ACESDV.....602-279-2900

Toll-free 800-782-6400

www.acesdv.org

www.facebook.com/ACESDV

Information, publications and resources related to legal issues and areas of State and Federal law.

Arizona Center for Disability Law602-274-6287

www.azdisabilitylaw.org

www.facebook.com/Arizona-Center-for-Disability-Law-134193483284046

Protect and advocate for individuals with disabilities.

CASA of Arizona.....602-506-4083

www.azcourts.gov/casa

www.facebook.com/CASAofArizona

Court appointed special advocates; adult volunteers appointed by judge to advocate for abused and neglected children in court.

Catholic Charities Community Services, Familias Unidas Legal Services, Immigration and Family Reunification602-749-4415

www.catholiccharitiesaz.org/all-locations/immigration

Provides various legal services including immigration and family reunification.

NOTE: Leave a message and someone will return your call. NOTA: Deje mensaje y alguien le regresara su llamada.

Community Legal Services602-258-3434 x 2150

www.clsaz.org

www.facebook.com/communitylegalservicesarizona

Non-profit, civil, Arizona law firm providing legal services to program eligible residents living with lower incomes and experiencing legal problems with our practice areas: Family Law, Housing Law, Consumer Law, Farm Worker, Employment & Tax Law, and Health and Economic Stability. Works to ensure access to justice for all.

Internal Revenue Service (IRS) Volunteer Income Tax Assistance (VITA)

www.irs.gov

Offers free tax help.

Lawyer Referral Service602-257-4434

www.maricopalawyers.org/about-us/

Services meeting the legal needs of our community.

Maricopa County Attorney

www.maricopacountyattorney.org/serving-victims/brochures-forms-information

Maricopa County Victim Compensation 602-506-4955

Assists victims and their families dealing with the financial harm caused by crime.

Take Charge America.....866-750-9612

Additional toll free number listed on website 866-528-0588

www.takechargeamerica.org

www.facebook.com/TakeChargeAmerica

Guidance with credit, bankruptcy, housing, student loans and debt management.

HUD certified.

Valley of the Sun United Way (VITA)

www.unitedway.org/myfreetaxes

www.facebook.com/MyFreeTaxes

The Volunteer Income Tax Assistance program offers free tax help.

Miscellaneous Services

Bureau of Vital Records.....602-364-1300

www.azdhs.gov/licensing/vital-records (only Arizona)

www.Vitalchek.com (paid service for most states and some international agencies)

Homeless ID Project..... 211 or 877-211-8661

www.azhomeless.org

email: info@azhomeless.org

206 S 12th Avenue, Phoenix, AZ 85007

Cross Streets: 12th Avenue and Madison Street

Hours: M-F 7:30am – 9:00am (20 individuals will be served at each sign up time

and on a first come, first serve basis)

Provides help to men, women, and children experiencing homelessness to rebuild their lives by obtaining their identification.

Safelink Wireless Service through TracFone.....800-Safelink (723-3546)

www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/index.html

Technical Support ONLY:800-378-1684

Provides households a wireless phone, eligibility requirements must be met, which are set by each State where the service is provided. This service is limited to one person per household.

Science Care800-417-3747

www.sciencecare.com

Hope Program is a no cost pre-screening program that allows patients, families, and healthcare providers to know with certainty if a donor meets current research criteria before the time of passing.

Referral Services

2-1-1 Arizona Services 211 or 877-211-8661

www.211arizona.org

Community information and referral service.

Affordable Housing Online

affordablehousingonline.com/
www.facebook.com/AffHsgOnline/

Provides ability to search for affordable housing in a specific area by City, County or Zip code and also allows individuals to sign up for waitlist alerts.

AZCaregiver Coalition.....888-737-7494

www.azcaregiver.org
www.facebook.com/azcaregiver/

Supports family caregivers.

Arizona Community Action Association

www.azcaa.org
www.facebook.com/ArizonaCommunityActionAssociation/

Comprehensive listing of free and low-cost services and programs for low-income families and individuals.

North West Area Utility Assistance Line 602-372-0728

(Serving Peoria, El Mirage, Sun Cities and surrounding area)

Hours: M-F 8am–5pm, Please call to make an appointment.

Peoria: 8335 W Jefferson St, Peoria 85345 623-979-3911

Surprise 623.222.HOPE(4673)

Arizona Self Help (Benefit referral)

www.ArizonaSelfHelp.org
www.arizonaselfhelp.org/programs/

Free and easy way to find out if your family can get help from several different health and human services programs.

BenefitsCheckUp®

www.benefitscheckup.org

*Free service that helps find benefit programs based on your needs.
(ex: medication, food, utility, legal, health care, housing, etc)*

Child Care Resource and Referral800-308-9000

www.arizonachildcare.org
www.facebook.com/pg/arizonachildcare

Referrals to families who need assistance locating regulated childcare.

Crisis Response Network

www.crisisnetwork.org
www.facebook.com/CrisisNetworkAZ/

Central Arizona warm Line..... 602-347-1100

Central Arizona crisis Line..... local 602-222-9444

Central Arizona crisis Line 800-631-1314

Central Arizona crisis Line (TTY) 800-327-9254

SMI determination 855-832-2866

24/7 crisis response network to assist children and adults connect with the help they need for qualifying individuals and families looking for services: medical, legal, affordable housing and more.

Find Help Phoenix

www.findhelpphx.org
www.findhelpphx.org/es (Spanish language partner site)

Free and low-cost services in Maricopa County.

Senior Guidance.org

www.seniorguidance.org/assisted-living/arizona/

Provides resources on senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and other long term senior care options, including memory care such as Alzheimer's or Dementia.

Senior Services

- About Seniors602-772-6490**
www.aboutseniorsaz.com
www.facebook.com/aboutseniorsaz
Provides seniors and their families assistance in finding quality communities and/or care in Arizona. In addition, offers Grief Support Services and Support Group Facilitation to clients, organizations and those in need.
- Alzheimer’s Association.....602-528-0545**
 Helpline 24/7800-272-3900
www.alz.org
www.facebook.com/actionalz
Purpose is to empower and support individuals, families, care partners and communities affected by dementia.
- Area Agency on Aging602-264-2255**
 Helpline 24/7602-264-HELP (4357)
 Toll free Helpline888-264-2258
www.aaaphx.org
www.facebook.com/Area-Agency-on-Aging-Region-One-146471192043056/
Advocate for older adults and senior help line.
- Beatitudes Campus.....602-995-6100**
www.beatitudescampus.org
www.facebook.com/BeatitudesCampus
Not-for-profit life plan community for active independent senior living in Phoenix, Arizona, plus a full spectrum of health services.
- Foundation for Senior Living602-285-1800**
www.fsl.org
www.facebook.com/FSLhelps
In-home care, adult day care, affordable housing and senior centers.
- Benevilla623-584-4999**
www.benevilla.org
www.facebook.com/Benevilla.org
 Hours: M-F 8am - 4:30pm
Life Enrichment Adult Day Programs for older adults and adults with intellectual and developmental disabilities, free caregiver support groups, resources and educational events, free home services such as grocery shopping, transportation, friendly visitors, phone pals and home delivered meals.
- Duet602-274-5022**
www.duetaz.org
www.facebook.com/DuetAZ
 Hours: M-F 8am - 4:30pm
Support groups, workshops, group activities, respite, legal guidance and information and referral for grandparents raising grandchildren. Transportation, friendly visits, grocery shopping to or from and paperwork assistance for the elderly and /or disabled.
- Hospice of the Valley602-530-6900**
www.hov.org
<https://www.facebook.com/HospiceoftheValley/>
Provides compassionate end-of-life care, relieving suffering in all realms—physical, emotional and spiritual.
- Senior Citizens Law Project.....602-252-6710**
www.azlawhelp.org/resourceprofile.cfm?id=12
Provides legal services.

Sun Health.....623-832-5350

www.sunhealthwellbeing.org

www.facebook.com/sunhealth

Center for Health and Wellness.....623-832-9355 (WELL)

Memory Care Navigator.....623-832-9300

14719 W Grand Ave, Surprise, Arizona

Hours: M-F 8:30am – 5pm

Nonprofit center providing education on diabetes, nutrition, weight loss, physical fitness and improving strength and balance. Individual counseling available with registered dietitians, certified diabetes educators, exercise physiologist and health coach. Acupuncture and massage therapy also available. Provides support and resources for patients and families dealing with Alzheimer’s disease and dementia.

Services For Persons With Disabilities

AZ Assist.....480-779-0899

www.facebook.com/azassist

West Valley Contact 602-615-9473

West Valley Support Group meetings are held at the Peoria Community Center on the 1st Thursday of every month from 6:30pm-8:30pm.

Provides social activities for the teens and young adults on the autism spectrum, and information on autism topics related to these age groups, for parents and guardians.

Ability360602-256-2245

Glendale Office 602-424-4100

www.ability360.org

www.facebook.com/Ability360

Programs to empower people with disabilities.

ACCEL (Education & life skills school)602-995-7366

www.accel.org

www.facebook.com/ACCELArizona

10251 N 35th Ave, Phoenix, AZ 85051

Arizona Center for the Blind & Visually Impaired.....602-273-7411

www.acbvi.org

www.facebook.com/acbvi

3100 E Roosevelt St, Phoenix 85008

Hours: M-F 8am - 4:30pm

Membership fee based on ability to pay; charges for some special events.

AZ Developmental Disabilities Planning Council602-542-8973

addpc.az.gov

www.facebook.com/ADDPC

Provides research and financial support to innovative projects focusing on employment opportunities, self-advocacy and promoting inclusion for people with developmental disabilities.

AZ Disability Coalition.....602-262-2900

www.azdisabilitycoalition.org

www.facebook.com/Arizona-Disability-Coalition-ADC-109920866153575/

ADC advances the rights, choices and value of people with disabilities through their individual and collective advocacy and education efforts.

AZ Recreation Center for the Handicapped (ARCH).....602-230-2226

www.archaz.org

www.facebook.com/ARCHAZ.ORG

1550 W Colter St, Phoenix, AZ 85015

Provides services to enable handicapped individuals to obtain higher levels of physical well-being, pride, independence and self-esteem.

AZ Spinal Cord Injury Association.....602-507-4209

www.azspinal.org

www.facebook.com/AZSCIA/

5025 E Washington St, Suite 110, Phoenix, AZ 85034

Provides education, socialization, support and lends durable medical equipment.

Civitan Foundation, Inc602-953-2944

www.civitanfoundationaz.org

www.facebook.com/CivitanFoundationInc

12635 N 42nd St, Phoenix, AZ 85032

Provides respite, habilitation, attendant care, day treatment for adults (DTA), home and community based services, (HCBS), group supported employment (GSE), recreational events such as CAMP in Williams, Arizona and weekend social events in Phoenix. Transportation is offered to and from services.

DES Developmental Disabilities (Peoria)602-771-0012

des.az.gov/services/disabilities/developmental-disabilities

Peoria location: 8990 W Peoria Ave, 2nd Floor, Peoria, AZ 85345

Developmental Enrichment Center602-314-4214

www.dec-az.org

www.facebook.com/decnaz

16809 N 53rd Ave Suite 1-3, Glendale, AZ 85306

Provides Life Skills training programs for children and adults with developmental disabilities which includes fixed route transportation to and from the Day Program facility. In addition, we offer in-home care services of Habilitation hourly support, attendant care and respite services.

Gompers

www.qompers.org/programs

www.facebook.com/qompersaz

Blythe Center Campus623-245-8332 ext 305

7565 W Peoria Avenue, Suite A Peoria, AZ 85345

Hours: M-F, 7:30am-5:00pm

Provides individuals ages 5 through 85 educational, adult day programming, employment training and in-home programs. Also, provides accessible vehicles to transport individuals to and from Gompers and to various community activities.

One Step Beyond 623-215-2449

After Hours on call phone.....623-760-6487

www.osbi.org

9299 W Olive Ave, Suite 311, Peoria 85345

15527 N Reems Rd., Surprise 85374

Provide Intellectual Disabilities training on how to live independently, seek employment and participate in their communities. Engaging their talents and interests by empowering them to set and achieve personal goals. OSBI may provide transportation from home to program and vice versa.

Raising Special Kids.....800-237-3007

www.raisingpecialkids.org

www.facebook.com/raisingpecialkids/

Provides information, training, resources and support to families of children with disabilities and special health care needs.

The Children’s Center for Neurodevelopment Studies.....623-915-0345

www.thechildrenscenteraz.org

www.facebook.com/TheChildrensCenterAZ/

5430 West Glenn Dr, Glendale, AZ 85301

Non-profit school and therapy center for children with autism and other developmental delays.

VALLEYLIFE602-371-0806

www.ValleyLifeAz.org

www.facebook.com/Valleylifeaz/

Provides group homes, home and community based services, day programs and vocational programs for developmentally disabled individuals who are placed in our care by the State of Arizona. Shelters - Emergency/Domestic Violence/Homeless Services

Shelters -Emergency/Domestic Violence/Homeless Services

A New Leaf480-969-4024

www.turnanewleaf.org

www.facebook.com/aneuleaf

Faith House crisis shelter for women and children 623-939-6798

24-hr emergency shelter for women in crisis

Domestic Violence Centralized Screening hotline 480-890-3039

24/7 English/Spanish resource 844-SAFEDVS (723-3387)

The 7 days a week, 24-hour English/Spanish bilingual resource connects people in crisis with domestic violence shelters throughout Maricopa County. If a shelter bed is not available, the Domestic Violence Safe Temporary Overflow Program provides short-term emergency shelter and services to victims of domestic violence and their children while they await the availability of beds in domestic violence shelters countywide.

2-1-1 Toll free in Maricopa County 1-800-799-7739

Brian Garcia Welcome Center 602-759-5356

Assist in finding housing for homeless

Central Arizona Shelter Services (CASS)602-256-6945

www.cassaz.org

www.facebook.com/CentralArizonaShelterServices

230 S 12th Ave, Phoenix, AZ 85007

Emergency shelter and supportive services for homeless persons.

Chrysalis602-955-9059

www.noabuse.org

www.facebook.com/chrysalisaz/

Comprehensive services for women, men and children impacted by domestic violence. Programs include shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment.

Community Care Emergency Shelter623-755-2284

Provides free emergency shelter for women and children, including meals and supportive services. Fee based transitional and permanent housing available for families. Program for Homeless to Home Owner.

- Deep Within Rehab.....623-334-6813**
www.DeepWithinRehab.com
www.facebook.com/DeepWithinRehab/
11773 N 91st Ave, Peoria, AZ 85345
Drug/Alcohol recovery program that provides clean and sober living environment; including basic hygiene items, shelter, 3 meals a day, 12 step/life skills meetings.
- Eve's Place.....623-537-5380**
Outside Maricopa County:844-301-7908
www.evesplace.org
www.facebook.com/Eves-Place-Inc-163364277014297/
NOT a shelter. Provides supportive mobile services to victims of domestic violence & sexual abuse.
- Family Housing Hub602-595-8700**
www.fhhub.org
Screens individuals for emergency shelter at UMOM, Watkins, CASS-Vista Colina and Salvation Army family shelters. Families will be screened for shelter and placed on service priority list. Intake will contact family when shelter is available.
- Gift of Mary Women's Shelter602-254-8424**
1406 S 17th Ave, Phoenix, AZ 85007
Provides emergency shelter for women age 18 and older and women with girls age 1 to 12 or boys age 4 and younger who are homeless. Night Shelter only, opens at 3:30pm daily.
- Home Assist Health602-795-7620**
www.homeassisthealth.org
www.facebook.com/homeassisthealth/
Provides home care assistance for the elderly and/or disabled adults and children with long-term illnesses. Approved to provide DDD (Division of Developmentally Disabled) services as well as Arizona Long Term Care System (ALTCs).
- Homeward Bound.....602-263-7654**
www.homewardboundaz.org
www.facebook.com/homewardboundaz/
Transitional housing for homeless families with children.
- House of Refuge Sunnyslope.....602-678-0223**
www.refugeandhope.com
email: info@refugeandhope.com
www.facebook.com/House.of.Refuge.Sunnyslope/
9835 N. 7th St., Phoenix, AZ 85020
Transitional housing for single women, single men and mothers with children.
- National Homeless Veterans Resource Line..... 877-4AID-VET (424-3838)**
www.va.gov/homeless/nationalcallcenter.asp
Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters can call trained counselors to talk confidentially 24 hours a day, 7 days a week.
- National Violence Hotline.....800-799-SAFE (7233)**
www.thehotline.org
www.facebook.com/NationalDomesticViolenceHotline
Trained advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence or seeking resources.
- New Life Center623-932-4404**
www.newlifectr.org
www.facebook.com/NewLifeCtr
Domestic Violence crisis shelter for women and children fleeing domestic abuse. Provides emergency shelter, transportation, childcare, domestic violence education,

safety planning, lay-legal advocacy, case management, 24-hour crisis hotline, referral services and community education.

Phoenix Rescue Mission602-233-3000

www.phoenixrescuemission.org

www.facebook.com/phoenixrescuemission/

Community Services Center

1801 S 35th Ave, Phoenix, AZ 85008

Emergency shelter and recovery program for men; community services (meals, food boxes, clothing and case management) for men, women and families.

Changing Lives Center

338 N 15th Ave. Phoenix, AZ 85007

Recovery program for women and mothers with children.

Salvation Army

www.salvationarmyphoenix.org/domestic-violence-shelter

ELIM House 602-267-4143

Domestic violence shelter; supports women and children by providing safety, shelter and comprehensive services.

Crisis Line..... 602-267-4111

Homeless Outreach to place & empower602-302-8862/602-263-8861

Provides medical care and preventive education.

Shelter Listing

www.shelterlistings.org

Provides a website that will show shelter locations close to a specific address.

Shoebox Ministry.....480-905-1610

www.shoeboxministry.org

www.facebook.com/pg/shoeboxministry/about/

13645 N 32nd St, Phoenix, AZ 85032

Agencies serving local homeless and working poor can apply to receive toiletry kits and undergarments.

St Vincent de Paul 602-266-4673

www.stvincentdepaul.net/programs/ozanam - manor

Ministry to the Homeless - FOR REFERRALS..... 602-261-6883

Ozanam Manor -calls for intake/prescreening/eligibility, Criteria below 602-850-6900

1730 E Monroe, Phoenix 85034

Serving homeless men and women who are 50 and older or 18 and older with a disability, either mental and/or physical, move into permanent housing while providing temporary shelter.

Sojourner Center602-244-0089

www.sojournercenter.org

www.facebook.com/SojournerCenter

Provides domestic violence crisis shelter, transitional housing, case management, safety planning, trauma education, 24-hour crisis hotline, lay legal advocacy, referral services, on-site health clinic and behavioral health services, child development center and pet companion shelter. Also, community-based prevention/awareness activities, and all above services, available to community-based participants.

Streetlight USA.....623-435-0900 ext 8102

www.streetlightusa.org

www.facebook.com/StreetLightUSA

Provides housing and coordinated care services for adolescent females who are victims of child sex trafficking and sexual trauma.

Tumbleweed a service of umom602-271-9904
www.tumbleweed.org/programs
www.facebook.com/TumbleweedCenter
Provides immediate aid such as safety, shelter and food to homeless and at-risk youth, as well as long term assistance through case management services such as education, life skills, counseling, transitional housing and job placement.
 24/7 Crisis Line Intake/Referral602-841-5799

Transportation Services

AZ Spinal Cord Injury Association 602-507-4209

www.azspinal.org
 5025 E Washington St, Suite 110, Phoenix, AZ 85034
Rents out fully accessible vans.

Benevilla623-584-4999

www.benevilla.org
www.facebook.com/BenevillaFamilyResourceCenter
 Hours: M-F 8am - 4:30pm
Adult day centers, caregiver support groups, in-home services, home delivered meals and assistance to developmentally disabled. Two adult day centers and two resource offices located in Peoria.

City of Peoria Dial-A-Ride/Dial-A-Ride Plus623-773-7435

www.peoriaaz.gov/dialaride
 After Hours:623-693-1043
 ADA Service Hours: M - F 4:30am – 9pm, Sa, Su & Holidays 6am –10pm
 Leave message to reserve an ADA trip.
Provides curb-to-curb, advance reservation transportation of Peoria residents with wheelchair accessible vehicles.

Crisis Response Network.....602-222-9444

www.crisisnetwork.org
www.facebook.com/CrisisNetworkAZ/

ComTrans.....602-231-0102

www.qocomtrans.com
Special needs, non-emergency medical transportation and private pay.

National Kidney Foundation of Arizona.....602-840-1644

www.azkidney.org
www.facebook.com/azkidney
Provides free transportation to and from dialysis treatments in Maricopa County.

Northwest Valley Connect623-282-9300

www.NorthwestValleyConnect.org
www.facebook.com/nvconnect
Assists seniors and people with disabilities in finding public, private and volunteer transportation resources based on individual need.

Quality Transport Services of Arizona.....602-371-1000

www.qtsaz.com
www.facebook.com/QTSaz
 Available 24/7
Non-emergency transportation for wheelchair, stretcher & ambulatory needs, available 24 hours, 7 days a week, servicing the entire valley.

St Vincent de Paul Transient Aid.....602-261-6852

www.stvincentdepaul.net/programs/aid-to-stranded-travelers

420 W Watkins Rd, Phoenix 85003

Hours: M-F 9am - 12pm

Travel assistance to non-residents who find themselves in crisis, stranded in the Phoenix area.

Valley Metro Public Transportation.....602-253-5000

..... TTY 602-251-2039

www.valleymetro.org

Reduced fares on local bus routes and light rail are available to youth ages 6-18, seniors age 65 and older, people with disabilities and Medicare clients.

Valley Metro Dial-a-Ride

www.valleymetro.org/accessibility/dial_a_ride

Transportation Hours: 5am - 10pm, Reservation Hours: 6am - 7:30pm

Regional ADA Paratransit Service 602-716-2200

Application for ADA 602-716-2100

Eligible residents may travel beyond the area served by the local Dial-a-Ride provider without making a transfer. Reservations can be made every day.

Utility Assistance/Discount Programs

APS Energy Support Program844-309-5655

Main office..... 602-371-7171

www.aps.com/e3

Limited income programs.

Community Action Program (CAP)

www.azdes.gov

www.facebook.com/OfficialArizonaDES

Peoria: 8335 W Jefferson St, Peoria, AZ 85345 623-979-3911

Surprise 623.222.HOPE(4673)

Offers assistance with: Utilities, rent, food, referral to senior services and case management.

Community Hope Center at Fresh Start Church.....623-979-4392

www.freshstartaz.com/

14185 N 83rd Ave, Peoria 85381

Food Boxes on Wednesday and utility assistance starting at 10am.

Cox Internet Connect2Compete623-979-4392

www.cox.com/aboutus/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity

Program offers low-cost home internet for families that have a K-12 student and receive government assistance.

Lutheran Social Services of the Southwest480-654-4539

www.lss-sw.org

No walk-ins, appointments only. Offer assistance with utilities, employment and Supplemental Nutrition Assistance Program (SNAP) sign-up.

Salvation Army - Sun Cities/West Valley Corps.....623-977-1084

www.uswsalvationarmy.org

17420 N Ave of the Arts Blvd, Surprise 85378

Hours: M-F 9am - 11:30am; M - Th: 1pm - 4pm

This location offers assistance with APS, SRP & SW Gas utility bills and limited rental assistance.

Southwest Gas877-860-6020

www.swgas.com/en/az-special-programs

Arizona special programs & assistance.

SRP Discount Plan602-236-8888
www.srpnet.com/prices/economy.aspx
Enrollment line open 24 hours a day, there are eligibility requirements to participate in the program.

Veteran Services

American Legion Department of AZ602-264-7706
www.azlegion.org
www.facebook.com/ArizonaLegion
Disability claims and rental/utility assistance.

AZ Chapter, Paralyzed Veterans of America, Inc602-244-9168
Toll Free number 800-621-9217
www.azpva.org
www.facebook.com/AZPVA
Hours: M-F; 8am - 4:00pm
Non-profit veteran service organization.

AZ Coalition for Military Families602-753-8802
www.arizonacoalition.org
www.facebook.com/ArizonaCoalition/
Information includes a starting point for key military, government and community resources available to service members, veterans and family members in each county. Programs may have eligibility guidelines.

AZ Dept of Veterans' Services602-255-3373
www.dvs.az.gov
Assists veterans and their dependents.

Disabled American Veterans, Glendale Chapter 20 623 931-7320
[email:dav20glendale@gmail.com](mailto:dav20glendale@gmail.com)
Provides free professional assistance to veterans and their families with claims.

Cutrano AZ Troop Run602-577-9789
www.aztrooprun.com
www.facebook.com/cutranoaztrooprun
Provides extra curricular educational funding to children of Arizona's fallen military heroes.

Catholic Charities MANA House.....602-254-6785
(formerly Madison Street Veterans Assoc.)
www.manahouseaz.org
www.facebook.com/pg/MANAHouseAZ/
400 East Willetta Street, Phoenix, AZ 85006
Provides transitional living center for veterans experiencing homelessness offering personal, individualized basic resources, community and advocacy for all veterans.

Military and Veteran Success Center – Luke Air Force Base. 480 384 9874
1532 North Commissary Road, Glendale, AZ 85307
MVSC is the nation's first community supported, case-managed, holistic support center for transitioning service members, veterans and their dependents. Services offered by the MVSC are free of charge.

Military Assistance Mission602-246-6429
www.azmam.org
www.facebook.com/pg/azmam.org
Provides financial and morale aid to our current Arizona active duty military, their families and wounded warriors regardless of overseas deployment status.

Pets for Patriots877-473-8223

www.petsforpatriots.org

Phoenix Chapter

<https://petsforvets.com/phoenix>

www.facebook.com/PetsforVetsAZ

Nationally helps veterans adopt shelter dogs and cats for companionship.

Soldier's Best Friend..... 623-218-6486

www.soldiersbestfriend.org

www.facebook.com/SoldiersBestFriend

Provides US military veterans living with combat-related Post Traumatic Stress Disorder (PTSD) or Traumatic Brain Injury (TBI) with Service or Therapeutic Companion Dogs, most of which are rescued from shelters.

The Ripple Effect- Helping Veterans and Families Heal.....260-312-3756

www.therippleeffectaz.com

www.facebook.com/therippleeffectaz

Services and resources to assist veterans and their families with reintegration into civilian life.

The Veterans Directory

www.theveteransdirectory.org

www.facebook.com/theveteransdirectory/

Provides a comprehensive, user-friendly, web-based directory of services that benefits military Veterans and their families.

Tragedy Assistance Program for Survivors.....800-959-TAPS (8277)

www.taps.org

www.facebook.com/TAPSOrg/

24/7-Providing services to those who have lost a loved one in the military.

Surprise VA Outpatient Clinic.....623-251-2884

13985 W. Grand Ave Surprise AZ 85374

Provides primary Care, Mental Health, Physical Therapy, X-Rays. Other services offered, please call. There is also an enrollment office on-site. Must bring DD-214 to enroll.

United States Veterans Initiative.....602-717-6682

www.usvetsinc.org/phoenix

www.facebook.com/usvetsinitiativephoenix

3507 North Central Avenue, Suite 302, Phoenix, AZ 85012

Veterans Seeking Housing 602-757-9723

Veterans Seeking Employment Assistance..... 602-717-6682

Veterans Seeking Other Services..... 602-757-9723

Provides housing, employment assistance, access to veterans benefits and treatment for mental and physical health problems and substance abuse. Also counseling services to our nation's veterans from all branches of the armed forces who have served from World War II to the current conflicts.

Veteran Tickets Foundation602-314-8414

www.vettix.org (must create a free online account to get tickets)

www.facebook.com/VetTix

Provides veterans, service members, and immediate family of those killed in action with free tickets to sports events, concerts, family events as well as a diverse mix of other ticketed events, supporting community reintegration and personal health and happiness.

Vet’s Community Connections 602-324-2817
Veterans, Military and Spouses 211/844-VET-CONX
(838-2669)

www.vetscommunityconnections.org

Connecting those who have served with other community members for answers to questions about life in Maricopa County.

Vets4Warriors..... 24/7/365 peer support 855-838-8255

www.vets4warriors.com

www.facebook.com/Vets4Warriors/

24/7 Provides personalized peer support services for Veterans , soldiers and their families via phone, chat, social media and texting. Live answer by another Veteran.

Vet Center Combat Call Center..... 877-WAR-VETS (927-8387)

www.facebook.com/VAVetCenters/

24/7 - Call-in counseling services for veterans. Beneficial for after-hours: crisis calls and other mental health related calls

West Valley Vet Center 623-398-8854

14050 N 83rd Ave Suite 170, Peoria 85381

www.facebook.com/pages/West-Valley-Vet-Center/

Confidential Readjustment Counseling services for active duty combat veterans and separated combat veterans, veterans subjected to military sexual trauma, UAV pilots, mortuary affairs, veterans who served in conflict zones and their family members. Please call with any questions.

Veterans Crisis Line 800-273-8255 press 1

Text.....838255

www.veteranscrisisline.net

www.facebook.com/pg/veterans.crisisline.1/

Free, confidential help for veterans available

Volunteer Opportunities

NOTE: Most organizations listed in this guide welcome volunteers

City of Peoria Neighborhood Pride

e-mail communityassistance@peoriaaz.gov

Designed to help established neighborhoods maintain their appearance and value through exterior maintenance. Large projects held two to three times annually.

Hands on Phoenix

www.HandsOnPhoenix.org

www.facebook.com/HandsOnGreaterPhoenix

A nonprofit volunteer management organization.

Just Serve

www.JustServe.org

www.facebook.com/JustServe.org

Matches faith, nonprofit, community and governmental organizations with volunteers.

Volunteer Match

www.VolunteerMatch.org

www.facebook.com/VolunteerMatch

Listing of volunteer opportunities.

Youth/Teen Programs

A Mighty Change of Heart.....623-308-5428

www.amchaz.org

Foster youth support organization in Surprise, AZ providing individualized duffel bags, school supplies, and more for foster kids.

AGUILA Youth Leadership Institute.....602-518-0612

www.aguilayouth.org

www.facebook.com/AGUILAYouth

Provides youth (grades 9-12) with a comprehensive program in preparation for success in college, career and life.

Arizonans for Children.....602-252-2270

www.arizonansforchildren.org

www.facebook.com/groups/az4children/?ref=bookmarks

Facilitates opportunities that provide effective solutions to alleviate hardships and improve fragile lives of abused, abandoned and neglected children in foster care.

Big Brothers Big Sisters of Central AZ602-264-9254

www.facebook.com/BBBSAZ/

Matches youth in the community ages 6 to 18 with caring, supportive adult mentors who help them realize their potential. Families and youth can enroll online. Volunteers are needed in the Peoria area.

BLOOM 365.....888-606-HOPE (4673)

www.bloom365.org

www.facebook.com/uprootabuse

Provides healthy relationship education in K-12 schools, trains teens as peer educators/advocates and offers crisis counseling, interventions and ongoing support to teens experiencing dating abuse or sexual violence.

Boys and Girls Clubs.....623-979-3559

www.bgcmp.org

www.facebook.com/BGCMP

11820 North 81st Avenue, Peoria 85345

Provides after-school, summer programs, tutoring, sports, arts, health, life skills and character building activities.

Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

Hours 10:00 - 8:00 Monday through Thursday -GED, ESL, Adult Citizenship classes

After School Program ages 4 - 18, Hours: Mon 1-7, Tue - Thurs 3-7

First Saturday Mobile Pantry. Hours 9:00 – 11:00

Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.

Dysart Unified School District (DSD).....623-876-7072

www.dysart.org

Homeless Education Liaison – 623-876-7072

School provided staff person to serve as a liaison for students experiencing homelessness.

Eve's Place.....623-537-5380

Outside Maricopa County:..... 844-301-7908

www.evesplace.org

www.facebook.com/Eves-Place-Inc-163364277014297

Teen dating violence awareness and resources.

- Florence Crittenton602-274-7318**
www.flocrit.org
www.facebook.com/FlorenceCrittentonofArizona/?fref=ts
Offers a comprehensive continuum of care designed to help at-risk girls ages 10 to 25 overcome issues of abuse, neglect, teen pregnancy, teen parenting, behavioral and mental health problems.
- Free Arts of Arizona.....602-258-8100**
www.freeartsaz.org
www.facebook.com/freeartsaz
Healing abused and homeless children through artistic expression.
- Friends of Peoria Public Library**
www.facebook.com/FPPLibrary
Inspires passion for literacy by supporting Peoria’s Libraries through assistance programs & outreach.
- Hart Pantry252-259-5331**
www.facebook.com/HARTPantry/
Provides food, clothing, school supplies and toiletries for at-risk/homeless teens
- Heart for the City.....602-499-5059**
www.heartforthecityaz.org
www.facebook.com/heartforthecityaz/
Free after-school, summer and sports programs, job skills training for teens and community gardening.
- Homeless Youth Connection (HYC).....623-374-3747**
After Hours Phone 602-633-4844
www.hycaz.org
www.facebook.com/HomelessYouthConnectionAZ/
Provides homeless youth ages 13-19 with resources so they can stay in school and graduate. Assistance includes case management, necessities, life skills training, mentors and housing assistance for homeless youth.
- Kaity’s Way602-740-2734**
www.kaitysway.org
www.facebook.com/kaitysway.org
Healthy relationship education and teen dating violence awareness and prevention.
- Kickstart Mentorship Academy623-217-5284**
www.Kickstartmentorshipacademy.org
www.facebook.com/1kickstartma
Community based organization with emphasis on challenging and inspiring youth to become self-sufficient and goal oriented through life skills training and education.
- Ombudsman Charter School.....800-833-9235**
www.arizonadiploma.com
Arizona Charter 602-317-0837
Peoria Location: 9516 W. Peoria Ave., #18-21 623-878-4503
Provides an alternative to traditional high school for those at risk of dropping out or who have dropped out of school and want to return and earn their diploma. Their four-hour school day allows time for family, friends, work and school and prepares students for college, career – for life – after high school. They "re-engage the disengaged." At no cost to the kids or parents.

One-n-Ten.....602-400-2601

www.onenten.org

www.facebook.com/onentenphoenix?fref=ts&ref=br_tf

Serving LGBTQIA+ youth ages 11 to 24. Provides tools to improve self-esteem and programs that promote leadership development and healthy life choices. Has several feature programs targeting education, employment and housing.

OCJ Kids.....602-439-2171

www.ocjkids.org

www.facebook.com/ocjkidsaz/

Connecting at-risk and foster youth with caring communities for support and assurance. Volunteer opportunities for those who cannot foster or adopt.

Peoria Unified School District (PUSD)

www.peoriaunified.org/domain/105

www.facebook.com/peoriaunified

Homeless Education Liaison..... 623-486-6058

School-provided staff person to serve as a liaison for students in homeless situations.

Teen Outreach

www.teenoutreachaz.org

www.facebook.com/topsaz

West location: 6610 N. 47th Ave. Ste12, Glendale, AZ..... 623-334-1501

Focuses on the needs of pregnant and parenting teens. Includes pregnancy testing, pregnancy prevention and education, childbirth classes, a Dad's program, parenting classes and support groups.

Tumbleweed a service of umom602-271-9904

www.tumbleweed.org/programs

www.facebook.com/TumbleweedCenter

Provides immediate aid such as safety, shelter and food to homeless and at-risk youth, as well as long term assistance through case management services.

24/7 Crisis Line Intake/Referral..... 602-841-5799

Offers safety to youth in crisis through its Crisis Line as well as through SafePlace sites throughout the community.

YMCA602-404-9622

www.valleymca.org

www.facebook.com/ValleyYMCA

14711 N 59th Ave, Glendale, AZ 85306 602-588-9622

12450 W Cinnabar Ave, El Mirage, AZ 85335 602-688-5335

Programs that build a healthy spirit, mind and body.

YWCA (corporate office)602-258-0990

www.ywcaaz.org

www.facebook.com/ywcaAZ

YWCA - West Valley Senior center: 8561 N 61st Ave, Glendale, AZ 623-931-7436

This site offers meals and meals on wheels.

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Additional resources may be available at www.211arizona.org, a statewide information and referral service.