



COMMUNITY RESOURCE GUIDE

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Programs and Services

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City of Peoria Programs

www.peoriaaz.gov

www.facebook.com/CityofPeoriaAZ

- Peoria Community Assistance Division.....623-773-7070**
<https://www.peoriaaz.gov/communityassistance>
Emergency Home Repair Program.....623-773-5140
 Must be an income qualified Peoria homeowner
HOA contact information and registration.....623-773-5140
Community Assistance Resource Center (Human Services).....623-773-7070
 8335 W Jefferson St. Peoria, AZ 85345 Hrs. M-F, 8am – 5pm
Neighborhood Grant Program.....623-773-5140
Tool Lending Program (must be a Peoria resident).....623-773-7514
Water Payment Assistance Program.....623-773-7070
- Peoria Attorney’s Victim Assistance Unit.....623-773-7414**
 Provides support services to crime victims
- Peoria Community Center623-773-7436**
www.peoriaaz.gov/communitycenter
 Active Adult Program: classes, trips, health and fitness, special events, educational courses and lunches served daily M-F
 Adaptive Recreation: DES/DDD services (DTA,DTT,DTS,GSE), Special Olympics, bowling, dances, special events, trips and various classes
 Food programs for youth, teens, families, distributed throughout the week. Call for details
 Youth Programs: weekly activities, tournaments, special events
- Peoria Community Services623-773-7137**
www.peoriaaz.gov/recreation
 Before/after school care, preschool, teens, sports, summer programs and reduced fees for qualifying youth. Programs at Rio Vista for all ages (reduced rates for qualifying families/persons)
- Peoria Dial-A-Ride/Dial-A-Ride Plus.....623-773-7435**
www.peoriaaz.gov/dialaride
After Hours: Leave message to reserve ADA trip.....623-693-1043
ADA Service Hrs. M - F 4:30am– 9pm, Sat., Sun. & Holidays 6 am–10pm
 Provides curb-to-curb, advance reservation transportation of Peoria residents. Wheelchair accessible vehicles. Make reservations 1-14 days in advance
- Peoria Rio Vista Recreation Center.....623-773-8600**
www.peoriaaz.gov/riovista
 Silver Sneakers and health programs available
- Peoria Fire-Medical Administration Non-Emergency.....623-773-7279**
www.peoriaaz.gov/fire
www.facebook.com/PeoriaFireMedicalDepartment
Peoria Fire-Medical Services.....623-773-7919
 Lock box program, smoke detector help, home safety visits, CPR classes and safety education
- Peoria Police Non-Emergency.....623-773-8311**
www.peoriaaz.gov/police
www.facebook.com/PeoriaPoliceDepartmentArizona
Peoria Police Victim Assistance.....623-773-7019
 Domestic Violence support and meetings

City of Surprise Programs

www.surpriseaz.gov

Surprise Human Services & Community Vitality

www.surpriseaz.gov/3320/Human-Service-Community-Vitality

www.facebook.com/surprisecares

<i>Neighborhood Services</i>	623-222-1550
<i>Emergency Home Repair Program</i>	623-222-3240
<i>Neighborhood Grant Program</i>	623-222-3239
<i>Day of Service & Block Party Trailer</i>	623-222-1522
<i>City of Surprise Resource Center</i>	623-222-1600
<i>Resource Center (CAP Office)</i>	623-222-HOPE (4673)

www.surpriseaz.gov/3588/Suprise-Resource-Center

Eviction prevention, utility assistance, Medicare benefits counseling, Veteran Services: job club, homelessness and employment

Surprise Senior Center

www.surpriseaz.gov/Senior-Services

15832 N. Hollyhock St. Surprise, AZ 85378

Active adult program: Congregate Meal Program, classes, trips health and fitness, Silver Sneakers, special events and educational courses

Surprise Community Recreation Services 623-222-2000

www.surpriseaz.gov/17/Community-Recreation-Services

Provides adaptive recreation: Special Olympics, bowling and weekly classes, camp, Tot time and summer camps

Youth and Teen programming

Provides Weekly activities, tournaments and special events

Aquatics Center

Countryside Recreation Center

Sierra Montana Recreation Center

Dementia Friendly Surprise 623-832-6637

The City of Surprise is part of a Dementia Friendly America network offering Dementia Friends Information Sessions while building a more dementia friendly community. Surprise partners with community experts to provide access to programs and resources to help support the community and to raise awareness about dementia.

www.surpriseaz.gov/3775/Dementia-Friendly-Surprise

Surprise Memory Café – Memory Café provides a social and resource place for people living with memory loss and their care partners. The Café is hosted the second and fourth Tuesday of each month, from 10 am to 11:30 am.

Surprise Fire-Medical Administration Non-Emergency 623-222-5000

www.surpriseaz.gov/8/Fire-Medical-Department

NW I-HELP 623-222-1679

In partnership with Lutheran Social Services, IHELP provides homeless individuals an opportunity for a better future by offering overnight shelter, meals, showers, case mgmt, connections to community services

Surprise Police Non-emergency..... 623-222-4000

www.surpriseaz.gov/882/Police-Department

Surprise Youth Services..... 623-222-8336

Surprise City Court..... 623-222-4800

www.surpriseaz.gov/238/City-Court

City of El Mirage Programs

www.elmirageaz.gov

El Mirage Human Services.....623-876-2973
www.elmirageaz.gov
City of Surprise Resource Center.....623-222-1600
Resource Center (CAP Office)..... 623-222-HOPE (4673)
www.surpriseaz.gov/3588/Suprise-Resource-Center
 Eviction prevention, utility assistance, Medicare benefits counseling, Veteran Services: job club, homelessness and employment
El Mirage Community Garden.....623-876-2973

El Mirage Dial-A-Ride and Paratransit623-876-2973
El Mirage Dial-A-Ride (Northwest Valley Connect).....623-282-9303
Paratransit (Valley Metro).....602-716-2200

El Mirage Senior Center623-876-2962
 Senior Meals Service provided

Water Payment Assistance623-876-2967

HOA Contact Information623-876-2943

Victim Assistance Unit.....623-500-3090

Fire Medical Non-emergency623-583-7968

Police Non-emergency623-500-3000

El Mirage City Court623-815-2186

Basic Needs/Multiple Service Offerings

Arizona Suicide Prevention Coalition.....602-248-8337

www.azspsc.org

Survivors, professionals, supporters and anyone interested in issues surrounding suicide are invited to our site for add'l info. Coalition mtgs are 2nd Tuesday mthly. Call for details

Catholic Charities Community Services602-285-1999

www.CatholicCharitiesAz.org

www.facebook.com/CatholicCharitiesAZ

4747 N. 7th Ave., Phoenix AZ 85013

Programs include domestic violence, foster care, youth programs, parenting, immigration and Westside Head Start

Community Action Program (CAP)

www.azdes.gov

www.facebook.com/OfficialArizonaDES/

Peoria 8335 W Jefferson St, Peoria 85345623-979-3911

Surprise 623.222.HOPE (4673)

Assistance with: Utilities, rent, food, referral to senior services and case mgmt. Food delivery: 623-979-3570

Department of Economic Security (DES)602-542-4791

www.azdes.gov

<https://www.facebook.com/OfficialArizonaDES/>

Services Contact Numbers:

Office of Community Engagement (1789 W Jefferson St., Phoenix) .602-542-2274

Aging and Adult Services (DAAS)602-542-4446

Adult Protective Services877-SOS-ADULT (877-767-2385)

<i>AZ Early Intervention Program (AZEIP)</i>	602-532-9960
<i>Benefits and Medical Eligibility (DBME)</i>	855-777-8590
<i>Child Care Assistance</i>	602-542-4248
<i>Child Support Services (DCSS)</i>	602-252-4045
<i>Developmental Disabilities (DDD)</i>	602-542-0419
<i>Employment Services</i>	602-542-4910
<i>Medical Assistance</i>	855-432-7587
<i>Ombudsman</i>	602-364-2860
<i>Rehabilitation Services</i>	602-542-3332
<i>Tribal Relations</i>	602-542-1290
<i>Volunteer Engagement</i>	602-542-1991

DES Child Care Administration (Peoria Local Office).....602-771-0014

Peoria Location: 8990 W. Peoria Ave., Peoria, AZ 85345

Hours: M-F 8am – 5pm

<i>Child Care Assistance</i>	602-771-0014
<i>Dept. of Child Services</i>	602-771-0013
<i>Dept. of Developmental Disabilities</i>	602-771-0012
<i>Family Assistance Administration</i>	602-771-0011

Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

Hours: 10:00-8:00 Mon-Thu GED, ESL, Adult Citizenship classes. After School Program ages 4-18, Hours: Mon 1-7, Tue - Thurs 3-7. 1st Sat Mobile Pantry (9:00-11:00 am). Educational programs for disadvantaged youth and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided for volunteers

Fresh Start Women’s Foundation623-252-8494

www.freshstartwomen.org

Provides education, resources and support for women 18 and older to positively transform their lives and strengthen the community. Employment training, legal and financial services and various educational seminars, webinars, and support groups are offered.

Native American Connections (Administrative Office).....602-254-3247

www.nativeconnections.org

Improves the lives of individuals and families through Native American culturally appropriate behavioral health, affordable housing and community development services

<i>Outpatient & Assessment</i>	602-424-2060
<i>Housing Rental & Office Leasing Center</i>	602-254-3247

Salvation Army Sun City..... 623-977-1084

suncities.salvationarmy.org

www.facebook.com/thosalvationarmysuncitieswestvalleycorps

www.needhelp-payingbills.com

17420 N Avenue of the Arts, Surprise, AZ 85378
Hours: M-F 9am-4pm; closed 12pm-1pm for lunch

Food box assistance line..... 623-977-1084
 Emergency food program, utility assistance and hydration station services for these cities: Peoria, Youngtown, Sun City, Sun City West, Waddell, El Mirage, Surprise and Wittman

St Vincent de Paul..... 602-266-HOPE (4673)

www.stvincentdepaul.net/programs

www.facebook.com/StVincentdePaulPhx

<i>Food Box Assistance Line/ Financial Assistance</i>	602-266-4673
<i>Medical/Dental</i>	602-261-6868
<i>Shelter/Clothing</i>	602-261-6883
<i>Medical Equipment Loan</i>	602-261-6896

Housing Assistance/Utility Assistance/through 211.....877-211-8661

Zuri’s Circle 480-779-ZURI (9874)

www.zuriscircle.org

<https://www.facebook.com/ZurisCircle/>

Temporary assistance during unforeseen hardship to individuals, families and the homeless. Food boxes, hygiene bags, clothing and furniture

Behavioral Health/Substance Abuse

Abraham Low Self - Help Systems (Christian Church)623-974-0566

www.recoveryinternational.org/meetings

Weekly group mtgs for people with mental health challenges (depression, anxiety, etc.) using self-help method

Addiction Haven480-277-3408

www.addictionhaven.com

Works with families, adolescents, adults and community stakeholders impacted by substance use offering community events, one-on-one peer support, outreach and support meetings

American Foundation for Suicide Prevention888-333-AFSP (2377)

Crisis Line (24/7)..... 800-273-TALK (8255)

www.afsp.org

www.facebook.com/AFSPnational

Not-for-Profit organization exclusively dedicated to preventing suicide

AZ Youth & Family Services602-277-4833

www.azyfs.org

Community mental health agency serving children, adolescents and families

Community Bridges.....623-643-9678

www.communitybridgesaz.org

www.facebook.com/communitybridgesaz

24/7 Access to care line. Patient-centered medical home, inpatient, outpatient, access point, transition point, crisis mobile teams, stabilization and recovery unit, opioid treatment and residential treatment

Crystal Meth Anonymous 602-235-0955/800-877-METH

www.CMAAZ.org

A fellowship of people who share experience, strength and hope with each other, so they may solve their common problems and help others recover from addiction to crystal meth

Family Involvement Center.....602-288-0155 / 877-568-8468

www.familyinvolvementcenter.org

www.facebook.com/FollowFIC

Support & resources for parents who are navigating behavioral/physical health, schools, developmental disabilities, juvenile justice, child welfare and other systems to meet their child’s and family’s needs

Intensive Treatment Systems.....855-245-6350

www.itsofaz.com

Access Point Clinic Phoenix open 24/7. Medication Assisted Treatment (MAT) for Drug/Alcohol Addiction. Outpatient clinic offers MAT, Counseling, IOP, Integrated Care and Peer Support Services. Transportation available for appts. Accepts some Medicaid Health Plans, TriWest for Veterans, AHP and have funding for uninsured/under-insured people

Marc Community Resources480-994-4407

www.marccr.com/arizona-mental-behavioral-health-information-resources/

Provides behavioral health information and resources. Helps people navigate the Arizona mental health system, locating professionals and organizations to assist

Mercy Maricopa Integrated Care 24/7602-586-1841/ 800-564-5465

www.mercymaricopa.org
www.facebook.com/MercyMaricopa

Assist residents in Maricopa County and parts of Pinal County to behavioral health, substance use and crisis care services

MIKID (Mentally Ill Kids in Distress).....602-253-1240

www.mikid.org
www.facebook.com/MIKIDarizona

Hours: M-F 8am-4pm Provides: case mgmt, individual/group respite, living skills individual/group, youth peer support, family support, chronic disease self-management, SafeTALK and signs of suicide training, mental health first aid program and cultural competency training

Mental Health America of Arizona480-994-4407 x10

www.mhaarizona.org
www.facebook.com/mentalhealthamericaofarizona

Promotes mental health and well-being for Arizonans through education, advocacy and shaping public policy

NAMI Valley of the Sun Office 602 244-8166

www.namivalleyofthesun.org
5025 East Washington Street, Suite 112, Phoenix, AZ 85034

NAMI advocates for access to services, treatment, support and research. Committed to raising awareness and building a community of hope. Provides education programs at no cost throughout Maricopa County to qualified individuals

Partners in Recovery.....623-583-0232

www.partnersinrecovery.us.com/WestValley/WestValleyHome.htm

Outpatient mental health provider that assists individuals to healthy and stable lifestyles as well as achieving personal goals

Recovery Empowerment Network.....602-248-0368

www.renaz.org
www.facebook.com/renaz.org

Provides adult behavioral health services

RI International866-481-5361

www.riinternational.com

Peoria Recovery Response Center (RRC) 602-650-1212

Fax:..... 623-972-6173

11361 N. 99th Avenue, Suite 402, Peoria, AZ 85345

Crisis Respite 602-636-4380

11361 N. 99th Avenue, Suite 107, Peoria, AZ 85345

Serving those with mental illness and/or substance abuse through our Crisis Observation and Stabilization Unit, inpatient hospitalization, crisis respite services, and outpatient and peer support/educational services for those transitioning back into community after hospitalization or incarceration

Southwest Behavioral & Health Services602-265-8338

www.sbhservices.org
www.facebook.com/SBHServices/?ref=ts

Providing integrated behavioral & health services to children, adolescents and adults

STAR (Stand Together and Recover)623-882-8463

www.thestarcenters.org

Hours: M–Th 7:30am-7:30pm, F 7:30am-3:30pm, Sa 7:30am-2:00pm

Mission: Empower adults diagnosed with a mental illness by providing non-clinical peer-run support services

Terros Health.....602-685-6000

www.terros.org

Hours: M – F 8am - 5pm

Provides culturally responsive, integrated and evidence-based primary care services, addiction and mental health treatment, mobile psychiatric crisis services, and community prevention and education

Touchstone Behavioral Health866-207-3882

www.touchstonehs.org

www.facebook.com/touchstoneaz

Integrated health providing mental, behavioral health and pediatric medicine for children and youth-birth to 17 years old

Employment/Training Resources

Adult Education Services/Dysart Community Center.....623-249-3812

www.dysartcommunitycenter.org

Hours: M-Th 10:00-8:00. Provides: GED, ESL and citizenship classes to adults

ARIZONA@WORK: Maricopa County.....602-372-4200

www.arizonaatwork.gov

<https://www.facebook.com/azatworkmaricopa>

West Valley Career Ctr: 4425 West Olive Ave #200, Glendale AZ....602-372-4200

Youth Hub: 8335 W Jefferson St, Peoria, AZ serves ages 16-24.....623-878-0416

Job placement services, skills assessments, job training, career counseling and resume development

Arizona Training & Evaluation623-412-2888

www.aztec1.org

<https://www.facebook.com/aztec1.org>

7400 W. Olive Avenue, Suite 24, Peoria, AZ 85345

Hours: M-F 8:00am-4:30pm. Provides: day activity, educational, home and community based employment, and residential services and support. AZTEC's programs provided in West Valley

AWEE Advancing Arizona's Workforce.....602-601-7200

www.awee.org

www.facebook.com/aweeworks

4520 N Central Ave, Phoenix, AZ 85006

Hours: M-F 9am-12pm (holiday hours vary). Provides workforce development strategy and offers tools for change, self-reliance, and community revitalization to advance Arizona's Workforce

Beacon Group602-685-9703

www.BeaconGroup.org

Career Center: 2222 N. 24th Street

Assisting people with disabilities or other barriers to employment, in searching for work, filling-out applications, building resumes and interviewing skills

Goodwill of Central & Northern Arizona602-535-4444

MyCareerAdvisor.com

Career Center: 6750 W Peoria, AZ623-486-4400

Hours: M-Th 9am-3pm, F 9am-1pm (Add'l centers listed on website)

Resume and interview skills development, digital trainings and on-site hiring events. Career Services at Goodwill of Central and Northern AZ are free of charge

Hope Women's Center.....623-875-4549

www.hopewomenscenter.org/west-valley-center/

Hours: W-Th 9am-2pm. West Valley Ctr: 12101 Grand Ave, El Mirage, AZ 85335

Assists women and teen girls facing difficult life situations, like: domestic violence, abuse, poverty, mental health, family conflict, single parenting, job readiness, substance abuse recovery. Tools for long term positive life changes

Jobs for Arizona Graduates.....602-216-9503

www.jagaz.org
<https://www.facebook.com/JagArizona/>

Assists youth to remain in school and acquire the academic, personal and leadership skills required for success after graduation

Literacy Volunteers of Maricopa County

www.literacyvolunteers-maricopa.org

1616 E Indian School Rd, Suite 200, Phoenix 85016..... 602-274-3430

Office Hours: M-F 8am-4pm Class hours: M-Th 8am-8pm, F 8am-4 pm

729 E Hatcher Rd, Phoenix 85020 602-943-7332

Office Hours: M-Th 8am-4pm Class hours: M-Th 8am-8pm; F 8am-4pm

Improve adult reading, writing and mathematical skills to prepare for the GED; English language acquisition classes for adults

Phoenix Job Corps.....602-254-5921

<https://phoenix.jobcorps.gov/>
<https://www.facebook.com/doljobcorps>

Helps youth (ages 16-24) improve the quality of their lives through vocational and academic training

St. Joseph the Worker.....602-417-9854

www.sjwjobs.org

Removes employment barriers by providing resources necessary to gain and maintain employment. Mobile Employment Specialist 602-223-3469

St. Mary’s Food Bank Alliance’s Community Kitchen.....602-343-3183

www.firstfoodbank.org/learn/programs/community-kitchen/

Life skills and food service training for those with barriers to employment. Info sessions are held every Wed 10:00am (Mandatory to proceed to next step in enrollment process)

Family Services

AASK – Aid to adoption of Special Kids602-254-2275

www.aask-az.org
<https://www.facebook.com/AidtoAdoptionofSpecialKids/>

Aids in child adoption by strengthening families in Arizona’s foster care system. "Ensuring every child has someone who cares!"

Arizona Child and Adolescent Survivor Initiative (ACASI)602-298-4037

<https://nau.edu/family-violence-institute/welcome-acasi/>

Provides specialized services and support to children who have a lost a parent to intimate partner homicide (IPH)

Arizona Facts of Life.....602-254-2704

www.azfactsoflife.org
<https://www.facebook.com/AzFactsOfLife>

Provide and nourish an environment where youth and families discover healthy solutions to life situations

Catholic Charities

Head Start and Early Head Start 623-486-9868

Westside Head Start..... 623-932-3517

www.catholiccharitiesaz.org/all-locations/youth-development
www.azheadstart.org

7400 W. Olive Ave. Suite 10, Peoria, AZ 85345

Early Head Start serves children from pregnancy-3 yrs and Head Start for children 3-5 years. Services available in Peoria, El Mirage, Surprise, Glendale, Tolleson, Avondale, Buckeye and Palo Verde

Pregnancy, Parenting, & Adoption Counseling Hotline.....888-818-4445
www.catholiccharitiesaz.org/all-locations/pregnancy-counseling

Free counseling for women and men experiencing an unexpected pregnancy who need help, please call or text

Child & Family Resources (Main line)602-234-3941
www.childfamily_resources.org

Statewide program assists in finding childcare meeting a family's individual needs at no cost.

PAT Home Visitation Program800-303-9000
www.childfamily_resources.org/pat

AZCCRR – A statewide program that can assist you in locating childcare that meets your family's needs at no cost to you
www.azccrr.com

DMG Children's Rehabilitative Services602-914-1520
www.DMGCRS.org

3141 N Third Ave., Ste 100 Phoenix, AZ

Meets health care requirements of children with special needs by offering many types of specialty and primary care in a state-of-the-art facility

Family Bridges.....877-412-7434
www.familybridgesusa.com
<https://www.facebook.com/familybridges>

Provides resources, workshops and events to strengthen marriages and families

Family Services/Dysart Community Center.....623-249-3812
www.dysartcommunitycenter.org

After School Program, ages 4-18 Hrs: Mon 1:00-7:00pm, Tue-Thu 3:00-7:00pm

First Things First602-771-5100
www.firstthingsfirst.org
<https://www.facebook.com/AZFirstThingsFirst/>

First Things First is dedicated to helping Arizona kids five and younger receive quality early learning, healthcare and family support to arrive at kindergarten healthy and ready to succeed

Helping Families in Need800-298-4346
www.hfinaz.com
<https://www.facebook.com/Hfinaz/>

Improves early education and health services for children

Jewish Family & Children's Service (JFCS)602-279-7655
www.jfcsaz.org
<https://www.facebook.com/JFCSAZ>

Provides behavioral health services for youth and adults; services for victims of domestic violence; foster care youth transitioning to adulthood; older adult case mgmt and counseling and services for the Jewish Community. Goal: Improve coping skills and emotional health while encouraging self-determination, independence and resiliency

Peoria Unified School District Family Resource Center623-773-6679
www.peoriaunified.org/Page/490
email: PUSDFamilyResourceCF@pusd11.net

Sky View Elementary School, 8624 W. Sweetwater Avenue, Peoria, AZ 85381

Hours: M-F 8am-4pm Helps families with children 0-5 years identify available resources to support children in their earliest years

Southwest Human Development

Birth to Five Helpline 877-705-KIDS (5437) call or text
www.birthtofivehelpline.org
www.swhd.org/helpline
www.facebook.com/SouthwestHumanDevelopment

Hours: M-F 8am-8pm Assist with questions about children birth to five years old

Teen Challenge.....800-346-7859

www.tcaz.org
<https://www.facebook.com/TeenChallengeArizona>

Faith-based solutions for youth, adults and families struggling with life controlling problems

Hope Community Services623-848-8863

<https://hcs-az.org>
<https://www.facebook.com/HopeCommunityServicesAZ/>

Provides counseling services, supervised visitation of minors that are court ordered and foster care and adoption services

Food/Meals Assistance

Animals in Disasters, Empty Bowl Pet Food Pantry.....602-909-7153

www.emptybowlpetfoodpantry.org
<https://www.facebook.com/emptybowlpetfoodpantry/>

Helps owners facing financial challenges and disaster by providing pet food and supplies

Association of Arizona Food Banks602-528-3434

www.azfoodbanks.org
<https://www.facebook.com/azfoodbanks>

Online resource to find a food bank closest to by zip code, city or title

Community Hope Center at Fresh Start Church623-979-4392

www.freshstartaz.com
<https://www.facebook.com/freshstartchurchaz>

Food boxes, utility assistance on W 10am. Mobile food pantry: 2nd Th 8am, closed holiday weeks

Food Services/Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

First Saturday Mobile Pantry offered 9:00am – 11:00am

Harvest Compassion Center.....602-788-2444

www.harvestcompassioncenter.org
<https://www.facebook.com/MitchellSwabackCharities>

4744 E Thunderbird Rd, Suite 9, Phoenix 85032

Hours: M, W & Sat 9-1:30am

Harvest Compassion Maryvale..... 623-247-0039

Harvest Compassion Chandler..... 480-686-8408

Local food and clothing bank to serve families in need. Bring two forms of ID. Guests can visit every 30 days for free groceries, hygiene, baby, clothing items

Hope for Hunger Food Bank.....602-773-4344

www.hopeforhungerfb.org
<https://www.facebook.com/hopeforhunger>

5605 N 55th Ave, Glendale 85301

Hours: M–Th 8am-12pm Committed to feeding families

ICM Food & Clothing Bank.....602-254-7450

www.icmaz.org
<https://www.facebook.com/ICMFoodandClothingBank>

Hours: M-Sa 9am-11am Services: Food boxes, clothing, toiletries and household goods. Mission: Providing an immediate response to basic human need

Operation Care Food Bank602-866-0135

www.operationcarefoodbank.org

1827 W Grovers, Phoenix 85023

Hours: Tu/Th 9am-11:30am Food and clothing to help those in need

St Charles Borromeo623-979-8059

<https://scbpeoria.org/>

<https://www.facebook.com/scbpeoria/?fref=ts>

8615 W Peoria Ave, Peoria AZ

Hours: Open to serve community M-Th 8:30 am-5:30 pm (closed 12-1 pm)

Food box assistance - Serves zip codes: 85345, 85351 and 85381

Located in St. John’s Room at St. Charles Borromeo Church

St Mary’s Food Bank Alliance 602-242-FOOD (3663)

www.firstfoodbank.org

<https://www.facebook.com/firstfoodbank>

Programs to help those in need receive food and assistance, offers opportunities for individuals/organizations to get involved, make donations and volunteer

St Vincent de Paul

www.stvincentdepaul.net

<https://www.facebook.com/StVincentdePaulPhx>

Provides food via charitable dining rooms and a food bank for those in need

El Mirage Dining Room602-850-6746

14013 N Verbena St, El Mirage 85335 *Hours: M-F 10-11:30am*

Sunnyslope Dining Room602-944-0139

9227 N 10th Ave, Phoenix 85021 *Hrs: M-F 11am-12:30pm, 4:30-5:30pm*

Sa-Sun 4:30-5:30pm

Family Dining Room602-254-3338

420 W Watkins Rd, Phoenix 85003 *Hours: M-F 4:45-6pm, activities and tutoring*

are available after dinner. Free shuttle available

Human Services Campus Dining Room602-850-6746

1075 W Jackson St, Phoenix 85007 *Hours: M-F 7-8am, 11am-12:45pm. Open*

weekends 11am-12:45pm

United Food Bank480-926-4897

www.unitedfoodbank.org

<https://www.facebook.com/UnitedFoodBank>

Food distribution warehouse serving 200 agencies in 5 counties. Direct client service providing emergency food boxes and other services to those in need

Valley View Food Bank623-933-3358

www.feedingaz.org

12321 NW Grand Ave, El Mirage, AZ 85335 *Hours: M-F; 9am-1pm*

Vineyard Church623-934-4000

www.vineyardnorthphoenix.com/foodbank

<https://www.facebook.com/vineyardnorthphoenix/>

6250 W Peoria Ave, Glendale, AZ 85302

Hours: Sa, Su, W 9am; M, Tu, Th 7pm. Provides clothing and food boxes

West Valley Community Food Pantry623-848-8278

www.stjchurchaz.org

<https://www.facebook.com/stjchurchaz>

7205 N 51st Ave, Glendale 85301

Hours: M, W, Th 9am-12:00pm Emergency food pantry, up to five boxes per year per household. Accepting appts for utility assistance: Call.....480-654-4539

Wildfire.....602-604-0640

www.wildfireaz.org

340 E Palm Lane, Ste 315 Phoenix, AZ 85004

Statewide network of community and faith-based organizations working on SNAP (Supplemental Nutrition Assistance Program) outreach and/or application assistance. Committed to using a holistic approach to address hunger

Grief Support Services

Billy's Place623-414-9838

www.billysplace.me

<https://www.facebook.com/billysplaceme/>

Grief support groups for Children ages 3 to 30 and their families

HealGrief888-489-9654

www.HealGrief.org

HealGrief® providing resources to guides one's journey with grief into healthy post bereavement growth. Facilitated virtual support for grieving adults. Actively Moving Forward® (AMF) provides supportive grief services for young adults, aged 18-30. Through the AMF App, grieving young adults connect, support, and empower each other, virtually 24/7. AMF provides facilitated virtual support groups FREE of charge to App community members; small fee for non-app members. Learn more at HealGrief.org/AMF-App

Stepping Stones of Hope602-264-7521

www.steppingstonesofhope.org

info@steppingstonesofhope.org

4000 North 7th Street, Suite 108 Phoenix, AZ 85014

Stepping Stones of Hope is an Arizona 501c3 dedicated to supporting grieving families after the loss of a loved one

TAPS800-959-8277 (TAPS)

www.taps.org

info@taps.org

Offering comfort and care to those grieving the death of a military loved one. Fostering collaboration and understanding for those seeking to support the military community

Tears Foundation623-225-8317

www.thetearsfoundation.org/arizona

arizonachapter@thetearsfoundation.org

Helping bereaved families honor the life of a child by providing emotional support groups, referrals and financial assistance to help with infant burial or cremation expenses

Health and Welfare/Medical Assistance

Adelante Healthcare877-809-5092

www.adelantehealthcare.com

www.facebook.com/AdelanteHealthcare/

Peoria Location: 15525 N 83rd Ave #104

WIC and eligibility services available at Peoria Community Resource Center (call for an appointment).....623-773-7070

Hours: M-F 8am – 5pm, closed during lunch Primary medical care including: family and internal medicine, pediatrics, on-site lab, WIC/nutrition, help to apply for AHCCCS and other assistance. Additional locations may provide dental

- American Cancer Society800-227-2345**
www.cancer.org
www.facebook.com/AmericanCancerSociety
Tender Loving Care (publication offering affordable hair loss and mastectomy products and advice on how to use them):800-850-9445
Provides personalized cancer information, wigs, head coverings, support groups and community resource referrals to cope with cancer. Assists cancer patients, caregivers and/or their family members at no cost
- Prescription Assistance Program (PAP) at Safeway and CVS/Pharmacy**
<https://www.arizonarxcard.com/>
Arizona residents have access to statewide Prescription Assistance Program (PAP). Create/print your *FREE* discount prescription drug card from website
- Arizona Department of Child Safety (DCS)... Abuse Hotline 888-767-2445**
Local number for general information.....602-255-2500
dcs.az.gov/
www.facebook.com/arizonadcs
- AZ Dept. of Public Health Services.....602-542-1025**
www.azdhs.gov
www.facebook.com/azdhs
Promote, protect, improve health and wellness of individuals/communities in AZ
- Arizona Division of Problem Gambling602-542-8998**
Helpline 800-Next Step (639-8783)
www.problemgambling.az.gov
www.facebook.com/Arizona-Office-of-Problem-Gambling-431670023533035
Provides problem gambling prevention, treatment and education programs
- AZ Health Care Cost Containment System (AHCCCS).....855-432-7587**
www.azahcccs.gov
Hours: M-F 8am - 5pm Arizona's Medicaid agency offering health care programs to serve Arizona residents
- Barrow Neurological Foundation (Dignity Health).....602-271-9961**
www.BarrowNeuro.org/prevention
Medical education, clinical programs and support groups for those facing devastating neurological trauma or disease at Barrow Neurological Institute
- Boys and Girls Club Dental Clinic.....602-271-9961**
www.bqcmp.org/programs/bqcmp-dental-clinic
<https://www.facebook.com/BGCMP>
1601 W Sherman St, Phoenix 85007. Hours: Tue-Fri 7am - 6pm
Full-service facility for children age 5-18 who lack dental insurance and do not qualify for state assistance
- Brain Injury Alliance602-508-8024**
www.biaaz.org
Provides support, resource and referrals to children, adults and families with any type of brain injury
- Cancer Support Community Arizona.....602-712-1006**
www.cscnaz.org
www.facebook.com/CSCArizona
Psychosocial support and services to people diagnosed with cancer, their friends and families in AZ, including: support services, healthy lifestyle activities, educational seminars, social connections, resources and referrals

Care 1st Resource Center623-333-2703

www.avondaleaz.gov/government/departments/neighborhood-family-services/family-services/resource-center

328 W Western Ave, Avondale 85323 Hrs. M-Th 8am-7pm; F 9am-5pm, 3rd Sat 9 am-1 pm. Offering programs for parents with children 0-5 and assistance in applying for AHCCCS

Family Assistance Administration (FAA).....602-771-0011

des.az.gov/services/basic-needs/family-assistance

www.facebook.com/OfficialArizonaDES

Peoria Location: 8990 W Peoria Hours: M-F 8am - 5pm

Family assistance – possible nutrition, cash and/or medical assistance benefits

First Teeth First.....see various locations below

www.maricopa.gov/publichealth/programs/oral/FTF/default.aspx

Glendale WIC 5141 W. Lamar Rd 623-939-0989

St. Mary’s WIC 3003 W. Thomas Rd., Phoenix 602-278-3201

Sunnyslope WIC 8828 N. Central Ave., #100, Phoenix 602-331-8311

Thunderbird WIC 5422 W. Thunderbird Rd., #6, Glendale..... 602-993-5010

Constitution WIC 18440 N 15th Ave, Phoenix 602-482-7174

Maricopa County Office of Oral Health provides dental screenings, parent education, fluoride varnish and referrals for children up to five years of age

Health-e-Arizona..... 855-432-7587 /855-HEAPlus

www.healtharizonaplus.gov

Single online application for medical and nutrition assistance

Statewide Fax Queue: 602-257-7031

Maricopa County Dept of Public Health (MCDPH)602-506-6900

www.WeArePublicHealth.org (English)

www.SomosSaludPublica.org (Spanish)

[Facebook.com/MCDPH](https://www.facebook.com/MCDPH) (English)

Main Number 602-506-6767

West Valley Immunization Clinic..... 623-474-2290

1850 N 95th Ave, Suite 184, Phoenix 85037

Hours: M-F 8am-4:30pm (closed 12-1pm and the 4th Wed with 1pm opening)

Maricopa County Dept of Public Health (MCDPH)(cont)602-506-6900

Immunization Clinic..... 602-506-8815

1645 E Roosevelt St, Phoenix 85006

Other locations in Maricopa County 602-839-2289

Provides free immunizations, children 0-18 years old. Educate parents, guardians, day care and school staff to reduce/eliminate transmission of vaccine preventable diseases

Nurse-Family Partnership program 602-224-1740 / 602-359-7083

Provides in-home nurse visits throughout 1st pregnancy until child is 2 yrs old. Working together for: healthy pregnancy and child, to become a better parent, make home safe, get referrals to support services and set goals for future

Maricopa Integrated Health System Family Health Centers (MIHS)

www.mihs.org/family-health-center

www.facebook.com/mihs.az

Avondale Family Health Center 950 E Van Buren 623-344-6800

Hours: M-F 7:30am-5pm; Sat 7:30am-4:30pm (closed 11:15-12:15)

Adult Dental Hours: 7:30am - 4:00pm..... 623-344-6809

Glendale Family Health Center Hours: M-F 7am-5pm 623-344-6700

5141 W. Lamar Glendale, AZ 85301

Pediatric Dental Hours: 7:30am-4:30pm..... 602-344-2522

Routine exams, family Medicine, lab services

Mission of Mercy602-861-2233

www.aMissionofMercy.org

Provides free mobile health care and medications without insurance. Filling the gaps for those that have fallen through the cracks of the healthcare system

Mobile Dentistry of Arizona480-313-3310

www.mobiledentistryofaz.com

Provides full dental services for all ages, including individuals with physical and cognitive constraints making it difficult to get to dentist. An in-home service

Mountain Park Health Center.....602-243-7277

www.mountainparkhealth.org

www.facebook.com/MountainParkHealthCenter

6601 W Thomas Rd, Phoenix 85033

Hours: M-F 7:30am-8pm, Sa 7:30am-4:30pm Schedule appointments 24/7

Provides Women's healthcare, pediatrics, internal/family medicine, dental, labs, pharmacy, WIC and more

Medical Lending Center (Youngtown Community Fund).....623-977-4661

www.youngtowncommunityfund.com

Short-term loan of medical equipment

Mission of Mercy (602) 861-2233

www.amissionofmercy.org/arizona (Other locations listed on website)

www.facebook.com/missionofmercyaz/

Avondale Appointment Line Appt Line Hrs: Tu/Th 9am-2pm.....623-932-2723

First Southern Baptist Church, 1001 N. Central Ave, Avondale

Clinic open: Mon 8am-2pm

Maryvale & Central Phoenix Appointment Line.....602-486-7798

Appointment Line Hours Tu 1-6pm, Th 9am-2pm

Maryvale - Church of the Nazarene, 3201 N. 51st Ave, Phoenix, AZ

Clinic open: 1st & 3rd Tues 8am-2pm

Murphy Education & Health Center, 3140 W Buckeye Rd. Phoenix, AZ

Clinic open: 2nd & 4th Fri

Central Phoenix -Shepherd of the Valley Lutheran Church, 1500 W Maryland

Clinic open: Weds 8am-2pm

All locations provide free healthcare and free prescription medications to uninsured, underinsured and those who "fall through the cracks" of the healthcare system. Appt lines and locations offer bi-lingual assistance

Native Health Centers602-787-3352

www.nativehealthphoenix.org

www.facebook.com/nativehealthphoenix

4041 N Central Ave, Bldg C, Phoenix Hours: M-F 8am-7pm.....602-279-5262

2423 W Dunlap Ave, Suite 140, Phoenix Hours: M-F 8am-7pm.....602-279-5351

Full medical and dental services, WIC, HIV testing and AHCCCS enrollment assistance. Free transportation may be available

Neighborhood Outreach Access to Health (NOAH)

Central scheduling phone number for all locations480-882-4545

www.Noahhelps.org

Copperwood Center: 11815 N. 51st Ave., Ste. B110, Glendale, AZ 85304

Hours: M-Th 7am-7pm; F 7am-5pm

Desert Mission Community Health Center: 9201 N 5th St, Phoenix, AZ 85020

Hours: M-F 8am-5pm

Sierra Health Center: 6206 W Bell Rd, Glendale, AZ 85308 Hrs: M-F 8am-5pm

Vendor Health Center: 20440 N. 27th Avenue, Phoenix, AZ 85027 Hrs: M-F

8am-5 pm

Medical, dental, pediatric, behavioral health and psychiatric, nutrition services, prenatal and community resources. Additional locations listed online

Nutritional Services (WIC).....800-252-5942

www.azdhs.gov/prevention/azwic/families/index.php

www.facebook.com/azdhs/

Peoria Mobile (WIC) through Adelante Healthcare..... 623-236-4622

8335 W Jefferson St, Peoria Hours: Tu/W 8am-5pm. Supplemental nutrition program for low-income women

Phoenix College Dental Clinic602-285-7323

<http://www.phoenixcollege.edu/community/community-services/dental-clinic>

3144 N 7th Ave, Phoenix, AZ 85013 Hours: M-Th 8:30am-4:30pm

Dental hygiene services offered: cleanings, deep scaling, x-rays, sealants and fluoride. \$35 for adults, \$25 for kids (ages 3 to 15) and \$10 per sealant

Smiles by Delivery623-584 GRIN (4746)

www.SmilesByDelivery.com

Mobile dental practice providing cutting-edge technology in patient’s home at rates up to 30% lower than traditional dental practices

Social Security800-772-1213

www.ssa.gov

www.facebook.com/socialsecurity

Official Social Security website online services and retirement estimator

Solecito Services623-876-5331

Medical equipment rental.

Southwest Lending Closet623-932-1016

www.southwestlendingcloset.org

www.facebook.com/SouthwestLendingCloset

Lends durable medical equipment for up to 90 days

Housing Rehabilitation

Ability360.....main office 602-256-2245

www.ability360.org

www.facebook.com/Ability360

Provides removal of architectural barriers in homes of residents with disabilities

Maricopa County Housing Programs602-506-5911

www.maricopa.gov/faq.aspx?qid=254

Provides weatherization for homes owned by low-income persons, particularly elderly, disabled and persons with minor children. The goal of weatherization is to increase energy efficiency by reducing energy usage and improving the health and safety of the home.

Inquiry form at www.maricopa.gov/4119

Housing Assistance

Administration of Resources and Choices (ARC).....602-374-2226

www.arc-az.org/housing-counseling/

HUD Certified agency providing a path to successful home ownership through Mortgage Readiness Review and Assistance, foreclosure prevention counseling for principal reduction, monthly mortgage subsidy assistance to qualified AZ homeowners, Reverse Mortgage Counseling, assist homeowners 62 or older

Arizona Attorney General602-542-5025

Consumer Information and Complaints..... 602-542-5763

Task Force Against Senior Abuse (TASA)..... 602-542-2124

- www.azag.gov/seniors/TASA
Resources for Seniors.....www.azag.gov/seniors
- Arizona Department of Housing (ADOH)602-771-1000**
www.housing.az.gov
www.facebook.com/azhousing/
 Programs: Foreclosure and homeless assistance, fair housing, rentals, affordable housing, Section 8 and housing counseling
Save Our Home AZ (foreclosure assistance)602-771-1000
Housing Counselor877-448-1211
 Offers principal reduction assistance, mthly mortgage subsidy assistance for underemployed or unemployed Arizonans, second lien elimination and short sale assistance to qualified AZ homeowners
- Arizona Fair Housing Center602-548-1599**
www.azfairhousing.net
www.facebook.com/pg/Arizona-Fair-Housing-Center-265710680205759/
 Mission: To eliminate housing discrimination and fair housing/civil rights complaints. Individuals who believe they are victims of discrimination should submit a complaint
- Catholic Charities Affordable Housing602-285-1999**
www.housingforhopeaz.org
www.CatholicCharitiesAz.org
Phoenix (2 locations)..... 602-840-0898 and 602-290-0459
Glendale623-934-7579
 Affordable housing for qualifying families in three communities in West Valley
- Delia Foundation (Blu Village Connect)480-600-7950**
www.deliafoundation.org/bluevillageconnect.html
 Creating solutions and connections for low income seniors and veterans. Positively impacting isolation, independence, health and wellness. Guidance, resources and support
- Habitat for Humanity Central Arizona623-583-2417**
www.habitataz.org
www.facebook.com/HabitatCAZ
Peoria Location: 9133 NW Grand Ave, Suite 1, Peoria, AZ 85345
 New home construction, home repairs, neighborhood revitalization and contract services for public and nonprofit industries
- Homeless I.D. Project**
www.AZHomeless.org
Phoenix: 206 S 12th Ave. Hours: M-F 7:30-10am602-223-3527
 Helping homeless people rebuild their lives beginning with identification retrieval assistance
- Housing Authority of Maricopa County**
www.maricopahousing.org/programs/
Peoria Property: 10950 N 87th Ave Hours: M-F 8am-5pm602-744-4590
 HUD affordable housing for low-income eligible families and/or single persons
Housing Choice Voucher-Section 8 Hours: M-F 8am-5pm602-744-4500
Location: 8910 N 78th Ave, Building D, Peoria
 Provides rent subsidy to income eligible individuals and families
- Save the Family**
www.savethefamily.org
www.facebook.com/SavetheFamilyAZ
Affordable Rental Movement..... 480-898-0228 ext 100
 Transitional housing and supportive services for homeless families with children
- Trellis.....602-258-1659**
www.trellisaz.org
www.facebook.com/TrellisAZ1

Pre/post-purchase, reverse mortgage housing counseling; financial coaching, money mgmt and budget workshops; homebuyer education; down payment assistance and flexible lending products; and affordable single-family homes

Legal/Financial Services

ACESDV602-279-2900

Toll-free..... 800-782-6400

www.acesdv.org

www.facebook.com/ACESDV

Information and resources related to legal issues and areas of State and Federal law

Arizona Center for Disability Law602-274-6287

www.azdisabilitylaw.org

www.facebook.com/Arizona-Center-for-Disability-Law-134193483284046

Protect and advocate for individuals with disabilities

CASA of Maricopa County602-506-4083

www.maricopacasa.org

www.facebook.com/CASAofArizona

Court appointed special advocates-adult volunteers appointed by judge to advocate for abused/neglected children in court

Catholic Charities Community Services, Familias Unidas Legal Services, Immigration and Family Reunification602-749-4415

www.catholiccharitiesaz.org/all-locations/immigration

Provides various legal services including immigration and family reunification. NOTE: Leave a message, someone will return call. NOTA: Deje mensaje y alguien le regresara su llamada

Community Legal Services602-258-3434

www.clsaz.org

www.facebook.com/communitylegalservicesarizona

AZ law firm providing legal services to eligible residents experiencing legal problems within our practice areas: Family Law, Housing Law, Consumer Law, Farm Worker, Employment & Tax Law, and Health and Economic Stability

Internal Revenue Service (IRS) Volunteer Income Tax Assistance (VITA)

www.irs.gov

Offers free tax help

Lawyer Referral Service.....602-257-4434

www.maricopalawyers.org/about-us/

Services meeting the legal needs of our community

Legal Services for Crime Victims in Arizona (LSCVA)623-471-6401

www.lscva.org

www.facebook.com/LSCVA.org

Provides free legal representation in criminal cases to victims of crime in Arizona, with priority to victims of domestic and/or sexual violence. LSCVA asserts and seeks enforcement of crime victims' rights and provides social services to facilitate healing

Maricopa County Attorney

www.maricopacountyattorney.org/serving-victims/brochures-forms-information

Maricopa County Victim Compensation 602-506-4955

Assists victims and families dealing with the financial harm caused by crime

Take Charge America866-750-9612

Additional toll free number listed on website..... 866-528-0588

www.takechargeamerica.org

www.facebook.com/TakeChargeAmerica

Guidance with credit, bankruptcy, housing, debt management, student loans. HUD certified

VITA through A New Leaf

<https://www.turnanewleaf.org/services/vita.html>

The Volunteer Income Tax Assistance program offers free tax help

LGBTQ Services

One Community Foundation480-355-0088

onecommunityfoundation.org

Shaping the future of LGBTQ and allied leadership

One-n-Ten602-400-2601

www.oneten.org

www.facebook.com/onetenphoenix?fref=ts&ref=br_tf

Serving LGBTQIA+ youth ages 11-24. Provides: tools to improve self-esteem, programs that promote leadership development and healthy life choices. Feature programs target education, employment and housing

PFLAG602-843-1404

www.pflagphoenix.org

PFLAG promotes health/well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education and advocacy

Phoenix Pride 602-27-PRIDE/602-277-7433

www.phoenixpride.org

Pride promotes unity, visibility and self-esteem among gay, lesbian, bisexual, transgender and queer persons: and promotes a positive image in the Valley of the Sun and throughout Arizona through community activities and services.

Safe Out.....602-685-6006

SafeOutAZ.org

Focused on substance use and suicide prevention among LGBTQ youth and young adults ages 13-26

Southwest Center for HIV/AIDS.....602-307-5330

www.swcenter.org

Leader in providing HIV/AIDS services in Phoenix AZ, including: HIV and STD testing, LGBTQ-friendly medical care

Miscellaneous Services

Bureau of Vital Records602-364-1300

www.azdhs.gov/licensing/vital-records (only Arizona)

www.Vitalchek.com

Paid service for most states and some international agencies

Homeless ID Project 211 or 877-211-8661

www.azhomeless.org

[email: info@azhomeless.org](mailto:info@azhomeless.org)

206 S 12th Avenue, Phoenix, AZ 85007 (Cross Streets: 12th Ave/Madison St)

Hours: M-F 7:30-9:00am (20 individuals served at each sign up time, on a first come, first serve basis)

Provides help to men, women, and children experiencing homelessness to rebuild their lives by obtaining their identification

Organization for non-violence education..... 623-934-0696

www.oneincusa.org

Provides individual and group counseling for anger management and domestic violence

Rape, Abuse and Incest National Network..... 800-656-4673

www.rainn.org

Information, referrals and telephone or online support for victims of rape or abuse

Safelink Wireless Service through TracFone 800-Safelink (723-3546)

www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/index.html

Technical Support ONLY: 800-378-1684

Provides households a wireless phone, eligibility requirements must be met, set by each State where service is provided. Service limited to one person per household

Science Care 800-417-3747

www.sciencecare.com

Hope Program is a no cost pre-screening program that allows patients, families, and healthcare providers to know with certainty if a donor meets current research criteria before the time of passing

The National Domestic Violence Hotline..... 800-799-7233

www.thehotline.org

Hotline advocates are available for victims and anyone calling on their behalf, to provide crisis intervention, and safety planning. Information offered in both English and Spanish

Referral Services

2-1-1 Arizona Services..... 211 or 877-211-8661

www.211arizona.org

Community information and referral service

Affordable Housing Online

affordablehousingonline.com/

www.facebook.com/AffHsgOnline/

Provides ability to search for affordable housing in specific area by City, County or Zip code and allows individuals to sign-up for waitlist alerts

AZ Caregiver Coalition 888-737-7494

www.azcaregiver.org

www.facebook.com/azcaregiver/

Supports family caregivers

Arizona Community Action Association

www.azcaa.org

www.facebook.com/ArizonaCommunityActionAssociation/

Comprehensive list of free/low-cost services and programs for low-income families and individuals

North West Area Utility Assistance Line 602-372-0728

Serving Peoria, El Mirage, Sun Cities and surrounding area. Hours: M-F 8am-

5pm, call to make appt.

Peoria: 8335 W Jefferson St, Peoria 85345 623-979-3911

Surprise 623.222.HOPE(4673)

Arizona Self Help (Benefit referral)

www.ArizonaSelfhelp.org

www.arizonaselfhelp.org/programs/

Free and easy way to find health and human services programs

BenefitsCheckUp®

www.benefitscheckup.org

Free service to find benefit programs based on need (medical, food, utility, legal, health care, housing, etc)

Child Care Resource and Referral..... 800-308-9000

www.arizonachildcare.org

www.facebook.com/arizonachildcare/

Referrals to families who need assistance locating regulated childcare

Crisis Response Network

- www.crisisnetwork.org
- www.facebook.com/CrisisNetworkAZ/

Central Arizona warm Line..... 602-347-1100
 Central Arizona crisis Line..... local 602-222-9444
 Central Arizona crisis Line800-631-1314
 Central Arizona crisis Line (TTY) 800-327-9254
 SMI determination855-832-2866

24/7 crisis response network assists qualifying individuals and families in crisis to find these services: medical, legal, affordable housing and more

Find Help Phoenix

- www.findhelpphx.org
- www.findhelpphx.org/es (Spanish language partner site)

Free and low-cost services in Maricopa County

Research For Life 480-940-1310

- www.researchforlife.org

Whole body donation organization working to bridge the gap between donors, medical educators and disease researchers

Senior Guidance.org

- www.seniorguidance.org/assisted-living/arizona/

Resources for senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and other long term senior care options, including memory care such as Alzheimer's or Dementia

Senior Services

About Seniors.....602-772-6490

- www.aboutseniorsaz.com
- www.facebook.com/aboutseniorsaz

Provides seniors and their families assistance in: finding quality communities and/or care in Arizona. Grief Support Services and Support Group Facilitation to clients, organizations and those in need

Alzheimer’s Association602-528-0545

Helpline 24/7800-272-3900
www.alz.org
www.facebook.com/actionalz

To empower and support individuals, families, care partners and communities affected by dementia

Area Agency on Aging602-241-6118

Helpline available 24/7 602-264-HELP (4357)
 Peoria SUPPORT at Community Assistance Resource Center.....623-773-7070
 Surprise Resource Center623-866-4214
 Banner Olive Branch Senior Center (Sun City)623-465-6005
www.aaaphx.org

FREE Medicare, Medicaid and ALTCS counseling funded by Federal agencies, not affiliated with the insurance industry, for those interested in understanding the Medicare system

Assisted Living800-622-3915

- www.assistedliving.org

A community organization that offers resources and information to assist seniors living with disabilities

Beatitudes Campus602-995-6100

www.beatitudescampus.org
www.facebook.com/BeatitudesCampus

Not-for-profit life plan community for active independent senior living in Phoenix, AZ. Plus a full spectrum of health services

Foundation for Senior Living602-285-1800

www.fsl.org
www.facebook.com/FSLhelps

In-home care, adult day care, affordable housing and senior centers

Banner Sun Health Research Institute623-832-6500

<https://www.bannerhealth.com/locations/sun-city/banner-sun-health-research-institute-santa-fe>

Located in West Valley, institute conducts research, clinical care, prevention and education in memory disorders such as Alzheimer's and movement disorders, such as Parkinson's disease

Benevilla623-584-4999

www.benevilla.org
www.facebook.com/Benevilla.org

Hours: M-F 8am-4:30pm. Life Enrichment Adult Day Programs for older adults and adults with intellectual and developmental disabilities, free caregiver support groups, resources and education, free home services such as grocery shopping, transportation, friendly visitors, phone pals and home delivered meals

Delia Foundation.....480-600-7950

www.bluvillage.connect.org

Consulting with seniors and their family members to connect them with resources and housing options

Duet.....602-274-5022

www.duetaz.org
www.facebook.com/DuetAZ

Hours: M-F 8am-4:30pm. Support grps, workshops, group activities, respite, legal guidance and information and referral for grandparents raising grandchildren. Transportation, friendly visits, grocery shopping to/from and paperwork assistance for the elderly and/or disabled

Home Assist Health.....602-795-7620

www.homeassistthehealth.org
www.facebook.com/homeassistthehealth/

Home care assistance for elderly and/or disabled adults and children with long-term illnesses. Approved to provide DDD (Division of Developmentally Disabled) services as well as Arizona Long Term Care System (ALTCs)

Hospice of the Valley602-530-6900

www.hov.org
<https://www.facebook.com/HospiceoftheValley/>

Hospice, palliative and dementia care. Support for caregivers. Pet, massage, music therapy. Veteran and first responder recognition. No-cost assistance with senior placement and health care decisions. Nurse call service available 24/7

Medicare and Medicaid Benefits Assistance Program.....602-264-2255

www.aaaphx.org

Free Medicare/Medicaid counseling by Medicare Certified Counselors (SHIP Counselors) at Senior Centers

Senior Citizens Law Project602-252-6710

www.azlawhelp.org/resourceprofile.cfm?id=12

Provides legal services

Stepping Up for Seniors.....623-866-4214/480-588-4910

www.steppingupforseniors.org

Referrals and financial assistance to low income seniors facing a critical medical issue resulting in financial crisis. Apply online

Sun City Community Assistance Network (CAN)623-933-7530

www.suncitycan.org

10195 W Coggins Dr., Sun City, Arizona

Free assistance to low-income seniors, disabled persons and others to meet basic needs, such as: utility discounts, prescription drug programs, food stamps, Medicare and social security guidance, legal consultations, income tax preparation, property tax refunds and more. Call to make appt

Sun Health.....623-832-9355

www.sunhealthwellbeing.org

www.facebook.com/sunhealth

Center for Health and Wellness.....623-832-9355 (WELL)

Memory Care Navigator.....623-832-9300

14719 W Grand Ave, Surprise, Arizona

Hours: M-F 8:30am–5pm. Provides education on diabetes, nutrition, weight loss, physical fitness and improving strength and balance. Individual counseling available with registered dietitians, certified diabetes educators, exercise physiologist and health coach. Acupuncture and massage therapy available. Provides support and resources for patients and families dealing with Alzheimer’s disease and dementia

Services For Persons With Disabilities

AZ Assist.....480-779-0899

www.facebook.com/azassist

West Valley Contact 602-615-9473

West Valley Support Group mtgs at Peoria Community Center mthly on 1st Th 6:30-8:30pm. Social activities for the teens and young adults on the autism spectrum, and information on autism topics related to these age groups, for parents and guardians

Ability360602-256-2245

Glendale Office..... 602-424-4100

www.ability360.org

www.facebook.com/Ability360

Programs to empower people with disabilities

ACCEL (Education & life skills school)602-995-7366

www.accel.org

www.facebook.com/ACCELArizona

10251 N 35th Ave, Phoenix, AZ 85051

Arizona Center for the Blind & Visually Impaired.....602-273-7411

www.acbvi.org

www.facebook.com/acbvi

3100 E Roosevelt St, Phoenix 85008

Hrs: M-F 8am-4:30pm Membership fee based on ability to pay; fees for some special events

Arizona Spinal Cord Injury Association 602-507-4209/888-889-2185

www.azspinalorg

5025 East Washington St., Ste 110, Phoenix, AZ 85034

Dedicated to enhancing the lives of individuals with spinal cord injuries and their families

Assisted Living855-221-9611

www.assistedliving.org

Community organization offering resources and information to assist seniors living with disabilities

AZ Developmental Disabilities Planning Council602-542-8973

addpc.az.gov

www.facebook.com/ADDPC

Provides research and financial support to innovative projects focusing on employment opportunities, self-advocacy and promoting inclusion for people with developmental disabilities

AZ Disability Coalition.....602-262-2900

www.azdisabilitycoalition.org

www.facebook.com/Arizona-Disability-Coalition-ADC-109920866153575/

ADC advances the rights, choices and value of people with disabilities through their individual and collective advocacy and education efforts

AZ Recreation Center for the Handicapped (ARCH)602-230-2226

www.archaz.org

www.facebook.com/ARCHAZ.ORG

1550 W Colter St, Phoenix, AZ 85015

Provides services to enable handicapped individuals to obtain higher levels of physical well-being, pride, independence and self-esteem

Civitan Foundation, Inc.....602-953-2944

www.civitanfoundationaz.org

www.facebook.com/CivitanFoundationInc

12635 N 42nd St, Phoenix, AZ 85032

Provides respite, habilitation, attendant care, day treatment for adults (DTA), home and community based services, (HCBS), group supported employment (GSE), recreational events. Transportation offered to/from services

Delia Foundation.....480-600-7950

www.deliafoundation.org

Center for non-formal education, addressing universal needs to improve the lives of children with disabilities

DES Developmental Disabilities (Peoria)602-771-0012

des.az.gov/services/disabilities/developmental-disabilities

Peoria location: 8990 W Peoria Ave, 2nd Floor, Peoria, AZ 85345

Developmental Enrichment Center602-314-4214

www.dec-az.org

www.facebook.com/decnaz

16809 N 53rd Ave Suite 1-3, Glendale, AZ 85306

Provides Life Skills training programs for children and adults with developmental disabilities. Includes fixed route transportation to/from the Day Program facility. In addition, we offer in-home care services of Habilitation hourly support, attendant care and respite services

Gompers

www.gompers.org/programs

www.facebook.com/gompersaz

Blythe Center Campus 623-245-8332 ext 305

7565 W Peoria Avenue, Suite A Peoria, AZ 85345

Hours: M-F 7:15am-4:00pm. Provides individuals ages 5-85 educational adult day programming, employment training, in-home programs and accessible vehicles to transport individuals to/from Gompers and community activities

MOSAIC602-864-6030

www.mosaicinfo.org

Provides host home living arrangements for people of all ages with intellectual and developmental disabilities

One Step Beyond..... 623-215-2449

After Hours on call phone623-760-6487

www.osbi.org

9299 W Olive Ave, Suite 311, Peoria 85345

15527 N Reems Rd., Surprise 85374

Intellectual Disabilities training on how to live independently, seek employment and participate in their communities. Engaging talents and interests by empowering them to set and achieve personal goals. Transportation to/from may be provided

Raising Special Kids800-237-3007

www.raisingpecialkids.org

www.facebook.com/raisingpecialkids/

Provides information, training, resources and support to families of children with disabilities and special health care needs

The Children’s Center for Neurodevelopment Studies623-915-0345

www.thechildrenscenteraz.org

www.facebook.com/TheChildrensCenterAZ/

5430 West Glenn Dr, Glendale, AZ 85301

Non-profit school and therapy ctr for children with autism and other developmental delays

VALLEYLIFE602-371-0806

www.ValleyLifeAz.org

www.facebook.com/Valleylifeaz/

Group homes, home and community based services, day programs and vocational programs for developmentally disabled individuals who are placed in our care by the State of Arizona

Shelters and Homeless Services

A New Leaf480-969-4024

www.turnanewleaf.org

www.facebook.com/anewleaf

Faith House crisis shelter for women and children 623-939-6798

24-hr emergency shelter for women in crisis

Domestic Violence Centralized Screening hotline480-890-3039

24/7 English/Spanish resource 844-SAFEDVS (723-3387)

24/7 English/Spanish bilingual resource connects people in crisis with domestic violence shelters throughout Maricopa County. If shelter bed is not available, the Domestic Violence Safe Temporary Overflow Program provides short-term emergency shelter and services to victims of domestic violence and their children while awaiting bed availability in domestic violence shelters countywide

2-1-1 Toll free in Maricopa County 1-800-799-7739

Brian Garcia Welcome Center602-759-5356

Assist in finding housing for homeless

Central Arizona Shelter Services (CASS)602-256-6945

www.cassaz.org

www.facebook.com/CentralArizonaShelterServices

230 S 12th Ave, Phoenix, AZ 85007

Emergency shelter and supportive services for homeless persons

Chrysalis.....602-955-9059

www.noabuse.org

www.facebook.com/chrysalisaz/

Comprehensive services for women, men and children impacted by domestic violence, including: shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment

Community Care Emergency Shelter623-755-2284

Provides free emergency shelter for women and children, including meals and supportive services. Fee based transitional and permanent housing available for families. Program: Homeless to Home Owner

Deep Within Rehab 623-334-6813

www.DeepWithinRehab.com
www.facebook.com/DeepWithinRehab/
11773 N 91st Ave, Peoria, AZ 85345

Drug/Alcohol recovery program providing a clean and sober living environment; including basic hygiene items, shelter, meals, 12 step/life skills meetings

Eve's Place 623-537-5380

Outside Maricopa County:..... 844-301-7908
www.evesplace.org
www.facebook.com/Eves-Place-Inc-163364277014297/

NOT a shelter. Provides supportive mobile services to victims of domestic violence & sexual abuse

Family Housing Hub 602-595-8700

www.fhhub.org

Screens individuals for emergency shelter at UMOM, Watkins, CASS-Vista Colina and Salvation Army family shelters. Families are screened for shelter and placed on service priority list. Intake will contact family when shelter is available

Gift of Mary Women's Shelter 602-254-8424

1406 S 17th Ave, Phoenix, AZ 85007

Provides emergency shelter for women age 18+, women with girls age 1-12 or boys up to age 4, who are homeless. Night Shelter only, opens 3:30pm daily

Heavens Healing Hands 480-826-9769

www.Heavenshealinghandsphx.org

Basic needs services to the homeless: mobile showers, clothing, and essential items. Uplifting hospitality shown to restore dignity while transforming homelessness and create hope

Homeward Bound 602-263-7654

www.homewardboundaz.org
www.facebook.com/homewardboundaz/

Transitional housing for homeless families with children

House of Refuge Sunnyslope 602-678-0223

<https://refugesunnyslope.com>
[email: info@refugeandhope.com](mailto:info@refugeandhope.com)
www.facebook.com/House.of.Refuge.Sunnyslope/

9835 N. 7th St., Phoenix, AZ 85020

Transitional housing for single women, single men and mothers with children

National Homeless Veterans Resource Line 877-4AID-VET (424-3838)

www.va.gov/homeless/nationalcallcenter.asp

Homeless or at-risk Veterans and their family members, friends and supporters can call trained counselors to talk confidentially 24/7

National Violence Hotline 800-799-SAFE (7233)

www.thehotline.org
www.facebook.com/NationalDomesticViolenceHotline

Trained advocates available 24/7 to talk confidentially with anyone experiencing domestic violence or seeking resources

New Life Center 623-932-4404

www.newlifectr.org
www.facebook.com/NewLifeCtr

Domestic Violence crisis shelter for women and children fleeing domestic abuse. Emergency shelter, transportation, childcare, domestic violence education, safety planning, lay-legal

advocacy, case management, 24-hour crisis hotline, referral services and community education

Phoenix Rescue Mission.....602-233-3000

www.phoenixrescuemission.org
[www.facebook.com/phoenixrescuemission/
 outreach@phoenixrescuemission.org](https://www.facebook.com/phoenixrescuemission/outreach@phoenixrescuemission.org)

Transformation Lives Center602-346-3390

1801 S 35th Ave., Phoenix, AZ 85006 (Intake M-F, call for appointment)

Residential Recovery Program for men from life controlling problems. Other services include: food boxes, clothing and case management for men, women and families in need

Changing Lives Center.....602-688-6219

338 N 15th Ave. Phoenix, AZ 85007 (Intake M-F, call for appointment)

Residential Recovery Program for women and women with children up to age 12

Hope for Hunger Food Bank.....602-773-4344

5605 N 55th Ave., Glendale, AZ 85301 (M-F, 8 am – 12 pm)

Call for service area eligibility

Safe DVS.....480-890-3039

Domestic violence shelter hotline with up-to-date information regarding beds available to those fleeing domestic violence

Salvation Army

www.salvationarmyphoenix.org/domestic-violence-shelter

ELIM House602-267-4143

Domestic violence shelter; supports women and children. Provides safety, shelter and comprehensive services

Crisis Line..... 602-267-4111

Homeless Outreach to place & empower 602-302-8862/602-263-8861

Provides medical care and preventive education.

Shelter Listing

www.shelterlistings.org

Website showing shelter locations close to a specific address

Shoebox Ministry480-905-1610

www.shoeboxministry.org
www.facebook.com/pg/shoeboxministry/about/

13645 N 32nd St, Phoenix, AZ 85032

Agencies serving local homeless/working poor can apply to receive toiletry kits and undergarments

St Vincent de Paul 602-266-4673

www.stvincentdepaul.net/programs/ozanam-manor

Ministry to the Homeless - FOR REFERRALS602-261-6883

Ozanam Manor-calls for intake/prescreening/eligibility, Criteria below602-850-6900

1730 E Monroe, Phoenix 85034

Serving homeless men and women who are 50+ or 18+ with a disability (mental and/or physical) move into permanent housing while providing temporary shelter

Sojourner Center.....602-244-0089

www.sojournercenter.org
www.facebook.com/SojournerCenter

Domestic violence crisis shelter, transitional housing, case management, safety planning, trauma education, 24-hour crisis hotline, lay legal advocacy, referral services, on-site health clinic and behavioral health services, child development center and pet companion shelter. Community-based prevention/awareness activities, and all above services, available to community-based participants

Streetlight USA..... 623-435-0900 ext 8102

www.streetlightusa.org
www.facebook.com/StreetLightUSA

Provides housing and coordinated care services for adolescent females who are victims of child sex trafficking and sexual trauma

Transportation Services

Benevilla623-584-4999

www.benevilla.org
www.facebook.com/BenevillaFamilyResourceCenter

Hours: M-F 8am-4:30pm. Adult day centers, caregiver support groups, in-home services, home delivered meals and assistance to developmentally disabled. Adult day centers and resource offices located in Peoria

City of Peoria Dial-A-Ride/Dial-A-Ride Plus623-773-7435

www.peoriaaz.gov/dialaride

After Hours: 623-693-1043
ADA Service Hours: M - F 4:30am-9pm, Sa, Su & Holidays 6am-10pm
Leave message to reserve ADA trip. Provides curb-to-curb, advance reservation transportation of Peoria residents with wheelchair accessible vehicles

Crisis Response Network602-222-9444

www.crisisnetwork.org
www.facebook.com/CrisisNetworkAZ/

ComTrans602-231-0102

www.gocomtrans.com

Special needs, non-emergency medical transportation and private pay

National Kidney Foundation of Arizona602-840-1644

www.azkidney.org
www.facebook.com/azkidney

Provides free transportation to and from dialysis treatments in Maricopa County

Northwest Valley Connect623-282-9300

www.NorthwestValleyConnect.org
www.facebook.com/nvconnect

Assists seniors, veterans and people with disabilities in finding public, private and volunteer transportation resources based on individual need

Quality Transport Services of Arizona602-371-1000

www.qtsaz.com
www.facebook.com/QTSaz

Available 24/7. Non-emergency transportation for wheelchair, stretcher & ambulatory needs. Serving entire West Valley

St Vincent de Paul Transient Aid602-261-6852

www.stvincentedepaul.net/programs/aid-to-stranded-travelers

420 W Watkins Rd, Phoenix 85003

Hours: M-F 9am-12pm. Travel assistance to non-residents who find themselves in crisis, stranded in Phoenix area

Valley Metro Public Transportation602-253-5000

TTY: 602-251-2039
www.valleymetro.org

Reduced fares on local bus routes/light rail. Available to youth ages 6-18, seniors age 65+, people with disabilities and Medicare clients

Valley Metro Dial-a-Ride

www.valleymetro.org/accessibility/dial_a_ride

Transportation Hours: 5am-10pm, Reservation Hours: 6am-7:30pm

Regional ADA Paratransit Service602-716-2200

Application for ADA602-716-2100

Eligible residents may travel beyond area served by local Dial-a-Ride provider without making a transfer. Reservations available every day

Utility Assistance/Discount Programs

APS Energy Support Program 844-309-5655/602-371-7171

www.aps.com/e3

Limited income programs

Community Action Program (CAP)

www.azdes.gov

www.facebook.com/OfficialArizonaDES

Peoria: 8335 W Jefferson St, Peoria, AZ 85345 623-979-3911

Surprise: 623-222-HOPE(4673)

Offers assistance with: Utilities, rent, food, referral to senior services and case mgmt

Community Hope Center at Fresh Start Church623-979-4392

www.freshstartaz.com/

14185 N 83rd Ave, Peoria 85381

Food Boxes on Wednesday and utility assistance starting at 10am

Cox Internet Connect2Compete855-222-3252

www.cox.com/aboutus/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity

Low-cost home internet for families that have a K-12 student and receive government assistance

Lutheran Social Services of the Southwest480-654-4539

www.lss-sw.org

No walk-ins, appts only. Assistance with utilities, employment and Supplemental Nutrition Assistance Program (SNAP) sign-up

Salvation Army - Sun Cities/West Valley Corps.....623-977-1084

www.suncities.salvationarmy.org/sun_cities_corps

17420 N Ave of the Arts Blvd, Surprise 85378

Hours: M-F 9am-11:30am, M–Th: 1pm-4pm

Offers assistance with APS, SRP & SW Gas utility bills and limited rental assistance

Southwest Gas877-860-6020

www.swgas.com/en/az-special-programs

Arizona special programs & assistance

SRP Discount Plan.....602-236-8888

www.srpnet.com/prices/economy.aspx

Enrollment line open 24 hrs a day, eligibility requirements to participate in the program

Veteran Services

America’s Mighty Warriors.....623-537-5322

www.AmericasMightyWarriors.org

www.facebook.com/AmericasMightyWarriors

America’s Mighty Warriors is a registered 501(c)3 non-profit corporation that honors our troops, the fallen and their families with programs that improve quality of life, resiliency, and recovery. Funds donated allow us to offer programs that help those who served and families of the fallen through hyperbaric oxygen treatment, Gold Star Respite and more

American Legion Department of AZ.....602-264-7706

www.azlegion.org

www.facebook.com/ArizonaLegion

Disability claims and rental/utility assistance

AZ Chapter, Paralyzed Veterans of America, Inc.....602-244-9168

Toll Free number..... 800-621-9217

www.azpva.org

www.facebook.com/AZPVA

Hours: M–F 8am–4:00pm

Non-profit veteran service organization

AZ Coalition for Military Families.....602-753-8802

www.arizonacoalition.org

www.facebook.com/ArizonaCoalition/

Information re: starting point for key military, government and community resources for service members, veterans and family members. There are eligibility guidelines

AZ Dept of Veterans’ Services.....602-255-3373

www.dvs.az.gov

Assists veterans and their dependents

Disabled American Veterans, Glendale Chapter 20 623 931-7320

[email:dav20glendale@gmail.com](mailto:dav20glendale@gmail.com)

Provides free professional assistance to veterans and their families with claims

Cutrano AZ Troop Run.....602-577-9789

www.aztrooprun.com

www.facebook.com/cutranoaztrooprun

Provides extra curricular educational funding to children of Arizona’s fallen military heroes

Catholic Charities MANA House602-254-6785

(formerly Madison Street Veterans Assoc.)

www.manahouseaz.org

www.facebook.com/pg/MANAHouseAZ/

400 East Willetta Street, Phoenix, AZ 85006

Transitional living center for veterans experiencing homelessness offering personal, individualized basic resources, community and advocacy for veterans

Military and Veteran Success Center480-384-9874

LAFB - 1532 North Commissary Road, Glendale, AZ 85307

MVSC is the nation’s first community supported, case-managed, holistic support center for transitioning service members, veterans and their dependents. Services are free of charge

Military Assistance Mission.....602-246-6429

www.azmam.org

www.facebook.com/pg/azmam.org

Provides financial and morale aid to current Arizona active duty military, their families and wounded warriors regardless of overseas deployment status

Operation Shockwave.....480-259-1212

www.operationsshockwave.org

ajones@operatioshockwave.org

Suicide prevention offered through veteran-to-veteran mentorship. Empowering veterans to choose life and become examples of success in their community. Educate public on tools and techniques that can be used for PTSD, depression, trauma and more

Pets for Patriots877-473-8223

www.petsforpatriots.org

Facebook: <https://facebook.com/petsforpatriots>

Twitter: <https://twitter.com/petsforpatriots>

Instagram: <https://instagram.com/petsforpatriots>

Helps veterans adopt shelter dogs and cats for companionship and emotional support; operates nationwide

- Reveille..... 602-592-9461**
www.reveillefoundation.org
 Supports underserved populations to include US military, veterans, Native Americans, and formerly incarcerated. Utilizes holistic, case mgmt creating individual plans for success bringing community resources together to execute plan
- Soldier’s Best Friend 623-218-6486**
www.soldiersbestfriend.org
www.facebook.com/SoldiersBestFriend
 Provides US military veterans living with combat-related Post Traumatic Stress Disorder (PTSD) or Traumatic Brain Injury (TBI) with Service or Therapeutic Companion Dogs, most of which are rescued from shelters
- The Ripple Effect- Helping Veterans and Families Heal260-312-3756**
www.therippleeffectaz.com
www.facebook.com/therippleeffectaz
 Resources to assist veterans and their families with reintegration into civilian life
- The Veterans Directory**
www.theveteransdirectory.org
www.facebook.com/theveteransdirectory/
 Provides a comprehensive, user-friendly, web-based directory of services for military Veterans and their families
- Tragedy Assistance Program for Survivors..... 800-959-TAPS (8277)**
www.taps.org
www.facebook.com/TAPSOrg/
 24/7 services to those who have lost a loved one in the military
- Surprise VA Outpatient Clinic.....623-251-2884**
#101 Northwest Veterans Affairs Health Care Clinic
13985 W. Grand Ave Surprise AZ 85374
 Provides primary care, mental health, physical therapy, X-Ray and more, please call. On-site enrollment office. Must bring DD-214 to enroll
- United States Veterans Initiative.....602-717-6682**
www.usvetsinc.org/phoenix
www.facebook.com/usvetsinitiativephoenix
3507 North Central Avenue, Suite 302, Phoenix, AZ 85012
Veterans Seeking Housing602-757-9723
Veterans Seeking Employment Assistance602-717-6682
Veterans Seeking Other Services.....602-757-9723
 Provides housing, employment assistance, access to veteran’s benefits, treatment for mental and physical health problems and substance abuse. Counseling services to veterans from all branches of the armed forces who have served from World War II to the current conflicts
- Veteran Tickets Foundation602-314-8414**
www.vettix.org (must create a free online account to get tickets)
www.facebook.com/VetTix
 Provides veterans, service members, and immediate family of those killed in action with free tickets to sports events, concerts, family events as well as a diverse mix of ticketed events, supporting community reintegration and personal health and happiness
- Vetlink Foundation623-303-4355**
www.vetlinkfoundation.org
 Vetlink’s mission is to connect veterans and their families with free services and opportunities. Some of the programs offered are Coffee for Vets (monthly community-building), Wounded Warrior to Cyber Warrior (free training-to-job IT opportunity), Women Warriors (a women’s advocacy group), and host for the Surprise Veterans Stand Down.
- Vet’s Community Connections 602-324-2817**

Veterans, Military and Spouses211/844-VET-CONX (838-2669)

www.vetscommunityconnections.org

Connecting those who have served with other community members for answers to questions about life in Maricopa County

Vets4Warriors 24/7/365 peer support 855-838-8255

www.vets4warriors.com

www.facebook.com/Vets4Warriors/

24/7 Provides peer support services for Veterans, soldiers and their families via phone, chat, social media and texting. Live answer by another Veteran

Vet Center Combat Call Center877-WAR-VETS (927-8387)

www.facebook.com/VAVetCenters/

24/7 - Call-in counseling services for veterans. Beneficial for after-hours: crisis calls and other mental health related calls

West Valley Vet Center 623-398-8854

14050 N 83rd Ave Suite 170, Peoria 85381

www.facebook.com/pages/West-Valley-Vet-Center/

Readjustment Counseling services for active duty combat veterans and separated combat veterans, veterans subjected to military sexual trauma, UAV pilots, mortuary affairs, veterans who served in conflict zones and their family members

Veterans Crisis Line 800-273-8255 press 1

Text..... 838255

www.veteranscrisisline.net

www.facebook.com/pg/veterans.crisisline.1/

Free, confidential help for veterans available

Volunteer Opportunities

NOTE: Most organizations listed in this guide welcome volunteers

Arizonans for Children 602-252-2270

www.arizonansforchildren.org

Facilitates opportunities that provide effective solutions to alleviate hardships and improve fragile lives of abused, abandoned and neglected children in foster care. Always in need of volunteers

City of Peoria Neighborhood Pride

Email: communityassistance@peoriaaz.gov

Designed to help established neighborhoods maintain appearance and value through exterior maintenance. 2-3 projects annually

Dysart Community Center

www.dysartcommunitycenter.org

Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency

Hands on Phoenix

www.HandsOnPhoenix.org

www.facebook.com/HandsOnGreaterPhoenix

A nonprofit volunteer management organization

Hospice of the Valley

www.hov.org

www.facebook.com/HospiceoftheValley/

Volunteers visit and read with patients, run errands, offer emotional support. May work at White Dove Thrift Shoppes, make pet therapy visits, and honor veterans

Just Serve

www.JustServe.org

www.facebook.com/JustServe.org

Matches faith, nonprofit, community and governmental organizations with volunteers

Volunteer Match

www.VolunteerMatch.org

www.facebook.com/VolunteerMatch

Listing of volunteer opportunities

Youth/Teen Programs

A Mighty Change of Heart.....623-308-5428

www.amchaz.org

Foster youth support organization in Surprise, AZ providing individualized duffel bags, school supplies, and more for foster kids

AGUILA Youth Leadership Institute602-518-0612

www.aguilayouth.org

www.facebook.com/AGUILAYouth

Provides youth (grades 9-12) with a comprehensive program in preparation for success in college, career and life

Arizonans for Children602-252-2270

www.arizonansforchildren.org

Facilitates opportunities that provide effective solutions to alleviate hardships and improve lives of abused, abandoned and neglected children in foster care

Big Brothers Big Sisters of Central AZ602-264-9254

www.bbbsaz.org

www.facebook.com/BBBSAZ/

Matches youth (ages 6-18) in community with caring, supportive adult mentors who help them realize their potential. Enroll online. Volunteers needed in Peoria area

BLOOM365.....888-606-HOPE(4673)

www.bloom365.org/intervention

The Youth Violence Intervention and Prevention Project (Y-VIPP) provides community and school based case mgmt, intervention, life skills education and peer support for ages 13-24, who are at risk for or who have exhibited abusive or violent behaviors

www.bloom365.org/advocacy

Community and school based advocacy services, case mgmt, wklly peer support grps, TEXT/CHAT help, safety planning and resource connections for ages 13-24, who have witnessed or experienced teen dating violence, domestic violence, sexual violence, or gender based violence victimization

www.bloom365.org/education

Community and school based outreach and education to remove help seeking barriers for teens, prevent the root causes of teen dating violence/sexual violence and promote healthy/safe relationships. Includes a 7-Dose curriculum in schools, bi-annual Peer Advocate Training Academy for teens, quarterly Study Circles community dialogues and Trusted Adult Ally Trainings for parents/caregivers, school personnel, law enforcement, youth service providers and more

Boys and Girls Clubs.....623-979-3559

www.bgcmp.org

www.facebook.com/BGCMP

11820 North 81st Avenue, Peoria 85345

Provides after-school, summer programs, tutoring, sports, arts, health, life skills and character building activities

Child Crisis Arizona480-834-9424

www.childcrisisaz.org

Headquarters – 817 N Country Club Dr., Mesa AZ

Provides emergency shelter, foster care, adoption, counseling, early education, home visitation, and parenting support services to Arizona’s most vulnerable children and families

Childhelp800-790-2445

www.childhelp.org

Headquarters: 4350 E. Camelback Rd F250, Phoenix, AZ 85018 480-922-8212

Southwest Family Advocacy Ctr: 2333 N. Pebblecreek Pkwy, Suite A200

Goodyear AZ, 85395..... 623-333-7900

Childhelp Children’s Center of Arizona – 2120 North Central Ave. Suite 130,

Phoenix, AZ 85004 602-271-4500

Provides therapeutic intervention for children who have been victims of sexual, physical and emotional abuse and/or neglect, exposure to severe trauma or victimized as a result of parental substance use/abuse

Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

Hours: M-Th 10:00am-8:00pm GED, ESL, Adult Citizenship classes

After School Program ages 4-18, Hours: Mon 1-7pm, Tue-Thurs 3-7pm

1st Sat Mobile Pantry. Hours: 9:00–11:00am

Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer

Dysart Unified School District (DSD).....623-876-7072

www.dysart.org

Homeless Education Liaison 623-876-7072

School provided staff person to serve as a liaison for students experiencing homelessness

Empowered Young Parents Program602-234-3733

Arizona’s Children Association 800-944-7611

www.arizonaschildren.org

www.arizonaschildren.org/transitional-support

Assists pregnant or parenting youth ages 12-24 currently or previously involved with the foster care or juvenile court system. Provides one/one assistance with education, parenting skills, financial independence, healthcare, employment, education, counseling, and other community resources

Eve's Place623-537-5380

Outside Maricopa County:..... 844-301-7908

www.evesplace.org

www.facebook.com/Eves-Place-Inc-163364277014297

Teen dating violence awareness and resources

Florence Crittenton602-274-7318

www.flocrit.org

www.facebook.com/FlorenceCrittentonofArizona/?fref=ts

Comprehensive continuum of care designed to help at-risk girls ages 10-25 overcome issues of abuse, neglect, teen pregnancy, teen parenting, behavioral and mental health problems Food/Meals Assistance/Dysart Community Center 623-249-3812

www.dysartcommunitycenter.org

After School Programs, tutoring and teen programs for youth, ages 4 to 18. Life skills, education, arts, STEM, community involvement programs to support youth development

Free Arts of Arizona602-258-8100

www.freeartsaz.org

www.facebook.com/freeartsaz

Healing abused and homeless children through artistic expression

Friends of Peoria Public Library

www.facebook.com/FPPLibrary

Inspires passion for literacy by supporting Peoria’s Libraries through assistance programs & outreach

Hart Pantry.....252-259-5331

www.facebook.com/HARTPantry/

Provides food, clothing, school supplies and toiletries for at-risk/homeless teens

Heart for the City602-499-5059

www.heartforthecityaz.org

www.facebook.com/heartforthecityaz/

Free after-school, summer and sports programs, job skills training for teens and community gardening

Homeless Youth Connection (HYC).....623-374-3747

After Hours Phone.....602-633-4844

www.hycaz.org

www.facebook.com/HomelessYouthConnectionAZ/

Provides homeless youth ages 13-19 with resources so they stay in school and graduate. Includes: case mgmt, necessities, life skills training, mentors and housing assistance

Kaity’s Way.....602-740-2734

www.kaitysway.org

www.facebook.com/kaitysway.org

Community based organization that educates about the importance of healthy relationships and brings awareness to the issue of teen dating violence in an effort to prevent abuse. Monthly workshops hosted in Peoria

Kickstart Mentorship Academy623-217-5284

www.Kickstartmentorshipacademy.org

www.facebook.com/1kickstartma

Community based organization challenging and inspiring youth to become self-sufficient and goal oriented through life skills training and education

New Song Center for Grieving Children480-951-8985

www.newsongcenter.org

info@newsongcenter.org

No-cost program open to children, teens or young adults grieving the death of a loved one

Ombudsman Charter School800-833-9235

www.arizonadiploma.com

Arizona Charter.....602-317-0837

Peoria Location: 9516 W. Peoria Ave., #18-21.....623-878-4503

Alternative high school for those at-risk of dropping out or who have dropped out and want to return to earn their diploma. Four-hour school days allow time for family, friends, work and school and prepares students for college, career and life after high school. “Re-engage the disengaged” at no cost to kids or parents

One-n-Ten602-400-2601

www.onenten.org

www.facebook.com/onentenphoenix?fref=ts&ref=br_tf

Serving LGBTQIA+ youth ages 11 to 24. Provides tools to improve self-esteem and programs that promote leadership development and healthy life choices. Several feature programs target education, employment and housing

OCJ Kids602-439-2171

www.ocjkids.org

www.facebook.com/ocjkidsaz/

Connecting at-risk and foster youth with caring communities for support and assurance. Volunteer opportunities for those who cannot foster or adopt

Peoria Unified School District (PUSD)

www.peoriaunified.org/domain/105

www.facebook.com/peoriaunified

Student Services Coordinator 623-486-6058

School-provided staff person to serve as a liaison for homeless students

School Connect

www.org

Mailing address: 14240 N 43rd Ave., Glendale, AZ 85306 602-496-0215

Researches and develops best practices to build a supportive, collaborative community around schools

Scott Foundation..... **480-689-3355**

www.SCOTT-FOUNDATION.org

Mailing address: P.O. Box 4927 Cave Creek, AZ 85327

Growing next generation Thought & Service Leaders, invests in the initial 4-year future of Arizona foster youth who wish to make the world better than they found it. With a focus on developing inner wealth, produces year-round experiential learning that help kids develop their own purposeful vision with a mindful social impact

Teen Lifeline..... **602-248-8336**

<https://teenlifeline.org>

Peer counseling suicide hotline from 3-9pm daily. Life skills development training for teens interested in becoming peer counselors. Awareness, education, prevention materials and training opportunities are available

Teen Outreach..... **877-882-2881**

<https://azyp.org>

www.facebook.com/topsaz

West location: 6610 N. 47th Ave. Ste12, Glendale, AZ..... 623-334-1501

Focuses on needs of pregnant/parenting teens. Includes: pregnancy testing, prevention and education, childbirth classes, Dad’s program, parenting classes and support groups

VOICES for CASA..... **480-685-4888**

www.VoicesforCASACHildren.org

Address: 4300 N. Miller Rd., Ste 116 Scottsdale, AZ 85251

Provides Court Appointed Special Advocates (CASA) volunteers to be the foster child’s voice, advocating for his/her best interest, helping them find a safe, permanent home

YMCA..... **602-404-9622**

www.valleymca.org

www.facebook.com/ValleyYMCA

14711 N 59th Ave, Glendale, AZ 85306 602-588-9622

12450 W Cinnabar Ave, El Mirage, AZ 85335 602-688-5335

Programs that build a healthy spirit, mind and body

YWCA (corporate office) **602-258-0990**

www.ywcaaz.org

www.facebook.com/ywcaAZ

YWCA - West Valley Senior center: 8561 N 61st Ave, Glendale, AZ.. 623-931-7436

This site offers meals and meals on wheels

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The City of Peoria, City of Surprise and City of El Mirage collaborated to create this quick reference guide to provide contact information for assistance with food, shelter, homelessness, domestic violence and many other local resources. This guide is intended to provide general information and is not considered to be all inclusive. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval. The user assumes the risk related to the use of any of this information.

Peoria SUPPORT

623.773.7070 • TTY/TDD: 623.773.7221
peoriasupport@peoriaaz.gov

City of Surprise
Human Service & Community Vitality

623.222.1600 • TTY: 623.222.1002
surprisecares@surpriseaz.gov

City of El Mirage
Community Services

623.876.2973 • TDD: 623.933.3258
communityservices@elmirageaz.gov

The most up-to-date version of this guide can be located online at peoriaaz.gov/peoriaSUPPORT, surpriseaz.gov/HSCV and elmirageaz.gov/2001/Community-Services.



City of
EL MIRAGE
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The cities of Peoria, Surprise and El Mirage operate their programs and services without regards to race, color, religion, sex, sexual orientation, gender identity, marital status, age, handicap, familial status or national origin.



Additional resources may be available at www.211arizona.org, a statewide information and referral service.