The background of the cover features a close-up of hands placing colorful wooden blocks with white person icons onto a light blue wooden surface. The blocks are in various colors including red, orange, green, purple, and black. A dark blue shield-shaped graphic with a white border is centered over the top half of the image.

COMMUNITY RESOURCE GUIDE

Connections to
Programs and Services



The City of Peoria, City of Surprise and City of El Mirage collaborated to create this quick reference guide to provide contact information for assistance with food, shelter, homelessness, domestic violence and many other local resources. This guide is intended to provide general information and is not considered to be all inclusive. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval. The user assumes the risk related to the use of any of this information.

Peoria SUPPORT

623-773-7770 • TTY: 711
peoriasupport@peoriaaz.gov

City of Surprise
Human Service & Community Vitality

623.222.1600 • TTY: 711
surprisecares@surpriseaz.gov

City of El Mirage
Community Services

623.876.2973 • TDD: 623.933.3258
communityservices@elmirageaz.gov

The most up-to-date version of this guide can be located online at
peoriaaz.gov/peoriaSUPPORT, surpriseaz.gov/HSCV and
elmirageaz.gov/2001/Community-Services.

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City of Peoria Programs

<https://peoriaaz.gov>

<https://facebook.com/CityofPeoriaAZ>

Peoria Community Assistance Division623-773-7770

<https://https://peoriaaz.gov/communityassistance>

Emergency Home Repair Program 623-340-6567

(Must be an income qualified Peoria homeowner)

HOA contact information 623-773-5140

Resource Center 623-773-7070

8335 W Jefferson St. Peoria, AZ 85345 Hrs. M-F, 8am – 5pm

Tool Lending Program (must be a Peoria resident) 623-773-7090

FSL/Water Payment Assistance Program623-979-3911 ext. 405

Peoria Attorney's Victim Assistance Unit623-773-7414

<https://www.peoriaaz.gov/victimresources>

Provides support services to crime victims

Peoria Community Center623-773-7436

<https://peoriaaz.gov/communitycenter>

Active Adult Program: classes, trips, health and fitness, special events, educational courses and lunches served daily M-F

Adaptive Recreation: DES/DDD services. Day Program, after School Program and Summer Program. DDD Services are required. Adaptive Programming available for all ages.

Peoria Recreation Services623-773-7137

<https://peoriaaz.gov/recreation>

<https://peoriaaz.gov/riovista>

Special Olympics, bowling, weekly classes, camp, Tot Time, summer camps, youth sports, teen programming, and other family services.

Peoria Dial-A-Ride/Dial-A-Ride Plus623-773-7435

<https://peoriaaz.gov/dialaride>

After Hours: Leave message to reserve ADA trip 623-693-1043

Phone Reservation Times: 8:00am - 5:00pm M-F, Service Times are 7:00am - 4:30pm M-F. Reservations must be made on Friday for Monday travel, as well as for special scheduled travel for ADA patrons. ADA includes the additional hours of Sat/Sun/Holidays from 4am - 9pm.

Peoria Fire-Medical Administration Non-Emergency623-773-7279

<https://peoriaaz.gov/fire>

Peoria Fire-Medical Services 623-773-7919

Lock box program, smoke detector help, home safety visits, CPR classes and safety education.

Peoria Police Non-Emergency623-773-8311, option 1

<https://peoriaaz.gov/police>

<https://facebook.com/PeoriaPoliceDepartmentArizona>

Peoria Police Victim Assistance 623-773-7019

Domestic Violence support and meetings

Peoria Public Library 623-773-7555 or 623-773-8650

<https://peoria.polarislibrary.com/polaris/>

Programs for all ages such as story times, seed library, explore to go kits, Wi-Fi on the Fly and Chromebook bundles. Peoria residents can sign up for a library card, Maricopa County Culture passes and Book Club kits for adults.

City of Surprise Programs

<https://surpriseaz.gov>

Surprise Human Services & Community Vitality

<https://surpriseaz.gov/HSCV>

<https://facebook.com/suprisecares>

Housing and Community Services 623-222-1550

Neighborhood Grant Program..... 623-222-1330

Day of Service & Block Party Trailer 623-222-1500

City of Surprise Resource Center (CAP Office)..... 623-222-1600

Assistance for veterans; disability and social services. Offers Surprise residents connections to services for eviction prevention, rent and utility assistance, career readiness, Medicare benefits counseling, Veteran resources, early childhood programs, and homelessness resources, as well as food boxes.

Surprise Senior Center.....623-222-1500

<https://surpriseaz.gov/seniorservices>

15832 N. Hollyhock St. Surprise, AZ 85378

Active adult program: Congregate Meal Program, classes, trips health and fitness, Silver Sneakers, special events and educational courses

Surprise Parks & Recreation.....623-222-2000

<https://surpriseaz.gov/recreation>

Provides adaptive recreation: Special Olympics, bowling and weekly classes, camp, Tot programs and summer camps

Youth and Teen programming..... 623-222-2245

Aquatics Center 623-222-2500

Countryside Recreation Center 623-222-2626

Sierra Montana Recreation Center 623-222-2600

Dementia Friendly Surprise623-832-6637

<https://surpriseaz.gov/dementiafriendly>

The City of Surprise is part of a Dementia Friendly America network offering Dementia Friends Information Sessions while building a more dementia friendly community. Surprise partners with community experts to provide access to programs and resources to help support the community and to raise awareness about dementia.

Surprise Memory Café – Memory Café provides a social and resource place for people living with memory loss and their care partners. The Café is hosted the second and fourth Tuesday of each month, from 10 am to 11:30 am.

Surprise Fire-Medical Administration Non-Emergency623-222-5000

<https://surpriseaz.gov/firemedical>

Surprise Police Non-emergency623-222-4000

<https://surpriseaz.gov/police>

Victim Assistance 623-222-4444

Surprise Youth Services.....623-222-1031

Through a dynamic set of programs and initiatives, youth services supports academic success, workforce development, community service and civic engagement.

Surprise City Court.....623-222-4800

<https://surpriseaz.gov/court>

City of El Mirage Programs

<https://elmirageaz.gov>

El Mirage Human Services623-876-2941

<https://elmirageaz.gov>

City of Surprise Resource Center 623-222-1600

Resource Center (CAP Office)623-222-HOPE (4673)

<https://surpriseaz.gov/3588/Surprise-Resource-Center>

Eviction prevention, utility assistance, Medicare benefits counseling, Veteran Services: job club, homelessness and employment

El Mirage Community Garden 623-876-2941

<https://cityofelmirage.org/460/Community-Garden>

El Mirage Dial-A-Ride and Paratransit623-876-2941

<https://www.valleymetro.org/accessibility/dial-ride/fares>

El Mirage Dial-A-Ride (Northwest Valley Connect) 623-282-9303

Paratransit (Valley Metro) 602-716-2200

El Mirage Senior Center623-876-4232

<https://elmirageaz.gov/427/Senior-Center>

Senior Meals Service provided

El Mirage Water Payment Assistance623-222-1600

<https://elmirageaz.gov/427/Senior-Center>

El Mirage HOA Contact Information623-876-2943

<https://www.elmirageaz.gov/321/HOA-Communities>

El Mirage Victim Assistance Unit623-500-3090

<https://elmirageaz.gov/308/Victim-Assistance>

El Mirage Fire Medical Non-Emergency623-583-7968

El Mirage Police Non-Emergency623-500-3000

<https://cityofelmirage.org/256/Police-Department>

El Mirage City Court623-815-2186

<https://elmirageaz.gov/163/City-Court>

Basic Needs/Multiple Service Offerings

Arizona Suicide Prevention Coalition602-248-8337

<https://azspc.org>

Survivors, professionals, supporters and anyone interested in issues surrounding suicide are invited to our site for add'l info. Coalition mtgs are 2nd Tuesday mthly. Call for details

Arizona Students Recycling Used Technology (AZ StRUT)

.....480-222-4066

<https://azstrut.org/>

AZ StRUT collects used electronics and refurbishes, reuses and recycles them locally and responsibly. We provide hands-on educational programs using donated technology to all ages of learners through our school partnerships.

Catholic Charities Community Services602-285-1999

<https://CatholicCharitiesAz.org>

<https://facebook.com/CatholicCharitiesAZ>

5151 N 19th Ave, Phoenix, AZ 85015

Programs include refugee, domestic violence, foster care, youth programs, parenting, immigration and Westside Head Start

Community Action Program (CAP)

<https://des.az.gov/CommunityActionAgencies>

Peoria 8335 W Jefferson St, Peoria 85345 623-979-3911
 Surprise 12415 W. Bell Rd. #124 Surprise 85374 623-222-1600
 Assistance with: Utilities, rent, food, referral to senior services and case mgmt. Food
 delivery: 623-979-3570

Department of Economic Security (DES).....602-542-4791

<https://des.az.gov>

<https://facebook.com/OfficialArizonaDES>

Services Contact Numbers:

Abuse Hotline 888-767-2385

Aging and Adult Services (DAAS) 602-542-4446

Adult Protective Services 877-SOS-ADULT (877-767-2385)

APS protects vulnerable adults through investigative services and referrals or
 resources on behalf of vulnerable adults ages 18 and older.

<http://des.az.gov/ReportAdultAbuse>

AZ Early Intervention Program (AZEIP) 602-532-9960

Benefits and Medical Eligibility (DBME) 855-777-8590

Child Care Assistance 800-882-4151

Child Support Services and Safety (DCSS) 602-252-4045

APS Some of the services include obtaining a child support order, collecting medical
 support for a child, spousal support from parents who have a court order, and
 helping unwed parents establish paternity for their children.

Developmental Disabilities (DDD) 844-770-9500

Support and services for eligible Arizonans diagnosed with one of the following
 developmental disabilities: Autism, Cerebral palsy, Epilepsy, Cognitive/Intellectual
 Disability, Down Syndrome, under the age of six and at risk of having a
 Developmental Disability. Help with access to physical and behavioral health care
 services offered through Medicaid and the Arizona Long Term Care System.

Employment Services 833-762-8196 or 602-542-0204

Receive no-cost assistance with creating a resume, preparing for job interviews, job
 searching, career assessments and goal setting, and more.

Food Assistance (SNAP) 855-432-7587

Housing Stability and Utility Assistance 866-494-1981

<https://era.azdes.gov>

Rental and utility assistance for households with low incomes, households
 experiencing housing instability or at risk of eviction in returning to self-sufficiency.
 Low-income families with children under the age of 18, and seniors ages 60 and
 older, qualify for this assistance. Working household members must also
 demonstrate employability as a path to self-sufficiency. Applications can be
 completed online.

Medical Assistance 855-432-7587

Ombudsman 602-364-2860

Rehabilitation Services 602-542-3332 or 800-563-1221

Tribal Relations 480-601-7678

Dysart Community Center623-583-0016

<https://dysartcommunitycenter.org>

Hours: 10:00am-7:30pm Mon-Thu. GED, ESL and Adult Citizenship Classes. After
 School Program for ages 4-18, Hours: Monday 1:00pm-6:30pm, Tue-Thurs 3:00pm-
 6:30pm. First Wednesday Mobile Pantry 8:00am, while supply lasts. Offer tools and
 skills to help disadvantaged youth and adults improve their lives and build self-
 sufficiency. Training and support provided for volunteers and paid employees.

Fresh Start Women's Foundation623-252-8494

<https://freshstartwomen.org>

Provides education, resources and support for women 18 and older to positively transform their lives and strengthen the community. Employment training, legal and financial services and various educational seminars, webinars, and support groups are offered.

NW I-HELP480-654-4539

In partnership with Lutheran Social Services, IHELP provides homeless individuals an opportunity for a better future by offering overnight shelter, meals, showers, case mgmt., and connections to community services

Native American Connections (Administrative Office).....602-254-3247

<https://nativeconnections.org>

Improves the lives of individuals and families through Native American culturally appropriate behavioral health, affordable housing and community development services. Housing rental at website, which serves all populations. Residential treatment for drug and substance abuse.

Outpatient & Assessment 602-424-2060

Northwest Valley Salvation Corps..... 623-977-1084

<https://northwestvalley.salvationarmy.org>

17420 N Avenue of the Arts, Surprise, AZ 85378

Hours: M-F 9am-4pm; closed 12pm-1pm for lunch

Food Box Assistance Line..... 623-977-1084

Emergency food program, utility/rent assistance and hydration station services for these cities: Peoria, Youngtown, Sun City, Sun City West, Waddell, El Mirage, Surprise and Wittmann. Help with medical bills and/or utilities from an emergency. Applicant needs to come in person.

St Vincent de Paul602-254-3338

<https://stvincentdepaul.net/programs>

<https://facebook.com/StVincentdePaulPhx>

Food Box Assistance Line/Financial Assistance 602-266-4673

Medical/Dental 602-261-6825 or 602-261-6842

Shelter/Clothing 602-254-3338

Medical Equipment Loan..... 602-254-3338

Housing Assistance/Utility Assistance/through 211 602-850-6948

Zuri's Circle.....480-779-ZURI (9874)

<https://zuriscircle.org>

<https://facebook.com/ZurisCircle>

Temporary assistance during unforeseen hardship for individuals, families and the homeless. Food boxes, hygiene bags, clothing and furniture.

Behavioral Health/Substance Abuse

Abraham Low Self-Help Systems (Christian Church)..... 1-866-221-0302

<https://recoveryinternational.org/pre-meeting-page/>

Free weekly group meetings for people with mental health challenges (depression, anxiety, etc.) using self-help method. Meetings are through Zoom or phone.

American Foundation for Suicide Prevention 988

Crisis Line (24/7) 800-273-TALK (8255)

<https://988lifeline.org>

<https://facebook.com/AFSPnational>

Not-for-Profit organization exclusively dedicated to preventing suicide.

AZ Youth & Family Services.....602-277-4833

<https://azyfs.org>

Community mental health agency serving children, adolescents and families.

Community Bridges877-931-9142

<https://communitybridgesaz.org>

<https://facebook.com/communitybridgesaz>

Patient-centered medical home, inpatient, outpatient, access point, transition point, crisis mobile teams, stabilization and recovery unit, opioid and residential treatment.

COPA Health.....480-969-3800 / 623-583-0232 (West Valley Clinic)

<https://copahealth.org/>

<https://facebook.com/CopaHealthArizona/>

Provides behavioral health information and resources. Helps people navigate the Arizona mental health system, locating professionals and organizations to assist with those needs.

Crystal Meth Anonymous..... 877-700-6384 (METH)

<https://CMAAZ.org>

A fellowship of people who share experiences, strength and hope with each other, so they may solve their common problems and help others recover from addiction to crystal meth.

Family Involvement Center.....602-412-0155 / 877-568-8468

<https://familyinvolvementcenter.org>

<https://facebook.com/FollowFIC>

Family Involvement Center and Parent Assistance Center is open Monday through Friday from 8:30 a.m. to 5 p.m., except on holidays. Support and resources for parents who are navigating behavioral/physical health, schools, developmental disabilities, juvenile justice, child welfare and other systems.

La Frontera EMPACT Suicide Prevention Center.....

.....480-784-1514/480-784-1500

<https://lafronteraaz-empact.org/>

La Frontera EMPACT- Suicide Prevention Center offers comprehensive crisis and community behavioral health services to children, adults, and families with experiencing trauma, substance abuse, general mental health, and other diagnoses with grant opportunities to supplement fees for outpatient and in-patient services.

Intensive Treatment Systems.....855-245-6350

<https://itsofaz.com>

Access Point Clinic Phoenix opens 24/7. Walk-ins welcome. Transportation available for appointments. Medication Assisted Treatment (MAT) for Drug/Alcohol Addiction. Outpatient clinic offers MAT, Counseling, IOP, psych evals, Integrated Care and Peer Support Services. Accepts some AHCCCS Health Plans and TriWest for Veterans. ITS has some funding available through the Substance Abuse Block Grant (SABG), as well as self-pay.

Solari.....602-222-9444

<https://solari-inc.org>

Assist residents in Maricopa County and parts of Pinal County with behavioral health, substance use and crisis care services.

MIKID (Mentally Ill Kids in Distress)602-253-1240

<https://mikid.org>

<https://facebook.com/MIKIDarizona>

Respite & Family Support, Community Education, Support Groups. Programs and community involvement is designed to engage the community around supporting children and families dealing with mental health issues.

Mental Health America of Arizona.....602-576-4828

<https://mhaarizona.org>

<https://facebook.com/mentalhealthamericaofarizona>

Promotes mental health and well-being for Arizonans through education, advocacy and shaping public policy.

NAMI Valley of the Sun Office 602 244-8166

<https://namivalleyofthesun.org>

5025 East Washington Street, Suite 112, Phoenix, AZ 85034

NAMI advocates for access to services, treatment, support and research. Committed to raising awareness and building a community of hope. Provides support groups education programs at no cost throughout Maricopa County to qualified individuals.

Recovery Empowerment Network.....602-248-0368

<https://renaz.org>

<https://facebook.com/renaz.org>

Patron needs to have an assessment from a clinical team, before contacting this agency. The assessment needs to be emailed to membership@renaz.org. Services are based on a Member Choice model. Provides adult behavioral health services to provide recovery and healing opportunities and help people move towards their goals.

RI International (In Crisis)988

<https://riinternational.com/services>

Peoria Recovery Response Center (RRC)..... 602-636-4605

11361 N. 99th Avenue, Suite 107, Peoria, AZ 85345

H.E.A.R.T.S Program..... 623-444-2236

Services are provided for those with mental illness and/or substance abuse through our Crisis Observation and Stabilization Unit. Provider of inpatient hospitalization crisis respite services, as well as outpatient and peer support/educational services for those transitioning back into community after hospitalization or incarceration. Services available also include the H.E.A.R.T.S. Program, housing, community support teams, and more.

Southwest Behavioral & Health Services602-265-8338

<https://sbhservices.org>

<https://facebook.com/SBHServices/?ref=ts>

Providing integrated behavioral & health services to children, adolescents and adults by fostering a whole healthcare model with innovative approaches to treatment that focuses on integrated care at its core

STAR (Stand Together and Recover).....623-231-0071

<https://thestarcenters.org>

Hours: Monday – Saturday 7:30am – 3:30pm

Mission: Empower adults diagnosed with a mental illness by providing non-clinical, peer-run, support services. Helping individuals reach their full potential by providing skills to gain employment, enhance social connections and improve overall wellness

Terros Health602-685-6000

<https://terroshealth.org>

Hours: M – F 8am - 5pm

Provides culturally responsive, integrated and evidence-based primary care services, addiction and mental health treatment, mobile psychiatric crisis services, and community prevention and education

Touchstone Behavioral Health866-207-3882

<https://touchstonehs.org>

<https://facebook.com/touchstoneaz>

Behavioral health providing mental and behavioral health support, as well as pediatric medicine for children and youth (birth to 17 years old). AHCCCS plans accepted.

Domestic Violence

A New Leaf.....480-969-4024

<https://turnanewleaf.org>

<https://facebook.com/aneleaf>

Faith House crisis shelter for women and children 480-733-3019

24-hr emergency shelter for women in crisis

Domestic Violence Centralized Screening hotline 480-890-3039

24/7 English/Spanish resource 844-SAFEDVS (723-3387)

24/7 English/Spanish bilingual resource connects people in crisis with domestic violence shelters throughout Maricopa County. If shelter bed is not available, the Domestic Violence Safe Temporary Overflow Program provides short-term emergency shelter and services to victims of domestic violence and their children while awaiting bed availability in domestic violence shelters countywide

Eve's Place623-537-5380

Outside Maricopa County:..... 844-301-7908

<https://evesplace.org>

NOT a shelter. Provides supportive mobile services to victims of domestic violence & sexual abuse

National Violence Hotline800-799-SAFE (7233)

<https://thehotline.org>

<https://facebook.com/NationalDomesticViolenceHotline>

Trained advocates available 24/7 to talk confidentially with anyone experiencing domestic violence or seeking resources. Text "START" to 88788.

A New Leaf Community Alliance Against Family Abuse480-890-3039

<https://www.turnanewleaf.org/services/domestic-violence-services/caafa/>

Domestic violence resource hotline with up-to-date information regarding beds available to those fleeing domestic violence

Sojourner Center602-244-0997

<https://sojournercenter.org>

<https://facebook.com/SojournerCenter>

Domestic violence crisis shelter, transitional housing, case management, safety planning, trauma education, 24-hour crisis hotline, lay legal advocacy, referral services, on-site health clinic and behavioral health services, child development center and pet companion shelter. Community-based prevention/awareness activities, and all above services, available to community-based participants

Employment/Training Resources

Adult Education Services/Dysart Community Center623-583-0016

<https://dysartcommunitycenter.org>

Hours: M-Th 10:00-8:00. Provides: GED, High School diploma, ESL and citizenship classes to adults. Before and after school programs, teen program, summer camps and a food bank program.

ARIZONA@WORK: Maricopa County602-372-4200

<https://arizonaatwork.com>

<https://facebook.com/ARIZONAatWORK/>

West Valley Career Ctr: 4425 West Olive Ave #190, Glendale AZ...602-372-4200
Job placement services, skills assessments, job training, career counseling and resume development

Arizona Training & Evaluation Center, inc. (AZTEC)623-412-2888

<https://aztec1.org>

<https://facebook.com/aztec1.org>

7400 W. Olive Avenue, Suite 24, Peoria, AZ 85345

Hours: M-F 8:00am-4:30pm. Provides: day activity, educational, home and community based employment, and residential services and support. AZTEC's programs provided in West Valley

Beacon Group602-685-9703

<https://beacongrou.org/>

Career Center: 1951 W. Camelback Road, Suite 400, Phoenix

Assisting people with disabilities or other barriers to employment, in searching for work, filling-out applications, building resumes and interviewing skills

Dress for Success Phoenix.....602-489-7397

<https://dfsphoenix.org/>

Call to schedule an appointment at the Peoria Community Center. Empower women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.

Goodwill of Central & Northern Arizona.....602-535-4400

<MyCareerAdvisor.com>

Career Center: 6750 W Peoria, AZ (623) 486-5012

Hours: M-Th 9:00am - 4pm (Additional centers listed on website)

Resume and interview skills development, digital trainings and on-site hiring events.

Career Services at Goodwill of Central and Northern AZ are free of charge

Hope Women's Center623-875-4549

<https://hopewomenscenter.org/west-valley-center>

Hours: W-Th 9am-2pm West Valley Ctr: 12101 Grand Ave, El Mirage, AZ 85335

Assists women and teen girls facing difficult life situations, like: domestic violence, abuse, poverty, mental health, family conflict, single parenting, utility assistance, job readiness, substance abuse recovery. Tools for long term positive life changes

Jobs for Arizona Graduates602-216-9503

<https://jagaz.org>

<https://facebook.com/JagArizona>

Assists youth to remain in school and acquire the academic, personal and leadership skills required for success after graduation

JAGWORKS – Peoria Resource Center – Melody Steele - Melody.Steele@JAGAZ.org

Literacy Volunteers of Maricopa County

<https://literacyvolunteers-maricopa.org>

1616 E Indian School Rd, Suite 200, Phoenix 85016 602-274-3430

Office Hours: M-F 9am-5pm Class Hours: M-TH 8am-5pm

729 E Hatcher Rd, Phoenix 85020. 602-943-7332

Office Hours: M-Th 8am-4pm Class hours: M-Th 8am-8pm; F 8am-5pm

Improve adult reading, writing and mathematical skills to prepare for the GED;

English language acquisition classes for adults

Per Scholas

phoenix@perscholas.org

<https://perscholas.org/locations/phoenix/>

<https://facebook.com/PerScholas>

3003 N Central Ave Suite 1150 | Phoenix, AZ | 85012

Provides virtual and in-person technology at no cost to underserved populations in various communities across the nation and the phoenix area. Increases access to training for those who want to work in tech and connect students to companies who need skilled tech talent.

Phoenix Job Corps602-254-5921/602-322-2826

<https://phoenix.jobcorps.gov>

<https://facebook.com/doljobcorps>

Helps youth (ages 16-24) improve the quality of their lives through vocational and academic training

St. Joseph the Worker602-755-5627

<https://sjwjobs.org>

Removes employment barriers by providing resources necessary to gain and maintain employment.

Address: 5800 N 19th Ave, Suite 103, Phoenix. M-F 9am-4pm

St. Mary's Food Bank Alliance's Community Kitchen602-242-3663

<https://firstfoodbank.org/learn/programs/community-kitchen>

Life skills and food service training or warehouse and forklift training for those with barriers to employment. Info sessions are held every Wed 10:00am (Mandatory to proceed to next step in enrollment process). Apply online at

www.communitykitchenaz.org

Family Services

AASK – Aid to adoption of Special Kids602-254-2275

<https://aask-az.org>

<https://facebook.com/AidtoAdoptionofSpecialKids>

Aids in child adoption by strengthening families in Arizona's foster care system.

"Ensuring every child has someone who cares!"

Arizona Child and Adolescent Survivor Initiative (ACASI).602-266-5976

<https://https://swhd.org/programs>

Provides specialized services and support to children who have a lost a parent to intimate partner homicide (IPH)

Arizona Facts of Life Behavioral Health.....602-254-2704

<https://azfol.org>

Provide and nourish an environment where youth and families discover healthy solutions to life situations

Autism Life & Living 602-312-8504

<https://autismlifeandliving.org/>

Empowering young adults with Autism by providing programs that promote inclusion, independence, socialization, and well-being.

Catholic Charities

<https://catholiccharitiesaz.org/all-locations/youth-development>

<https://azheadstart.org>

Head Start and Early Head Start..... 623-486-9868

Tolleson - Westside Head Start..... 623-932-3517

7400 W. Olive Ave. Suites 9 and 10, Peoria, AZ 85345

Early Head Start serves children from pregnancy-3 yrs. and Head Start for children 3-5 years. Services available in Peoria, El Mirage, Surprise, Tolleson, South Avondale, and Cashion.

Joining Hearts - Pregnancy, Parenting, & Adoption Counseling Hotline 888-818-4445

<https://catholiccharitiesaz.org/all-locations/pregnancy-counseling>

Free counseling for women and men experiencing an unexpected pregnancy who need help. Please call or text

Child & Family Resources (Main line).....888-241-5002

<https://childfamilyresources.org>

Statewide program assists in finding childcare meeting a family's individual needs at no cost. Cultivating quality childcare and supporting low-income families.

PAT Home Visitation Program 800-303-9000

<https://childfamilyresources.org/pat>

AZCCRR1-800-308-9000

<https://azccrr.com>

A statewide program that can assist you in locating childcare that meets your family's needs at no cost to you. M-F 8am-6pm Saturdays 8am-12pm.

DMG Children's Rehabilitative Services602-914-1520

<https://DMGCRS.org>

3141 N Third Ave., Ste 100 Phoenix, AZ

Meets health care requirements of children with special needs by offering many types of specialty and primary care in a state-of-the-art facility

Family Bridges877-412-7434

<https://familybridgesusa.com>

<https://facebook.com/familybridges>

Strengthens bridges between people: couples, children and parents, and families with their community. We empower people, equip leaders and encourage hope.

Family Services/Dysart Community Center623-583-0016

<https://dysartcommunitycenter.org>

After School Program, ages 4-18 Hrs: Mon 1:00-7:00pm, Tue-Fri 3:00-7:00pm

First Things First.....602-771-5100

<https://firstthingsfirst.org>

<https://facebook.com/AZFirstThingsFirst>

4000 N. Central Ave. Suite 500 Phoenix, AZ 85012

First Things First is dedicated to helping Arizona kids five and younger receive quality early learning, healthcare and family support to arrive at kindergarten healthy and ready to success.

Helping Families in Need800-298-4346

<https://hfinaz.com>

<https://facebook.com/Hfinaz/>

Application assistance for AHCCCs, SNAP, TANF, KidsCare, and the Affordable Care Act.

Jewish Family & Children's Service (JFCS)602-279-7655

<https://jfcsaz.org>

<https://facebook.com/JFCSAZ>

Provides behavioral health services for youth and adults; services for victims of domestic violence; foster care youth transitioning to adulthood; older adult case management and counseling and services for the Jewish Community. Goal: Improve coping skills and emotional health while encouraging self-determination, independence, and resiliency.

Peoria Unified School District Family Resource Center623-773-6679

<https://peoriaunified.org/Page/490>

PUSDFamilyResourceCE@pusd11.net

Sky View Elementary School, 8624 W. Sweetwater Avenue, Peoria, AZ 85381

Hours: M-F 8am-4pm Helps families with children 0-5 years identify available resources to support children in their earliest years

Southwest Human Development

<https://swhd.org/helpline>

<https://facebook.com/SouthwestHumanDevelopment>

Birth to Five Helpline..... 877-705-KIDS (5437) call or text

Hours: M-F 8am-8pm Assist with questions about children birth to five years old

Sounds of Autism.....623-289-9315

<https://soundsofautism.org>

<https://facebook.com/SoundsofAutism>

An organization built through personal experience, serving families who have a loved one on the Autism spectrum. Offers families, community leaders, first responders and educational leaders, the opportunity to learn better techniques to respond to the needs of those navigating the Autism journey.

Teen Challenge800-346-7859

<https://tcnaz.org>

<https://facebook.com/TeenChallengeArizona>

Faith-based solutions for youth, adults and families struggling with life controlling problems

Hope Community Services.....623-848-8863

<https://hcs-az.org>

<https://facebook.com/SoundsofAutism>

Provides counseling services, supervised visitation of minors that are court ordered and foster care and adoption services

Food/Meals Assistance

Animals in Disasters, Empty Bowl Pet Food Pantry602-909-7153

<https://animalsandhumansindisaster.org>

<https://facebook.com/emptybowlpetfoodpantry/>

Helps owners facing financial challenges and disaster by providing pet food and supplies

Arizona Community Action Association/Wildfire602-604-0640

<https://wildfireaz.org>

340 E Palm Lane, Ste 315 Phoenix, AZ 85004

Statewide network of community and faith-based organizations working on SNAP (Supplemental Nutrition Assistance Program) outreach and/or application assistance. Committed to using a holistic approach to address hunger. AZ Diaper Distribution Pilot Program, access to social service programs, energy assistant and Volunteer Income Tax Assistance (VITA).

Arizona Foodbank Network602-528-3434

<https://azfoodbanks.org>

<https://facebook.com/azfoodbanks>

Online resource to find a food bank by zip code.

Community Hope Center at Fresh Start Church623-979-4392

<https://freshstartaz.com>

<https://facebook.com/freshstartchurchaz>

14185 N 83rd Ave, Peoria, AZ 85381

Mobile food pantry (fruits and vegetables) on the second Thursday at 8am. Utility assistance on second Thursday (call for available time).

Food Services/Dysart Community Center623-249-3812

<https://dysartcommunitycenter.org>

First Wednesday Mobile Pantry offered from 8:00am - 10:00am

Harvest Compassion Center602-788-2444

<https://harvestcompassioncenter.org>

<https://facebook.com/MitchellSwabackCharities>

North Phoenix 602-788-2444

4744 E Thunderbird Rd, Suite 9, Phoenix 85032

Hours: Mondays/Wednesdays/Saturdays 9am-11:30am (Doors close at 11:00am)

Maryvale 623-247-0039

Hours: Tuesdays/Fridays/Saturdays: 9am to 11:30am (Doors close at 11:00am)

West Phoenix 602-841-7110

Hours: Mondays/Tuesdays/Thursdays: 9am to 11:30am (Doors close at 11:00am)

Local food and clothing bank to serve families in need. Bring two forms of ID.

Guests can visit every 30 days for free groceries, hygiene, baby and clothing items.

Housing assistance available at housing.az.org.

Hope for Hunger Food Bank602-773-4344

<https://facebook.com/hopeforhunger>

5605 N 55th Ave, Glendale 85301

Hours: Monday - Friday, 8:00am to 12pm (first-come first-serve, local walk-ins welcome with proof of address)

Serving Glendale and Peoria addresses only. To receive assistance, we require an ID and proof of residence (typically a utility bill or other piece of mail with your address).

NOURISHPHX602-254-7450

<https://nourishphx.org>

<https://facebook.com/NourishPHX>

501 S. 9th Avenue, Phoenix

Hours: M-F 9am - 11am. Food boxes, clothing, toiletries and household goods. Help to register for SNAP and AHCCCS insurance. Call for list of IDs required for services.

Operation Care Food Bank.....602-866-0135

<https://operationcarefoodbank.org>

1827 W Grovers, Phoenix 85023

Hours: Tu/Th 9am-11:30am Food and clothing to help those in need

Salvation Army – North West Valley Corps623-977-1084

<https://northwestvalley.salvationarmy.org/>

17420 Avenue of the Arts, Surprise, AZ

Hours: Free Senior Breakfast each Tuesday and Thursday morning from 7-9am

Food Pantries – serves zip codes: 85345, 85378-85383, 85385, 85372-85376, 85387, 85335, 85363, 85361, and 85355

Food boxes available at Surprise Resource Center – 12425 W. Bell Rd., #124 Surprise, AZ

St Charles Borromeo.....623-979-8059

<https://scbpeoria.org/>

<https://facebook.com/scbpeoria/?fref=ts>

8615 W Peoria Ave, Peoria AZ. Located in St. John's Room at St. Charles Borromeo.

Hours: Open to serve community M-Th 8:30 am-1:00 pm

Food box assistance serves zip codes: 85345, 85351 and 85381

St Mary's Food Bank Alliance602-242-FOOD (3663)

<https://firstfoodbank.org>

<https://facebook.com/firstfoodbank>

Surprise location.....602-242-3603

13050 W. Elm St. Surprise, AZ

Programs to help those in need receive food and assistance, offers opportunities for individuals/organizations to get involved, make donations and volunteer

St Vincent de Paul

<https://stvincentdepaul.net>

<https://facebook.com/StVincentdePaulPhx>

Provides food via charitable dining rooms and a food bank for those in need

Pet Services 602-329-5034

Contact via phone. Will be asked general questions about the pet and services needed. Offer veterinary care, licensing, micro chipping, spay/neuter, and access to pet supplies. Not able to provide on-going veterinary services, ie. long term/lifelong medication expense nor treatments at this time. Pet supplies are available at the following four dining rooms.

El Mirage Dining Room 602-620-1892

14013 N Verbena St, El Mirage 85335; Lunch 10am - 11:30am

Phoenix Dining Room 602-980-6394

1075 W Jackson St, Phoenix 85007 Hours: M-F 7-8am, 11am-12:45pm, Fri 4-5pm.

Open weekends 11am-12:45pm

NextPhase Dining Room

420 W Watkins Rd, Phoenix, AZ 85003 Monday-Friday 4pm-6pm

Food boxes available. Our specialty dining room at the NextPhase Family Dining

Room also includes tutoring and educational enrichment for school-aged children.

Children get help with homework and reading while taking part in STEAM and other fun activities, events and field trips at the Dream Center.

United Food Bank **480-926-4897**

<https://unitedfoodbank.org>

<https://facebook.com/UnitedFoodBank>

Food distribution warehouse serving 200 agencies in 5 counties. Direct client service providing emergency food boxes and other services to those in need

Valley View Food Bank **623-933-3358**

<https://feedingaz.org>

Hours: Mon, Tues, & Thurs at 7 PM; Wed, Fri, Sat, & Sun at 9 AM

Location: VC Compassion Building 6250 W Peoria Ave, Glendale, AZ, 85302

Vineyard Church **623-934-4000**

<https://vineyardnorthphoenix.com/foodbank>

<https://facebook.com/vineyardnorthphoenix>

6250 W Peoria Ave, Glendale, AZ 85302 Hours: Wed, Fri, Sat, Sun 9:00am; Mon,

Tue, Thu 7:00pm. Only the first 35 families, per day, will be served. Please bring

address ID (piece of mail with your name and address), as well as a photo ID.

West Valley Community Food Pantry **623-931-2451**

<https://stjchurchaz.org>

<https://facebook.com/stjchurchaz>

7205 N 51st Ave, Glendale 85302 Hours: M, W, Th 9am-12:00pm

Emergency food pantry, up to five boxes per year per household.

Lutheran Social Services of the West 480-654-4539

Accepting appointments for utility assistance

Grief Support Services

Billy's Place **623-414-9838**

<https://billysplace.me>

<https://facebook.com/billysplaceme>

Grief support groups for Children ages 3 to 30 and their families

HealGrief.....800-273-8255

<https://HealGrief.org>

HealGrief® providing resources to guides one's journey with grief into healthy post bereavement growth. Facilitated virtual support for grieving adults. Actively Moving Forward® (AMF) provides supportive grief services for young adults, aged 18-30. Through the AMF App, grieving young adults connect, support, and empower each other, virtually 24/7. AMF provides facilitated virtual support groups FREE of charge to App community members; small fee for non-app members. Learn more at HealGrief.org/AMF-App

Stepping Stones of Hope602-264-7520

<https://steppingstonesofhope.org>

info@steppingstonesofhope.org

3039 W Peoria Ave Ste 102- 294 Phoenix, AZ 85029

Stepping Stones of Hope is an Arizona 501c3 dedicated to supporting grieving families after the loss of a loved one

Tragedy Assistance Program for Survivors (TAPS) 800-959-8277 (TAPS)

<https://taps.org>

info@taps.org

Offering comfort and care to those grieving the death of a military loved one.

Fostering collaboration and understanding for those seeking to support the military community

Tears Foundation253-200-0944

<https://thetearsfoundation.org/arizona>

arizonachapter@thetearsfoundation.org

Helping bereaved families honor the life of a child by providing emotional support groups, referrals and financial assistance to help with infant burial or cremation expenses

Health and Welfare/Medical Assistance

Adelante Healthcare480-964-2273

<https://adelantehealthcare.com>

<https://facebook.com/AdelanteHealthcare>

Peoria Location: 15525 N 83rd Ave #104

Hours: M-F 8am – 5pm, closed during lunch

Surprise Location: 15351 W. Bell Rd.

Hours: M-TH 7am-7pm, Friday 7am-6pm, and Saturday 8am-5pm.

WIC & eligibility services at Peoria Community Resource Center (call for an appointment).....623-773-7070

Primary medical care including: family and internal medicine, pediatrics, on-site lab, WIC/nutrition, help to apply for AHCCCS and other assistance. Additional locations may provide dental

American Cancer Society800-227-2345

<https://cancer.org>

<https://facebook.com/AmericanCancerSociety>

Tender Loving Care (publication offering affordable hair loss and mastectomy products and advice on how to use them): 800-850-9445

Provides personalized cancer information, wigs, head coverings, support groups and community resource referrals to cope with cancer. Assists cancer patients, caregivers and/or their family members at no cost

Arizona Complete Health Avondale Resource Center623-333-2703

- <https://www.avondaleaz.gov/resourcecenter>
<https://www.facebook.com/AvondaleAZResourceCenter>
 995 E. Riley Drive, Avondale 85323
 Hours: M M, W, Th 8am-6pm; T 8am - 7pm, F 9am-5pm, Every third Sat 8am-1pm.
 We offer a variety of human services; from programs for parents with children 0-5,
 to assistance with applying for AHCCCS. The Resource Center is here to help
 families in the Southwest Valley and beyond. Anyone can ask for information or
 assistance; our services are not limited to Avondale.
- Arizona Department of Child Safety (DCS) Abuse Hotline 888-767-2445**
 Local number for general information 602-255-2500
<https://dcs.az.gov/>
<https://facebook.com/arizonadcs>
- AZ Dept. of Public Health Services602-542-1025**
<https://azdhs.gov>
<https://facebook.com/azdhs>
 Promote, protect, and improve health and wellness of individuals/communities in AZ
- Arizona Division of Problem Gambling602-771-4263**
 Helpline800-Next Step (639-8783)
<https://problemgambling.az.gov>
 Provides problem gambling prevention, treatment and education programs
- AZ Health Care Cost Containment System (AHCCCS)602-417-4000**
<https://azahcccs.gov>
 Hours: M-F 8am - 5pm Arizona's Medicaid agency offering health care programs to
 serve Arizona residents
- Barrow Neurological Foundation (Dignity Health).....844-305-9667**
<https://BarrowNeuro.org/prevention>
 Medical education, clinical programs and support groups for those facing
 devastating neurological trauma or disease at Barrow Neurological Institute
- Brain Injury Alliance.....602-508-8024**
<https://biaaz.org>
 Provides support, resource and referrals to children, adults and families with any
 type of brain injury
- Cancer Support Community Arizona602-712-1006**
<https://cscnaz.org>
<https://facebook.com/CSCArizona>
 Psychosocial support and services to people diagnosed with cancer, their friends
 and families in AZ, including: support services, healthy lifestyle activities,
 educational seminars, social connections, resources and referrals
- Health-e-Arizona855-432-7587 /855-HEAPlus**
<https://healthearizonaplus.gov>
 Single online application for medical, nutrition, and cash assistanc
 Statewide Fax Queue: 602-257-7031
- Maricopa County Dept of Public Health (MCDPH).....602-506-6767**
<https://WeArePublicHealth.org> (English)
<https://SomosSaludPublica.org> (Spanish)
<Facebook.com/MCDPH> (English)
 Main Number 602-506-6767
 Nurse-Family Partnership program..... 602-506-0610
 Provides in-home nurse visits throughout 1st pregnancy until child is 2 yrs old.
 Working together for: healthy pregnancy and child, to become a better parent,
 make home safe, get referrals to support services and set goals for the future

Mobile Dentistry of Arizona480-313-3310

<https://mobiledentistryofaz.com>

Provides full dental services for all ages, including individuals with physical and cognitive constraints making it difficult to get to dentist. An in-home service

Mountain Park Health Center 602-243-7277, 24/7 for appointments

<https://mountainparkhealth.org>

<https://facebook.com/MountainParkHealthCenter>

6975 West Glendale Ave, Glendale, AZ 85303

Hours: M-F, 8:00 am – 5:00 pm

Provides: Integrated health care services include women's health, pediatrics, internal/family medicine, pediatric dental screenings, behavioral health consultants, registered dietitians, virtual WIC and more

Medical Lending Center (Youngtown Community Fund) ...623-977-4661

<https://youngtowncommunityfund.com>

Short-term loan of medical equipment

Mission of Mercy (602) 486-7798/602-341-1182

<https://amissionofmercy.org/arizona> (Other locations listed on website)

<https://facebook.com/missionofmercyaz>

All locations provide free healthcare and free prescription medications to uninsured, underinsured and those who "fall through the cracks" of the healthcare system.

Appt lines and locations offer bi-lingual assistance

Native Health Centers602-279-5262

<https://nativehealthphoenix.org>

<https://facebook.com/nativehealthphoenix>

4041 N Central Ave, Bldg C, Phoenix 602-279-5262

2423 W Dunlap Ave, Suite 140, Phoenix..... 602-279-5351

Full medical and dental services, WIC, HIV testing and AHCCCS enrollment

assistance. Free transportation may be available. Day time appointments available M-F. Evening and weekend virtual appointments are available.

Neighborhood Outreach Access to Health (NOAH)480-882-4545

<https://Noahhelps.org>

Copperwood Center: 11815 N. 51st Ave., Ste. B110, Glendale, AZ 85304

Hours: M–F 7am-5:30pm

Desert Mission Community Health Center: 9015 N 3rd St., Phoenix, AZ 85020

Hours: M–F 7am-6pm

Vernado Valley Health: 20440 N. 27th Ave, Phoenix, AZ 85027

Hrs: M–F 8am-5:30pm

Medical, dental, pediatric, behavioral health and psychiatric, nutrition services, prenatal and community resources. Additional locations listed online

Nutritional Services (WIC)800-252-5942

<https://azwic.gov>

<https://facebook.com/azdhs>

Peoria Mobile (WIC) through Adelante Healthcare..... 623-236-4622

8335 W Jefferson St, Peoria Hours: Tu/W 8am-5pm. Supplemental nutrition program for low-income women

Phoenix College Dental Clinic.....602-285-7323

<http://phoenixcollege.edu/community/community-services/dental-clinic>

3144 N 7th Ave, Phoenix, AZ 85013 Hours: M-F 8:30am-4:30pm(closed 12pm-1pm)

Dental hygiene services offered: cleanings, deep scaling, x-rays, sealants and fluoride. \$35 for adults, \$25 for kids (ages 3 to 15) and \$10 per sealant

Prescription Assistance Program (PAP) at Safeway and CVS/Pharmacy

<https://arizonarxcard.com/>

Arizona residents have access to statewide Prescription Assistance Program (PAP). Create/print your *FREE* discount prescription drug card through website.

Smiles by Delivery 623-584 GRIN (4746)

<https://SmilesByDelivery.com>

Mobile dental practice providing cutting-edge technology in patient's home at rates up to 30% lower than traditional dental practices

Social Security800-772-1213

<https://ssa.gov>

<https://facebook.com/socialsecurity>

Official Social Security website online services and retirement estimator

Solecito Services623-876-5331

5730 W Peoria Ave., Glendale, AZ

M/W/F - 9am - 12pm, T/TH 11am - 1pm

Solecito Services loans durable medical equipment (DME) for in-home use to low and fixed income members of the community with a mission to provide aid in their recovery process. Doctor's order required for any medical equipment with wheels.

Southwest Lending Closet623-932-1016

<https://southwestlendingcloset.org>

<https://facebook.com/SouthwestLendingCloset>

218 N Central Ave., Avondale.

M/W/F/S 9am-12pm, T/Th 12pm-3pm

Lends medical equipment for up to 90 days.

Housing Rehabilitation

Ability360.....602-256-2245/602-424-4100

<https://ability360.org>

<https://facebook.com/Ability360>

Offering and promoting programs to empower people with all disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community. Provides removal of architectural barriers in homes of residents with disabilities.

Foundation for Senior Living480-808-0429

FSLMCWAP@fsl.org

Maricopa Weatherization Program to reduce energy bills by making energy-efficient home modifications with this *FREE* program for low-income households. The program aims to reduce energy usage in homes while ensuring health and safety.

Maricopa County Home Improvement Programs602-506-5911

<https://maricopa.gov/5214/Apply-for-Home-Improvement-Programs>

Provides weatherization for homes owned by low-income persons, particularly elderly, disabled and persons with minor children. The goal of weatherization is to increase energy efficiency by reducing energy usage and improving the health and safety of the home. Inquiry form at <https://maricopa.gov/4119>

Housing Assistance

Administration of Resources and Choices (ARC).....602-374-2226

<https://arc-az.org>

HUD Certified agency providing a path to successful home ownership through Mortgage Readiness Review and Assistance, foreclosure prevention counseling for

principal *reduction*, mthly mortgage subsidy assistance to qualified AZ homeowners, Reverse Mortgage Counseling, assist homeowners
Hours: M-T 8am-4:30pm; F – by phone only.

Arizona Attorney General602-542-5025

<https://www.azag.gov>

Free legal assistance with consumer compliance concerns, civil right violations, fraud of any kind and some criminal cases.

Hours: M-F 8am-5pm

Arizona Department of Housing (ADOH).....602-771-1000

<https://housing.az.gov>

<https://facebook.com/azhousing>

Hours: M-F 8am - 5pm

Homeless assistance with referrals to general shelters and domestic violence. Fair housing, rentals through income-based apartments (Section 8) and affordable rentals. Weatherization assistance available through FSL Home Improvement Program (480-808-0429)

Arizona Fair Housing Center602-548-1599

<https://azfhc.org>

Mission: To eliminate housing discrimination and fair housing/civil rights complaints. Individuals who believe they are victims of discrimination should submit a complaint

Catholic Charities Affordable Housing 602-285-1999

<https://housingforhopeaz.org>

<https://CatholicCharitiesAz.org>

Phoenix (2 locations) 602-840-0898

Glendale..... 623-934-7579

Affordable housing for qualifying families in three communities in West Valley

Delia Foundation (Blu Village Connect)480-770-8911

<https://deliafoundation.org>

Creating solutions and connections for low income seniors and veterans. Positively impacting isolation, independence, health and wellness. Guidance, resources and support

Habitat for Humanity Central Arizona.....602-268-9022

<https://habitatcaz.org>

<https://facebook.com/HabitatCAZ>

Location: 2830 West Glendale Avenue, Phoenix, Arizona 85051

New home construction, home repairs, neighborhood revitalization and contract services for public and nonprofit industries

Homeless I.D. Project..... 2-1-1/602-223-3427

<https://homelessidproject.org>

Arizona Justice Center, 7142 N. 57th Ave, Glendale, AZ 85301

Hours: W 1pm-3:30pm

First-come-first-served. Provides help to men, women, and children experiencing homelessness to rebuild their lives by obtaining their identification

Housing Authority of Maricopa County602-506-0589

<https://maricopahousing.org/programs>

Peoria Property: 8910 N. 78th Ave, Peoria AZ 85345

Hours: M-F 8am-5pm..... 602-744-4590

Provides rent subsidy and HUD affordable housing for low-income eligible families and individuals.

Newtown Community Development Corporation.....480-517-1589

<https://newtowncdc.org/what-we-do/>

Newtown is recognized throughout the Phoenix Metro Area as a leading provider of homebuyer education, homeownership counseling, credit counseling, financial coaching, financial literacy education, and down-payment assistance. Newtown is a HUD-Approved Housing Counseling Agency and adheres to national industry standards for homeownership education and counseling. Services are provided in English and Spanish.

Save the Family

<https://savethefamily.org>

Affordable Rental Movement 480-898-0228 ext. 100
Transitional housing and supportive services for homeless families with children

Trellis602-258-1659

<https://trellisaz.org>

We provide homeownership counseling, financial access and neighborhood development regardless of income, education or background.

West Valley Housing Assistance Center.....623-850-5611

<https://www.turnanewleaf.org/services/housing-and-shelter/west-valley-housing-assistance-center/>

12779 W. Grand Ave., Surprise, AZ

Offers emergency housing and services to individuals and families experiencing homelessness and serves as a coordinated entry site.

Legal/Financial Services

ACESDV602-279-2900

<https://acesdv.org/>

Toll-free..... 800-782-6400
ACESDV is the statewide coalition addressing sexual and domestic violence. We offer education & training, technical assistance, public policy advocacy, collaboration, and the Arizona Sexual and Domestic Violence Helpline.

Disability Rights Arizona602-274-6287

<https://azdisabilitylaw.org>

Protect and advocate for individuals with disabilities

CASA of Maricopa County602-506-4083

<https://maricopacasa.org>

Court appointed special advocates-adult volunteers appointed by judge to advocate for abused/neglected children in court

Catholic Charities.....602-749-4415/212-419-3700

<https://catholiccharitiesaz.org/all-locations/immigration>

Provides various legal services including immigration and family reunification.

NOTE: Leave a message, someone will return call.

Community Legal Services.....602-258-3434

<https://clsaz.org>

<https://facebook.com/communitylegalservicesarizona>

AZ law firm providing legal services to eligible residents experiencing legal problems within our practice areas: Family Law, Housing Law, Consumer Law, Farm Worker, Employment & Tax Law, and Health and Economic Stability

A New Leaf VITA623-975-4237

<https://turnanewleaf.org/>

A New Leaf's VITA program offers free tax assistance to households who make \$65,000 or less. Services focus on community members with disabilities, the elderly,

veterans, Native Americans, the homeless population, and limited English speaking taxpayers who need assistance preparing their tax returns.

Lawyer Referral Service602-257-4200

<https://maricopabar.org>

Services meeting the legal needs of our community

Legal Services for Crime Victims in Arizona (LSCVA)623-471-6401

<https://lscva.org>

<https://facebook.com/LSCVA.org>

Provides free legal representation in criminal cases to victims of crime in Arizona, with priority to victims of domestic and/or sexual violence. LSCVA asserts and seeks enforcement of crime victims' rights and provides social services to facilitate healing

Maricopa County Attorney.....602-506-3411

<https://maricopacountyattorney.org>

Assists victims and families dealing with the financial harm caused by crime

Take Charge America.....866-528-0588

<https://takechargeamerica.org>

<https://facebook.com/TakeChargeAmerica>

Guidance with credit, bankruptcy, housing, debt management, student loans. HUD certified

LGBTQ Services

One Community Foundation.....480-355-0088

<https://onecommunity.com>

Shaping the future of LGBTQ and allied leadership

One-n-Ten.....602-400-2601

<https://oneten.org>

Serving LGBTQIA+ youth ages 11-24. Provides: tools to improve self-esteem, programs that promote leadership development and healthy life choices. Feature programs target education, employment and housing

Phoenix Pride602-27-PRIDE/602-277-7433

<https://phoenixpride.org>

Pride promotes unity, visibility and self-esteem among gay, lesbian, bisexual, transgender and queer persons: and promotes a positive image in the Valley of the Sun and throughout Arizona through community activities and services.

Southwest Center for HIV/AIDS602-307-5330

<https://swcenter.org>

Leader in providing HIV/AIDS services in Phoenix AZ, including: HIV and STD testing, LGBTQ-friendly medical care

Miscellaneous Services

Arizona Talking Book Library602-255-5578/800-255-5578

<https://azlibrary.gov/talkingbooks>

Lending Library: including audio books and magazines; movies with audio descriptions; and Braille books and magazines by postage free mail (KLAS). Loan of special equipment to play audio books. Audio and Braille book downloads (BARD). Access to NFB-NEWSLINE® and over 300 newspapers and magazines by phone and online.

Bureau of Vital Records..... 602-364-1300/1-888-816-5907

<https://azdhs.gov/licensing/vital-records>

- <https://Vitalchek.com>
Paid service for most states and some international agencies
- Chance Shelter.....602-394-1595**
<https://chanceshelter.org/>
Fostering and crises intervention for pets at no cost. Spay, neuter, vaccination assistance. Not for strays or abandonment. Contact your cities Neighborhood or Community Services Department for a referral.
- Donor Network of Arizona602-222-2200/602-241-5549**
<https://dnaz.org/>
Donor Network of Arizona is the state's nonprofit organ procurement organization. Our team administers the DonateLifeAZ Registry and works with donor families to make the gift of life possible as an end-of-life decision.
- Homeless I.D. Project..... 2-1-1/602-223-3427**
<https://homelessidproject.org>
Arizona Justice Center, 7142 N. 57th Ave, Glendale, AZ 85301
Hours: W 1pm-3:30pm
First-come-first-served. Provides help to men, women, and children experiencing homelessness to rebuild their lives by obtaining their identification
- National Kidney Foundation of Arizona602-840-1644**
<https://azkidney.org>
The National Kidney Foundation of Arizona can provide emergency financial assistance for a variety of special needs when other sources of help are exhausted. Basic eligibility requirements include a diagnosis of end-stage renal disease (eGFR<15), Arizona residency and participation in an on-going treatment program (dialysis, transplant, CKD clinic). Application for assistance should be requested through the patient's social worker or dietitian. Assistance is available through the following programs: dental care, utility shut-off prevention, medications, rental eviction prevention and transportation.
- Organization for non-violence education 623-934-0696**
<https://oneincusa.org>
Provides individual and group counseling for anger management and domestic violence
- Rape, Abuse and Incest National Network 800-656-4673**
<https://rainn.org>
Information, referrals and telephone or online support for victims of rape or abuse
- Safelink Wireless Service through TracFone800-Safelink (723-3546)**
<https://safelinkwireless.com/>
Technical Support ONLY: 800-378-1684
Lifeline is a federally-sponsored program that provides a discount on communication services to eligible individuals and families. Eligibility is determined by income and/or participation in state or Federal support programs. Through Lifeline, SafeLink subscribers are eligible to receive a mobile phone and a monthly discount on their service. SafeLink benefits are limited to one line per household. SafeLink Wireless is a service of TracFone Wireless, Inc., a Verizon company.
- Science Care800-417-3747**
<https://sciencecare.com>
Hope Program is a no cost pre-screening program that allows patients, families, and healthcare providers to know with certainty if a donor meets current research criteria before the time of passing
- The National Domestic Violence Hotline 800-799-7233**
<https://thehotline.org>

Hotline advocates are available for victims and anyone calling on their behalf, to provide crisis intervention, and safety planning. Information offered in both English and Spanish

Referral Services

2-1-1 Arizona Services 211 or 877-211-8661

<https://211arizona.org>

Community information and referral service

Affordable Housing Online

<https://affordablehousingonline.com>

<https://facebook.com/AffHsgOnline>

Provides ability to search for affordable housing in specific area by City, County or Zip code and allows individuals to sign-up for waitlist alerts

AZ Caregiver Coalition888-737-7494

<https://azcaregiver.org>

<https://facebook.com/azcaregiver>

Supports family caregivers

Arizona Self Help (Benefit referral).....602-604-0640

<https://Arizonaselfhelp.org>

<https://arizonaselfhelp.org/programs>

Free and easy way to find health and human services programs

BenefitsCheckUp® 1-800-794-6559

<https://benefitscheckup.org>

Free service to find benefit programs based on need (medical, food, utility, legal, health care, housing, etc)

Child Care Resource and Referral.....800-308-9000

<https://arizonachildcare.org>

<https://facebook.com/arizonachildcare>

Referrals to families who need assistance locating regulated childcare

Crisis Response Network..... 1-844-534-4673(HOPE)

<https://crisis.solari-inc.org/>

Central Arizona warm Line..... 602-347-1100

Central Arizona crisis Line (TTY) 800-327-9254

SMI determination 855-832-2866

24/7 crisis response network assists qualifying individuals and families in crisis to find these services: medical, legal, affordable housing and more

Find Help Phoenix..... 2-1-1

<https://211arizona.org/>

Free and low-cost services in Maricopa County

Research For Life..... 480-940-1310

<https://researchforlife.org>

Whole body donation organization working to bridge the gap between donors, medical educators and disease researchers

Senior Guidance.org 1-888-595-9101

<https://seniorguidance.org/assisted-living/arizona>

Resources for senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and other long term senior care options, including memory care such as Alzheimer's or Dementia

Wildfire602-604-0640

<https://wildfireaz.org>

Comprehensive list of free/low-cost services and programs for low-income families and individuals

North West Area Utility Assistance Line 602-372-0728

Serving Peoria, El Mirage, Sun Cities and surrounding area. Hours: M-F 8am–5pm, call to make appt.

Peoria: 8335 W Jefferson St, Peoria 85345 623-979-3911

Surprise 623-222-HOPE (4673)

Senior Services

About Seniors.....602-772-6490

<https://aboutsensorsaz.com>

<https://facebook.com/aboutseniorsaz>

An Eldercare Placement Agency helping seniors and their families find quality Independent Living Communities, Assisted Living Communities, Assisted Living Homes (Group Homes), Long Term Nursing Care and Alzheimer's & Dementia / Memory Care Communities in Arizona. In addition, About Seniors offers Grief Support Services and Support Group Facilitation to clients, organizations and those in need.

Alzheimer's Association602-528-0545

Helpline 24/7 800-272-3900

<https://alz.org>

<https://facebook.com/actionalz>

To empower and support individuals, families, care partners and communities affected by dementia

Area Agency on Aging.....602-264-2255

Helpline available 24/7 602-264-HELP (4357)

Peoria SUPPORT at Community Assistance Resource Center 623-773-7070

Surprise Resource Center 623-222-1600

Banner Olive Branch Senior Center (Sun City) 623-465-6000

<https://aaaphx.org>

FREE Medicare, Medicaid and ALTCS counseling funded by Federal agencies, not affiliated with the insurance industry, for those interested in understanding the Medicare system

Assisted Living855-221-9611

<https://assistedliving.org>

A community organization that offers resources and information to assist seniors living with disabilities

Beatitudes Campus602-995-2611

<https://beatitudescampus.org>

<https://facebook.com/BeatitudesCampus>

Not-for-profit life plan community for active independent senior living in Phoenix, AZ. Plus a full spectrum of health services

Foundation for Senior Living602-285-1800

<https://fsl.org>

<https://facebook.com/FSLhelps>

Adult day care, affordable housing and senior centers

Banner Sun Health Research Institute.....623-832-6500

<https://www.bannerhealth.com/>

Located in Sun City, the Institute conducts research, clinical care, prevention and education in both memory and movement disorders. Specialties include Alzheimer's disease and dementia, Parkinson's disease and more. The institute also offers family and community services, the Brain and Body Donation Program, the Center for Healthy Aging and support groups. A free "Brainhealth Check-in" is available by appointment on weekdays. This assessment determines whether further consultation is necessary. To make an appointment, call (623) 832-6506.

Benevilla623-584-4999

<https://benevilla.org>

Hours: M-F 9am-4pm. Life Enrichment Adult Day Programs for older adults and adults with intellectual and developmental disabilities, free caregiver support groups, resources and education, free home services such as grocery shopping, transportation, friendly visitors, and phone pals.

Delia Foundation480-770-8911

<https://deliafoundation.org>

Consulting with seniors and their family members to connect them with resources and housing options

Duet602-274-5022

<https://duetaz.org>

<https://facebook.com/DuetAZ>

Hours: M-F 8am-4:30pm. Support groups, workshops, group activities, legal guidance and information and referral for grandparents raising grandchildren. Transportation, friendly visits, grocery shopping to/from and paperwork assistance for the elderly and/or disabled

Everest Care Plus623-692-6062

<https://www.everestcareplus.com/>

Hours: M-F 9am-5pm

Offers Personal Care Services, also known as private duty care, home care or non-medical services: Bathing/dressing assistance, Personal hygiene assistance, Walking stability/assistance, Medication Reminder, Hospital D/C, Appt scheduling assistance, errands/and appt escort, meal preparation, light housekeeping, laundry/changing linens, Grocery shopping, Companionship/conversation/reading.

Home Assist Health602-795-7620

<https://homeassisthealth.org>

<https://facebook.com/homeassisthealth>

Home care assistance for elderly and/or disabled adults and children with long-term illnesses. Approved to provide DDD (Division of Developmentally Disabled) services as well as Arizona Long Term Care System (ALTCS). Health coaching with a physician referral from Valleywise Health.

Hospice of the Valley602-530-6900

<https://hov.org>

<https://facebook.com/HospiceoftheValley>

Hospice, palliative and dementia care. Support for caregivers. Pet, massage, music therapy. Veteran and first responder recognition. No-cost assistance with senior placement and health care decisions. Nurse call service available 24/7

Medicare and Medicaid Benefits Assistance Program.....602-264-4357

<https://aaaphx.org>

Free Medicare/Medicaid counseling by Medicare Certified Counselors (SHIP Counselors) at Senior Centers

Senior Citizens Law Project.....602-252-6710

<https://azlawhelp.org/>

Offer information & legal assistance to seniors, 60+, in Maricopa County. Volunteer lawyers & trained advocates can assist clients with any of the legal issues such as government benefits, consumer affairs, wills, probate & guardianship. Please call for information about the legal services you are requesting.

Stepping Up for Seniors.....623-866-4214/480-588-4910

<https://steppingupforseniors.org>

The SUFS board of directors reviews each request for assistance on a case-by-case basis. Based on the specific needs of the senior, assistance may be provided in the form of: Medical equipment, Medical supplies, Home Care Services, Programs to Fight Loneliness and Isolation, Basic needs (utilities, rent, property taxes), Referrals to community resources or government aid and Transportation.

Sun City Community Assistance Network (CAN).....623-933-7530

<https://suncitycan.org>

10195 W Coggins Dr., Sun City, Arizona

Free assistance to low-income seniors, disabled persons and others to meet basic needs, such as: utility discounts, prescription drug programs, food stamps, Medicare and social security guidance, legal consultations, income tax preparation, property tax refunds and more. Call to make appt.

Sun Health623-471-9550

<https://sunhealth.org>

<https://facebook.com/sunhealth>

Center for Health and Wellness.....623-832-9355 (WELL)

Memory Care Navigator.....623-471-9300

14719 W Grand Ave, Surprise, Arizona

Hours: M-F 8:30am–5pm. Provides education on diabetes, nutrition, weight loss, physical fitness and improving strength and balance. Individual counseling available with registered dietitians, certified diabetes educators, exercise physiologist and health coach. Acupuncture and massage therapy available. Provides support and resources for patients and families dealing with Alzheimer’s disease and dementia

Services For Persons With Disabilities

Ability360.....602-256-2245/602-424-4100

<https://ability360.org>

<https://facebook.com/Ability360>

Offering and promoting programs to empower people with all disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community. Provides removal of architectural barriers in homes of residents with disabilities.

ACCEL (Education & life skills school).....602-995-7366

<https://accel.org>

<https://facebook.com/ACCELArizona>

Exceptional educational, behavioral, therapeutic, and vocational programs for individuals with special needs ages 5 to 22. Adult Day Center. Lifelong educational and vocational training to individuals over 18 years of age with developmental disabilities. The Bista Program. Services for children 18 months to 13-years-of-age through evidence base Applied Behavior Analysis (ABA) and social groups.

Arizona Center for the Blind & Visually Impaired602-273-7411

<https://acbvi.org>

<https://facebook.com/acbvi>

ACBVI assists clients in coping with vision loss - with courage and dignity and a "Can Do" attitude. We are proud to provide the resources our clients need to achieve independence and a full participation in the spheres of life they choose. We celebrate each and every blind and visually impaired person who develops the skills and a tenacity to go to work, go to school, and actively participate in society.

Arizona Spinal Cord Injury Association602-507-4209/888-889-2185

<https://azspinal.org>

5025 East Washington St., Ste 110, Phoenix, AZ 85034

Dedicated to enhancing the lives of individuals with spinal cord injuries and their families

Assisted Living855-221-9611

<https://assistedliving.org>

Enhancing the lives of older adults by compiling comprehensive research, the latest studies, and real-world insight from experts, caregivers, and seniors into easy-to-understand, actionable guides and resources.

Autism Life & Living602-312-8504

<https://autismlifeandliving.org/>

Empowering young adults with Autism by providing programs that promote inclusion, independence, socialization, and well-being.

Autism Society of Greater Phoenix480-779-0899

<https://PHXautism.org>

<https://facebook.com/BODASGP>

Email: info@PHXautism.org

Our mission is to empower everyone in the Autism community with the resources needed to live fully. Free trainings on navigating the systems of care, including into adulthood. Free support groups for Autistic adults and caregivers. Social and virtual gatherings for all ages. Visit our website to sign up for our Birthday Club and to sign up for our newsletter. Find us on Facebook, Instagram, Twitter, YouTube and LinkedIn.

AZ Developmental Disabilities Planning Council.....602-542-8970

addpc.az.gov

<https://facebook.com/ADDPC>

Provides research and financial support to innovative projects focusing on employment opportunities, self-advocacy and promoting inclusion for people with developmental disabilities

AZ Disability Coalition602-542-8970

ADC advances the rights, choices and value of people with disabilities through their individual and collective advocacy and education efforts

AZ Recreation Center for the Handicapped (ARCH).....602-230-2226

<https://archaz.org>

<https://facebook.com/ARCHAZ.ORG>

1550 W Colter St, Phoenix, AZ 85015

Provides services to enable handicapped individuals to obtain higher levels of physical well-being, pride, independence and self-esteem

Civitan Foundation, Inc.602-953-2944

<https://civitanfoundationaz.org>

<https://facebook.com/CivitanFoundationInc>

12635 N 42nd St, Phoenix, AZ 85032

Provides respite, habilitation, attendant care, day treatment for adults (DTA), home and community based services, (HCBS), group supported employment (GSE), recreational events. Transportation offered to/from services

Delia Foundation.....480-770-8911

<https://deliafoundation.org>

Serving children, especially orphans, w/ intellectual, physical, developmental disabilities.

DES Developmental Disabilities (Peoria)602-771-0012

des.az.gov/services/disabilities/developmental-disabilities

Peoria location: 8990 W Peoria Ave, 2nd Floor, Peoria, AZ 85345

The Division of Developmental Disabilities empowers individuals with developmental disabilities to lead self-directed, healthy and meaningful lives. DDD provides supports and services for eligible Arizonans. DDD provides supports and services to individuals diagnosed with one of the following developmental disabilities: Autism; Cerebral palsy; Epilepsy; Cognitive / Intellectual Disability; Down Syndrome; or are under the age of six and at risk of having a Developmental Disability.

Developmental Enrichment Center.....602-314-4214

<https://dec-az.org>

<https://facebook.com/decnaz>

16809 N 53rd Ave Suite 1-3, Glendale, AZ 85306

Provides Life Skills training programs for children and adults with developmental disabilities. Includes fixed route transportation to/from the Day Program facility. In addition, we offer in-home care services of Habilitation hourly support, attendant care and respite services. Six-week Summer Program for elementary through high school age students. After School Program (DPT) is available.

Gompers

<https://gompers.org/programs>

<https://facebook.com/gompersaz>

Peoria Campus 623-245-8332 ext. 305

7565 W Peoria Avenue, Suite A Peoria, AZ 85345

Hours: M-F 7:15am-4:00pm. Provides individuals ages 18+ educational adult day programming, employment training, in-home programs and accessible vehicles to transport individuals to/from Gompers and community activities

MOSAIC602-864-6030

<https://mosaicinfo.org>

Provides host home living arrangements for people of all ages with intellectual and developmental disabilities

One Step Beyond623-215-2449

<https://osbi.org>

After Hours on call phone 623-760-6487

7200 W Bell Road Buildings G, H, I, J, K Glendale, AZ 85308

15527 N Reems Rd., Surprise 85374

Intellectual Disabilities training on how to live independently, seek employment and participate in their communities. Engaging talents and interests by empowering them to set and achieve personal goals. Transportation to/from may be provided

Raising Special Kids800-237-3007

<https://raisingpecialkids.org>

<https://facebook.com/raisingpecialkids>

Provides information, training, resources and support to families of children with disabilities and special health care needs

The Children's Center for Neurodevelopment Studies623-915-0345

<https://thechildrenscenteraz.org>

<https://facebook.com/TheChildrensCenterAZ>

5430 West Glenn Dr., Glendale, AZ 85301

Offers comprehensive educational, therapeutic and habilitative programs for children ages 3-22. The Center's unique comprehensive wrap-around approach offers families of children with autism and related disorders a variety of services year round. These services are individualized to meet the changing needs of children and families across the valley.

VALLEYLIFE602-371-0806

<https://ValleyLifeAz.org>

<https://facebook.com/Valleylifeaz>

Group homes, home and community based services, day programs and vocational programs for developmentally disabled individuals who are placed in our care by the State of Arizona

BLOOM365: Safety for All 1-888-606-4673

<https://bloom365.org/qethelp>

Disability Victims' Services: Victim advocacy and licensed counseling services for youth and individuals with disabilities who have been emotionally, physically, or sexually harmed.

Education & Outreach: Healthy Relationship/Healthy Boundaries education and community outreach for individuals with I/DD.

Shelters and Homeless Services

A New Leaf.....480-969-4024

<https://turnanewleaf.org>

<https://facebook.com/anewleaf>

Faith House crisis shelter for women and children 480-733-3019

24-hr emergency shelter for women in crisis

Domestic Violence Centralized Screening hotline 480-890-3039

24/7 English/Spanish resource844-SAFEDVS (723-3387)

24/7 English/Spanish bilingual resource connects people in crisis with domestic violence shelters throughout Maricopa County. If shelter bed is not available, the Domestic Violence Safe Temporary Overflow Program provides short-term emergency shelter and services to victims of domestic violence and their children while awaiting bed availability in domestic violence shelters countywide

2-1-1 Toll free in Maricopa County2-1-1/1-800-799-7739

2-1-1 Arizona Information and Referral Service operates 24 hours per day, seven days per week and every day of the year. Live-operator service is available at all times in English and Spanish and assistance is available in other languages via real-time interpreter services. 2-1-1 Arizona operators will help individuals and families find resources that are available to them locally, throughout the state, and provide connections to critical services that can improve – and save – lives, including: Supplemental Food and Nutrition Programs, Shelter and Housing Options, Utilities Assistance, Emergency Information and Disaster Relief, Employment and Education Opportunities, Services for Veterans, Healthcare, vaccination and health epidemic information, Addiction Prevention and Rehabilitation Programs, Re-entry help for ex-offenders, Support groups for individuals with mental illnesses or special needs, A safe, confidential path out of physical and/or emotional domestic violence.

Central Arizona Shelter Services (CASS)602-256-6945

<https://cassaz.org>

<https://facebook.com/CentralArizonaShelterServices>

Families 602-595-8700

Single adults without children 602-229-5155

Our mission is to prevent and end homelessness among individuals and families while advancing compassionate community solutions.

Chrysalis602-955-9059

<https://noabuse.org>

<https://facebook.com/chrysalisaz>

24 hour crisis line 602-944-4999

We are focused on helping individuals & families break free of relationships riddled with fear and violence, and discover confidence, resilience and hope. We offer comprehensive resources, confidential support, free information & accessible help.

Deep Within Rehab623-334-6813

<https://DeepWithinRehab.com>

<https://facebook.com/DeepWithinRehab>

11773 N 91st Ave, Peoria, AZ 85345

Drug/Alcohol recovery program providing a clean and sober living environment; including basic hygiene items, shelter, meals, 12 step/life skills meetings for men.

Family Housing Hub877-211-8661/602-595-8700

<https://fthhub.org>

Crisis Phone Number 602-222-9444

Resources for Families Experiencing a Homeless or Housing Crisis. Screens individuals for emergency shelter at UMOM, CASS-Vista Colina Homeward Bound, La Mesita, West Valley Housing Assistance Center, Mercy House, and Salvation Army family shelters. Families are screened for shelter and placed on service priority list. Intake will contact family when shelter is available

Heavens Healing Hands480-826-9769

<https://Heavenshealinghandsphx.org>

Human Services organization that is committed to uplifting our homeless veterans and our brothers and sisters. Mobile showers available.

House of Refuge Sunnyslope602-678-0223

<https://refugesunnyslope.com>

info@refugeandhope.com

<https://facebook.com/House.of.Refuge.Sunnyslope>

9844 N. 7th St., Phoenix, AZ 85020

Transitional housing for single women, single men and mothers with children.

National Homeless Veterans Resource Line... 877-4AID-VET (424-3838)

<https://va.gov/homeless/nationalcallcenter.asp>

Homeless or at-risk Veterans and their family members, friends and supporters can call trained counselors to talk confidentially 24/7

Native American Connections HomeBase Surprise602-513-2603

<https://www.nativeconnections.org/housing/transitional-emergency-youth>

12215 W Bell Rd. Surprise, AZ 85378

Hours: M-F 7am-4pm

Shelter and drop-in center serving homeless youth, 18-26 years old. Services available include food, showers, hygiene, laundry, assistance with obtaining ID, and case management.

New Life Center623-932-4404

<https://newlifectr.org>

<https://facebook.com/NewLifeCtr>

Domestic Violence crisis shelter for women and children fleeing domestic abuse. Emergency shelter, transportation, childcare, domestic violence education, safety planning, lay-legal advocacy, case management, 24-hour crisis hotline, referral services and community education

Phoenix Rescue Mission602-233-3000

<https://phoenixrescuemission.org>

<https://facebook.com/phoenixrescuemission/>

Transformation Lives Center 602-346-3390

1801 S 35th Ave., Phoenix, AZ 85006 (Intake M-F, call for appointment)

Residential Recovery Program for men from life controlling problems. Other services include: food boxes, clothing and case management for men, women and families in need

Changing Lives Center 602-688-6219

338 N 15th Ave. Phoenix, AZ 85007 (Intake M-F, call for appointment)

Residential Recovery Program for women and women with children up to age 12

Hope for Hunger Food Bank 602-773-4344

5605 N 55th Ave., Glendale, AZ 85301 (M-F, 8 am – 12 pm)

Call for service area eligibility

Salvation Army602-267-4100

<https://salvationarmyphoenix.org/domestic-violence-shelter>

Crisis Line..... 602-267-4111

Homeless Outreach to place & empower 602-302-8862/602-263-8861

Provides medical care and preventive education

Phoenix Emergency Family Shelter.....602-267-4122

Shelter Listing

<https://shelterlistings.org>

Website showing shelter locations close to a specific address

Shoebbox Ministry480-905-1610

<https://shoebboxministry.org>

<https://facebook.com/pg/shoebboxministry/about>

13645 N 32nd St, Phoenix, AZ 85032

Agencies serving local homeless/working poor can apply to receive toiletry kits and undergarments

St. Vincent de Paul 602-266-4673

<https://stvincentdepaul.net/>

Ministry to the Homeless – For referrals 602-329-5034

Ozanam Manor-calls for intake/prescreening/eligibility 602-850-6900

1730 E Monroe, Phoenix 85034

Criteria: Serving homeless men and women who are 50+ or 18+ with a disability (mental and/or physical) move into permanent housing while providing temporary shelter

Streetlight USA623-435-0900 ext 8102

<https://streetlightusa.org>

<https://facebook.com/StreetLightUSA>

Provides housing and coordinated care services for adolescent females who are victims of child sex trafficking and sexual trauma

West Valley Housing Assistance Center623-850-5611

<https://www.turnanewleaf.org/services/housing-and-shelter/west-valley-housing-assistance-center/>

12779 W. Grand Ave., Surprise, AZ

Offers emergency housing and services to individuals and families experiencing homelessness and serves as a coordinated entry site.

Transportation Services

Benevilla623-526-4404

<https://benevilla.org>

<https://facebook.com/BenevillaFamilyResourceCenter>

Transportation Services require an application. Please call to speak to a representative about the details of the program, as well as to receive an application.

City of Peoria Dial-A-Ride/Dial-A-Ride Plus.....623-773-7435

<https://peoriaaz.gov/dialaride>

After Hours: 623-693-1043

Phone Reservation Times: 8:00am - 5:00pm M-F, Service Times are 7:00am - 4:30pm M-F. Reservations must be made on Friday for Monday travel, as well as for special scheduled travel for ADA patrons. ADA includes the additional hours of Sat/Sun/Holidays from 4am - 9pm. ADA is only available to approved individuals from an ADA facility to an ADA facility.

Crisis Response Network..... 1-844-534-4673/602-347-1100

<https://crisis.solari-inc.org/>

ComTrans602-231-0102

<https://qocomtrans.com>

Special needs, non-emergency medical transportation and private pay

Northwest Valley Connect623-282-9300

<https://NorthwestValleyConnect.org>

Serving seniors, veterans and individuals with disabilities in El Mirage, Peoria, Sun City, Sun City West, Surprise and Youngtown. NVC is a lifeline for individuals without transportation options. With both paid staff and volunteers, wheelchair accessible vans and volunteers' vehicles, the people we serve are able to get to vital medical appointments, socialize with friends and break bread at senior centers, grocery shop, get to work, and more.

Quality Transport Services of Arizona602-371-1000

<https://qtsaz.com>

<https://facebook.com/QTSaz>

Available 24/7. Non-emergency transportation for wheelchair, stretcher & ambulatory needs. Serving entire West Valley

St Vincent de Paul Transient Aid602-266-4673

<https://stvincentdepaul.net/programs/aid-to-stranded-travelers>

420 W Watkins Rd, Phoenix 85003

Hours: M-F 9am-12pm. Travel assistance to non-residents who find themselves in crisis, or stranded in Phoenix area

Valley Metro Public Transportation602-253-5000

<https://valleymetro.org>

TTY: 602-251-2039

Reduced fares on local bus routes/light rail. Available to youth ages 6-18, seniors age 65+, people with disabilities and Medicare clients

Valley Metro Dial-a-Ride

<https://valleymetro.org/accessibility/dial-ride>

Transportation Hours: 5am-10pm, Reservation Hours: 6am-7:30pm

Regional ADA Paratransit Service..... 602-716-2200

Application for ADA 602-716-2100

Eligible residents may travel beyond area served by local Dial-a-Ride provider without making a transfer. Reservations available every day

WeRIDE Surprise623-777-4330

<https://werideaz.com/>

Hours: M-F 6am - 7pm

WeRIDE is an on-demand rideshare service offering rides to and from virtual stops within a set zone of the City. The vehicles are ADA-friendly, have bike racks and seat up to 5 passengers. Children 5-years of age and under ride free with a fare-paying passenger 16-years and above. Children under 5 or under 65 pounds will need to ride in a car seat provided and secured by the accompanying adult.

Utility Assistance/Discount Programs

APS Energy Support Program.....844-309-5655/602-371-7171

<https://aps.com/en/Residential/Account/Assistance-Programs/Energy-Support-Program>

Limited income programs

Community Action Program (CAP)

<https://des.az.gov/CommunityActionAgencies>

Peoria:623-979-3911 ext. 405

8335 W Jefferson St, Peoria, AZ 85345

Surprise:623-222-HOPE (4673)

Offers assistance with: Utilities, rent, food, referral to senior services and case mgmt.

Community Hope Center at Fresh Start Church623-979-4392

<https://freshstartaz.com>

14185 N 83rd Ave, Peoria 85381

Food Boxes and Utility Assistance programs on every second Thursday

Cox Internet Connect2Compete.....855-222-3252

<https://cox.com/digitalequity>

We believe you should have options for reliable internet, so we've brought some of our most affordable internet options and available assistance programs together for you.

Salvation Army - Sun Cities/West Valley Corps623-977-1084

https://suncities.salvationarmy.org/sun_cities_corps

17420 N Ave of the Arts Blvd, Surprise 85378

Hours: M-F 9am-11:30am, M-Th: 1pm-4pm

Offers assistance with APS, SRP & SW Gas utility bills and limited rental assistance

Southwest Gas.....877-860-6020

<https://swgas.com/en/az-special-programs>

Arizona special programs & assistance

St. Vincent de Paul St. Clare of Assisi623-975-5617

<https://svdpstclare.com/>

17211 W Bell Rd, Surprise, AZ 85374

Hours: M-F 9am-5pm

Offers utility and rental assistance to eligible Surprise residents. Food boxes and limited gas cards are also available.

SRP Discount Plan602-236-8888

<https://srpnet.com/prices/economy.aspx>

Enrollment line open 24 hrs. a day, eligibility requirements to participate in the program

Veteran Services

- America's Mighty Warriors623-537-5322**
<https://AmericasMightyWarriors.org>
<https://facebook.com/AmericasMightyWarriors>
 America's Mighty Warriors is a registered 501(c) 3 non-profit corporation that honors our troops, the fallen and their families with programs that improve quality of life, resiliency, and recovery. Funds donated allow us to offer programs that help those who served and families of the fallen through hyperbaric oxygen treatment, Gold Star Respite and more
- American Legion Department of AZ602-264-7706**
<https://azlegion.org>
<https://facebook.com/ArizonaLegion>
 Disability claims and rental/utility assistance
- AZ Chapter, Paralyzed Veterans of America, Inc.602-244-9168**
<https://azpva.org>
<https://facebook.com/AZPVA>
 Toll-Free number 800-621-9217
 Hours: M-F 8am-4:00pm
 Non-profit veteran service organization supplying free medical equipment to veterans.
- AZ Coalition for Military Families602-753-8802**
<https://arizonacoalition.org>
<https://facebook.com/ArizonaCoalition>
 Information re: starting point for key military, government and community resources for service members, veterans and family members. There are eligibility guidelines
- AZ Dept. of Veterans' Services602-535-1215**
<https://dvs.az.gov>
 Surprise Resource Center - 12425 W. Bell Rd., #124 Surprise, AZ
 Assists veterans and their dependents
- BeConnected 1-866-429-8387**
<https://connectveterans.org/transportation/>
 Transportation to assist Vets to appointments the VA Medical Center. Contact Provider, before reaching out to DAV and VFW. Allow 5-7 business days to process requested. Only Vets with an Honorable Discharge will be assisted.
- Disabled American Veterans, Glendale Chapter 20 623 931-7320**
<https://azdav.com/dav-department-chapters.html>
 Provides free professional assistance to veterans and their families with claims
- Catholic Charities MANA House602-254-6785**
 (Formerly Madison Street Veterans Assoc.)
<https://manahouseaz.org>
 2422 W holly St, Phx AZ 85009
 Transitional living center for male veterans experiencing homelessness offering personal, individualized basic resources, community and advocacy for veterans
- West Valley Veteran Success Center 623-222-1658**
 12425 W Bell Rd. Surprise, AZ 85378
<https://surpriseaz.gov/417/West-Valley-Veteran-Success-Center>
 WVVC is a hub for connecting military and veterans to services and benefits, offering a full-time AmeriCorps member specializing in Veteran benefits navigation

services, and a part-time Be Connected Navigator that works to provide connection to veteran supportive resources across Arizona.

Military Assistance Mission602-246-6429

<https://azmam.org>

<https://facebook.com/pg/azmam.org>

Provides financial and morale aid to current Arizona active duty military, their families and wounded warriors regardless of overseas deployment status

Operation Shockwave.....480-259-1212

<https://operationshockwave.org>

ajones@operationshockwave.org

Suicide prevention offered through veteran-to-veteran mentorship. Empowering veterans to choose life and become examples of success in their community. Educate public on tools and techniques used for PTSD, depression, trauma and more

Pets for Patriots.....877-473-8223

<https://petsforpatriots.org>

Helps veterans adopt shelter dogs and cats for companionship and emotional support; operates nationwide

Reveille 623-207-7420

<https://reveillefoundation.org>

Veterans Crisis Line988

Supports underserved populations to include US military, veterans, Native Americans, and formerly incarcerated. Utilizes holistic, case mgmt. creating individual plans for success bringing community resources together to execute plan

Soldier's Best Friend 623-218-6486

<https://soldiersbestfriend.org>

<https://facebook.com/SoldiersBestFriend>

Provides US military veterans living with combat-related Post Traumatic Stress Disorder (PTSD) or Traumatic Brain Injury (TBI) with Service or Therapeutic Companion Dogs, most of which are rescued from shelters

The Ripple Effect- Helping Veterans and Families Heal260-312-3756

<https://therippleeffectaz.com>

<https://facebook.com/therippleeffectaz>

Resources to assist veterans and their families with reintegration into civilian life

Tragedy Assistance Program for Survivors (TAPS) 800-959-TAPS (8277)

<https://taps.org>

<https://facebook.com/TAPSorg/>

24/7 services to those who have lost a loved one in the military

Surprise VA Outpatient Clinic623-251-2884

<https://www.va.gov/phoenix-health-care/locations/northwest-va-clinic/>

Northwest Veterans Affairs Health Care Clinic

13985 W. Grand Ave #101 Surprise AZ 85374

Provides primary care, mental health, physical therapy, X-Ray and more, please call. On-site enrollment office. Must bring DD-214 to enroll

United States Veterans Initiative.....602-248-6040

<https://www.justice.gov/service/members>

Services Provided at: 3400 NW Grand Ave, Phx 85017

Admin Office: 3507 North Central Avenue, Suite 200, Phoenix, AZ 85012

Veterans Seeking Housing 602-757-9723

Veterans Seeking Employment Assistance 602-717-6682

Veterans Seeking Other Services 602-757-9723

Provides housing, employment assistance, access to veteran's benefits, treatment for mental and physical health problems and substance abuse. Counseling services to veterans from all branches of the armed forces who have served from World War II to the current conflicts.

Anyone seeking housing assistance needs to go through the Community Resource Referral Center (CRRCR) first. Their number is 602-248-6040.

Hours: M-F 7:30am - 4:00pm.

The Hire a Veteran Project Services

<https://veteransdirectory.com/> (Veterans Directory)

Provides a comprehensive, user-friendly, web-based directory of services for military Veterans and their families

Veteran Tickets Foundation

<https://vettix.org> (must create a free online account to get tickets)

Provides veterans, service members, and immediate family of those killed in action with free tickets to sports events, concerts, family events as well as a diverse mix of ticketed events, supporting community reintegration and personal health and happiness

Vetlink Foundation623-303-4355

<https://vetlinkfoundation.org>

Vetlink's mission is to connect veterans and their families with free services and opportunities. Some of the programs offered are Coffee for Vets (monthly community-building), Wounded Warrior to Cyber Warrior (free training-to-job IT opportunity), Women Warriors (a women's advocacy group), and host for the Surprise Veterans Stand Down.

Vets4Warriors 24/7/365 peer support 855-838-8255

<https://vets4warriors.com>

<https://facebook.com/Vets4Warriors/>

24/7 Provides peer support services for Veterans, soldiers and their families via phone, chat, social media and texting. Live answer by another Veteran

Vet Center Combat Call Center623-398-8854

<https://dvs.az.gov/resources/combat-call-center>

24/7 - Call-in counseling services for veterans. Beneficial for after-hours: crisis calls and other mental health related calls

West Valley Vet Center623-398-8854

14050 N 83rd Ave Suite 170, Peoria 85381

Hours: M-Th 8am-4:30pm

<https://dvs.az.gov/west-valley-vet-center>

Readjustment Counseling services for active duty combat veterans and separated combat veterans, veterans subjected to military sexual trauma, UAV pilots, mortuary affairs, veterans who served in conflict zones and their family members

West Valley Veteran Success Center623-222-1658/623-222-1600

<https://surpriseaz.gov/417/West-Valley-Veteran-Success-Center>

Surprise Resource Center 12425 W. Bell Road, Suite 124, Surprise, AZ 85378

Hours: M-Th 8am-4pm

The West Valley Veteran Success Center is a multi-organization partnership dedicated to connecting military and veterans to services and benefits, offering a full-time AmeriCorps member specializing in Veteran benefits navigation services, and a part-time Be Connected Navigator that works to provide connection to veteran supportive resources across Arizona.

Veterans Crisis Line988 then press 1

<https://veteranscrisisline.net>

<https://facebook.com/pg/veterans.crisisline.1>

Text838255

Free, confidential help for veterans available

Volunteer Opportunities

NOTE: Most organizations listed in this guide welcome volunteers

Arizonans for Children480-838-0085

<https://arizonansforchildren.org>

Provides resources, research, advocacy opportunities, grants, and training focused on full inclusion of people with lifelong disabilities, especially developmental disabilities.

City of Peoria Neighborhood Pride623-773-7090

<https://www.peoriaaz.gov/engage>

Email: CommunityEngagement@peoriaaz.gov

The program is a cooperative work effort between the City and residents to eliminate City Code violations and to offer assistance to individual property owners for improvement of their homes by the award of materials and volunteer help. Typical improvements completed during the enhancement segment of the project include exterior house painting, fence/gate repair, removal of unwanted items, placing gravel, etc. 2 projects annually

Dysart Community Center623-583-0016

<https://dysartcommunitycenter.org>

GED, High School Diploma, ESL, and citizenship courses for adults, before and after-school programs with transportation to certain local schools, and summer care for youth, Teen Programs, Chik-Fil-A Leadership Academy and access to various basic needs resources for families and individuals.

Hands on Phoenix602-973-2212

<https://HandsOnPhoenix.org>

<https://facebook.com/HandsOnGreaterPhoenix>

A nonprofit volunteer management organization

Hospice of the Valley602-530-6900

<https://hov.org>

<https://facebook.com/HospiceoftheValley>

We care for medically-fragile children, help those with chronic illness and people living with all stages of dementia. At end of life, our compassionate care provides comfort and dignity. We serve all who come to us—turning no one away. Volunteers visit and read with patients, run errands and offer emotional support. May work at White Dove Thrift Shoppes, make pet therapy visits and honor veterans.

Just Serve801-240-8901

<https://JustServe.org>

<https://facebook.com/JustServe.org>

Matches faith, nonprofit, community and governmental organizations with volunteers

Surprise Day of Service

<https://surpriseaz.gov/DayofService>

Surprise Day of Service is an opportunity for Surprise residents to give back to our community. From community cleanups to food bank events, join us and help make our city a better place for all!

Volunteer Match

<https://VolunteerMatch.org>
<https://facebook.com/VolunteerMatch>
Listing of volunteer opportunities

Youth/Teen Programs

A Mighty Change of Heart.....623-308-5428

<https://amchaz.org>

Foster youth support organization in Surprise, AZ providing individualized duffle bags, school supplies, and more for foster kids

AGUILA Youth Leadership Institute602-518-0612

<https://aguilayouth.org>

<https://facebook.com/AGUILAYouth>

Provides youth (grades 8-12) with a comprehensive program in preparation for success in college, career and life

Arizonans for Children602-252-2270

<https://arizonansforchildren.org>

Facilitates opportunities that provide effective solutions to alleviate hardships and improve lives of abused, abandoned and neglected children in foster care

Big Brothers Big Sisters of Central AZ.....602-264-9254

<https://bbbsaz.org>

<https://facebook.com/BBBSAZ>

Matches youth (ages 6-18) in community with caring, supportive adult mentors who help them realize their potential. Enroll online. Volunteers needed in Peoria area

BLOOM365.....1-888-606-4673

<https://bloom365.org/gethelp>

LEVEL Helpline Anonymous peer support for teens and young adults going through an abusive or toxic relationship, friendship or seeking help and support after sexual assault/harassment. TEXT/CALL 1-888-606-4673 or CHAT at bloom365.org.

REAL TALK: Victim Services & school based victim advocacy services, licensed counseling, case management, peer support groups, safety planning & resource connections for ages 13-24 who have witnessed or experienced teen dating violence, domestic violence, sexual violence, or gender based violence victimization. Free & confidential.

ROOT IT OUT: Behavioral Health Services Community, school based and court ordered behavioral health interventions, licensed counseling, abuse prevention education and peer support for ages 13-24, who are at risk for or who have exhibited abusive or violent behaviors <https://bloom365.org/prevent>

Boys and Girls Clubs623-979-3559

<https://bgcmp.org>

<https://facebook.com/BGCMPC>

11820 North 81st Avenue, Peoria 85345

Provides after-school, summer programs, tutoring, sports, arts, health, life skills and character building activities

Child Crisis Arizona480-834-9424

<https://childcrisisaz.org>

Headquarters – 817 N Country Club Dr., Mesa AZ

Must go through Department of Child Safety first. Provides emergency shelter, foster care, adoption, counseling, early education, and parenting support services to Arizona's most vulnerable children and families.

Childhelp..... 1-800-422-4453

<https://childhelp.org>

Headquarters: 6730 N. Scottsdale #150, Scottsdale, AZ 85253.... 480-922-8212
Childhelp Children's Center of Arizona – 2120 North Central Ave. Suite 130, Phoenix, AZ 85004..... 602-271-4500

Provides therapeutic intervention for children who have been victims of sexual, physical and emotional abuse and/or neglect, exposure to severe trauma or victimized as a result of parental substance use/abuse

Dysart Community Center623-249-3812

<https://dysartcommunitycenter.org>

Hours: M-Th 10:00am-8:00pm GED, ESL, Adult Citizenship classes
After School Program ages 4-18, Hours: Mon 1-7pm, Tue-Thurs 3-7pm
1st Sat Mobile Pantry. Hours: 9:00–11:00am

Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer

Dysart Unified School District (DSD).....623-876-7072

<https://dysart.org>

Homeless Education Liaison 623-876-7070
School provided staff person to serve as a liaison for students experiencing homelessness

Empowered Young Parents Program602-234-3733

<https://arizonaschildren.org>

Arizona's Children Association 800-944-7611
Assists pregnant or parenting youth ages 12-24 currently or previously involved with the foster care or juvenile court system. Provides one/one assistance with education, parenting skills, financial independence, healthcare, employment, education, counseling, and other community resources

Eve's Place623-537-5380

<https://evesplace.org>

Outside Maricopa County:..... 844-301-7908
Teen dating violence awareness and resources. Virtual support groups. Groups available for parents of all victims (LBTGQ).

Florence Crittenton.....602-274-7318

<https://flocrit.org>

Help at-risk girls, with SMI, between the ages of 10-17.

Free Arts of Arizona602-258-8100

<https://freeartsaz.org>

<https://facebook.com/freeartsaz>

Every child who has experienced the trauma of abuse, neglect and/or homelessness has access to resilience-building arts programs and caring adult volunteer mentors.

Friends of Peoria Public Library623-773-8650

<https://facebook.com/FPPLibrary>

Inspires passion for literacy by supporting Peoria's Libraries through assistance programs & outreach

Hart Pantry252-259-5331

<https://hartpantry.org/>

<https://facebook.com/HARTPantry/>

Physical Address: 9451 N 99th Avenue, Peoria, AZ, 85345

Provide weekend food bags; nutrition for daily use; access to clothing; refurbished and donated bikes; Christmas and graduation gifts; toiletries and feminine hygiene products.

Heart for the City602-499-5059

<https://heartforthecityaz.org>

<https://facebook.com/heartforthecityaz/>

Work with the WHOLE kid in EACH kid to raise up a new generation. Not just through sports, not just through education, not just through mentoring, not just through job training—but, a program that breaks down the walls in all of these dimensions of an at-risk youth's life.

Homeless Youth Connection (HYC)602-847-4300/623-374-3747

<https://hycaz.org>

<https://facebook.com/HomelessYouthConnectionAZ/>

Provides homeless youth ages 13-21 with resources so they stay in school and graduate. Includes: case mgmt., necessities, life skills training, mentors and housing assistance. Partners with school districts.

New Song Center for Grieving Children480-951-8985/602-776-6789

<https://hov.org>

info@newsongcenter.org

No-cost program open to children, teens or young adults grieving the death of a loved one

Ombudsman Charter School602-840-2997

<https://az.ombudsman.com/>

Arizona Charter 602-317-0837

Peoria Location: 9516 W. Peoria Ave., #18-21 623-878-4503

Ombudsman partners with school districts nationwide to offer alternative education programs for at-risk middle and high school students.

One-n-Ten602-400-2601

<https://oneten.org>

https://facebook.com/onetenphoenix?fref=ts&ref=br_tf

Hours: M-F 9am-5pm

Our mission is to serve LGBTQ youth and young adults ages 11-24. We enhance their lives by providing empowering social and service programs that promote self-expression, self-acceptance, leadership development, and healthy life choices. Several feature programs target education, employment and housing.

OCJ Kids602-439-2171

<https://ocjkids.org>

<https://facebook.com/ocjkidsaz>

Connecting at-risk and foster youth with caring communities for support and assurance. Volunteer opportunities for those who cannot foster or adopt

Peoria Unified School District (PUSD)623-486-6000

<https://www.peoriaunified.org>

<https://facebook.com/peoriaunified>

Student Services Coordinator 623-486-6058

Homeless and Foster Care Liaison 623-486-6261

Safe-School Line..... 623-486-6199

School-provided staff person to serve as a liaison for homeless students

School Connect480-608-5676

<https://schoolconnectaz.org>

Mailing address: School Connect Inc.

5350 W. Bell Road Suite 122, #415 Glendale, AZ 85308

Researches and develops best practices to build a supportive, collaborative community around schools

Scott Foundation480-688-9800

<https://SCOTT-FOUNDATION.org>

Mailing address: P.O. Box 4927 Cave Creek, AZ 85327

Growing next generation Thought & Service Leaders, invests in the initial 4-year future of Arizona foster youth who wish to make the world better than they found it. With a focus on developing inner wealth, produces year-round experiential learning that help kids develop their own purposeful vision with a mindful social impact

Teen Lifeline602-248-8336

<https://teenlifeline.org>

Peer counseling suicide hotline from 3-9pm daily. Life skills development training for teens interested in becoming peer counselors. Awareness, education, prevention materials and training opportunities are available. Teens can also text the phone number listed.

Teen Outreach 877-882-2881 or 520-744-9595

<https://azyp.org>

<https://facebook.com/topsaz>

We provide healthy pregnancy, childbirth education and support so Arizona's families can deliver healthy newborns. Virtual only.

VOICES for CASA480-685-4888

<https://VoicesforCASACHildren.org>

Address: 4300 N. Miller Rd., Ste. 116 Scottsdale, AZ 85251

Provides Court Appointed Special Advocates (CASA) volunteers to be the foster child's voice, advocating for his/her best interest, helping them find a safe, permanent home

YMCA.....602-404-9622

<https://valleyymca.org>

<https://facebook.com/ValleyYMCA>

12450 W Cinnabar Ave., El Mirage, AZ 85335 602-688-5335

We offer opportunities that help individuals build a healthy spirit, mind, and body, and we strive to make a positive impact in the communities we serve.

You Matter Too623-229-9292

<https://www.youmattertoo2017.org>

<https://www.facebook.com/youmattertoo2017>

www.instagram.com/youmattertoo2017

Youth mentoring and anti-bullying program for Elementary, Middle and High School.

YWCA (corporate office).....602-258-0990

<https://ywcaaz.org>

YWCA - West Valley Senior Center..... 623-931-7436

8561 N 61st Ave, Glendale, AZ (offers meals and meals on wheels)

Mission: eliminate racism, empower women, and promote peace, justice, freedom, & dignity. We are committed to mitigating aging's most harmful threats through our home-delivered meals and senior centers. We provide safe spaces where older adults can congregate, share a meal, crack a smile, and create community.

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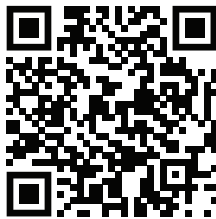
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City of Surprise
Human Services and
Community Vitality



City of
EL MIRAGE
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Additional resources may be available at **www.211arizona.org**, a statewide information and referral service.