SoCal Youth Rugby: Age/Weight/Divisions 2027

SOCAL YOUTH RUGBY SEASONS				Grade	Age as of Sept 1, 2026	Type	WINTER RX Registration	SoCal WTR Division	SPRING RX Registration	SoCal SPRING Division
WINTER. U8-U14 play Jan-Feb.				Pre-K	**4**	Coed	Rookie Rugby (non-contact)	U8		
				K	**5**	Coed	Rookie Rugby (non-contact)	U8		
				1	**6**	Coed	Rookie Rugby (non-contact)	U8		
			SUMMER 7s. U10-U18 plays May-June	2	**7**	Coed	Rookie Rugby (non-contact)	U8		
				3	**8**	Coed	Choose Rookie Rugby (non-contact) OR Youth (contact)	U8 or U10		
				4	**9**	Coed *	Youth	U10 if weigh <= 132.0 lbs OR U12		
				5	**10**	Coed *	Youth	U10 if weigh <=80.0 lbs OR U12		
				6	**11**	Coed *	Youth	U12 if weigh <= 165.0 lbs OR U14		
				7	**12**	Coed *	Youth	U12 if weigh <= 100.0 lbs OR U14 / GU14		
				8	**13**	Boy	Youth	U14		
						Girl	Youth	U14 / GU14		
	SPRING. GU16/BU16--GU18/BU18 play mid-March to mid-May.	HIGH SCHOOL. Plays Jan-Feb. **Player must be enrolled in HS.**		9	**14**	Boy **	1) Youth, if born June/July/Aug 2012 and wish to play U14. 2) Can apply to play HS, if in Middle School and born May 2012 and earlier. 3) Must play High School, if enrolled in HS.	U14 or HS (not both)	SoCal Club U16/U18	BU16
						Girl **	1) Youth, if born June/July/Aug 2012 and wish to play U14. 2) Can apply to play HS, if in Middle School and born May 2012 and earlier. 3) Must play High School, if enrolled in HS.	U14 / GU14 or HS (not both)	SoCal Club U16/U18	GU16
				10	**15**	Boy	High School	High School	SoCal Club U16/U18	BU16
						Girl	High School	High School	SoCal Club U16/U18	GU16
				11	**16**	Boy	High School	High School	SoCal Club U16/U18	BU18
						Girl	High School	High School	SoCal Club U16/U18	GU18
				12	**17**	Boy	High School	High School	SoCal Club U16/U18	BU18
						Girl	High School	High School	SoCal Club U16/U18	GU18
				12	**18**	Boy	High School	High School	SoCal Club U16/U18	BU18
						Girl	High School	High School	SoCal Club U16/U18	GU18

** Girls have an extended play opportunity at U8, U10, U12 -- Please apply HERE*

*** Older 14 year olds, can apply to play in Middle School or for High School HERE*