

Favorite Peptides and What They Do

By Clare Morrow, IFBB Pro Athlete

- **BPC-157** Helps alleviate joint pain, injuries, and can improve joint mobility. Increases vascular flow to the tendons and ligaments to increase healing.
- **Ipamorelin** A growth hormone that releases GHRP that stimulates the pituitary gland releasing natural growth hormone.
- **CJC 1295** Has performance enhancing effects that helps athletes with muscle tissue recovery and growth.
- **Sermorelin** Helps your pituitary gland produce more HGH (human growth hormone), naturally. Helps reverse & stop HGH deficiencies.
- **PT-141 (Bremelanotide)** Provides libido-enhancing effects by activating the melanocortin receptors.
- **Semaglutide** Can help reduce appetite, improves control of eating, reduces food cravings, and improves glycemic control.
- **Mots-C** Helps with weight loss, enhances workout performance, prevents osteoporosis, improves mitochondrial health.
- **GHK-CU** Improves skin elasticity & firmness, reduces hyperpigmentation & sun spots, stimulates skin collagen, increases hair growth & follicle size, helps with stem cell

WHAT IS PEPTIDE THERAPY? 1) Replaces or supplements naturally occurring peptide levels inside of your body. 2) Allows your body to mimic the function of various natural peptides. 3) Peptide therapy holds promise for many significant interventions, especially in regenerative and anti-aging medicine.

*Always consult with your Doctor before starting on any new medicines or supplements

For Help with Peptides: DM Me on IG: @claremorrow_ifbbpro