CANDY HEART



MATCHING ©©



Movement Activity







CANDY HEART MATCHING

Movement Activity



- Print heart pages on two pieces of paper.
- Cut out the hearts and laminate for durability. If you are using black and white circles, color before laminating. Make sure to color the matching words the same color on each page.
- Set a start location where you place hearts. You can tape to the wall and add Velcro if available. Set an end location where you will retrieve the matching pieces.
- Complete animal walks to go get the hearts. Use the animal walks from the guide below or make up your own!
- Match the hearts as you go.



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CANDY HEART MATCHING

Movement Activity





Crawl on forearms and Knees. Turn head side to side to look for bugs while moving to the starting point.



Squat down with hands touching the floor. Jump forward like a grasshopper.



Stand up tall. Bend over and walk out to tall plank position with hands. Then, walk feet into hands. Repeat. Try not to move hands and feet at the same time.



Sit down on the floor with legs out straight. Use arms to push your body forward while Keeping legs straight.



Place hands and feet on the floor. See how low you can get with only hands and feet touching. Walk to the starting point.



Lay flat on the floor on your stomach. Use arms and legs to push you to the starting point.









