Plus Minus list

Date's name:				
Pluses	Minuses			

The 2 Questions:

- 1. Are the pluses so valuable to me that I can accept the minuses?
- 2. If your answer to number 1 is "yes", then answer question #2Can I make a commitment to never attempt to change the minuses, trying to make this person be who I need them to be?

Most Importantly

Observe your thoughts, reactions & responses; observe your partner's reactions & responses & then . . . observe some more!