

P—Freedom Teams—FOOD—DID YOU KNOW (3)

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All of the following is taken from a video by RFK, Jr. called “Enough is Enough.”

#	L	FOOD: DID YOU KNOW...
1		DID YOU KNOW... ...Americans are innocently putting poisons into their bodies and the bodies of their children by eating Cheez-its, Cap’n Crunch, Doritos, Gummy Bears, and many more...
2		DID YOU KNOW... ...Americans die earlier than Canadians, Italians, Germans, Japanese, Koreans, Australians, and more...
3		DID YOU KNOW... ...Our life expectancy was the same or better than other developed countries until the early 1990’s.
4		DID YOU KNOW... ...In the beginning of the 1990’s more Americans started suffering from chronic diseases such as obesity, cancer, diabetes, kidney disease, Alzheimer’s, heart disease, and all kinds of auto-immune diseases.
5		DID YOU KNOW... ...Our maternal mortality rate soared to the highest of any developed country on earth.
6		DID YOU KNOW... ...It was the same for our infant mortality—soaring to the highest of any developed country on earth.
7		DID YOU KNOW... ...We haven’t really noticed getting sicker and sicker.
8		DID YOU KNOW... ...We’ve come to accept chronic diseases as normal.
9		DID YOU KNOW... ...In 2024 we are waking up to this cataclysm.
10		DID YOU KNOW... ...A big part of this is our diet.
11		DID YOU KNOW... ...Restaurants that serve contaminated food are fined or shut down.
12		DID YOU KNOW... ...When the government approves the poisons in our food, a few people get very, very rich and the toxins end up in every supermarket aisle.
13		DID YOU KNOW... ... Cheez-its, Cap’n Crunch, Doritos, Gummy Bears, etc. include poisons, such as a harmful yellow dye called Tartrazine\Yellow Dye #5.
14		DID YOU KNOW... ...Tartrazine\Yellow Dye #5 was originally made out of the sludge that’s left over when you turn coal into coke for blast furnaces. It’s called coal tar, and is very toxic and very harmful to humans and the

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		environment.
15		DID YOU KNOW... ...Coal tar was used for paving roads, but then a British scientist figured out it could be used to dye fabric, and if fabric, why not food.
16		DID YOU KNOW... ...Food manufacturers used Tartrazine\Yellow Dye #5 to cover up discoloration of low-quality foods, not even changing the flavor.
17		DID YOU KNOW... ...Tartrazine\Yellow Dye #5 causes tumors, asthma, developmental delays, neurological damage, ADD, ADHD, hormone disruption, gene damage, anxiety, depression, and intestinal injuries.
18		DID YOU KNOW... ...We've known for decades that Tartrazine\Yellow Dye #5 causes these diseases.
19		DID YOU KNOW...Tartrazine\Yellow Dye #5 is heavily restricted in other countries or have a warning label that it may cause ADHD in children.
20		DID YOU KNOW... ...Today Tartrazine\Yellow Dye #5 is made from petroleum.
21		DID YOU KNOW... ...Tartrazine\Yellow Dye #5 is also in foods we consider healthy, like popcorn, mac and cheese, sports drinks, vitamin water, chicken broth, corn, pickles, mustard, yogurt, and chewable vitamins.
22		DID YOU KNOW... ...Tartrazine\Yellow Dye #5 causes asthma, so you go to get cough syrup, which has...Tartrazine.
23		DID YOU KNOW... ...This is only one of at least a hundred chemical poisons that health agencies allow into our food, and the food we feed our children.
24		DID YOU KNOW... ...What these chemicals do in combination has never been studied.
25		DID YOU KNOW... ...If we took all these chemicals out, our nation would be healthier immediately, with many benefits.
26		DID YOU KNOW... ...In the past 16 years the government has banned 8 chemical additives that cause many health conditions; all were removed under President Trump.
27		DID YOU KNOW... ...Some receive donations from Big Food, and also Big Pharma, because Big Pharma will make billions selling meds to address the issues.
28		DID YOU KNOW... ...Kennedy and Trump are going to stop the mass poisoning of us and our children, and Make America Healthy Again.

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29		SO...check your labels and do not consume, or let your children consume, Tartrazine\Yellow Dye #5.