

Health and Wellness

P—Freedom Teams—Health and Wellness (17)

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#	L	Topics and Sub-Topics
	1	<u>Advocacy and Information</u> DID YOU KNOW... there are free resources for medical advocacy and information.
	1	<u>Bioregulatory Medicine</u> DID YOU KNOW... there is a total body (and mind) approach to health and healing.
	1	<u>Cancer</u> DID YOU KNOW... there may be an answer to cancer.
	1	<u>Carpel Tunnel</u> DID YOU KNOW... Vitamin B6 can address carpel tunnel.
	1	<u>Covid</u> DID YOU KNOW... that planning for Covid-19 dates back to 2009.
	1	<u>Masks</u> DID YOU KNOW... Dr. Fauci was videotaped saying masks don't work.
	1	<u>Memory issues—Toxins</u> DID YOU KNOW... that memory issues can be caused by toxins in the body.
	1	<u>Providers</u> DID YOU KNOW... there are providers who present facts and expose falsehoods.
	1	<u>Provision</u>
	1	<u>Remdesivir</u>
	1	<u>Vaccines</u>
	1	<u>World Health Organization</u>
	2	Advocacy and Information DID YOU KNOW... there are free resources for medical advocacy and information. Resources: 1. The World Council for health is a free site for information and advocacy. a. https://worldcouncilforhealth.org/about/ 2. Learn the Risk a. This site is for a US based non-profit that provides education on vaccines and medical and pharmaceutical treatments. b. A very good resource for parents because of the focus on vaccines. c. Learntherisk.org

		d. https://learntherisk.org/about-us/
2	Bioregulatory Medicine DID YOU KNOW...there is a total body (and mind) approach to health and healing. Resources: 1. Bioregulatory Medicine Institute a. “Bioregulatory medicine is a total body (and mind) approach to health and healing that aims to help facilitate and restore natural human biological processes. It is a proven, safe, gentle, highly effective, drugless, and side-effect-free medical model designed to naturally support the body to regulate, adapt, regenerate, and self-heal.” b. www.BRMI.online c. Or go to BRMI.online.	
2	Cancer DID YOU KNOW...there may be an answer to cancer. Resources: 1. An Answer to Cancer? a. “The World without Cancer” by G. Edward Griffin is an impressive video that may hold the key to most effectively treating cancer. b. https://rumble.com/v2og4xg-g.-edward-griffin-world-without-cancer-the-story-of-laetrile-1974.html 2. Richardson Nutritional Center—offering vitamin Laetrile\B17 information and products. a. https://rncstore.com/?sacode=927t8s&utm_source=simple-affiliate&utm_medium=referral&utm_campaign=Marcus+%25285257870147644%2529 3. A website that offers many scientifically based, effective, often natural solutions to cancer a. https://thetruthaboutcancer.com/ 4. Marcus Ellis, survivor of stage 4 cancer a. His story, an 18 minute video i. https://www.brighteon.com/62e5993b-73b1-4f62-a3a6-1d2e37fd5b1a b. His site i. https://marcusellis.org/	
2	Carpel Tunnel DID YOU KNOW...Vitamin B6 can address carpal tunnel. Resources: 1. One of our members reported positive results using vitamin B6. 2. Researching links is underway.	
2	Covid DID YOU KNOW...that planning for Covid-19 dates back to 2009. 1. The following is from the website BRMI.online. 2. This organization is the Bioregulatory Medicine Institute.	

	<p>3. Here is an example quote from their 376-page article called, “Medical Timeline of Covid P(l)andemic Starting 2009.”</p> <p>a. February 1, 2009—“Acuitas Therapeutics is a private company incorporated in British Columbia , Canada. They were found in February 2009...They are developers of the lipid nanoparticle (LNP) used to deliver mRNA code into cells.”</p> <p>4. There is much much more.</p> <p>5. To view the timeline:</p> <p>a. www.brmi.online/covid-19</p> <p>i. Scroll down to “Medical Timeline of Covid P(l)andemic Starting 2009.”</p> <p>ii. Download the PDF, the document will open.</p> <p>b. If that doesn’t work for your system:</p> <p>c. Go to BRMI.online.</p> <p>i. In the bar at the top, click on “Principles.”</p> <p>ii. At the bottom of the drop down, click on Covid-19.</p> <p>iii. Scroll down to “Medical Timeline of Covid P(l)andemic Starting 2009.”</p> <p>iv. Download the PDF, the document will open.</p>
2	<p>Masks</p> <p>DID YOU KNOW...Dr. Fauci was videotaped saying masks don’t work.</p> <p>Resources:</p> <p>1. Masks Unmasked:</p> <p>a. Fauci saying masks don’t work, are even harmful.</p> <p>b. https://rumble.com/vqvfac-fauci-says-masks-dont-work..html</p> <p>2. Dr. Sherri Tenpenny discusses the truths about masks</p> <p>a. https://www.worldviewweekend.com/tv/video/dr-sherri-tenpenny-covid-and-myth-masks</p> <p>3. How masks reduce our oxygen intact to dangerous levels.</p> <p>a. (need video link)</p>
2	<p>Memory issues—Toxins</p> <p>DID YOU KNOW...that memory issues can be caused by toxins in the body.</p> <p>1. Memory issues can be caused by toxins, an assault on the body</p> <p>a. Mercury (\aluminum)</p> <p>i. The flu vaccine can contain\s mercury</p> <p>ii. Fillings in our teeth can be 50% mercury, which is close to the brain</p> <p>b. Aluminum</p> <p>i. Certain foods can contain aluminum</p> <p>ii. Because aluminum in foods is a heavy molecule it is normally pooped out without significant issues.</p> <p>iii. When aluminum is introduced via vaccine in the bloodstream and glyphosate is introduced, this can cross the blood-brain barrier.</p> <p>iv. Glyphosate acts as a cage that shields the weight of aluminum.</p> <p>c. Iron filings</p> <p>i. Iron builds up in the blood through “enriched” or “fortified” foods.</p> <p>ii. Iron may be in some chemtrails although aluminum is predominant.</p> <p>d. Meds</p> <p>i. Arisept and other Alzheimer’s drugs do not seem to offer much promise.</p> <p>2. Blood dialysis:</p> <p>a. This offers a way to remove heavy metals, toxins, and plastics.</p>

	<p>3. Supplements can remove the toxins\slower process than dialysis</p> <ul style="list-style-type: none"> a. Phosphatidylcholine <ul style="list-style-type: none"> i. Can be found in eggs, yet additional supplementation may be helpful. b. Vitamin D levels may need to be increased c. Lions mane d. Modified Citrus Pectin (MCP) <ul style="list-style-type: none"> i. This is a great and safe binder. ii. This is taken between meals. e. Cilantro <ul style="list-style-type: none"> i. Helps remove heavy metals (must be taken with a binder such as MCP) f. Magnesium L-Threonate <ul style="list-style-type: none"> i. Most effective form to cross the blood-brain barrier. g. Magnesium maleate <ul style="list-style-type: none"> i. With coconut oil ii. This will get the magnesium past the blood brain barrier h. Nicotine patches <ul style="list-style-type: none"> i. Lets other receptors let go of other chemicals ii. No addictive properties i. Omega 3's <ul style="list-style-type: none"> i. 3's are good for the brain ii. Often Almaga 6 is too high, and 3's are too low. j. BoraxSoap <ul style="list-style-type: none"> i. 20 muleteam borax <ul style="list-style-type: none"> 1. Boron—pharm grade 2. 1 tsp in 1 liter of water. 3. Take 1 tsp a day with a full glass of water. <p>4. Detoxing—Lifestyle</p> <ul style="list-style-type: none"> a. Saunas b. Sweating c. Be well hydrated\water <ul style="list-style-type: none"> i. Water often fluorinated ii. Water likely needs to be filtered iii. Water does need to have some minerals iv. Flouride—(mineral) will calcify brain and bones <p>5. Detoxing—Dialysis, the quick path</p> <ul style="list-style-type: none"> a. Dr. Issac Iliaz <ul style="list-style-type: none"> i. Offers a different form of dialysis which removes plastics and heavy metals from the blood. ii. Dr. Eliaz will provide about 3 sessions in a week iii. His clinic is in Santa Rosa, CA iv. He is booking weeks out v. The cost is between \$7 and 10 K vi. He begins with a virtual skype b. Inuspheresis <ul style="list-style-type: none"> i. Switzerland
2	<p>Providers</p> <p>DID YOU KNOW...there are providers who present facts and expose falsehoods.</p> <p>Resources:</p> <ol style="list-style-type: none"> 1. Americas Frontline Doctors

		<ul style="list-style-type: none"> a. https://americasfrontlinedoctors.org/ 2. Dr. Bryan Ardis <ul style="list-style-type: none"> a. www.thedrardisshow.com b. See below—research by Dr. Ardis—“Remedesivir—Did You Know...Remdesivir has a 54 % mortality rate?” 3. Dr. Peter McCullough <ul style="list-style-type: none"> a. www.petermcculloughmd.com b. This site includes “Base Spike Detoxification Protocol.” 4. Dr. Robert Malone <ul style="list-style-type: none"> a. www.rwmalonemd.com b. Dr. Malone is the inventor of the mRNA vaccines, yet was censored. c. See “RNA Vaccine Inventor” under “Categories” in the upper left. 5. Dr. Tenpenny <ul style="list-style-type: none"> a. www.drtenpenny.com 6. Dr. Le Meng Yan—she was at Wuhan 7. Dr. Richard Fleming 8. Dr. Lee Merrick
	2	<p>Provision</p> <p>Resources:</p> <ul style="list-style-type: none"> 1. The Wellness Company <ul style="list-style-type: none"> a. Striving to build a new healthcare system that earns people’s trust, offering high quality practitioners who align with our fundamental belief—to put the patient first. b. https://www.twc.health
	2	<p>Remdesivir</p> <p>Resources:</p> <ul style="list-style-type: none"> 1. Dr. Bryan Artis—Hospital murdering, remdesivir renal failure <ul style="list-style-type: none"> a. CDC Protocols that is using remdesivir shown to have 54% death rate b. https://rumble.com/vloe0w-dr.-bryan-ardis-grand-rapids-mi-reawaken-america-tour.html
	2	<p>Vaccines</p> <p>Resources:</p> <ul style="list-style-type: none"> 1. Children at risk from the vaccines—in the womb, infants, breast feeding. <ul style="list-style-type: none"> a. Naomi Wolf is leading a group studying the Pfizer reports of harms, the report that originally was to be blocked for 75 years. b. Here is a brief video of what she is finding. c. https://rumble.com/v15303n-dr.-naomi-wolf-joins-war-room-to-discuss-altercations-with-covid-19-vaccine.html 2. Childrenshealthdefense.org <ul style="list-style-type: none"> a. Truth about vaccines b. Book about the harm Fauci has done by Robert F. Kennedy—<u>The Real Anthony Fauci</u> 3. Dr. Andreas Noack reveals that there are razor particles in the vaccines. <ul style="list-style-type: none"> a. This is in the site Brandnewtube.com, which may require signing in

		<ul style="list-style-type: none"> b. https://brandnewtube.com/watch/dr-andreas-noack-razor-blades-particles-in-the-quot-vaccines-quot_Q1RZhCpxbFBhF9M.html <p>4. Healthy athletes dropping dead</p> <ul style="list-style-type: none"> a. Can be shared with vaccine video by Dr Andreas Noack—see at _____ (time) when he says that the increased flow of blood in athletes move the particles into the heart, which is why they are collapsing and sometimes dying. b. https://www.youtube.com/watch?v=L8sPIMJ7iAc
2		<p>World Health Organization</p> <p>Resources:</p> <ul style="list-style-type: none"> 1. Stopvaxpassports.org <ul style="list-style-type: none"> a. This is a site that is warning about vaccine passports. b. This site also sponsored a webinar about the initiative to give sovereignty to the Who: <ul style="list-style-type: none"> i. https://stopvaxpassports.org/webinar-stop-the-sellout-of-us-sovereignty-to-the-who/