

Bloomed Saffron

Ingredients

¼ teaspoon ground saffron never use the threads without grinding them

2 ice cubes

Method

Place the ice cubes in a small bowl or jar. Sprinkle ground saffron on top of the ice cubes and let it sit in room temperature until the ice is fully melted.

Use immediately or cover the bowl or jar and keep it in the fridge for up to a week.

