Spicy Chicken Couscous



Ingredients

250g couscous

3 tbsp olive oil

1 chopped onion

2 large sliced skinless boneless chicken breast fillets

85g blanched almonds

1 tbsp hot curry paste

100g halved ready-to-eat apricots

120g pack fresh coriander

Method

Step 1 Prepare couscous with reduced salt chicken stock, according to the packet instructions. Heat olive oil in a pan and cook the onion for 2-3 mins until softened.

Step 2

Toss in chicken breast fillets and stir fry for 5-6 mins until tender. Add the blanched almonds and, when golden, stir in the hot curry paste and cook for 1 min more.

Step 3 Add the couscous along with the apricots and the coriander. Toss until hot then serve with plain yogurt if you like.