

Vitello Tonnato

Ingredients

2 lb 12 oz (1.25 kg boneless veal

2 bay leaves

6 black peppercorns

5 fl oz (150 ml) dry white wine

10 fl oz (300 ml) Beef broth

Instructions

For the Sauce

1 (7-oz.) can imported tuna, packed in olive oil

5 flat anchovy filets

1 cup extra-virgin olive oil

3 tsp. lemon juice, freshly squeezed

3 tbsp. capers, soaked and rinsed

1 1/4 cups mayonnaise

Begin by putting the veal in a medium roasting tin add the bay leaves, peppercorns and wine and beef broth.

Then, roast the veal in the pre-heated oven until desire temperature.

For the Sauce, blend all the ingredients thoroughly.

After that, take the veal out of the tin – you can discard the bay leaves, peppercorns and any remaining wine now. Slice the meat very thinly and arrange it in a large, shallow serving dish.

Spoon the sauce over the meat, scatter over a few capers and garnish with the lemon slices.