

Fried Rice

INGREDIENTS

1 tbsp of Sesame oil

1 cup of Basmati rice

1 cup of water

1 tbsp of soy sauce

1.5 tbsp of garlic minced

1 tsp of ground ginger shred-ed

1 tbsp of rice vinegar

1 bunch of spring onions

1/2 cup of sliced onions

Vegetables

1/2 cup of carrots

1/2 cup of peas

1/2 cup of red pepper

Scrambled Egg

3 Eggs

1 tbsp of oil

METHOD

Choose the sauté setting once the pot says HOT add oil the onions, ginger and garlic and brown them for 3-4 minutes till they are caramelized and look brown.

Mix together water, soy sauce and vinegar then add to the pot.

Add rice and give it all a mix.

Add frozen vegetables on top but do not mix.

Cancel the sauté function and select pressure cook at low for 5 minutes.

Scrambled Eggs

Heat 1 tbsp of oil in a pan.

Break the eggs and whisk them.

Add to the pan and gently fold them inside and scramble, keep them soft.

Assembly

Open the instant pot after the pressure has subsided.

Add the scrambled eggs and give a mix.

Garnish with Scallions and serve hot.