






**4 TOWERS MARTIAL ARTS**  
**KARATE & ZUMBA**  
**SCHEDULE**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CHILD BEGINNERS (KARATE)		6:15 PM TO 7:00 PM		6:15PM TO 7:00 PM	APPOINTMENTS ONLY	SPECIAL EVENTS
CHILD INTERMEDIATE (KARATE)	6:15PM TO 7:00 PM		6:15PM TO 7:00 PM		APPOINTMENTS ONLY	SPECIAL EVENTS
BLACK BELT CLUB			7:00 PM TO 7:30 PM		APPOINTMENTS ONLY	SPECIAL EVENTS
SAMURAI CLUB	7:00 PM TO 7:30 PM				APPOINTMENTS ONLY	SPECIAL EVENTS
ADULT COMBAT / SPARRING	7:30 PM TO 8:30 PM	7:30 PM TO 8:30 PM	7:30 PM TO 8:30 PM	7:30 PM TO 8:30 PM	APPOINTMENTS ONLY	SPECIAL EVENTS
 ZUMBA <sup>®</sup> FITNESS	5:00 PM TO 6:00 PM	5:00 PM TO 6:00 PM	5:00 PM TO 6:00 PM	5:00 PM TO 6:00 PM		
 STRONG BY ZUMBA		10:45 AM TO 11:45 AM				
 ZUMBA <sup>®</sup> toning				10:45 AM TO 11:45 AM		

**FOR MORE INFORMATION CALL**

**(352) 255-6633 (KARATE)**

**(352) 255-5692 (ZUMBA)**