



4 TOWERS MARTIAL ARTS
KARATE & STRONG NATION & PIYO LIVE & YOGA
SCHEDULE



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------------------|----------------------|--------------------|---------------------|-------------------|----------------|
| CHILD BEGINNERS (KARATE) | | 6:15 PM TO 7:00 PM | | 6:15PM TO 7:00 PM | APPOINTMENTS ONLY | SPECIAL EVENTS |
| CHILD INTERMEDIATE (KARATE) | 6:15PM TO 7:00 PM | | 6:15PM TO 7:00 PM | | APPOINTMENTS ONLY | SPECIAL EVENTS |
| BLACK BELT CLUB | | | 7:00 PM TO 7:30 PM | | APPOINTMENTS ONLY | SPECIAL EVENTS |
| SAMURAI CLUB | 7:00 PM TO 7:30 PM | | | | APPOINTMENTS ONLY | SPECIAL EVENTS |
| ADULT COMBAT / SPARRING | 7:30 PM TO 8:30 PM | 7:30 PM TO 8:30 PM | 7:30 PM TO 8:30 PM | 7:30 PM TO 8:30 PM | APPOINTMENTS ONLY | SPECIAL EVENTS |
|  | | 5:30 PM TO 6:00 PM | | 5:30 PM TO 6:00 PM | | |
|  | | 11:00 AM TO 12:00 PM | | | | |
|  | 5:30 PM TO 6:00 PM | 7:00 PM TO 7:30 PM | 5:30 PM TO 6:00 PM | 7:00 PM TO 7:30 PM | | |
|  | | 9:50 AM TO 10:50 AM | | 9:50 AM TO 10:50 AM | | |

FOR MORE INFORMATION CALL

(352) 255-6633 (KARATE)

(352) 255-5692 (STRONG NATION & PIYO LIVE)

(863) 353-6897 (YOGA)