

Proper aftercare is very important for retention and to prevent infection and other issues.

GENERAL AFTERCARE GUIDELINES

- Avoid for 1 week: Facial cleansers, water on pigmented areas, Chlorine pools, Retin-A on pigmented areas, hot & steamy showers, jacuzzi or saunas, terry cloth/fabric on pigmented areas or sun/tanning beds.
- Shower with your back to the water to avoid water, shampoo and conditioner from getting into the pigmented areas.
- Do not rub skin when washing your face for at least 10 days.
- Do not pick or scratch tattooed areas.
- Do not wear contacts after eyeliner procedure.
- Do not wear makeup on the tattooed area until the area has healed (around 7-10 days).
- Use a heavy sunscreen and avoid the direct sun.
- Do not put anything at all on the tattooed area except what your artist provides (Aquaporin or Vitamin A/D ointment).
- Do not use antibiotic ointment or anything else during the healing process.

Note: Consult a health care professional at the first sign of infection.

LIPS & EYELINER AFTERCARE INSTRUCTIONS:

- Remember, place nothing on the treated area until healed. This means no makeup, creams, water (except for cleansing as detailed below), etc.
- After your procedure, your skin will start forming a protective scab. You may see fluid or ooze on the skin from lymph secretion. The fluid should be dabbed and blotted off with a sterile gauze pad. It can crust the skin over and prevent it from breathing and healing.
- After 24 hours, clean the treated area daily with mild warm water and non-alcohol soap. Apply soapy solution on a sterile gauze and blot 4 to 5 times to clean. Then blot completely dry. Use patting motions only. No Scrubbing. No rubbing. No wiping. No scratching. Make sure the area is completely dry because germs love moisture!
- Lips will ooze for a couple days and peel for a week or so. After sleeping, a crust will have dried on the lips. Blot with water. Clean and apply the aftercare product as directed. Try not to disturb the crust when cleaning and let it fall off by itself. Picking and pulling off skin that is not ready to come off will cause pigment loss and can pull out deeper tissue. The edges or lip liner will be the last to fall off. Pulling this off will result in an uneven splotchy line or an indented scar.

- Apply aftercare products on the clean and dry treated area. Place the ointment on the scabs that are beginning to form. If you place ointment on the area and it is not dry, this may cause irritation or an infection and could lead to color loss.
- Keep your lips moist at all times with the aftercare product. After approximately 3 weeks after the procedure when no more scabs are present, discontinue the aftercare product. Begin to apply sunblock appropriate for lips to protect the pigment and a good lip balm.
- Lips will be tender at first after the procedure. Drink only through a straw. Choose to only eat foods you can place in your mouth with a fork without touching the lips.
- Do not eat spicy foods or hot liquids for 48 hours after your procedure. It's a good idea not to eat oily foods, salty foods, acidic foods or alcohol while healing.
- Do not get toothpaste on your lips. It's a good idea to brush your teeth with just water for 72 hours post-treatment.
- Do not bleach your teeth until your lips are healed.
- Do not excessively stretch lips while they are healing with big smiles or pucker lips. Those motions push and pull against the lip edges, applying tension and friction between the strong normal skin surrounding the mouth and the broken inflamed lip edges. Lip skin is a continuation of the delicate mucous membrane of the mouth.