## Wolf Moon Yoga / Sarah Boggan Dodd

It is my responsibility to inform the instructor of any health issues, or limitations I may have before class begins. I represent and warrant that I am in good physical health and do not suffer from any medical condition which would limit my participation in the classes offered by Wolf Moon Yoga / Sarah Boggan Dodd. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in any of the online, or in person yoga classes, programs, or workshops. I understand the risks associated with the activities offered by Wolf Moon Yoga / Sarah Boggan Dodd and I agree to follow all instructions so that I may safely participate in classes, workshops, or other activities. I hereby WAIVE AND RELEASE Wolf Moon Yoga / Sarah Boggan Dodd, its owners, officers, employees, and instructors from any claim, demand, cause of action of any kind resulting from or related to my participation in the programs offered live at a facility or online. In taking part in the yoga classes, workshops, or other activities online or in person with Wolf Moon Yoga / Sarah Boggan Dodd, I understand and acknowledge that I am fully responsible for any and all risks, injuries, or damages, known or unknown, which might occur as a result of my participation in the classes, workshops, or other activities. I agree that Wolf Moon Yoga / Sarah Boggan Dodd is not liable for any loss of property while on the premises. I have read the above release and waiver of liability and fully understand its content. I am legally competent to voluntarily agree to the terms and conditions stated above by checking the box below.