


Blood Glucose Conversion

mmol/L	mg/DL	mmol/L	mg/DL	mmol/L	mg/DL	mmol/L	mg/DL	mmol/L	mg/DL	mmol/L	mg/DL	mmol/L	mg/DL
2.2	40	4.6	83	7	126	9.4	169	11.8	213	14.2	256	16.6	299
2.3	42	4.7	85	7.1	128	9.5	171	11.9	214	14.3	258	16.7	301
2.4	43	4.8	86	7.2	130	9.6	173	12	216	14.4	259	16.8	303
2.5	45	4.9	88	7.3	131	9.7	175	12.1	218	14.5	261	16.9	305
2.6	47	5	90	7.4	133	9.8	177	12.2	220	14.6	263	17	306
2.7	49	5.1	92	7.5	135	9.9	178	12.3	222	14.7	265	17.1	308
2.8	50	5.2	94	7.6	137	10	180	12.4	223	14.8	267	17.2	310
2.9	52	5.3	95	7.7	139	10.1	182	12.5	225	14.9	268	17.3	312
3	54	5.4	97	7.8	140	10.2	184	12.6	227	15	270	17.4	313
3.1	55	5.5	99	7.9	142	10.3	186	12.7	229	15.1	272	17.5	315
3.2	58	5.6	101	8	144	10.4	187	12.8	231	15.2	274	17.6	317
3.3	60	5.7	103	8.1	146	10.5	189	12.9	232	15.3	276	17.7	319
3.4	61	5.8	105	8.2	148	10.6	191	13	234	15.4	277	17.8	321
3.5	63	5.9	106	8.3	150	10.7	193	13.1	236	15.5	279	17.9	322
3.6	65	6	108	8.4	151	10.8	195	13.2	238	15.6	281	18	324
3.7	67	6.1	110	8.5	153	10.9	196	13.3	240	15.7	283	20	360
3.8	68	6.2	112	8.6	155	11	198	13.4	241	15.8	285	22	396
3.9	70	6.3	114	8.7	157	11.1	200	13.5	243	15.9	286	<p>Note: Numbers are approximated.</p> 	
4	72	6.4	115	8.8	159	11.2	202	13.6	245	16	288		
4.1	74	6.5	117	8.9	160	11.3	204	13.7	247	16.1	290		
4.2	75	6.6	119	9	162	11.4	205	13.8	249	16.2	292		
4.3	77	6.7	120	9.1	164	11.5	207	13.9	250	16.3	294		
4.4	80	6.8	122	9.2	166	11.6	209	14	252	16.4	295		
4.5	81	6.9	124	9.3	168	11.7	211	14.1	254	16.5	297		