

## 22<sup>nd</sup> Annual Northern Region CSA / NOVACO Symposium

### Provider Directory

#### **ABC Behavior**

[www.abcbehavior.org](http://www.abcbehavior.org)

**Contact Name:** Samuel Fultz

**Contact Email:** sam.fultz@abcbehavior.org

**Company Address:** 5306 Lee Hwy, Warrenton, VA 20187

**Phone:** (571) 435-1066

**Description:** ABC Behavior utilizes Applied Behavior Analysis (ABA) therapy in a variety of settings, including in-home, clinic, social groups, and community outings. ABC Behavior assists individuals with developmental disabilities from ages 1 to 21 years old. Our offices serve Northern Virginia and Richmond Metro areas. ABC Behavior is a franchisee of Hi-5 ABA.

**Evidence Based Practices:**

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#### **Alice C. Tyler Village Of Childhelp**

[www.childhelpvirginia.org](http://www.childhelpvirginia.org)

**Contact Name:** Teresa Bouthillier

**Contact Email:** tbouthillier@childhelp.org

**Company Address:** 23164 Dragoon Rd.Lignum, VA 22726

**Phone:** (540) 729-9464

**Description:** Childhelp, a Joint accredited and DBHDS licensed PRTF, provides a continuum of healing services for boys and girls ages 5-14 who have suffered from trauma, abuse, or neglect and psychiatric disorders on a 270 acre non-locked horse farm. ACTV is a VA, WV, MD, PA, NJ Medicaid and Tricare provider.

**Evidence Based Practices:** TF-CBT (Trauma-Focused Cognitive Behavior Therapy), Motivational Interviewing, Forward-Facing Trauma Therapy (FIT and TOOLS for Hope)

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#### **Compass Counseling Services Of NOVA**

[www.compassnova.com](http://www.compassnova.com)

**Contact Name:** Mary Sroka

**Contact Email:** mary@compassnova.com



**Company Address:** 10715 Spotsylvania Ave., Fredericksburg, VA 22408

**Phone:** (267) 772-0137

**Description:** Compass Counseling Services of NOVA provides home and community-based mental health services to at-risk youth and their families. Compass offers a variety of services, including Intensive In-Home, Mental Health Skill-Building, Applied Behavior Analysis (ABA), Therapeutic Mentoring, Parent Coaching, Individualized Support Services, Family Support Services, and outpatient therapy.

**Evidence Based Practices:** TF-CBT, Play Therapy, CBT, Motivational Interviewing, ABA

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### Continuum Behavioral Health

[www.behavioralhealthservices.net](http://www.behavioralhealthservices.net)



**Contact Name:** Marc Rose

**Contact Email:** [mrose@continuumgroup.net](mailto:mrose@continuumgroup.net)

**Company Address:** 1651 Old Meadow Road #600, McLean, VA 22102

**Phone:** (301) 357-2419

**Description:** Here at Continuum Behavioral Health we provide ABA services in the home, school, clinic, via Telehealth and community settings. We work with a variety of individuals with learning differences and behavior related disorders. In an effort to provide comprehensive, client centered services, Continuum provides Mental Health counseling services.

**Evidence Based Practices:** Applied Behavior Analysis, Antecedent-Based Intervention, Naturalistic Intervention, Self-Management, Patent-implemented Interventions (we provide intensive parent trainings), Reinforcement, Differential Reinforcement, Extinction, Social skills Trainings (we run social skills groups and utilize the PEERS® curriculum which is an evidence based social skills curriculum), Discrete Trail Training, Picture Exchange Communication System, Pivotal Response Training, Task Analysis, Technology-aided Instruction and Intervention, Functional Behavior Assessment, Functional Communication Training, Modeling, Prompting, Response, Interruption/redirection

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### CR2

[www.cr2crisis.com](http://www.cr2crisis.com)

**Contact Name:**

**Contact Email:**

**Company Address:**

**Phone:** (844) 627-4747



**CR<sup>2</sup>**  
Children's Regional  
Crisis Response

**Description:** CR2 provides 24-hour rapid response to all youth (21 and younger) facing a mental health and/or substance use crisis. CR2 will respond within 2 hours of a call, 24-hours a day, regardless of insurance or ability to pay. CR2 is known for diverting 90% of it's calls from hospitalization.

**Evidence Based Practices:** Evidence-Based Clinical Assessment Tools - Daily Living Activities (DLA-20); Child and Adolescent Strengths and Needs Assessment (CANS); Columbia Suicide Severity Rating Scale (C-SSRS)

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### **Cumberland Hospital**

[www.cumberlandhospital.com](http://www.cumberlandhospital.com)



**Contact Name:** Allison Dillow

**Contact Email:** [allison.dillow@uhsinc.com](mailto:allison.dillow@uhsinc.com)

**Company Address:** 1583 East Refuge Church Road, Stephens City, VA 22655

**Phone:** (540) 664-1861

**Description:** Since 1983, Cumberland Hospital has provided comprehensive medical rehabilitation for children and adolescents ages 2 to 22. Cumberland provides integrated care, combining medical, psychotherapeutic, rehabilitative, behavioral and educational services for young people challenged by both complex medical and emotional needs.

**Evidence Based Practices:**

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### **Elk Hill**

[www.elkhill.org](http://www.elkhill.org)



**Contact Name:** Alex Sullivan

**Contact Email:** [asullivan@elkhill.org](mailto:asullivan@elkhill.org)

**Company Address:** P.O. Box 99, Goochland, VA 23063

**Phone:** (804) 305-0797

**Description:** Elk Hill enables children and families to transform overwhelming challenges into successful futures. Through specialized education, community based services and residential treatment programs, children and families can discover the academic, vocational, behavioral, and relationship skills they need to be successful.

**Evidence Based Practices:**

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### **Embrace TFC**



[www.embraceTFC.com](http://www.embraceTFC.com)

**Contact Name:** Ronnie Behring

**Contact Email:** [Ronnie.gehring@embracetfc.com](mailto:Ronnie.gehring@embracetfc.com)

**Company Address:** 6345 Center Drive, Norfolk, VA 23502

**Phone:** (877) 900-5874

**Description:** Embrace TFC provides treatment foster homes across Virginia with specially-trained foster parents to care for the needs behaviorally disordered and medically fragile foster youth. Embrace utilizes a team approach in which dedicated parents, caring professionals, and treatment tools come together in supportive collaboration. Embrace TFC utilizes the evidence-based program "Love and Logic" in training our parents to work with youth.

**Evidence Based Practices:** Evidence-Based Programs - Love and Logic Evidence-Based Clinical Assessment Tools - Daily Living Activities (DLA-20); Child and Adolescent Strengths and Needs Assessment (CANS); Columbia Suicide Severity Rating Scale (C-SSRS)

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### Envision Counseling

[www.NCGenvision.com](http://www.NCGenvision.com)

**Contact Name:**

**Contact Email:**

**Company Address:**

**Phone:** (833) 698-4357

**Description:** Envision Counseling is a specialized outpatient therapy group with expertise in treating a variety of mental health conditions and substance use issues. Envision works with individuals and families of all ages and provides teletherapy in the states of Virginia and North Carolina.

**Evidence Based Practices:** Evidence-Based Clinical Assessment Tools - Daily Living Activities (DLA-20); Child and Adolescent Strengths and Needs Assessment (CANS); Columbia Suicide Severity Rating Scale (C-SSRS); Patient Health Questionnaire (PHQ-9); Adverse Childhood Experiences (ACES)

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### Extra Special Parent

[www.espva.org](http://www.espva.org)

**Contact Name:** Deborah Pryon

**Contact Email:** [alucy@espva.org](mailto:alucy@espva.org)

**Company Address:** PO Box 34477, Richmond, VA 23234



**Phone:** (804) 538-0239

**Description: Foster Care** - Our experienced, knowledgeable, and forward-thinking team is ready to assist you in finding a loving and supportive home for a child with or without special needs. We take extra special care to make sure that a child is placed in the most appropriate home to meet his/her needs. All families certified by Extra Special Parents have completed psychological evaluations, comprehensive home studies, and pre-service training on topics such as strength-based parenting, Virginia's foster care system, trauma informed care, behavior management, among other relevant topics. Our Treatment Foster Care Parents are also provided with monthly training and support groups that cover various parenting and foster care topics. **Adoption** - ESP received the Adoptions through Collaborative Partnerships (ATCP) Grant in 2014 and has since been working with various localities on successfully finalizing adoptions for foster children in need of their forever family. ESP has partnerships with over 15 localities and provides the support and services necessary to guarantee a stable and successful permanency placement. **Community-Based Services** - ESP, through its Community-Based Services division, offers innovative and evidence-based family support programs, which includes therapeutic mentoring, intact family casework, parent coaching, resource family casework, supervised visitation, independent living services, and Intensive Care Coordination (ICC). ICC provides community-based services through a family-driven, team-based, collaborative process to help families and youth who are at risk of being placed in or are currently in an out of home placement

**Evidence Based Practices:** Trauma-informed and strength-based practices in all of our services and incorporates Polyvagal Theory in parent coaching.

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## **Family Priority**

*www.familypriority.net*

**Contact Name:** Anne Stockbridge

**Contact Email:** [annestockbridge@familypriority.net](mailto:annestockbridge@familypriority.net)

**Company Address:** 11350 Random Hills Road, Suite 240, Fairfax, VA 22030

**Phone:** (703) 509-0779

**Description:** All mental health staff are Master's trained, School Refusal Program - Intensive (up to 15 hours a week), time limited, FFT - Functional Family Therapy - Intensive, time limited, family focused, supervised with FFT team, ABA - Applied Behavior Analysis - Developing programs dedicated to locations, Level III - When Residential Placement Is Too Much and Home Based Counseling Is Not Enough - ARC - Community Based Counseling- Individual support services/Family support services ARC Based - Attachment, Self Regulation, competency, Parent Coaching- Comprehensive Program - ARC Based , Therapeutic Mentoring, Therapeutic Supervised Visitation and Intensive In-Home Service Medicaid funded.

**Evidence Based Practices:** FFT, School Refusal, ABA, Parent Coaching, Level III

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## First Home Care

[www.firsthomecare.com](http://www.firsthomecare.com)



**Contact Name:** First Home Care

**Contact Email:** lori.fagan@uhsinc.com

**Company Address:** 1634 London Blvd., Portsmouth, VA 23704

**Phone:** (757) 393-7231

**Description:** First Home Care offers a continuum of services that support, train, advise, educate, nurture and treat children at risk, adults, and their families. We believe that individuals are best served and achieve the most positive outcomes if they remain in communities near their families and utilize natural support systems. We help individuals and their families develop concrete skills that sustain them in their efforts to become productive members of society. We believe all individuals are capable of developing the necessary skills to achieve their goals and we help them succeed in this endeavor.

**Evidence Based Practices:** PST (Parent Skills Training), Child Welfare Trauma Trained Toolkit

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## For Children'S Sake

[www.fcsva.org](http://www.fcsva.org)

**Contact Name:** Kelley Willis

**Contact Email:** kwillis@fcsva.org

**Company Address:** 14900 Bogle Drive, Chantilly, VA 20151

**Phone:** (703) 817-9890



**Description:** For Children's Sake is a private non-profit therapeutic foster care agency who provides services to youth of all ages. We offer therapeutic services to help families stay intact whenever possible. These services include mentoring, supervised visitation and outpatient psychotherapy for children, adults, and families.

**Evidence Based Practices:** Staff are trained in aspects of Motivational Interviewing, Functional Family Therapy and Cognitive Behavioral Therapy. FCS also utilizes the Child Behavioral Checklist, Teacher Report Form, and the Youth Self Report assessments through the Achenbach System of Empirically Based Assessments. FCS also utilizes the CARE2 Youth Behavior Assessment and Treatment Planning Tool with a youth's first 30 days of placement.

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## Fostering Acadia

[www.fosteringacadia.org](http://www.fosteringacadia.org)

**Contact Name:** Robert Vermont

**Contact Email:** [robert@fosteringacadia.org](mailto:robert@fosteringacadia.org)

**Company Address:** 5402 Glenside Drive, Henrico, VA 23228

**Phone:** (804) 335-5088

**Description:** Fostering Acadia is an independent living arrangement licensed by the Virginia Department of Social Services. Fostering Acadia offers several opportunities for older youth in foster care to achieve their goals. Please click the link below to find out more about our opportunities and services.

**Evidence Based Practices:**

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## Gatewood Children's Home

[www.gatewoodchildrenshomes.com](http://www.gatewoodchildrenshomes.com)

**Contact Name:** Kiva Gatewood

**Contact Email:** [kivagatewood@aol.com](mailto:kivagatewood@aol.com)

**Company Address:** 9109 Minglewood Lane, Mechanicsville, VA 23116

**Phone:** (804) 928-2561

**Description:** Gates to Success Independent Living Arrangement gives young men and women, 17-21, the ability to live on their own in a personalized, fully furnished, single occupancy apartment. The program promotes self-reliance and problem-solving skills once living on their own.

**Evidence Based Practices:**

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## Grafton

[www.grafton.org](http://www.grafton.org)

**Contact Name:** Robert Johnson

**Contact Email:** [robert.johnson@grafton.org](mailto:robert.johnson@grafton.org)

**Company Address:** 3150 Shawnee Drive, Winchester Virginia 22604

**Phone:** (804) 814-3136

**Description:** Grafton Integrated Health Network is a behavioral health organization partnering with individuals, families, and communities to deliver measurable results for children, adolescents and adults



with autism, intellectual disabilities, and complex mental health challenges. With over 60 years of clinical experience and evidence-based data.

**Evidence Based Practices:** DBT,CBT, Motivational Interviewing, Parent Mgt Training, ABA

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**Hallmark Youthcare**

*www.hallmarkyouthcare.org*



**Contact Name:** Vassi Griffis

**Contact Email:** [vassi.griffis@hallmarksystems.com](mailto:vassi.griffis@hallmarksystems.com)

**Company Address:** 12800 W Creek Parkway, Richmond, VA 23238

**Phone:** (804) 784-2200

**Description:** Hallmark Youthcare is an 82-bed safe and secure PRTF located in Richmond, VA. Programs offered males and females ages 11-17: Assessment & Diagnostic, Males with Sexually Acting Out behaviors (ages 12-17), Substance Use, Treatment for Exploited Children, and General Psychiatric Disorders

**Evidence Based Practices:** QRTP approved, CBT, DBT, Motivational Interviewing, and TF-CBT , Sanctuary Model®

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**Harbor Point Behavioral Health Center**

*www.harborpointbhc.com*



**Contact Name:** Michelle Laskey

**Contact Email:** [michelle.laskey@uhsinc.com](mailto:michelle.laskey@uhsinc.com)

**Company Address:** 4007 Hargrove Landing, Suffolk, VA 23435

**Phone:** (757) 681-0389

**Description:** Harbor Point Behavioral Health Center, located in Portsmouth, Virginia, treats residents who have experienced significant trauma. Our staff is committed to service excellence, teamwork, compassion and ethical and fair treatment for all.

**Evidence Based Practices:**

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**Health Connect America**

*www.healthconnectamerica.com*



**Contact Name:** Cassandra Winfrey



**Contact Email:** [cassie.winfrey@healthconnectamerica.com](mailto:cassie.winfrey@healthconnectamerica.com)

**Company Address:** 508 Autumn Spring Court, Suite 2A, Franklin, TN 37067

**Phone:** (434) 260-0671

**Description:** At Health Connect America, our programs offer a fresh, innovative approach to treatment and address the multiple needs of children, individuals, and families. Our steadfast goal is to support the preservation of families, adults and children at risk, and develop long term stability and improved lives. Our compassionate team members are here to connect with our clients and give them the space to find hope and healing.

**Evidence Based Practices:**

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### HopeTree Family Services

[www.HopeTreeFS.org](http://www.HopeTreeFS.org)

**Contact Name:** Joanna Coleman

**Contact Email:** joannac@hopetreefs.org

**Company Address:** 860 Mount Vernon Ln, Salem, VA 24153

**Phone:** (540) 797-4819

**Description:** HopeTree Family Services offers a wide range of ministries for at-risk youth across Virginia including Treatment Foster Care, Residential Care, and HopeTree Academy, our fully-accredited secondary educational program. We also serve adults with intellectual disabilities through our Developmental Disabilities Ministry (DDM) and currently operate 18 group homes throughout Virginia.

**Evidence Based Practices:**

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### Huntington Creek Recover Center

[www.huntingtoncreekrecovery.com](http://www.huntingtoncreekrecovery.com)

**Contact Name:** Sylvia Mongold

**Contact Email:** Sylvia.mongold@acadiahealthcare.com

**Company Address:** 7412 Shenandoah Avenue, Annandale, VA 22003

**Phone:** (571) 545-1256

**Description:** At Huntington Creek Recovery Center, we respect the strength and courage of each man and woman who chooses to get help for chemical dependency, and we honor the unique voice and perspective that each patient brings to the treatment experience. The day a person arrives on our campus, he or she joins a vibrant community that is dedicated to ensuring that he or she has the



focused services and ongoing support that will facilitate both short-term progress and long-term success.

**Evidence Based Practices:**

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**Impact Living Services**

[www.impactlivingservices.org](http://www.impactlivingservices.org)



**Contact Name:** Adam Pavao

**Contact Email:** adam@impactlivingservices.org

**Company Address:** 316 Brook Park Pl, Forest, VA 24551

**Phone:** (434) 533-1088

**Description:** Impact Living Services provides Independent Living Services for youth 17-21 aging out of foster care, outpatient therapy, and TFC services in other offices throughout Virginia.

**Evidence Based Practices:**

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**Inova Health**

[www.inova.com](http://www.inova.com)



**Contact Name:** Dr. Rick Leichtweis

**Contact Email:** Rick.Lleichtweis@inova.org

**Company Address:** Inova Kellar Center 11204 Waples Mill Road Fairfax, VA 22030

**Phone:** (703) 218-8500

**Description:** The Inova Kellar Center is Inova Health System's pediatric mental health, substance use disorder and special education service line. In addition to our continuum of mental health services for children and families, we also have The Kellar School which is a fully accredited therapeutic day school for children and adolescents in need of special education services due to a learning disorder, emotional disorder, autism or other health impairment that prevents them from being successful in the public school setting.

**Evidence Based Practices:**

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**Intercept Health**

[www.intercepthealth.com](http://www.intercepthealth.com)



**Contact Name:** Gail Giese

**Contact Email:** refer@intercepthealth.com

**Company Address:** 5511 Staples Mill Road, Suite 102, Richmond, VA 23228

**Phone:** (804) 440-3700

**Description:** Since 196, Intercept Health has grown from a group home provider to a full service provider of specialized programming across the care continuum. Intercept Health offers a variety of specialized services to meet the needs of individuals and families throughout the Commonwealth of Virginia.

**Evidence Based Practices:** Nurturing Parenting Program, Collaborative Problem Solving, Trauma Informed Care, Trauma Focused CBT, DBT, MST, ABA, PBIS

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### **Jackson-Feild Behavioral Health Services**

*www.jacksonfeild.org*



**Contact Name:** Nancy Philpy

**Contact Email:** nphilpy@jacksonfeild.org

**Company Address:** 546 Walnut Grove Drive, Jarratt, VA 23867

**Phone:** (434) 634-3217

**Description:** Jackson-Field, a PRTF located Jarratt, Virginia, provides high quality, innovative, intensive interventions for the multiple effects of trauma. The multimodal, uniquely designed trauma focused treatment is affective in helping adolescents with Mental Illness, Personality Disorders, Emotional Intensity Disorders, may be victims of sexual abuse, physical abuse, neglect and have poor familial relationships.

**Evidence Based Practices:** Trauma Focused Cognitive Behavioral Therapy; Neurotherapy; Dialectical Behavior Therapy ; Systems Training for Emotional Predictability and Problem Solving (STEPPS); Eye Movement Desensitization and Reprocessing (EMDR)

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### **Kempsville Behavioral Health**

*www.kempvillecbh.com*



**Contact Name:** Rosanne Foggin

**Contact Email:** rosanne.foggin@uhsinc.com

**Company Address:** 860 Kempsville Rd, Norfolk, VA 23502

**Phone:** (757) 461-4565

**Description:** When children or teens experience severe emotional crisis or struggle with ongoing behavioral issues, parents can turn to Kempsville Center for Behavioral Health for specialized care. Our

highly structured acute, partial and residential treatment programs focus on helping children and teens deal with feelings of depression, anxiety, anger and other mood and/or behavior disorders. Experienced professionals provide individualized treatment in a variety of settings: Therapeutic groups, Recreational activities, Individual, group and family therapy. Our treatment program is dedicated to helping children and teens who need help with: Medication management, Education services, Life and safety skills. With a continuum of care, we're here from the initial assessment through treatment, discharge planning and follow-up that may be needed with your own community providers.

**Evidence Based Practices:**

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**Konnect Apps, LLC**

*www.konnectapps.com*



**Contact Name:** Ann Perkins

**Contact Email:** [aperkins@konnectapps.com](mailto:aperkins@konnectapps.com)

**Company Address:** 1750 Allied Street, Suite B, Charlottesville, VA 22903

**Phone:** (434) 981-6010

**Description:** A mobile application supporting child welfare teams while they work towards family reunification and permanency for children.

**Evidence Based Practices:**

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**Lauris Online**

*www.ehrsoftware.co*



**Contact Name:** Greg Haynes

**Contact Email:** [greg@integratedimaging.com](mailto:greg@integratedimaging.com)

**Company Address:** 5916 Blackhorse Ln, Roanoke, VA 24018

**Phone:** (540) 309-5249

**Description:** Lauris Online is a custom, powerful, easy-to-use case management system. Designed specifically for professionals in the behavioral health, foster care, at-home healthcare and juvenile justice industries. Lauris Online's case management software is extremely flexible and easily configured to meet the unique needs of any sized organization.

**Evidence Based Practices:** Case Management Software

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**Lifeworks Outreach Services, Inc. dba Family Teamwork, Inc.**

Lifeworks Outreach Services



*www.familyteamwork.net*

**Contact Name:** Dr. Cynthia Agbayani

**Contact Email:** kiniagbayani@aol.com

**Company Address:** 4300 Ridgewood Center Drive, Unit A, Woodbridge, VA 22193

**Phone:** (703) 580-7210

**Description:** LifeWorks Outreach Services, Inc. was founded by Cynthia J. Agbayani, PhD, LPC, and Maureen V. Fannin, LCSW, in October 2006 to help children, youth, individuals and families reach improved levels of function through the delivery of strengths-based home-based counseling, mentoring, respite, mental health skills building, and comprehensive outpatient services.

**Evidence Based Practices:** TF-CBT, CC-CBT, MI

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### **Liberty Point Behavioral Healthcare Center**

*www.libertypointstaunton.com*

**Contact Name:** Timothy Hogan

**Contact Email:** [timothy.hogan@uhsinc.com](mailto:timothy.hogan@uhsinc.com)

**Company Address:** 1110 Montgomery Avenue, Staunton, VA 24401

**Phone:** (804) 517-2842

**Description:** Liberty Point Behavioral Healthcare, located in Staunton, Va., provides trauma-informed psychiatric residential treatment for young men. Our continuum of care is intended to meet the needs of adolescent males, ages 12 to 17, who are experiencing complex emotional, behavioral, and educational difficulties. Programs are specifically designed for youth with psychiatric disorders and co-occurring intellectual disabilities. We also specialize in working with young men who are diagnosed with autism spectrum disorder. Programs are offered at multiple levels of care to address the needs of each individual. Some youth may require a secure residential setting while others may benefit from a community-based residential treatment approach. Youth attend school and participate in vocational training at Liberty Point Academy located on the secure residential campus.

**Evidence Based Practices:**

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### **National Counseling Group**

*www.NCGcommunity.com*

**Contact Name:** Stephan Stark

**Contact Email:** stephan.stark@ncgcare.com

**Company Address:** PO Box 11247, Richmond, VA 23230



**Phone:** (877) 566-9624

**Description:** Established in 1993, National Counseling Group has grown to become the largest provider of community-based and evidence-based services in Virginia with 24 offices across the commonwealth. With a full continuum of services and supports, and a focus on quality, NCG remains available to meet all of your behavioral health needs.

**Evidence Based Practices:** Evidence-Based Programs - Multi-Systemic Therapy (MST); Functional Family Therapy (FFT); Parent-Child Interaction Therapy (PCIT) Evidence-Based Clinical Assessment Tools - Daily Living Activities (DLA-20); Child and Adolescent Strengths and Needs Assessment (CANS); Columbia Suicide Severity Rating Scale (C-SSRS); Youth Outcomes Questionnaire (Y-OQ); Patient Health Questionnaire (PHQ-9); Adverse Childhood Experiences (ACES); ASAM Levels of Care

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**Newport Healthcare**

*www.newporthealthcare.com*



**Contact Name:** Carolyn Probizansky

**Contact Email:** carolyn.probizansky@newporthealthcare.com

**Company Address:** 19200 Von Karman Ave, Irvine, CA 92612

**Phone:** (949) 994-0697

**Description:** In the face of multiple challenges impacting their resilience and well-being, teens and young adults need the highest-quality, most effective mental healthcare available. Newport Healthcare is answering that call with industry-leading treatment that's transforming the lives of young people and families across the country.

**Evidence Based Practices:**

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**North Springs Behavioral Healthcare**

*www.northspringleesburg.com*

**Contact Name:** Christy Evans

**Contact Email:** christy.evans@uhsinc.com

**Company Address:** 42009 Victory Lane, Leesburg, VA 20176

**Phone:** (703) 777-0800

**Description:** New Vision Counseling and Consulting, LLC is currently located in Springfield, VA but due to COVID-19 only providing telehealth services for all individuals in need of services. The current services that are being offer is individual therapy, substance abuse assessment, substance abuse individual sessions along with completing ASAP assessments.



**Evidence Based Practices:** Cognitive Behavioral Therapy and Client Centered Approach and EMDR pending

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**Northern Virginia Family Services**

[www.nvfs.org](http://www.nvfs.org)



**Contact Name:** Nita Lescher

**Contact Email:** [nlescher@nvfs.org](mailto:nlescher@nvfs.org)

**Company Address:** 10455 White Granite Drive, Suite 100, Oakton, VA 22124

**Phone:** (301) 310-7176

**Description:** Northern Virginia Family Service's (NVFS) breadth, depth and scope of services offer the resources and support to ensure that everyone in need, at every stage of life, maximizes their potential and fully contributes to a thriving community. We provide the essential building blocks for financial, emotional, and physical well-being, serving as leaders and innovators for the Northern Virginia community. Every year, we empower more than 35,000 individuals to achieve self-sufficiency. With these essential resources, our community is better equipped for future success and engagement among all of our neighbors.

**Evidence Based Practices:**

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**PHILLIPS Programs**

[www.phillipsprograms.org](http://www.phillipsprograms.org)



**Contact Name:** Karin Kelley

**Contact Email:** [karin.kelley@phillipsprograms.org](mailto:karin.kelley@phillipsprograms.org)

**Company Address:** 7010 Braddock Rd, Annandale, VA 22003

**Phone:** (703) 658-9054

**Description:** PHILLIPS Family Partners has skilled counselors and staff providing a variety of home and community based services. Family Partners offers the following services: home-based services, school refusal intervention, family training on de-escalation and responding to crises, therapeutic supervised visitation services, parent classes, autism diagnostic assessments, and Parent-Child Interaction therapy.

**Evidence Based Practices:** PHILLIPS Family Partners is excited to announce that we are now offering Parent Child-Interaction Therapy (PCIT), which is an evidence-based treatment for children ages 2-6.5 years old with behavioral and/or emotional concerns and their families. All of our other services incorporate many evidence-based approaches, such as CBT, DBT, and Trauma-Informed therapy.

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**PRS, Inc.**

[www.prsinc.org](http://www.prsinc.org)



**Contact Name:** Laura Fonner

**Contact Email:** lfonner@prsinc.org

**Company Address:** 10455 White Granite Drive, Suite 400, Oakton, VA 22124

**Phone:** (703) 622-6109

**Description:** PRS' Vision is to change and save lives in our community by empowering hope, safety, recovery, wellness, independence, and community integration. Established in 1963, our unique role in the community enables us to explore and quickly implement innovative models of service and program delivery while maintaining close relationships with the individuals we serve, their families and the community at large. Those services include Recovery Academies, PRS CrisisLink, Community Readiness and Support Program (CRSP), Community Support Services, Employment Services, Community Housing, BeWell, LINC (Linking Individuals and Navigating Care), Family Peer Supports, Loudoun Substance Abuse Peer Services. PRS individuals served are persons living with serious mental illnesses (such as schizophrenia, bi-polar disorder or major depression), mild intellectual disabilities, substance use disorders, autism spectrum disorder, and anyone who faces life crises. PRS' experience shows that with the proper services and support, individuals served can and do increase their independence and self-sufficiency. With PRS supports, the individuals we serve are taking critical steps to leading strong and fulfilling lives.

**Evidence Based Practices:**

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**Residential Youth Services**

[www.mycri.org](http://www.mycri.org)

**Contact Name:** Hans Wampler

**Contact Email:** hwampler@mycri.org

**Company Address:** 14160 Newbrook Drive, Chantilly, VA 20151

**Phone:** (804) 350-9675

**Description:** CRi is a community-based nonprofit organization with a focus on providing personalized resources to people with developmental disabilities & mental health needs. We believe in serving people within the communities in which they live, & have done so for 45 years.

**Evidence Based Practices:**

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**Springbrook Autism Behavioral Health**

[www.springbrookbehavioral.com](http://www.springbrookbehavioral.com)





**Contact Name:** Deanna Lindsey

**Contact Email:** [deanna.lindsey@springbrookbhs.com](mailto:deanna.lindsey@springbrookbhs.com)

**Company Address:** 1 Havenwood Lane, Suite B, Travelers Rest, SC 29690

**Phone:** (757) 560-8086

**Description:** There's nothing that makes parents feel more helpless than not being able to communicate with or effectively help their children. If your child is acting out, engaging in self-harming behaviors, becoming aggressive with others, or exhibiting any of the maladaptive behaviors associated with autism and other related diagnosis, reach out to the dedicated team at Springbrook. Our comprehensive autism program treats the whole child in addition to correcting the destructive behavior.

**Evidence Based Practices:**

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**STARS**

[www.thestarsprogram.com](http://www.thestarsprogram.com)



**Contact Name:** Nathalie Reaves

**Contact Email:** [ncarrington@thestarsprogram.com](mailto:ncarrington@thestarsprogram.com)

**Company Address:** 517 Park Street, Charlottesville, VA 22902

**Phone:** (434) 760-2381

**Description:** We are in Charlottesville, Virginia and have been serving at-risk youth since 1997. We provide a behavioral health group home for at-risk adolescents who need learning life skills and age-appropriate independent living skills, while in a safe and therapeutic environment. We currently have four homes throughout the community with the capacity to serve up to sixteen girls and sixteen boys. Youth come to S.T.A.R.S. from all parts of Virginia, referred by local Departments of Social Services, Family Assessment Planning Teams, local school systems, legal guardians, and other treatment facilities.

**Evidence Based Practices:**

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**The Barry Robinson Center**

[www.barryrobinson.org](http://www.barryrobinson.org)



**Contact Name:** Robert McCartney

**Contact Email:** [dthomasson@barryrobinson.org](mailto:dthomasson@barryrobinson.org)

**Company Address:** 443 Kempsville Rd, Norfolk, VA 23502

**Phone:** (757) 455-6274

**Description:** The Barry Robinson Center provides residential treatment for military-connected youth ages 6 through 17. Our 32 acre open campus is located on the border of Norfolk and Virginia Beach. Our program utilizes CBT, DBT, EMDR, Play Therapy and family trauma treatment model, Parenting with Love and & Limits. Additionally, BRC has provided quality Foster Care and foster parent training for over 25 years.

**Evidence Based Practices:** CBT, DBT, EMDR, Play Therapy, and PLL.

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### **The House, Inc.**

*www.thehouse-inc.com*



**Contact Name:** Todd McCormick

**Contact Email:** [info@thehouse-inc.com](mailto:info@thehouse-inc.com)

**Company Address:** 14000 Crown Court, Suite 105, Woodbridge, VA 22193

**Phone:** (703) 909-5459

**Description:** Named 'One of the Best' by the Catalogue for Philanthropy of Greater Washington, The House, Inc. Student Leadership Center, a nationally recognized youth development program is an originator and provider of out-of-school time programs for pre-teens and teens in Greater Washington, D.C. Now in its tenth year, The House ensures that pre-teens and teens are equipped with knowledge and skills they need to become future leaders. The House links young learners to organizations and individuals who offer support for their efforts. The House, Inc. Student Leadership Center program initiatives work to improve health, education, and employment outcomes for pre-teens and teens to ensure that all young people graduate from high school on course for college. Advancing its mission to improve the lives of children, The House is also the founder of the National Capital A Cinderella Ball held annually in Washington, DC.

**Evidence Based Practices:**

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### **The Hughes Center**

*www.thehughescenter.com*



**Contact Name:** Alison Waymouth

**Contact Email:** [alison.waymouth@uhsinc.com](mailto:alison.waymouth@uhsinc.com)

**Company Address:** 1601 Franklin Turnpike, Danville, VA 24540

**Phone:** (434) 770-2522

**Description:** Located in South Central Virginia, The Hughes Center is a highly structured psychiatric residential treatment facility (PRTF) for youth ages 10–22 with neurodevelopmental disorders. The Hughes Center also provides private, community-based educational services. We provide both

individualized and holistic care for adolescents and young adults with intellectual and developmental disabilities (IDD) in a nurturing, family-friendly environment. We utilize a multidisciplinary team approach to provide comprehensive evaluations and evidence-based treatment (and educational) interventions with the intent to increase each youth's level of functional independence. Our team also works diligently to address or manage medical conditions and challenging behaviors that are often associated with individuals who are diagnosed with neurodevelopmental disorders. We challenge our residents adapt to and apply learned skills within new environments and situations, and to maintain functional use of these skills when they return to their homes or other community-based settings. The Hughes Center is TRICARE®-certified and accepts a number of insurance options. Contact us for more information.

**Evidence Based Practices:**

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**Three Rivers Treatment Center**

*www.3rtc.com*

**Contact Name:** Wendi True

**Contact Email:** wendi@3rtc.com

**Company Address:** 411 College Circle, Staunton, VA 24401

**Phone:** (434) 676-1378

**Description:** Three Rivers Treatment Center in Kenbridge, VA provides treatment programs to teenagers aged 11 to 17 who are experiencing long term behavioral health issues. Through a comprehensive therapeutic treatment program, we help the youth who are facing: Cognitive challenges, Emotional distress, Self injury, Substance Abuse, Developmental delays, Dual diagnose, Court/Legal involvement

**Evidence Based Practices:** EMDR

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**Timber Ridge**

*www.Timberridgeschool.org*

**Contact Name:** Adam Collis

**Contact Email:** collis@trschoool.org

**Company Address:** 1463 New Hope Road, Cross Junction, VA 22604

**Phone:** (540) 550-4790



**Description:** Timber Ridge School transforms the lives of emotionally disturbed and behaviorally disordered adolescent males between the ages of 10 and 21 with a goal of reuniting them successfully with their families and communities. At Timber Ridge we offer Substance Abuse Services, Residential Services, Educational Services and Enhanced Services all specifically designed to provide the best services for youth.

**Evidence Based Practices:** Family Inclusion, Therapeutic Crisis Intervention, Trauma Informed Care, Contingency Management, S.E.L.F Curriculum, Living in Balance, CBT, Psychopharmacology, Character Education - Wisdom of Life Curriculum

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### Transitions...The Process of Change

*www.transitionscorp.com*

**Contact Name:** Blanca Hernandez

**Contact Email:** [bhernandez@transitionscorp.com](mailto:bhernandez@transitionscorp.com)

**Company Address:** 101 S. Whiting Street, 1600, Alexandria, VA 22314

**Phone:** (571) 551-1650

**Description:** Transitions... the Process of Change I & II strive to provide exceptional mental health, behavioral health, and substance abuse services to individuals, families, and groups of those in need of services on all levels.

**Evidence Based Practices:**

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### Trauma And Hope

*www.traumaandhope.com*

**Contact Name:** Deepa Patel

**Contact Email:** [dpatel@traumaandhope.com](mailto:dpatel@traumaandhope.com)

**Company Address:** 5417 Backlick Rd, Suite C, Springfield, VA 22151

**Phone:** (571) 366-0086

**Description:** Trauma and Hope educates, advocates, and helps build communities of well-being by providing individuals and families a range of prevention, intervention, and behavioral health treatment services. We provide services trauma focused services for children, teens and adults. In addition, T&H provides consultation services for cases involving human trafficking, gangs and problem sexual behaviors/sex offender.

**Evidence Based Practices:** CBT and DBT

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### T|H Trauma and Hope



## **Tutoring For Success**

*www.tutoringforsuccess.com*

**Contact Name:** Cheryl Gedzelman

**Contact Email:** cherylg@tutoringforsuccess.com

**Company Address:** 13159 Applegrove Ln, Herndon, VA 20171

**Phone:** (703) 390-9220

**Description:** We provide expert home-based and online tutoring services, academic coaching, and test preparation for all ages and subjects. Our tutors are carefully screened and have college degrees, significant experience, and completed background and reference checks. We have contracts with both Arlington and Fairfax counties and serve the entire DMV area.

**Evidence Based Practices:** Our tutors use visual, auditory, and kinesthetic methods of instruction. Tutoring is interactive and hands-on. Academic coaching uses evidence-based techniques for organization, planning, and time management.

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## **UMFS**

*www.umfs.org*

**Contact Name:** Dani Halbleib

**Contact Email:** dhalbleib@umfs.org

**Company Address:** 3900 W. Broad Street, RICHMOND, VA 23230

**Phone:** (804) 353-4461

**Description:** UMFS is a child & family services organization that provides Psychiatric Residential Treatment in two facilities/locations (Child & Family Healing Center & Leland House), Private Day School services (Charterhouse School), Treatment Foster Care & Adoption services, and Community-Based services such as Intensive Care Coordination, FFT and Family Support Partners.

**Evidence Based Practices:** Functional Family Therapy, High Fidelity Wraparound Services Collaborative Problem Solving through all programs which is an evidenced-based behavior management practice.

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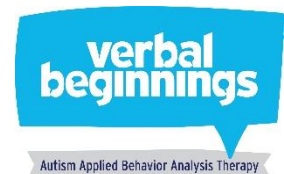
## **Verbal Beginnings**

*www.verbalbeginnings.com*

**Contact Name:** Nicole Dunkle

**Contact Email:** l.legare@verbalbeginnings.com

**Company Address:** 7090 Samuel Morse Dr. Ste 100, Columbia, MD 21046



**Phone:** (443) 733-1271

**Description:** Verbal Beginnings provides Applied Behavior Analysis (ABA) therapy to children ages 2-18 diagnosed with Autism Spectrum Disorder (ASD). Using positive reinforcement and measurable goals, ABA is used to increase desired behavior across a variety of settings and social environments. It's an individualized approach tailored to a child's specific needs.

**Evidence Based Practices:** Applied Behavior Analysis (ABA)

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**Victory Life, LLC**

*www.victorylife.com*



**Contact Name:** Sherri McFaden

**Contact Email:** [victorylife@gmail.com](mailto:victorylife@gmail.com)

**Company Address:** 9109 Wood Ibis Court, Spotsylvania, VA 22553

**Phone:** (703) 398-0183

**Description:** Victory Life was established in 2018 focused on empowering students to make functional progress in their homes, school, and communities. Services are provided in a various settings where the students resides, such as their home and community (including foster homes, group homes, detention centers and other appropriate community settings). We believe for a student to reach their full potential, consistent and reliable support is essential. Victory Life mentors empower students to develop the necessary life skills needed to achieve their academic and career goals. Our therapeutic mentoring program believes students should take ownership of their life leaving a longstanding legacy.

**Evidence Based Practices:**

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**Virginia Home For Boys And Girls**

*www.VHBG.org*

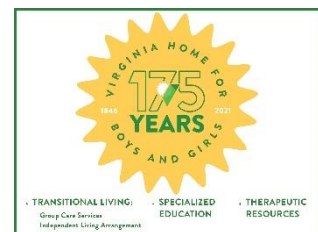
**Contact Name:** Christopher Campbell

**Contact Email:** [ccampbell@vhbg.org](mailto:ccampbell@vhbg.org)

**Company Address:** 8716 west broad, Henrico, VA 23294

**Phone:** (804) 270-6566

**Description:** Virginia Home for Boys and Girls is a nonprofit organization that has been serving youth in crisis since 1846. VHBG provides Transitional Living Services (DSS Group Home and ILA), Specialized Education (K-12 Private Day), and therapeutic resources (Outpatient Counseling and Psychiatric Services) to youth with emotional and behavioral health concerns.



**Evidence Based Practices:** Evidence Based and Trauma Informed, The Teaching-Family Model

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**Youth For Tomorrow**

*www.youthfortomorrow.org*



**Contact Name:** Lawrence Schuster

**Contact Email:** LSchuster@yftva.com

**Company Address:** 11835 Hazel Circle Dr., Bristow, VA 20136

**Phone:** (703) 368-7995

**Description:** Youth For Tomorrow's residential program is designed for adolescents who are in need of a structured therapeutic environment due to behavioral, emotional or developmental needs. Youth For Tomorrow has three national accreditations: Council on Accreditation, Advanced ED, Joint Commission, The Virginia Association of Independent Specialized Education Facilities and accepts most private insurances

**Evidence Based Practices:** Trauma Focused Cognitive Behavioral Therapy, Matrix Model, Positive Behavioral Intervention and Support Model, Arise, Power Source parenting, Forward-Focused Mode (FFM), Cognitive-behavioral theory,