Run Rocklin's History and Transition to Rocklin PAL

Run Rocklin was originally created by a small group of dedicated Rocklin residents who wanted to establish a community-oriented run/walk event that would benefit local organizations and causes. From its inception, the group committed to choosing a different beneficiary each year and built a well organized event format that has stood the test of time. In partnership with the City of Rocklin this group laid the foundation for what would become one of Rocklin's signature events.

The first race was in 2004 and it was themed for St. Patrick's Day, and was held in March and benefited the group that ended up moving the St. Mary's Church to its current location. In year two the event raised funds for the Placer County Library.

After two successful years, the original organizers, led by Kate Hay, chose to step down. They passed the responsibility and ownership of the event to Larry Osborne, who came to Rocklin in 1978. Larry was a very active runner and community member involved in several community serving organizations in Rocklin. Larry's passion for running and community made him a perfect fit to take on this amazing event that continued to grow.

In 2007, the event was officially renamed Run Rocklin and has since grown in both size and impact. It continues to serve local and national community organizations through its proceeds and strong community involvement.

In 2009, the Matt Redding Foundation was added as the Primary Beneficiary, honoring the legacy of fallen Rocklin police officer Matt Redding, and supporting youth leadership and safety programs.

As Run Rocklin continues to evolve, we're proud to announce that the Rocklin Police Activities League (PAL) is now the primary beneficiary of the Run Rocklin event.

What is Rocklin PAL?

The Rocklin Police Activities League is a non-profit organization that works to build positive relationships between youth and law enforcement officers through educational, athletic, and leadership programs. Their goal is to provide safe, constructive activities that promote personal development and community engagement for local youth—especially those who might not otherwise have access to such opportunities.

How PAL Serves the Community:

- Offers after-school and weekend programs that keep kids engaged in positive activities.
- Builds trust and mentorship between officers and youth.
- Provides scholarships, sports leagues, leadership training, and volunteer opportunities.
- Reduces juvenile crime through early intervention and relationship-building.

By supporting Run Rocklin, participants and sponsors are directly helping PAL continue its mission of empowering Rocklin's youth and strengthening our community.