Lacey Fowler

Experience

2023 Real Pilates- Studio Experience Team

- Clean and organize Real Pilates studios in exchange for group classes.
- Make sure the studios sparkle by washing mirrors, windows, vacuum, swiffering, taking out trash, organizing shelves etc.

2022-2023 The Gaga Center- Coach

- Lead kids through an exercise program and organized gameplay.
- Facilitate birthday parties, classes, and drop-in gaga ball games.

2023 The Little Gym-Coach

- Lead kids through a specific gymnastic and play program.
- Facilitate gymnastics inspired birthday parties, classes, and camps.

2021-2022 Angie's Dance Studio- Dance Teacher

- Instruct children ages 2-9 in ballet, tap, jazz, hip-hop, and tumbling.
- Create lesson plans, communicate with parents, and provide positive encouragement.

2019-2023 Variety the Children's Charity of St. Louis- Camp Counselor

- Work with children and teens with disabilities during winter & summer break.
- Help campers participate in arts/crafts, music, sports, swimming, ice-skating, etc.

2021-2022 Dance Time LLC- Office Assistant

- Process new enrollments, data entry, and class preparation.
- Manage social media content.

2022-2023 Weissman Dancewear Solutions- Freelance Choreographer

- Create short dance combinations for models to show how costumes look in motion.
- Help steam, find, and organize costumes.

2018-2020 Enchanted Events- Character Performer

- Dress up as different famous princesses and appear at birthday parties, parades, etc.
- Read storybooks, sing songs, play games, and pose for pictures as a specific character.

Education

2022-2023 Marymount Manhattan College- New York, NY

• BFA dance major with a concentration in jazz

2018-2022 St. Dominic High School- O'fallon, MO

- Graduated Cum Laude.
- Member of National Honors Society and National Art Honors Society
- Senior Peer Minister
- 2 year Co-Captain of Varsity Dance Team

<u>Skills</u>

Creativity Leadership Communication Active Listening
Public Speaking Patience Willingness to Learn