

# What are WaterBaby classes?

The WaterBaby program at Maley Swim School is a parent/child class for children ages 6 months to 2 ½ years. The program is designed to gently introduce little ones to the basic fundamentals of swimming. By starting children early, we are able to help them become comfortable in the water at a very young age rather than developing a fear that can hinder their willingness to swim for years to come. Maley Swim School is certified in Infant/Toddler Swimming by the United States Swim School Association, and our WaterBaby instructors are specially trained just for this program.

## WaterBaby 1 (Intro to the Water)

For students ages 6 months to 2 ½ years. Classes last 30 minutes. Parents are in the water.

#### Goals

- Happy to Be Swimming
- Eyes in The Water
- Independent Propulsion
- Basic Breath Control

### WaterBaby 2 (Building Skills)

For students ages 6 months to 2 ½ years. Classes last 30 minutes. Parents are in the water.

#### Goals

- Increase Breath Control
- Swim 3 feet
- Standing Jump
- Float on Back for 3 seconds

### WaterBaby 3 (Parental Separation)

For students ages 2+. Classes last 30 minutes. Parents wait in the observation room.

#### Goals

- Successful Parental Separation
- Swim 5 feet
- Humpty Dumpty
- Float on Back for 5 seconds

# What comes after WaterBabies?

Once a student has completed and/or aged out of WaterBabies, they move to lessons in our regular pool. WaterBaby 3 provides students who are used to having their parent in the water an easier transition to formal group lessons with just an instructor. WaterBaby students typically enroll in WaterTot when moving to the main pool