

**PERSONAL INFORMATION**

Name \_\_\_\_\_ Gender  M  F  
\*If Female, are you pregnant?  No  Yes  
Today's Date \_\_\_\_\_ Birthdate \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_  
What is your occupation? \_\_\_\_\_ Employer: \_\_\_\_\_  
Have you seen a chiropractor before?  No  Yes, Who? (most recent) \_\_\_\_\_  
Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_  
Emergency Contact Phone Number \_\_\_\_\_  
Social Security Number (For VA Patients only) \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  N/A  
Are you  Military  Veteran  Military/Veteran Spouse  N/A  
How did you hear about us?  Facebook  Google Search  Referred by \_\_\_\_\_  Other \_\_\_\_\_

**OFFICE VISIT REASON**

**CHIEF COMPLAINT**

1. \_\_\_\_\_  
How long has this been an issue? \_\_\_\_\_ From 1-10, with 10 being the worst, how would you rate this issue? \_\_\_\_\_  
What does the pain feel like?  Aching  Throbbing  Sharp  Shooting  Numb  Tingling  
Since the onset, it has:  Stayed the same  Gotten better  Gotten worse  
• Does your condition affect:  Sleep  Work  Daily Routine  Sitting  Driving  
• What makes it better? \_\_\_\_\_  Nothing  
• What makes it worse? \_\_\_\_\_  Nothing  
• Have you had this issue treated before?  No  Yes  
◦ If Yes, What type of treatments? \_\_\_\_\_  
What were the results of the treatment?  Same  Better  Worse  Other \_\_\_\_\_

**OTHER COMPLAINTS**

2. \_\_\_\_\_  
How long has this been an issue? \_\_\_\_\_ From 1-10, with 10 being the worst, how would you rate this issue? \_\_\_\_\_  
What does the pain feel like?  Aching  Throbbing  Sharp  Shooting  Numb  Tingling  
Since the onset, it has:  Stayed the same  Gotten better  Gotten worse  
• Does your condition affect:  Sleep  Work  Daily Routine  Sitting  Driving  
• What makes it better? \_\_\_\_\_  Nothing  
• What makes it worse? \_\_\_\_\_  Nothing  
• Have you had this issue treated before?  No  Yes  
◦ If Yes, What type of treatments? \_\_\_\_\_  
• What were the results of the treatment?  Same  Better  Worse  Other \_\_\_\_\_

3. \_\_\_\_\_  
How long has this been an issue? \_\_\_\_\_ From 1-10, with 10 being the worst, how would you rate this issue? \_\_\_\_\_  
What does the pain feel like?  Aching  Throbbing  Sharp  Shooting  Numb  Tingling  
Since the onset, it has:  Stayed the same  Gotten better  Gotten worse  
• Does your condition affect:  Sleep  Work  Daily Routine  Sitting  Driving  
• What makes it better? \_\_\_\_\_  Nothing  
• What makes it worse? \_\_\_\_\_  Nothing  
• Have you had this issue treated before?  No  Yes  
◦ If Yes, What type of treatments? \_\_\_\_\_  
• What were the results of the treatment?  Same  Better  Worse  Other \_\_\_\_\_

**GENERAL HEALTH HISTORY**

Do you have or have you had any of the following conditions? (Check if Applicable)

- |   |   |
|---|---|
| <input type="checkbox"/> Anemia                               | <input type="checkbox"/> Diabetes                               |
| <input type="checkbox"/> Arthritis (Type _____)               | <input type="checkbox"/> Emphysema                              |
| <input type="checkbox"/> Asthma                               | <input type="checkbox"/> Endocrine Problems                     |
| <input type="checkbox"/> Chronic Fatigue Syndrome (CFS)       | <input type="checkbox"/> Gastrointestinal Reflux Disease (GERD) |
| <input type="checkbox"/> Chronic Kidney Disease (CKD)         | <input type="checkbox"/> Hepatitis                              |
| <input type="checkbox"/> Obstructive Pulmonary Disease (COPD) | <input type="checkbox"/> HIV/AIDS                               |
| <input type="checkbox"/> Clotting Disorder                    | <input type="checkbox"/> Hypertension                           |
| <input type="checkbox"/> Congestive Heart Failure             | <input type="checkbox"/> Irritable Bowel Syndrome (IBS)         |
| <input type="checkbox"/> Crohn's Disease                      | <input type="checkbox"/> Kidney Disease                         |
| <input type="checkbox"/> Depression                           | <input type="checkbox"/> Migraines                              |
|   | <input type="checkbox"/> CANCER _____                           |

**PERSONAL SURGICAL HISTORY**

Have you had any surgeries?  No  Yes, Explain (Type and Year) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**INJURY HISTORY**

Is there a history of any other injuries?  No  Yes,  
Please describe \_\_\_\_\_

**FAMILY HISTORY**

Are there any relevant diseases in your immediate family such as cancers or heart conditions?  No  Yes,  
Please describe \_\_\_\_\_

**Was this injury due to an auto accident?  No  Yes (If yes, please fill out below)**

**AUTO ACCIDENT**

Date of accident? \_\_\_\_\_  
Adjusters name? \_\_\_\_\_  
Adjusters phone # (if known) \_\_\_\_\_ Email Address \_\_\_\_\_  
Number of passengers? \_\_\_\_\_  
Do you have MEDPAY/PIP?  Unknown  No  Yes, Do you know your limit ? \_\_\_\_\_  
Who is **YOUR** auto insurance carrier \_\_\_\_\_ What is **YOUR** Claim #? \_\_\_\_\_  
Were you seen at a medical facility since the accident occurred?  No  Yes  
If yes, please provide Clinic/Doctor/Hospital Name & City:  
1. \_\_\_\_\_  
2. \_\_\_\_\_

## THE NATURE OF CHIROPRACTIC TREATMENT

Chiropractic treatment primarily involves the manual manipulation of the treated area using the chiropractor's hands or mechanical devices. During treatment, you may experience sensations like clicks, pops, and movement. Additionally, our office may utilize various modalities in your care, as recommended by your chiropractor based on their professional judgment.

## POSSIBLE RISKS

Chiropractic treatment for pain is safe and the majority of patients experience decreased pain and improved mobility. Approximately 30% of patients experience slightly increased pain in the treated area, possibly due to minor muscle, tendon, or ligament strain. When this occurs within the first few days of treatment, the increased pain is brief and returns to baseline or improves over the next few days. Increased pain may also occur with exercise, heat, cold, and electrical stimulation. Possible skin irritation or burns may occur with thermal or electrical therapy.

It's important to note that serious bodily harm is extremely rare and not an inherent risk of chiropractic treatments. Various factors can influence one's health, including prior injuries, medications, and underlying medical conditions like osteoporosis, cancer, and other illnesses. When such conditions are present, chiropractic treatment may carry the risk of serious adverse events, including fractures, dislocations, or the exacerbation of previous injuries to ligaments, intervertebral discs, nerves, or the spinal cord. It's essential for patients to remain vigilant and seek medical and/or chiropractic care if they experience symptoms suggestive of stroke or cerebrovascular injury. Your chiropractor is well-informed about this association and will assess for relevant symptoms when appropriate. It is imperative to disclose your full medical history, including medications, surgeries, and all relevant health conditions like osteoporosis, heart disease, cancer, stroke, fractures, or prior severe injuries.

## OTHER OPTIONS FOR THE TREATMENT OF PAIN INCLUDE

*Apart from chiropractic care, alternative approaches to managing pain include doing nothing and living with it, over-the-counter medications, physical therapy, medical interventions, injections, or surgery.* There is a multitude of pain management options, each carrying potential benefits and risks. We encourage you to ask any questions you may have about the potential risks associated with chiropractic treatment.

I, the undersigned, confirm that I have read and understood the information provided above, including the potential risks associated with chiropractic treatment, and have had the opportunity to inquire about any concerns I may have. I have disclosed my relevant medical history, as well as any conditions that have previously caused me pain.

\_\_\_\_\_

Patient Name

\_\_\_\_\_

Signature

\_\_\_\_\_

Date

## PATIENT SIGNATURE

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

*I agree to pay a no-call, no-show fee on subsequent appointments if I have a scheduled appointment and don't show up. (Reschedules are **always** welcome.)*