

12g 138 servings
16g 104 "

SEAFOOD Gumbo

13gS pot

PREPARED BY	
DATE	

- 1 2lb flour @ oil
- 2 15lb onions
- 3 10^{gar} garlic
- 4 1 CELERY STALKS
- 5 8 BELL PEPPERS
- 6 5 bunches GREEN ONIONS "shallots"
- 7 1 bunch PARSLEY
- 8 20lb Shrimp
- 9 3lb CRAB meat white @ claw
- 10 3lb CRAB CLAWS
- 11 2 CRAB BASE or SEAFOOD BASE
- 12 4 JAR CLAM JUICE or OYSTERS WATER
- 13 1 CENTER CUT HAM
- 14 4lb ANDOUILLE SAUSAGE
- 15 2 ROTEL Tomatoes Diced
- 16 Bay LEAVES
- 17 MC Cormick SEASON ALL