

# WEIGHTS & PORTIONS GUIDE

## WEIGHTS & PORTIONS

This chart permits easy adjustment of basic recipes for the number of portions actually needed. For example, a basic 100 portion recipe calls for seven ounces of a particular ingredient. When adjusting to 25 portions, find the column headed 100 Portions and move down to the space marked 7 oz. Then move horizontally to the column headed 25 portions where the figure 1-3/4 oz. appears as the number of ounces of the ingredient to be used.

| 25 Portions | 50 Portions | 75 Portions | BASIC 100 Portions | 200 Portions | 300 Portions | 400 Portions | 500 Portions | 600 Portions | 700 Portions | 800 Portions | 900 Portions  | 1000 Portions |
|-------------|-------------|-------------|--------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|
| -           | -           | 1/8 oz.     | 1/8 oz.            | 1/4 oz.      | 3/8 oz.      | 1/2 oz.      | 5/8 oz.      | 3/4 oz.      | 7/8 oz.      | 1 oz.        | 1-1/8 oz.     | 1-1/4 oz.     |
| -           | -           | 1/6 oz.     | 1/6 oz.            | 1/3 oz.      | 1/2 oz.      | 2/3 oz.      | 5/6 oz.      | 1 oz.        | 1-1/6 oz.    | 1-1/3 oz.    | 1-1/2 oz.     | 1-2/3 oz.     |
| -           | -           | 1/5 oz.     | 1/5 oz.            | 1/5 oz.      | 3/5 oz.      | 4/5 oz.      | 1 oz.        | 1-1/5 oz.    | 1-2/5 oz.    | 1-3/5 oz.    | 1-4/5 oz.     | 2 oz.         |
| -           | -           | 1/4 oz.     | 1/4 oz.            | 1/2 oz.      | 3/4 oz.      | 1 oz.        | 1-1/4 oz.    | 1-1/2 oz.    | 1-3/4 oz.    | 2 oz.        | 2-1/4 oz.     | 2-1/2 oz.     |
| -           | -           | 1/3 oz.     | 1/3 oz.            | 2/3 oz.      | 1 oz.        | 1-1/3 oz.    | 1-2/3 oz.    | 2 oz.        | 2-1/3 oz.    | 2-2/3 oz.    | 3 oz.         | 3-1/3 oz.     |
| -           | 1/4 oz.     | 3/8 oz.     | 1/2 oz.            | 1 oz.        | 1-1/2 oz.    | 2 oz.        | 2-1/2 oz.    | 3 oz.        | 3-1/2 oz.    | 4 oz.        | 4-1/2 oz.     | 5 oz.         |
| -           | 1/3 oz.     | 1/2 oz.     | 2/3 oz.            | 1-1/3 oz.    | 2 oz.        | 2-2/3 oz.    | 3-1/3 oz.    | 4 oz.        | 4-2/3 oz.    | 5-1/3 oz.    | 6 oz.         | 6 oz.         |
| 3/8 oz.     | 5/8 oz.     | 3/4 oz.     | 1-1/2 oz.          | 2-1/4 oz.    | 3 oz.        | 3-3/4 oz.    | 4-1/2 oz.    | 5-1/4 oz.    | 6 oz.        | 6-3/4 oz.    | 7-1/2 oz.     | 8-1/4 oz.     |
| 1/4 oz.     | 1/2 oz.     | 3/4 oz.     | 1 oz.              | 2 oz.        | 3 oz.        | 4 oz.        | 5 oz.        | 6 oz.        | 7 oz.        | 8 oz.        | 9 oz.         | 10 oz.        |
| 1/2 oz.     | 1 oz.       | 1-1/2 oz.   | 2 oz.              | 4 oz.        | 6 oz.        | 8 oz.        | 10 oz.       | 12 oz.       | 14 oz.       | 1 lb.        | 1 lb. 2 oz.   | 1 lb. 4 oz.   |
| 3/4 oz.     | 1-1/2 oz.   | 2-1/4 oz.   | 3 oz.              | 6 oz.        | 9 oz.        | 12 oz.       | 15 oz.       | 1 lb. 2 oz.  | 1 lb. 5 oz.  | 1 lb. 8 oz.  | 1 lb. 11 oz.  | 1 lb. 14 oz.  |
| 1 oz.       | 2 oz.       | 3 oz.       | 4 oz.              | 8 oz.        | 12 oz.       | 1 lb.        | 1 lb. 4 oz.  | 1 lb. 8 oz.  | 1 lb. 12 oz. | 2 lb.        | 2 lb. 4 oz.   | 2 lb. 8 oz.   |
| 1-1/4 oz.   | 2-1/2 oz.   | 3-3/4 oz.   | 5 oz.              | 10 oz.       | 15 oz.       | 1 lb. 4 oz.  | 1 lb. 9 oz.  | 1 lb. 14 oz. | 2 lb. 3 oz.  | 2 lb. 8 oz.  | 2 lb. 13 oz.  | 3 lb. 2 oz.   |
| 1-1/2 oz.   | 3 oz.       | 4-1/2 oz.   | 6 oz.              | 12 oz.       | 1 lb. 2 oz.  | 1 lb. 8 oz.  | 1 lb. 14 oz. | 2 lb. 4 oz.  | 2 lb. 10 oz. | 3 lb.        | 3 lb. 6 oz.   | 3 lb. 12 oz.  |
| 1-3/4 oz.   | 3-1/2 oz.   | 5-1/4 oz.   | 7 oz.              | 14 oz.       | 1 lb. 5 oz.  | 1 lb. 12 oz. | 2 lb. 3 oz.  | 2 lb. 10 oz. | 3 lb. 1 oz.  | 3 lb. 8 oz.  | 3 lb. 15 oz.  | 4 lb. 6 oz.   |
| 2 oz.       | 4 oz.       | 6 oz.       | 8 oz.              | 1 lb.        | 1 lb. 8 oz.  | 2 lb.        | 2 lb. 8 oz.  | 3 lb.        | 3 lb. 8 oz.  | 4 lb.        | 4 lb. 8 oz.   | 5 lb.         |
| 2-1/4 oz.   | 4-1/2 oz.   | 6-3/4 oz.   | 9 oz.              | 1 lb. 2 oz.  | 1 lb. 11 oz. | 2 lb. 4 oz.  | 2 lb. 13 oz. | 3 lb. 6 oz.  | 3 lb. 15 oz. | 4 lb. 8 oz.  | 4 lb. 1 oz.   | 5 lb. 10 oz.  |
| 2-1/2 oz.   | 5 oz.       | 7-1/2 oz.   | 10 oz.             | 1 lb. 4 oz.  | 1 lb. 14 oz. | 2 lb. 8 oz.  | 3 lb. 2 oz.  | 3 lb. 12 oz. | 4 lb. 6 oz.  | 5 lb.        | 5 lb. 10 oz.  | 6 lb. 4 oz.   |
| 2-3/4 oz.   | 5-1/2 oz.   | 8-1/4 oz.   | 11 oz.             | 1 lb. 6 oz.  | 2 lb. 1 oz.  | 2 lb. 12 oz. | 3 lb. 7 oz.  | 4 lb. 2 oz.  | 4 lb. 13 oz. | 5 lb. 8 oz.  | 6 lb. 3 oz.   | 6 lb. 14 oz.  |
| 3 oz.       | 6 oz.       | 9 oz.       | 12 oz.             | 1 lb. 8 oz.  | 2 lb. 4 oz.  | 3 lb.        | 3 lb. 12 oz. | 4 lb. 8 oz.  | 5 lb. 4 oz.  | 6 lb.        | 6 lb. 12 oz.  | 7 lb. 8 oz.   |
| 3-1/4 oz.   | 6-1/2 oz.   | 9-1/2 oz.   | 13 oz.             | 1 lb. 10 oz. | 2 lb. 7 oz.  | 3 lb. 4 oz.  | 4 lb. 1 oz.  | 4 lb. 14 oz. | 5 lb. 11 oz. | 6 lb. 8 oz.  | 7 lb. 5 oz.   | 8 lb. 2 oz.   |
| 3-1/2 oz.   | 7 oz.       | 10-1/2 oz.  | 14 oz.             | 1 lb. 12 oz. | 2 lb. 10 oz. | 3 lb. 8 oz.  | 4 lb. 6 oz.  | 5 lb. 4 oz.  | 6 lb. 2 oz.  | 7 lb.        | 7 lb. 14 oz.  | 8 lb. 12 oz.  |
| 3-3/4 oz.   | 7-1/2 oz.   | 11-1/4 oz.  | 15 oz.             | 1 lb. 14 oz. | 2 lb. 13 oz. | 3 lb. 12 oz. | 4 lb. 11 oz. | 5 lb. 10 oz. | 6 lb. 9 oz.  | 7 lb. 8 oz.  | 8 lb. 7 oz.   | 9 lb. 6 oz.   |
| 4 oz.       | 8 oz.       | 12 oz.      | 1 lb.              | 2 lb.        | 3 lb.        | 4 lb.        | 5 lb.        | 6 lb.        | 7 lb.        | 8 lb.        | 9 lb.         | 10 lb.        |
| 5 oz.       | 10 oz.      | 15 oz.      | 1 lb. 4 oz.        | 2 lb. 8 oz.  | 3 lb. 12 oz. | 5 lb.        | 6 lb. 4 oz.  | 7 lb. 8 oz.  | 8 lb. 12 oz. | 10 lb.       | 11 lb. 4 oz.  | 12 lb. 8 oz.  |
| 6 oz.       | 12 oz.      | 1 lb. 2 oz. | 1 lb. 8 oz.        | 3 lb.        | 4 lb. 8 oz.  | 6 lb.        | 7 lb. 8 oz.  | 9 lb.        | 10 lb. 8 oz. | 12 lb.       | 13 lb. 8 oz.  | 15 lb.        |
| 7 oz.       | 14 oz.      | 1 lb. 5 oz. | 1 lb. 12 oz.       | 3 lb. 8 oz.  | 5 lb. 4 oz.  | 7 lb.        | 8 lb. 12 oz. | 10 lb. 8 oz. | 12 lb. 4 oz. | 14 lb.       | 15 lb. 12 oz. | 17 lb. 8 oz.  |
| 8 oz.       | 1 lb.       | 1 lb. 8 oz. | 2 lb.              | 4 lb.        | 6 lb.        | 8 lb.        | 10 lb.       | 12 lb.       | 14 lb.       | 16 lb.       | 18 lb.        | 20 lb.        |