

# How to use your IntelliGender® kit

Our IntelliGender® Gender Prediction Test (G.P.T.®) provides an indication of your baby's gender. **Read these directions in full before you begin. Any deviation can cause an inaccurate result.**

## Important: read this first

- Refrain from unprotected intercourse 48 hours prior to testing.
- If you're currently on Progesterone therapy, please wait 10 days after your last dose to perform the test.
- We do not recommend using the IntelliGender® Gender Prediction Test if you suffer from PCOS (Polycystic Ovarian Syndrome).

You should have three items in your box necessary to complete the test:

The actual test, labelled 'girl' on one side and 'boy' on the other.

A clear cup for collecting your urine sample.

A syringe used for collecting and inserting your urine into the test.

Should any item/s be missing, please contact us at [support@boyorgirl.com.au](mailto:support@boyorgirl.com.au) or call us on **1300 PINKORBLUE.**

If you have any problems with the test, **DO NOT RETURN IT TO THE STORE. CONTACT INTELLIGENDER® WITH PROOF OF PURCHASE FOR IMMEDIATE ASSISTANCE.**

## Follow these 7 easy steps:

1. When you wake, please fill the collection cup with your first morning urine. **It's very important to use first morning urine when collecting your sample. Failure to do so could provide an incorrect result.** Once collected, set the urine sample aside and get the test kit ready for use.
2. Remove the sticky tab from the top of the test kit, exposing a small hole in the middle. Keep the tab close by, as you must replace it over the hole once the urine has been added. Congratulations, you're now ready to perform the test!

3. OK, let's go. Place the tip of the syringe into the collection cup, "pull" 20ml of urine (as indicated on the side of the syringe) up into the syringe.
4. Place the tip of the syringe into the hole on the top of the test lid and gently inject your urine.
5. Immediately replace the sticky tab over the hole.
6. Pick up the test kit and swirl rapidly in a circular motion for 10 seconds. **DO NOT SHAKE (shaking the test can produce an inaccurate result).** Place the activated kit on a white paper plate, paper towel or piece of paper where it can be easily read without disturbing. This will help eliminate any background colour when reading the results.
7. Read your gender result promptly at 10 minutes. If your urine has turned **green to dark/smoky green, it's a boy.** If your urine stays relatively unchanged or turns a **deeper yellow or orange, it's a girl.**

**After 10 minutes your results may change and are no longer valid. You must read the test at eye level without tipping or disturbing it.** Don't hold the kit up to a light source, such as a window, to read the test as it will distort the final result.

The test is over after 10 minutes. **Note: It's vital not to disturb the test kit while it's processing.**

Once finished, discard it in an outdoor receptacle as the urine will produce an unpleasant odour over time. Please note that the test may be warm to the touch.

## Caution

Keep out of reach of children. Do not ingest. Avoid contact with skin or eyes. Should contact occur, flush with copious amounts of water. Should ingestion occur, immediately contact your healthcare professional. Do not induce vomiting. While our IntelliGender® test results are proven to be highly accurate, we recommend that you take advantage of the amazing Ultrasound offers enclosed here to make absolutely sure.