

RESOURCES GRATIOT COUNTY

FOOD

WIC (989)875-3681

Women, Infants & Children (WIC) is a health and nutrition program that has demonstrated a positive effect on pregnancy outcomes, child growth and development. WIC promotes healthy mothers, infants, and children by providing nutrition education and supplemental food to pregnant and postpartum women, infants, and children up to age 5.

WIC provides breastfeeding support and resources for purchasing nutritious foods, such as formula, milk, cheese, eggs, fortified cereal, and peanut butter or dried beans or peas. Additional services include nutrition education, health counseling and immunizations.

WWW.FOODPANTRIES.ORG

We not only provide listings of pantries, but we also provide information on: food closets, food banks,

soup kitchens, congregate meal locations, food boxes, vouchers, etc.

Our comprehensive list of food assistance programs provides full descriptions, pictures, hours, volunteer information, etc.

Food locations provided are faith based, government and non profit. We list them all.

HOUSING

Housing Agencies in Gratiot County:

<https://www.affordablehousing.com/housing-authority-gratiot-county-mi/>

Homeless Shelters in Gratiot County

<https://www.shelterlistings.org/county/mi-gratiot-county.html>

TRANSPORTATION

Contact your Health Plan for transportation to doctor appointments

Alma Transit Center:

<https://myalma.org/alma-transit.php>

BABY ITEMS

EightCap

<https://8cap.org/early-childhood/>

Child Advocacy

<https://childadvocacy.net/baby-pantry-form-2/>

Breast Pump:

<https://areoflowbreastpumps.com>

COUNSELING

<https://www.gracecounselingresources.com/about>

Postpartum Support International

<https://www.postpartum.net>