

# RESOURCES WAYNE COUNTY

## **FOOD**

**WIC – Office  
Locations and  
Contact Info in  
attached document  
at bottom of page**

Schedule Appointments at (734) 727-7156

Breastfeeding Support line (734) 727-7105

Special Formula Needs (734) 727-7070

WIC is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5 who have a nutrition-related health problem. The WIC program provides supplemental foods, appointments with registered dietitians, referrals to other programs and breastfeeding support services. During an appointment clients can expect a review of their medical history, nutritional intake, anthropometric screening, hemoglobin and lead testing. This comprehensive assessment leads to the issuance of a modifiable food package that may include milk, cheese, eggs, cereals, peanut butter, dry beans/peas or canned beans/peas, and fruit or vegetable juices, fresh fruits and vegetables and whole grain choices. For infants who are not breastfed formula is available along with jarred fruits, vegetables, meats and infant cereal. Special formulas are available for infants when their doctor provides written documentation that indicates specific medical diagnoses such as a premature birth.

[WWW.FOODPANTRIES.ORG](http://WWW.FOODPANTRIES.ORG)

We not only provide listings of pantries, but we also provide information on: food closets, food banks, soup kitchens, congregate meal locations, food boxes, vouchers, etc.

## **HOUSING**

Housing Agencies in Wayne County: <https://www.affordablehousing.com/housing-authority-wayne-county-mi/>

Homeless Shelters in Wayne County: <https://www.shelterlistings.org/county/mi-wayne-county.html>

# **TRANSPORTATION**

Contact your Health Plan for free transportation to doctor appointments

Bus Service: <https://www.smartbus.org/services/services-by-community/wayne>

# **BABY ITEMS**

Great Start Collaborative Wayne County <https://www.greatstart.org/clothes>

Car Seat Class <https://www.childrensdmc.org/parents/kohls-safe-4-kids>

## PACK N PLAY

- Detroit Resident – Call the Detroit Health Department (313)961-BABY(2229) or (313)410-5264
- Wayne County resident residing outside the City of Detroit, go to: -Facebook
- Wayne County Infant Safe Sleep
- Like their Page -
- Click “Book Now”

Breastpump:

<https://aeroflowbreastpumps.com>

# **COUNSELING**

Grace Counseling Services

<https://www.gracecounselingresources.com/about>

Postpartum Support International

<https://www.postpartum.net>

IMHS Mental Health Services (313)224-5700

# **PARENTING CLASSES**

Mom's Mental Health Matters

<https://www.nichd.nih.gov/ncmhhep/initiatives/moms-mental-health-matters/moms>

Great Start Collaborative Wayne County – Parenting Help

<https://www.greatstart.org/parents>

# **SUPPORT GROUPS**

Great Start Collaborative Wayne County – Mental Health Help

<https://www.greatstart.org/mental-health-wellness>

## Health, Human, & Veterans Services

### (WIC Office Locations)

**The WIC Call Center is available for most needs including the scheduling of appointments, breastfeeding support and completed nutrition education online at (734) 727-7156**

| Clinic   | Clinic # | Phone Number   | Days Open   |
|--|----------|--|---|
| Garden City<br>28901 Cambridge<br>Garden City 48135      | 8264     | 734-762-8435<br>Fax 734-762-8441                     | Mon-Fri 8-4:30  |
| Inkster<br>2700 Hamlin Ct<br>Inkster 48141               | 8250     | 313-406-5221<br>Fax 313-908-4594                     | Monday, Tuesday, Thursday<br>8-4:30                                     |
| Hamtramck<br>9021 Joseph Campau<br>Hamtramck 48212       | 8257     | 313-826-3961<br>Fax 313-871-1964                     | Monday-Friday<br>8:00-4:30  |
| Lincoln Park<br>25650 W Outer Dr<br>Lincoln Park, 48146  | 8267     | 313-789-7903<br>Fax 313 789-7906                     | Mon-Thursday 8:30-4:30  |
| Sumpter<br>23501 Sumpter Road<br>Belleville 48111        | 8203     | 734-461-6419<br>Fax 734-461-6341                     | Tuesday, Wednesday and<br>Friday 8-4:30<br><b>No Monday or Thursday</b> |
| Taylor<br>26650 Eureka Suite B<br>Taylor 48180           | 8255     | 734-955-3900<br>Fax 734-955-3910<br>Fax 313-967-3085 | Mon-Fri<br>8:00-4:30  |
| Wayne<br>33030 Van Born<br>Wayne 48184                   | 8201     | 734-727-7156<br>Fax 313 967-3082                     | Mon-Fri<br>8:00-4:30  |
| <b>ACC Clinics</b>                                       |          |  |   |
| Highland Park 201<br>W. 7 Mile<br>Highland Park MI 48203 | 8252     | 313-369-4730<br>Fax 313-541-5100                     | Wednesday 8:00-4:00   |
| River Rouge<br>550 Eaton St<br>River Rouge 48218         | 8262     | 313-369-4730<br>Fax 313-541-5100                     | Monday, Tuesday, and<br>Thursday 8:30-4:30                              |
| <b>ACCESS Clinics</b>                                    |          |  |   |
| Dearborn<br>6450 Maple<br>Dearborn 48126                 | 8202     | 313-216-2201<br>Fax 313-203-1795                     | Mon-Fri<br>8:00-4:00  |

Referral Numbers: For WIC Appointments:  
 Servicing Detroit: City 313-876-4555  
 ACC 313-369-4730  
 Oakland County 248-858-1272  
 Macomb County 586-469-5471

Washtenaw County 734-544-6800

This Institution is an Equal Opportunity  
 Provider