

Cheaha Extreme Triathlon 2023

NoWetsuitFullRun

Place	Bib #	Name	Time	Pace	Sex	City
1	22	JOSH SHEA	13:16:44.88	05:54	M	Homer Glen
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:52:48.57	2.3mph	26:33	00:52:48.57
		T1	00:03:04.79	0.0mph		00:55:53.36
		Bike	06:45:21.66	16.0mph	03:45	07:41:15.01
		T2	00:04:54.32	0.0mph		07:46:09.32
		Run	05:30:35.57	4.5mph	13:19	13:16:44.88
2	20	SAM LANGBERG	16:48:33.68	07:28	M	New Orleans
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:56:32.30	2.1mph	28:26	00:56:32.30
		T1	00:05:26.36	0.0mph		01:01:58.65
		Bike	08:26:35.74	12.8mph	04:41	09:28:34.38
		T2	00:07:55.21	0.0mph		09:36:29.59
		Run	07:12:04.10	3.4mph	17:25	16:48:33.68
3	9	KARI WIKLUND	17:24:25.18	07:44	F	Forest Lake
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:46:19.81	2.6mph	23:18	00:46:19.81
		T1	00:02:42.45	0.0mph		00:49:02.26
		Bike	09:00:53.85	12.0mph	05:00	09:49:56.11
		T2	00:19:15.11	0.0mph		10:09:11.22
		Run	07:15:13.97	3.4mph	17:32	17:24:25.18
4	13	SONJA WILKEY	17:58:44.65	07:59	F	Midlothian
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:57:07.03	2.1mph	28:43	00:57:07.03
		T1	00:09:23.97	0.0mph		01:06:31.00
		Bike	08:42:28.25	12.4mph	04:50	09:48:59.25
		T2	00:19:53.65	0.0mph		10:08:52.90
		Run	07:49:51.76	3.2mph	18:56	17:58:44.65
5	10	JIM REED	18:12:18.09	08:05	M	Moose Lake
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:53:00.75	2.3mph	26:39	00:53:00.75
		T1	00:04:15.80	0.0mph		00:57:16.54
		Bike	09:07:24.57	11.8mph	05:04	10:04:41.11
		T2	00:23:46.74	0.0mph		10:28:27.84
		Run	07:43:50.25	3.2mph	18:42	18:12:18.09
6	17	MITCHELL JACKSON	18:44:50.91	08:19	M	Huntsville
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	01:00:05.69	2.0mph	30:13	01:00:05.69
		T1	00:04:04.19	0.0mph		01:04:09.87
		Bike	09:19:14.95	11.6mph	05:10	10:23:24.82
		T2	00:28:38.76	0.0mph		10:52:03.57
		Run	07:52:47.35	3.1mph	19:03	18:44:50.91
7	6	KRISTIN EVANS	19:45:04.78	08:46	F	Hixson
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:59:54.14	2.0mph	30:07	00:59:54.14
		T1	00:03:33.91	0.0mph		01:03:28.04
		Bike	08:48:08.63	12.3mph	04:53	09:51:36.67
		T2	00:14:52.41	0.0mph		10:06:29.07
		Run	09:38:35.71	2.6mph	23:19	19:45:04.78
8	18	SCOTT INFANGER	20:14:29.01	08:59	M	Florence
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:54:53.14	2.2mph	27:36	00:54:53.14
		T1	00:03:54.42	0.0mph		00:58:47.55
		Bike	09:44:20.98	11.1mph	05:24	10:43:08.53
		T2	00:37:11.19	0.0mph		11:20:19.72
		Run	08:54:09.29	2.8mph	21:32	20:14:29.01

NoWetsuitShortRun

Place	Bib #	Name	Time	Pace	Sex	City
1	4	TERESA HESS	18:30:18.65	08:13	F	Pensacola
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:52:37.40	2.3mph	26:27	00:52:37.40
		T1	00:06:19.52	0.0mph		00:58:56.92
		Bike	12:26:05.69	8.7mph	06:54	13:25:02.60
		T2	00:13:45.59	0.0mph		13:38:48.19
		Run	04:51:30.47	5.1mph	11:45	18:30:18.65
2	11	NICHOLAS CARTER	18:47:38.75	08:21	M	Tucker
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	01:16:59.88	1.5mph	38:43	01:16:59.88
		T1	00:00:57.49	0.0mph		01:17:57.36
		Bike	12:29:54.16	8.6mph	06:56	13:47:51.52
		T2	00:00:43.69	0.0mph		13:48:35.21
		Run	04:59:03.55	5.0mph	12:03	18:47:38.75

WetsuitFullRun

Place	Bib #	Name	Time	Pace	Sex	City
1	1	ALONZO BORJA	20:10:11.90	08:57	M	Buford
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:51:18.14	2.3mph	25:48	00:51:18.14
		T1	00:06:29.40	0.0mph		00:57:47.53
		Bike	09:38:10.44	11.2mph	05:21	10:35:57.97
		T2	00:38:35.79	0.0mph		11:14:33.76
		Run	08:55:38.15	2.8mph	21:35	20:10:11.90
2	2	DANNY POSTELL	20:15:40.95	09:00	M	Bessemer City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	01:10:31.81	1.7mph	35:28	01:10:31.81
		T1	00:10:47.98	0.0mph		01:21:19.78
		Bike	10:15:28.55	10.5mph	05:41	11:36:48.32
		T2	00:17:31.74	0.0mph		11:54:20.06
		Run	08:21:20.89	3.0mph	20:12	20:15:40.95