

Congressional Briefing on Physical Activity and National Security

Launch of the Military Sector of the
U.S. National Physical Activity Plan

July 18th, 2022

1:00 PM EDT

PHYSICAL ACTIVITY ALLIANCE
 **MOVE WITH US**



Mission:

The mission of the Physical Activity Alliance is to lead efforts to create, support, and advocate policy and system changes that enable all Americans to enjoy physically active lives.

Vision:

We envision an active and healthy nation
where the opportunity for physical activity is
easily available in the daily lives of all
Americans

Board Level Organizations



What We Do:

The Alliance combines deep expertise in policy advocacy, strategic planning, and workforce development in physical activity

Connect the strategic National Physical Activity Plan to policy/advocacy with professionals promoting public health approaches to physical activity

Engage leading researchers and public health professionals for meaningful policy systems change

Focus on the policies and systems that help make the most significant population health impact

Develop and issue continuing education for professionals in public health, education, and beyond

.