

Supervision/ Oversight Required for Patient or Client Based on Health Status	Job Roles/Credential	Credential Type <div> <div>L</div> Licensed <div>R</div> Registered <div>C</div> Certified </div>	Academic Credential	Practice/Setting <div> <div> Clinical</div> <div> Sports Performance</div> <div> Health</div> <div> Fitness </div> </div>	Typically Provides Physical Activity Programs and Services to Clients or Patients Who Are...			
					Physician Supervised	Physician Cleared	Physician Referred	No Clearance Required
High Level of Patient/Client Supervision	Physical Therapist	<div>L</div>	Doctorate	<div> Clinical</div>	Y	Y	Y	Y
	Athletic Trainer	<div>L</div> <div>C</div>	Master's	<div> Clinical</div> <div> Sports Performance</div>	Y	Y	Y	<u>D</u>
	Clinical Exercise Physiologist	<div>L*</div> <div>R</div> <div>C</div>	Master's	<div> Clinical</div>	Y	Y	Y	Y
	Registered Kinesiotherapist	<div>R</div>	Bachelor's	<div> Clinical</div>	Y	Y	Y	
	Medical Exercise Specialist	<div>R</div> <div>C</div>	Bachelor's	<div> Clinical</div>	<u>D</u>	Y	Y	Y
Medium Level of Client Supervision	Strength & Conditioning Coach	<div>R</div> <div>C</div>	Master's	<div> Sports Performance</div>		Y	Y	<u>D</u>
	Personal Trainer	<div>R</div> <div>C</div>	Master's	<div> Health</div> <div> Fitness</div>		Y	Y	Y
	Exercise Physiologist	<div>R</div> <div>C</div>	Bachelor's	<div> Clinical</div>		Y	Y	Y
	Strength & Conditioning Coach	<div>R</div> <div>C</div>	Bachelor's	<div> Sports Performance</div>		Y	Y	Y
	Pilates Teacher	<div>R</div> <div>C</div>	Bachelor's	<div> Health</div> <div> Fitness</div>		Y	Y	Y
	Personal Trainer	<div>R</div> <div>C</div>	Bachelor's	<div> Health</div> <div> Fitness</div>		Y	Y	Y
Low Level of Client Supervision	Health Coach**	<div>C</div>		<div> Health</div>		<u>D</u>	Y	Y
	Strength & Conditioning Coach	<div>R</div> <div>C</div>		<div> Sports Performance</div>		Y	Y	Y
	Pilates Teacher	<div>R</div> <div>C</div>		<div> Health</div> <div> Fitness</div>		Y	Y	Y
	Personal Trainer	<div>R</div> <div>C</div>		<div> Health</div> <div> Fitness</div>		Y	Y	Y
	Group Exercise Instructor	<div>R</div> <div>C</div>		<div> Health</div> <div> Fitness</div>		Y	Y	Y

*Licensed only in Louisiana.

** Physical activity Promotion and coaching is only a small portion of the Health Coach scope of practice.

D = Depends on setting