



# FUNDAMENTAL SHOOTING

## Introduction to Firearms Ownership

Ben Edman Instructing

# Welcome

- ▶ Introduction
- ▶ Facilities & COVID protocols
- ▶ Goals
  - ▶ Teach you the universal 4 firearm safety rules
  - ▶ Give you a working vocabulary of firearm terms
  - ▶ Give you a starting point for buying your first firearm
  - ▶ Recommendations for continued education
- ▶ Exclusions
  - ▶ We will not cover shooting techniques, tactics or do any live fire
  - ▶ We will not cover defensive use of force or Concealed Pistol Permit requirements
- ▶ I am NOT a lawyer - legal questions should be posed to your attorney
- ▶ Questions - A lot to go through in 3hrs but feel free to ask questions as we go along

# Why own a firearm?

- ▶ Self defense
  - ▶ A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.
  - ▶ Rights not exercised are taken away
- ▶ Hunting
- ▶ Sport
- ▶ Inherited family heirloom
- ▶ Investment

# 4 Universal firearm safety rules

- ▶ 1. ALL guns are ALWAYS loaded
- ▶ 2. NEVER point the muzzle at anything you are not willing to KILL, MAIME or DESTROY
- ▶ 3. Keep your finger OFF the trigger until your sights are ON target AND you have made a conscious decision to shoot
- ▶ 4. Be certain of your target and what's beyond it
  - ▶ In front of it
  - ▶ Around it

# Terms & Definitions

- ▶ Long gun (rifle, carbine or shotgun) - minimum of 16" barrel (18" for shotguns), 26" overall length and designed to be aimed or fired from the shoulder
- ▶ Handgun (pistol or revolver) - any firearm designed to be aimed or fired otherwise than from the shoulder; no stock
- ▶ Caliber - diameter of the projectile (bullet)
- ▶ Cartridge (a round) - complete ammunition; case, primer, powder & bullet
- ▶ Grains is a unit of weight - on ammo boxes, it's the mass of the projectile
  - ▶ 7000 grains in a LB
- ▶ Mechanical safety - any device that renders the firearm inoperable

# Terms & Definitions (continued)

- ▶ Magazine (detached, internal box, tubular) - enclosed container for ammunition
  - ▶ Double Stack - magazine where rounds are stored side by side
  - ▶ Single Stack - magazine where rounds are stored one on top of another
- ▶ Clip - spring tensioned device designed to assist loading a magazine

# Terms & Definitions (continued)

- ▶ Single Action (SA)- trigger does a 'single action' - drops the hammer; crisp
- ▶ Double Action (DA) - trigger does two actions - cocks the hammer and drops the hammer; long heavy trigger pull
- ▶ Striker Fired - no hammer; mainspring activates a striker/firing pin directly
- ▶ Manual action (bolt, pump, lever) - manual process for ejecting the empty case, loading a new cartridge and cocking the hammer
- ▶ Semi-auto - one round fired for each activation of the trigger
- ▶ Select Fire, Burst Fire, Full-auto - multiple rounds fired for each activation of the trigger
  - ▶ National Firearms Act of 1934 limits civilian ownership of full auto, short barreled rifles, short barreled shotguns and suppressors (silencers) -beyond the scope of this class

# Ammunition

- ▶ Rimfire - firing pin strikes the rim of the case to ignite internal priming compound
  - ▶ .22lr (long rifle), .22WMR (magnum), .17HMR are common examples
  - ▶ .22lr is a great place to start
    - ▶ Inexpensive - typically runs .03-.05 per round
    - ▶ Low noise & recoil
    - ▶ Readily available
  - ▶ Common cartridge for both pistols and rifles
- ▶ Less reliable than center fire cartridges
- ▶ Not a good self defense caliber



# Ammunition (continued)

- ▶ Center Fire - Firing pin strikes an external primer in the center of the cartridge case
  - ▶ .380, 9mm (luger), .40S&W, .38 special, .357mag, .44mag, .45ACP are common pistol cartridges
    - ▶ Any gun chambered in .357 magnum can also shoot .38 special
  - ▶ .223/5.56\*, 6.5 creedmoor, .308/7.62x51\*, 7.62x39, 30-30, 30-06 are common rifle cartridges
- ▶ Not an exhaustive list - look on the barrel of your firearm to see what it is chambered for

# Ammunition (continued)

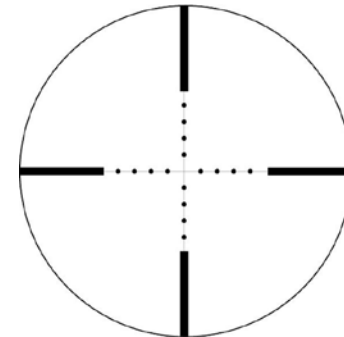
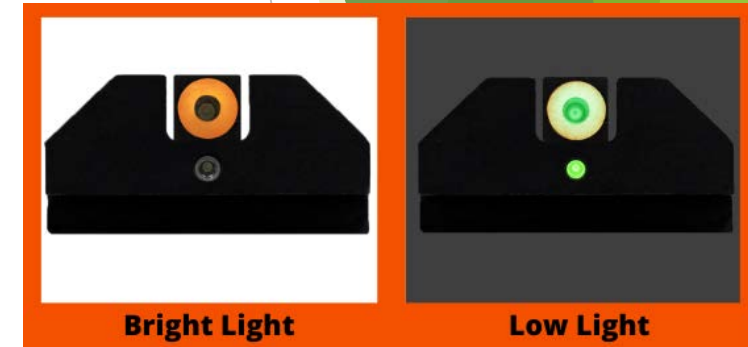
- ▶ Special note about .223/5.56
  - ▶ .223, .223rem, .223Remington are all the same - interchangeable names
  - ▶ 5.56, 5.56x45, 5.56NATO are all the same - interchangeable names
  - ▶ A chamber designed for 5.56 CAN shoot .223
    - ▶ Generally AR's are chambered for 5.56 and are safe to shoot .223
  - ▶ A chamber designed for .223 SHOULD NOT shoot 5.56
    - ▶ Generally bolt action rifles are chambered for .223 and should not shoot 5.56
- ▶ Special note about .308
  - ▶ .308, .308 Winchester, 7.62x51, 7.62NATO are all the same - interchangeable names

# Ammunition (continued)

- ▶ 'Plinking' or range rounds vs. defensive rounds - .20-.30 each vs. \$1+ each
  - ▶ Hollow point or Jacketed hollow point bullets - expand on impact
- ▶ Steel case vs. brass
  - ▶ steel is less expensive but not reloadable
  - ▶ steel MAY cause more wear and tear and MAY be less accurate - much debate on this topic on the internet; Your Mileage May Vary
- ▶ Steel core/Armor piercing - green tip
- ▶ Reloads, hand loads, remanufactured - cartridges made from once fired brass
  - ▶ Less expensive
  - ▶ Can be custom to your specific needs/firearm
  - ▶ Use extra caution - potential double charge or squib (barrel obstruction)

# Sights

- ▶ Iron Sights (irons) - typically a front post and a rear notch or peep
- ▶ Night sights - designed to be seen in low or no light situations
- ▶ Laser sights - project a red dot onto the point of impact
- ▶ Red Dot, Reflex or Holographic sights - battery operated, typically not magnified; only the shooter sees the dot
  - ▶ Becoming more common on pistols
- ▶ Scope - reticle (cross hairs) and typically has magnification
  - ▶ Fixed magnification (4x or 10x) vs. Variable magnification (2.5-10x or 6-9x)
  - ▶ Adjustable Objective - brings the target into focus
  - ▶ Not unusual to cost more than the firearm you put it on



# Safe handling of firearms

- ▶ What are the 4 universal firearm safety rules?
- ▶ Determine the SAFEST direction to point the muzzle at
  - ▶ 5G bucket full of sand where you intend to handle your firearm
- ▶ Finger OFF the trigger
- ▶ Step 1 - Magazine/cylinder out
- ▶ Step 2 - bolt/slide locked back
- ▶ Step 3 - Visual & tactile inspection
  - ▶ Empty Chamber Indicator use
  - ▶ Mechanical safety
- ▶ Ask your gun shop to demonstrate how to clear YOUR gun



# Gun store logistics

- ▶ Age to buy firearms
  - ▶ OR - 18 for a long gun 21 for a hand gun (technically this is federal law - not OR)
  - ▶ WA - 21
- ▶ Background check (form 4473), State issued ID, fingerprints
  - ▶ Background check will either be Approved, Denied or Delayed
    - ▶ Approved - in OR you walk out the door with your purchase; mandatory 10 business day waiting period in WA
    - ▶ Denied - cops are on the way to arrest you
    - ▶ Delayed - store policy will dictate when you can leave with your firearm
      - ▶ OR law states next business day - many stores won't release until approved
  - ▶ WA 1639 certificate for any semi-auto assault rifle (long gun)

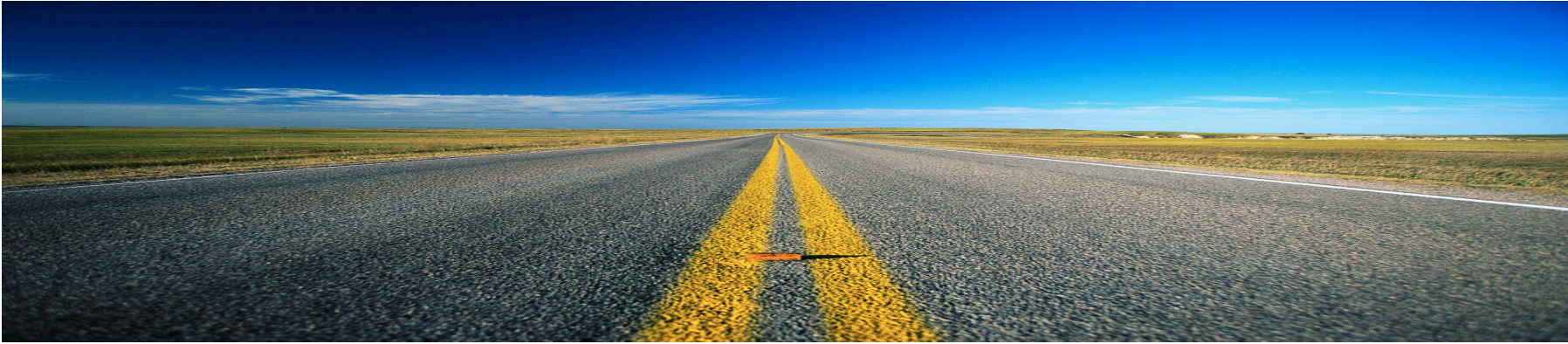
# Gun store logistics (continued)

- ▶ Can you buy a firearm off the internet - Yes
  - ▶ The seller must ship the firearm to a local Federal Firearms Licensee (FFL) where you must complete the background check & fingerprints - all local state laws apply
  - ▶ Expect to pay ~\$30 to the FFL as a service fee (+tax on the price of the gun in WA)
- ▶ Can you buy a firearm from a private party - Yes
  - ▶ Both OR and WA require all private party transfers to use an FFL in the buyers state
  - ▶ Call the pawn shop or gun store and ask if they do 'private party transfers' - all local state laws apply
- ▶ What is the 'gun show loophole' or 'universal background check'
  - ▶ Media propaganda - both OR and WA require all transfers to use an FFL

# All firearms are compromises

- ▶ Pistols are easier to conceal/store than rifles
  - ▶ Rifles are easier to shoot than pistols
- ▶ Larger calibers have more range & power
  - ▶ More expensive to shoot and recoil
- ▶ Heavier guns absorb more recoil
  - ▶ Difficult to manipulate or carry
- ▶ Revolvers have more power and easier to deal with ammunition malfunctions
  - ▶ Low capacity and difficult to reload
- ▶ Smaller pistols are easy to conceal
  - ▶ Poor ergonomics, difficult to manipulate





## Disclaimer

The following recommendations are the Toyota Camry or Honda Civics of the gun world. Are there cheaper guns? Yep. Are there better guns? Yep. These are recommended starting points - nothing more; nothing less

If at all possible - you should actually shoot the firearm before purchasing; try before you buy

# Firearm recommendations

- ▶ Rimfire rifle
  - ▶ All around basic rifle
    - ▶ Ruger 10/22
  - ▶ AR style rifle/trainer
    - ▶ Tippmann PRO m4-22
    - ▶ Smith & Wesson 15/22
- ▶ Rimfire pistol
  - ▶ Ruger Mark series (III or IV)
  - ▶ Browning Buckmark
  - ▶ Taurus TX22

# Firearm recommendations (continued)

- ▶ Defensive handgun
  - ▶ Glock 48, 19 or 17 (9mm)
  - ▶ Smith & Wesson M&P Shield chambered in 9mm or Glock 43
  - ▶ Ruger SP101 chambered in .357 magnum
- ▶ Rifle
  - ▶ AR style rifle chambered in 5.56
  - ▶ Ruger American chambered in .223 or 6.5 creedmoor

**YOU DON'T  
NEED AN AR15**



**YOU NEED TWO.**  
(OR MAYBE THREE OR FOUR,  
OR POSSIBLY FIVE.)

# AR-15

- ▶ AR stands for ArmaLite Rifle version 15
- ▶ The receiver is the serialized portion of the firearm that requires FFL paperwork
  - ▶ Stripped receivers can be had for \$30-\$100; not unusual to pay more in fees and shipping than for the actual receiver
- ▶ Receivers can be built into pistols or rifles with parts kits available off the internet
- ▶ Assembled lowers have a trigger & stock - take note if it is a pistol or rifle
- ▶ Assembled uppers may or may not include a charging handle and bolt carrier group
- ▶ Stripped uppers are available but not recommended as a starting place
- ▶ Pistol Caliber Carbines - rifle's that use pistol magazines & calibers like 9mm



# Where to buy

- ▶ Keith's Sporting Goods - [keithssporting.com](http://keithssporting.com)  
1595 E. Powell Blvd  
Gresham Oregon  
(503) 492-6999
- ▶ Sporting Systems - [sporting-systems.com](http://sporting-systems.com)  
7415 NE Hwy 99  
Vancouver Washington  
(360)-977-3808
- ▶ Northwest Firearms - [northwestfirearms.com](http://northwestfirearms.com)
  - ▶ Online forum & local classifieds
- ▶ Palmetto State Armory - [palmettostatearmory.com](http://palmettostatearmory.com)
- ▶ Bud's Gun shop - [budgsgunshop.com](http://budgsgunshop.com)

# Firearms and suicide prevention

- ▶ 60% of gun violence in America is suicide
  - ▶ 23,854 out of 39,773 in 2017 according to CDC
  - ▶ We lose 6,000 veterans per year to suicide
- ▶ An attempt is made every 28 sec
- ▶ 10<sup>th</sup> leading cause of death
- ▶ Suicide is permanent - circumstances aren't
- ▶ Doesn't stop the pain - transfers it to the people around you
- ▶ National Suicide Hotline 24/7 - 1-800-273-TALK (8255)
- ▶ Community & Purpose
  - ▶ Consider your local church as a resource

# Secure firearm storage

- ▶ Cable locks will prevent accidental discharge but not good theft protection
  - ▶ Simple padlock behind the trigger will also work
- ▶ Inexpensive lock boxes can be purchased \$15-\$300
  - ▶ Only keeping the honest people out (and kids)
- ▶ Entry level, fire rated safes range from \$300-\$1200 (<400lbs)
- ▶ Full size, 'proper' safe starts at \$1700
  - ▶ Good investment
    - ▶ Documents
    - ▶ Jewelry, Gold & Silver
    - ▶ Tax exempt in WA (RCW 82.08.832)
- ▶ **BOLT IT TO THE FLOOR!!!**

# Kids and firearms

- ▶ Kids are curious - it's in their nature
  - ▶ You are fooling yourself if you believe that:
    - ▶ They don't know you have a firearm
    - ▶ They can't find it
    - ▶ They won't cave under peer pressure to show their friends
    - ▶ It won't happen to you
  - ▶ Take the mystery out of the firearm
    - ▶ Teach them the universal firearms safety rules
    - ▶ Let them practice/demonstrate safe handling skills with 'toys'
  - ▶ Take them shooting - They are the future of the sport



# PPE & Range logistics

- ▶ Eye and ear protection
  - ▶ Foam plugs and/or muffs
  - ▶ Howard Leight or 3M Peltor electronic muffs are worth the investment
  - ▶ Protect your eyes from fragments - sunglasses if nothing else
    - ▶ Bifocal safety glasses are available
- ▶ Speed loaders - ETS Elite or UpLULA
- ▶ Hot/cold lines - Hot is live fire; cold is no shooting, people down range
  - ▶ Never handle a firearm on a cold range
  - ▶ Never cross the firing line on a hot range
- ▶ Uncase your firearm with the muzzle pointed downrange
- ▶ If in doubt - ask

# Cleaning & Maintenance

- ▶ Statistically the most dangerous thing you can do with a firearm is clean it
  - ▶ What are the 4 universal firearms safety rules?
- ▶ YouTube is a fantastic resource for make/model specific disassembly/assembly instructions
- ▶ How often should you clean your gun?
  - ▶ With the exception of black powder - clean it whenever you want
  - ▶ Most people over clean
  - ▶ Rust will destroy your firearm and render it unsafe
    - ▶ Wipe down after every use & put a light coat of oil
- ▶ Malfunctioning guns should be evaluated by a qualified gun smith

# Training

- ▶ Invest in training
- ▶ Start a training log
  - ▶ File folder with all completion certificates
- ▶ Project Appleseed [www.appleseedinfo.org](http://www.appleseedinfo.org)
- ▶ Ladies beginner pistol class/Ladies League/The Well Armed Woman
  - ▶ [thewellarmedwoman.com](http://thewellarmedwoman.com)
- ▶ Hollow Point Defense - Facebook
  - ▶ Jeff Kruger 503-467-1508 [jeff.krueger.pistol.instructor@gmail.com](mailto:jeff.krueger.pistol.instructor@gmail.com)
- ▶ 540 Tactical - Facebook - [www.540training.com](http://www.540training.com)
  - ▶ James Holman 971-202-8957 [james@540training.com](mailto:james@540training.com)

# Training



## FUNDAMENTAL SHOOTING

### ▶ First Shots Pistol

This course is designed for brand new shooters or shooters that are new to training. This all inclusive (gun, ammo, PPE) course focuses on pistol manipulation, grip, stance, sights and trigger control. All shooting is done with low recoil and percussion .22LR. This course will prepare you for your first competition or Defensive Handgun course. Shooters under 14 are welcome but must be attended by a responsible guardian.

### ▶ Second Shots Pistol

This course is designed to get you comfortable with your center fire pistol. We take the same basic Course of Fire from First Shots Pistol and apply it to your handgun. You are welcome to use our .22's in the Second Shots Pistol course but be advised that there will be center fire shooters on the line next to you. First Shots Pistol is not a requirement to attend Second Shots Pistol

### ▶ Private sessions

# Politics



- ▶ Please get educated about where your representatives stand on individual liberty and firearms ownership
  - ▶ If they can't trust you with an unalienable right to self defense; how can you trust them to have your best interests at heart?
  - ▶ They swore an oath to uphold the constitution - have they violated that oath?
- ▶ Should you be a member of the NRA?
  - ▶ No other organization is as dedicated to firearms education and training
- ▶ Oregon Firearms Federation (OFF Alerts) - [oregonfirearms.org](http://oregonfirearms.org)
- ▶ 2<sup>nd</sup> Amendment Foundation - [saf.org](http://saf.org)
- ▶ Gun Owners of America - [gunowners.org](http://gunowners.org)



# Thanks for coming!

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