

Sensory-Smart Room Planning Form

Created by: Kia Wages, RBT Co-Founder & Behavioral Specialist Organizing Simply:
Sensory-Smart Spaces Purpose: This form helps parents and caregivers gather important details about their child's needs, routines, and preferences to create a sensory-smart, organized environment that supports calm, independence, and focus.

Child's Name: _____ **Age:** _____

1. What are your child's biggest challenges in their current space?

2. What helps your child feel calm or regulated?

3. What are your child's favorite activities or interests?

4. Where do meltdowns or stress most often occur at home?

5. What areas of the home need the most organization? (check all that apply)

☐ Bedroom ☐ Playroom ☐ Homework Area ☐ Closet ☐ Sensory Space ☐
Bathroom ☐ Other: _____

6. What sensory supports does your child currently use?

7. What routines are difficult to maintain (bedtime, getting ready, chores, etc.)?

8. What are your goals for this space?

9. What would a successful, calm, organized space look like to you?



Organizing Simply
Sensory-Smart Spaces
led by RBT Specialist