

Dr. Shawn Weiss

**Just Look Up—Your Health.
Your Power. Your Comeback.**

Dr. Shawn Weiss, PT, DPT, CDP, CADDCT is a dynamic speaker, Doctor of Physical Therapy, and Specialized Wellness Advisor with over 27 years of experience in the healthcare industry. As founder of Senior Health and Wellness Group and Rockstar Health, she empowers individuals to reclaim their energy, restore their health, and rise through life's toughest seasons using science-backed, root-cause solutions. Known for her inspiring keynote, "Just Look Up," Dr. Shawn blends clinical expertise with personal wisdom to help others live with clarity, strength, and purpose.

SIGNATURE TALKS

- ✓ Look Up and Change Your Life: The 7 Ps to Reclaim Health, Joy & Power
- ✓ Strong Body. Sharp Mind. Bold Spirit. Aging Doesn't Mean Slowing Down.
- ✓ The 7 Ps to Balance & Renewal—Because You Can't Pour From an Empty Cup



**EMPOWERED LONGEVITY
AGELESS VITALITY
WISDOM IN MOTION**



As seen in

