THERAPEUTIC MASSAGE

All massages have integrated aromatherapy and warm oils/lotions as well as warm compresses. Also includes complimentary infrared sauna & body shower. Add Bamboo or Hot Stone - $25 Add CBD -$25

**Relaxing and Therapeutic Swedish Massage**

$90 1 hr

30 min $55 ; 45 min $70 ; 60 min $90 ; 90 min $125

**Deep Tissue / Sports Massage**

$100 1 hr

 30 minutes $60; 45 minutes $80; 60 minutes $100; 90 minutes $135

**Couples Massage with Rose Petal Ambience**

$240 1 hr

***Includes Roses, Chocolate dipped strawberries and your choice of wine or champagne. Both services include infrared sauna, and body-jet shower for two. 60 min Swedish or Deep Tissue Massage in a Rose Petal ambience Setting***

**Pregnancy Massage**

$95 1 hr

45 minutes $80; 60 minutes $95

**Warm Bamboo Massage**

$95 1 hr

60 minutes

**Side By Side Massage (NO Rose Petal Ambience)**

190 1 hr

Includes infrared sauna, and body-jet shower

60 minute massage for two.

**Shiatsu/Thai**

$120 1 hr

60 minutes

**Reflexology**

$75 45 Min

45 minutes $75; 30 minutes $55

**Cranial Sacral Therapy**

$120 1 hr

60 minutes

**Manual Lymph Drainage**

$120 1 hr

60 Minutes

**Shirodhara Indian Head Massage**

$130 65 Min

65 Minutes

**Hot Volcanic Rock Massage**

$140 70 min

This 70 minutes Full body massage is combined with the use of lava rocks that have been heated to 115 degrees Fahrenheit and warm grape seed oil. Chakra points are used to promote harmony and good health. These stones increase serotonin levels in the body to induce relaxation. An optional marble flushing is done on extremities to promote health and sleep.

70 Minute

**Parafango Warm Mud Back Massage**

$135 1 hr

This therapeutic back treatment was created to reduce muscle tension and break up adhesions to allow the proper back alignment and posture. A Ginkgo biloba scrub is applied then a rich amino acid ampoule is massaged to break down lactic acid in the muscle. A warm rich application of parafango mud is brushed on the entire back. A full body massage is included. This is voted our signature treatment the best. 60 Minutes

**Series of 6 1 hour Massage**

$450

Series of 6 - 30 min $240

Series of 4 - 60 min $300

Series of 6 - 60 min $450

**Chair Massage**

$30

15 minutes chair massage

**CBD MASSAGE**

$120

Sweet Heal CBD (Cannabidiol) Massage

(EXTRACTED FROM LOCAL CONNECTICUT HEMP) 60 MINUTE MASSAGE This massage encompasses both the healing properties of the hemp plant and the effectiveness of physical therapeutic massage coupled to better well-being and relaxation/ relief from sore muscles and unwanted tension and knots.  **Tr. Time 1 hour**

SKIN CARE AND FACIALS

**Microblading Eyebrows Includes 1 touch up**

$208

Includes one touch up (REG $599)    ON SALE \*\*\*$208

**Organic Facial (no extractions)**

$90

Organic naturally made products, goat hair brush with aromatherapy steam followed by a relaxing facial and neck massage. This service includes a papaya/lemon peel to exfoliate and renew younger skin texture. Includes a specialized mask to re-hydrate and firm. Hand massage treatment w/mitts and foot massage included.

60 minutes

**European Deep Pore & Detoxifying Facial w/Extractions**

$95

This classic skin care service is recommended for all skin types. Deep pore cleansing with gentle honey and almond scrub or AHA/BHA scrub, goat hair brush with aromatherapy steam followed by a relaxing facial and neck massage. This service includes a special personalized facial mask to cleanse and re-hydrate, includes hand massage treatment with mitts. Extractions of impurities and tightening of pores. Hand massage treatment w/mitts and foot massage included.

**Anti-Acne Facial w/High Frequency**

$120

A deep pore detoxifying facial including two different supplementary treatments. First is a glycolic AHA clear skin peel. Second is a sulfa mask followed by a healing mask with high frequency. This treatment includes neck and shoulder massage with lymphatic drainage on the face to improve the immune system. Hand massage treatment w/mitts and foot massage included. **Tr. Time 1 hour**

**Anti-Aging Facial w/ Ice Hot Collagen Mask**

$115

Anti-Aging Facial w/ Ice Hot Collagen Mask to lift and hydrate. Includes an Enzyme Peel, gentle honey and almond scrub, goat hair brush with aromatherapy steam followed by a relaxing facial and neck massage. This service includes a warm collagen mask to cleanse and re-hydrate as well as lift and firm. Hand massage w/mitts and foot massage included. **Tr. Time 1 hour**

**CBD European Facial**

$120

 This classic skin care service infused with the amazing benefits of CBD and is recommended for all skin types. CBD Deep pore cleansing with gentle honey and almond scrub or AHA/BHA scrub, goat hair brush with aromatherapy steam followed by a relaxing facial and neck massage. This service includes a special personalized CBD facial mask to cleanse and re-hydrate. **Tr. Time 1 hour**

**Hot Stone Facial**

$110

 A Sedona hot stone and cold marble flushing facial used with warm oils for total relaxation and serotonin release. Based with earth and clay masks for healing and relaxation. This facial has no extractions or harsh elements. Is best for combination to oily skin types, except acne.

**Tr. Time 1 hour**

**Shiradora Hemp and Sage Facial**

$120

**Tr. Time 1 hour**

**Four Layer Repachage Facial**

$125

**Tr. Time 1 hour**

**Repechage Hydromedic Anti-Rosacea Facial**

$120

 Repechage Hydromedic Anti-Rosacea treatment uses French seaweed mask to calm redness, high frequency to reduce redness and shrink enlarged pores. A calming mask of calamine and buttermilk is used with iontophoresis to reduce redness.  **Tr. Time 1 hour**

**Beta Ex Treatment Chemical Peel**

$125

 **Tr. Time 1 hour**

**Microdermabrasion Vortex and Reviderm**

$155

Microdermabrasion with Vortex and Reviderm Peel $155: This advanced treatment uses Reviderm pro-peel aluminium oxide crystals and high tech vacuum equipment to reduce and smooth out wrinkles, remove and lighten sun/age spots, and to smooth out scar tissue. This technique of skin care is also highly effective in the treatment of acne scaring. Includes proper post mask and hand and foot massage.

**Repachage Eye Treatment**

$45

**Micro-needling Derma-Roller Treatment**

$155

(Follow-up $55)

**Mini-Facial**

$85

**Tr. Time 45 minutes**

**Teen Facial**

$85

Teen Facial with Extractions and Acne Mask TR 60 minutes Uses products best suited for teens and the developing face and acne prone skin. This facial has extractions integrated with professional techniques to create a healthy youthful looking and feeling skin while treating acne at its source and applying products that aim to eliminate acne causing bacteria.  **Tr. Time 1 hour**

(16 years and younger)

**Dermasound Ultrasonic Facial**

$125

GLYMED DermaSound ANTI AGING Facial 1 HOUR SERVICE This skin perfecting treatment uses the state of the art technology fused with the professional skills and esthetics of Branford River Resort and Spa. Bliss away in this amazing ultrasonic facial which uses the elements of science, nature, to bring skin to a balancing harmony. **Tr. Time 1 hour**

**TCA 5 Berry Discoloration Peel**

$100

**Vitamin A TCA Peel**

$110

**SPA PACKAG**ES

**1/2 Day of Beauty**

$180

Pamper yourself with a 30 minute manicure, orange peel rejuvenating hand treatment, a deluxe spa pedicure with 10 minutes of foot reflexology, hot stones and warm paraffin with heated booties. Finish with a European facial including one supplementary peel of pumpkin, papaya, or algae.

**Tr. Time 2.5 hours**

**Day of Retreat**

$265

*Indulge in a therapeutic European facial. Includes Spa pedicure with glycolic peel, paraffin booties and 10 minutes of reflexology for the feet, One hour Swedish massage, Spa Manicure with hot stones.***Tr. Time 3½ hours**

**Fresh Start and Rejuvenation Package**

$220

*Start with a rejuvenating European facial, and glycolic hand treatment with revitalizing basic manicure. Then a spa deluxe pedicure and 30 minute deep tissue back massage.***Tr. Time 2½ hours**

**Mystical Healing Package**

$185

*Enjoy a luxurious body wrap with mud from the dead sea of Israel. While you are enjoy 10 minutes of foot reflexology and a restoration facial purifying mask is applied. Soak your cares away in our 120 jet less Jacuzzi with scotch hose hydrotherapy that creates an exotic mud bath and sea pool and sugar scrub. Includes a relaxing 45 minute Swedish massage.***Tr. Time 2.25 hours**

**Stress Reduction Package**

$160

*Melt stresses away with our lush parafango back mud treatment. Enjoy a 50 minute massage on back, neck, head, legs and feet. Then enjoy a deluxe manicure with glycolic hand treatment.*

**Tr. Time 1½ hours**

**Relaxation Package**

$180

European Facial and 1 Hour Swedish Massage               **Tr. Time 2 hours**

**European Advanced Body Package**

$380

DermaSound Facial, CND Shellac Manicure, and Aromatherapy Deluxe Spa Pedicure with 10 minutes Foot Reflexology. Then Indulge in a Dead Sea mud wrap with hydrotherapy bath, and 45 minute Swedish Full Body Massage.  TR Time 5 hours

**Princess Package**

$75

(12 years old and under)

Princess manicure with nail design, princess aromatherapy pedicure with nail design, and princess hair braid and make-up application.

**Professional Male Package**

$155

Relax tired mind and body with a 30 minute deep tissue back massage; one hour European male facial w/ complimentary shave therapy for men

**POD/MASSAGE Package**

$140

Wellness Cocoon Oxygen Pod and One hour Swedish Massage combination Package. These two make the ultimate duo of stress relief and rejuvenation.

**Tr. Time 2 hours**

**Mustard Hydrotub Therapy**

$65

120 jet hydro-tub therapeutic treatment with herbs, mud, and dry loofah scrub to relax and stimulate muscles and tensions.

**BODY AND FACIAL WAXIN**G

**Eyebrow Sculpting**

$20

Eyebrow Tinting $25

Eyelash Tinting $29

**Lip Waxing**

$15

Chin Waxing $15

Sideburns - $30

**Full Brazilian/Sphinx**

$65

(Bareless)

**Simple Brazilian**

$55

(small road strip)

**Bikini /Swimsuit Line Wax**

$45

**Underarms**

$30

**Full Arm**

$60

Upper Arms - $30

Lower Arms - $40

**Full Leg**

$90

Full Leg with Bikini - $100

Full Leg with Brazilian - $110

**Upper Leg**

$60

Lower Legs $60

**Full Chest**

$65

**Full Back Wax**

$65

**Male Brazilian**

$70

**Lash Lift**

$45

**PEDICURES AND MANICURES**

**Basic Essentials Pedicure**

$40

**Pina Deluxe Pedicure with Hot stones**

$52

  Add Paraffin wax $8

**Spa Deluxe Pedicure with hot stones and paraffin**

$60

Voted our "perfect pedicure" with hot stones and paraffin wax come experience the best!

**Basic Essentials Manicure**

$20

**Deluxe Manicure**

$28

w/ scrub and hand massage

**Spa Manicure w/ Hot Stone**

$38

includes paraffin dip

**Pregnancy Pedicure**

$60

Spa Pedicure for Moms To Be

**Hot Oil Manicure**

$33

**CND Shellac Manicure**

$38

Removal of Shellac Polish add $10

**Roses and Champagne Pedicure**

$70

Our Signature Roses and Champagne Pedicure