

THE GREENLEAF



A Publication
of the
ACRES GREEN
Homeowners Association



FEBRUARY 2022

Officers, Directors & Representatives

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Publisher/Advertising: *Porchlink Media*
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Editor: *Jean Henke with Ron Brink*
Lenora Starr

Architectural Control Committee (ACC)
Jim Hope

Membership Director: *Lenora Starr*

Neighborhood Watch: *vacant*

Senior Activities Director: *Mona Beuthal*

Social Activities:

Community Garage Sales:
June 3 & 4, 2022

3rd of July Car Parade organizer:
Ron Brink & Bob Barth

South Suburban Representative:
Director: *Pat Perlinger*

Welcome Committee Director:
Director: *Mona Beuthal*

E-mail officers through our social media site:
acresgreen.Nextdoor.com

Or our official website: Acresgreen.org

AGHOA Meeting:
February 17, 2022
Time: 7:00 p.m.

Place: either online through ZOOM or
at The Hub, 8827 Lone Tree Pkwy., Lone
Tree, CO 80124 check on Nextdoor for
location.

A Little History About Acres Green

By Jean Henke

I've been asked to continue with some articles regarding Acres Green's history. So the following is a brief history of how things started. I plan to continue these articles over the next several issues.

In 1971, the fence south of County Line Road came down and the first construction equipment moved into the pasture that is now the Acres Green subdivision. Acres Green was the first subdivision in northern Douglas County. There are six filings in the development. Construction began on the first filing in 1971 and ended with filing six around 1983. Two additional homes were built on Olympus Circle in 1995.

The Acres Green Homeowners' Association (**AGHOA**) was first established in 1973. At that time, it was known as the Acres Green Civic Association, where owners and renters were eligible to join. Annual dues were \$4. The first president of the Acres Green Homeowners' Association was Ms. Betty Miller.

Over the years, the **AGHOA** has worked to regularly notify and organize residents who have taken an active part in long-term planning for the county including the Master Plan. In conjunction with the AGHOA, residents worked to protect the area around Acres Green from developments that would have a negative impact on their quality of life. The previous zoning of lands around Acres Green was the result of long, often spirited meetings with developers, county planners and commissioners.

In the early years the **AGHOA** worked with residents and Douglas County to successfully thwart the building of a tire retreading factory, a plastics factory, Columbine Hospital, and a high-density apartment complex on Park Meadows Drive. Membership was at its highest percentage, in part because the community was still being developed.

The following was printed in the 1982 issue of the *Greenleaf* newsletter regarding the purpose of the association.

The Acres Green Civic Association is established and maintained for the following purposes:

- *To unite property owners and residents of the Acres Green subdivision and vicinity.*
- *To promote community activities and interests.*
- *To promote and participate in services or fund-raising activities for the benefit of the residents of Acres Green and Douglas County.*
- *To generate concern and encourage discussion and improvement of Acres Green and Douglas County conditions and affairs.*
- *To provide a forum for full and free discussion of all matters of public interest, partisan politics and sectarian religion excepted.*
- *To cooperate with other organizations having similar objectives.*
- *To do and exercise all powers necessary, suitable and proper for the accomplishment or attainment of the purposes herein enumerated, or which at any time appear conducive to or expedient for the carrying out of the purposes of fostering and promoting the commercial, industrial, social, physical and moral development of the community.*
- *To gather, assemble and disseminate information relative and pertinent to the above purposes.*

➔ **Continued on page 2**

Community Calendar Events & Activities

DATE	TIME	EVENT	LOCATION
Mondays	11:30-12:30	Introduction to Line Dance (level 1) Learn how to line dance. Line Dance is great fun, social and good exercise for mind and body.	Goodson Rec. Ctr., 6315 S. University Blvd., Centennial 303-798-2476
Wednesdays	1:30-2:30	Beginner Level 2 Line Dance for those who have learned basic line dance steps.	Buck Rec. Ctr., 2004 W. Powers Ave., Littleton 303-797-8787
Feb. 17, Apr. 21, June 16, Oct. 20, Dec. 15	7 p.m.	Acres Green HOA Meeting	The Lone Tree Hub- Sweetwater Room or on ZOOM
March 15	5 p.m.	Deadline for articles for the April 2022 Greenleaf Contact Jean Henke	Send articles in narrative format to Jean at e-mail listed
March 20	5 p.m.	Deadline for commercial & classified ads for the April 2022 Greenleaf For more information: contact Kerri at: 720-295-2649, or kerri@porchlink.com	Porchlink Media: 6525 Gunpark Dr. #370-133 Boulder, CO 80301

A Little History About Acres Green

By Jean Henke | Continued from front page

Covenants and the Architectural Control Committee (ACC)

Covenants do exist for all homes in Acres Green. There is one set for each two filings. On May 19, 1972 covenants for filings one and two were recorded with Douglas County. Filings three and four covenants were recorded May 1, 1973, and filings five and six covenants were recorded February 25, 1976.

The covenants were created to govern items not covered by county planning and zoning. A copy of the covenants should be provided to new homeowners at closing. A copy is also included in the welcome package provided by the AGHOA. A copy can also be found on the website www.acresgreen.org

The Architectural Control Committee (ACC) was formed to operate within the power granted by the neighborhood covenants and to act as a liaison between the community and higher authorities (Douglas County and the State of Colorado).

The ACC reviews architectural changes or new construction requests to insure they are in keeping with the integrity of the community.

The ACC is not a policing entity. When building permits are required, the request must first be approved by the ACC. Residents are bound by Douglas County building and zoning regulations. Residents are encouraged to talk with neighbors regarding disputes.



Welcome Committee

New to the community or know of someone who is?

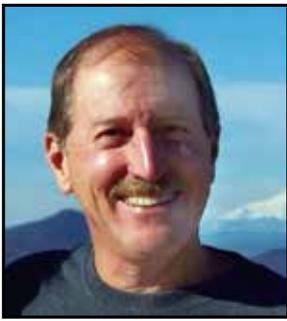
Please contact **Mona Beuthel**. She'll get a welcome package out so you can welcome a new neighbor. We welcome Mona as the new director of this committee.



Be the first to receive the *Greenleaf!*

Send your e-mail address to us.

Note: you are responsible for allowing access to your e-mail address.



Jim Hope
ACC

Updates from the Architectural Control Committee

With winter all around us I offer this friendly reminder again. Sidewalks adjacent to your property should be cleared of snow within 24 hours after it stops snowing. Douglas County Ordinance number 0-007-003.

As always, my goal is to help you understand Douglas County codes and regulations and to help you navigate through the paperwork required by the County for indoor and outdoor building projects. The Building Dept people are friendly and helpful. The Douglas County Building Dept in Castle Rock can be reached at 303-660-7497 – Dial 0 for Building Dept.

Some folks have submitted building plans to Douglas County Building Dept and have found that approval has taken longer than expected. My visit to the County Dept. has confirmed this situation. They are backed up due to limited staff and an abundance of building throughout all of Douglas County, which covers 844 square miles.

You can also contact me and I will do my best to help you and point you in the right direction.

Issues regarding public right-of-way (roads) are under the authority of the Douglas County Sheriff, who can be reached at a non-emergency phone number; 303-660-7505.

Folks continue to question me about neighbors running businesses, which result in storage of items in their yard, front or rear. I repeat the ordinance below from Douglas County. If you have issues please call Douglas County Zoning Compliance; phone number 303-660-7460.

Issues regarding activities at residences which are disturbing to the neighborhood are under the authority of Douglas County Zoning Compliance; phone number 303-660-7460.

Section 2 #208 Trash, Junk, Inoperative Vehicles

“No land may be used as an outside storage area for the purpose of collecting, dismantling, storing, or selling of junk, trash, rubbish, refuse of any kind, remnants of wood, metal, or plastic, discarded materials, inoperative vehicles or dismantled machinery, whether or not the same could be put to any reasonable use, unless approved as a use by special review in the zoning district.”

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AGHOA Membership Dues

In 2021 we had 186 families and individuals registered as members in the AGHOA. Membership Dues are voluntary and run on a calendar year of January-December. Dues paid October, November and December will be counted for the following calendar year. You have two methods to pay for your annual membership; through PayPal or by check using the form in this newsletter.



Be a problem solver, not a problem identifier—join the AGHOA today!

2022 Acres Green Home Owners' Association Membership Form

Dues for 2022:

- Family \$25
- Individual \$15
- Senior (age 65+) \$5

Mail to: AGHOA, c/o Sandy Inglis. Make checks payable to: Acres Green Home Owners' Association (AGHOA). Or pay through **PayPal**, see information in below.

To remain current as a member in the AGHOA you must pay dues annually. Homeowners Only! Join Today!
When volunteering for a committee deduct \$10 from dues.

Indicate: Family Individual or Senior

I volunteer to serve the community in the following way: _____

Name _____ Spouse (significant other) _____

Street Address _____

Phone Number _____ E-mail Address: _____

AGHOA Membership Dues:

To pay by PayPal, visit www.acresgreen.org/membership.html

Choose which level of membership and select **Pay Now**. Select one of the dollar amounts as indicated by level of membership.
• \$25 Family • \$15 Individual • \$5.00 Senior (65 and older)
If you don't have a PayPal account, complete the payment details under '**PayPal Guest Checkout**'

To pay by check:

Make payable to AGHOA
Mail to AGHOA, c/o Sandy Inglis

Donations are also greatly appreciated. Thank you!

Member names may appear in a Greenleaf Newsletter unless otherwise requested.

Snow and Shoveling

By Ron Brink

It is that time of year and this may sound like a broken record to those of you that are longtime residents BUT for those of you that are new, we get snow here! And with the snow comes certain responsibilities.

Did you know that within 24 hours of snow stopping you are supposed to shovel your sidewalk?

I usually try to get out and walk my buddy Sam. This year I have added a hinderance; a knee replacement. So, I am careful when I'm out, but each time I find one or two sidewalks NOT SHOVELED.

Yes, the sun comes out and starts the melting process, so please do your part and get out there. If you are going to be gone or need help, ask your neighbor kid to help out.

I generally clear several sidewalks with the snow blower – it didn't kill me and I enjoyed it.

If you have a lazy neighbor that just refuses to shovel, you can always call the Douglas County Sheriff Office (303-660-7505 non-emergency number) and ask that they send an officer out to give them a warning and hopefully they get the message.



ACRES GREEN
Homeowners Association

AGHOA Meeting: February 17, 2022

Time: 7:00 p.m.

Place: either online through ZOOM or at The Hub, 8827 Lone Tree Pkwy., Lone Tree, CO 80124 **check on Nextdoor**

The AGHOA meets the third Thursday of most even numbered months. The next AGHOA meeting should be scheduled for Feb 17. **NOTE MEETING LOCATION: may be on ZOOM.COM or at the HUB. Please check Nextdoor for the location.**

Agenda

- Current issues
- Building around us
- Committee status (Treasurer, Membership, Social, South Suburban, Welcome, AGE SAC, ACC)
- Other business



South Suburban News

Provided by South Suburban Parks and Rec.

South Suburban Public Art Committee Seeks New Member

If you have an interest or expertise in art and want to serve on a volunteer committee, the South Suburban Public Art Committee invites you to serve as one of its at-large members.

Interested? Apply today! Complete the application to tell us about yourself and why you want to serve, including any relevant connection to the arts and to South Suburban. Applications must be submitted by Wednesday, Feb. 16, 2022.

Art on Loan 2022: Call for Artists

The South Suburban Public Art Committee is seeking submissions from local artists for the 2022 Art on Loan program. Artists are invited to apply by March 7, 2022.

Selected sculptures will be displayed at Goodson Recreation Center or Hudson Gardens for a year, and artists will receive a \$500 honorarium for their display. Go to sspr.org to learn more and apply.

Visit South Suburban at the Colorado Golf Expo

The 2022 Colorado Golf Expo will be held Feb. 25-27 at the Colorado Convention Center. Stop by the South Suburban booth for your chance to win rounds of golf, carts, range balls and more. Golfers can also enter our drawing at the event to win a driver, bag and putter.

Upcoming South Suburban Events

Super Sunday Fun Run 5K

Sunday, Feb. 13 at the Mary Carter Greenway along the Platte River Trail

Are you ready for some...running? Bring the entire family to run or walk before the big game and enjoy a post-race party at Breckenridge Brewery Farmhouse. Show your team spirit and wear your favorite team jersey.



Valentine's Day at South Suburban Golf Course

Monday, Feb. 14 at the South Suburban Golf Course Bar and Grill

Celebrate your love with a special Valentine's Day dinner at the South Suburban Golf Course restaurant. Menu options include appetizers, a choice of

prime filet steak or grilled seabass, dessert and cocktails. Please call or email to make your reservation: mreesessprd.org or 303.770.1882.

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Someone Special Dance

Friday, Feb. 18 at the Goodson Recreation Center

Dress to impress and get ready to groove at the annual Someone Special Dance (formerly Father Daughter Sweetheart Dance). Enjoy dancing, arts and crafts, light refreshments and a photo booth.

Goodson Movie Nights

Various Dates. Hey Parents! Take the night off and bring your kiddos (ages 3-12) to a movie night, complete with pizza and popcorn. Movie nights are supervised by trained childcare staff.

Spring dates and movies include:

Feb. 25:	Kung Fu Panda
March 18:	Bee Movie
April 15:	Ralph Breaks the Internet
May 13:	Lilo & Stitch



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Acres Green Home Models

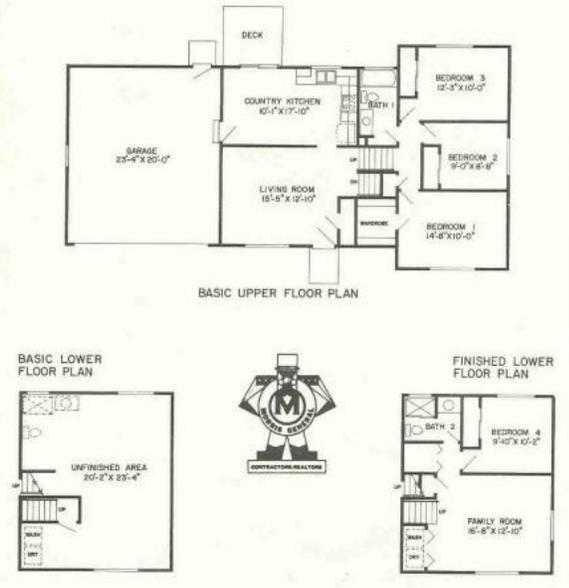
Provided by Jean Henke

In this section I am reprinting the original layout of homes in Acres Green. I encourage folks to use Nextdoor to set up a group to discuss remodeling ideas.

THE Hahnhabten Tri-Level



Drawings are an Artist's Conception and are not intended to show specific architectural detail.



BASIC UPPER FLOOR PLAN

- SARAGE 23'-6" X 20'-0"
- COUNTRY KITCHEN 10'-4" X 17'-10"
- LIVING ROOM 15'-5" X 12'-10"
- BEDROOM 3 12'-5" X 10'-0"
- BEDROOM 2 9'-0" X 8'-6"
- BEDROOM 1 14'-8" X 10'-0"

BASIC LOWER FLOOR PLAN

- UNFINISHED AREA 20'-2" X 23'-4"

FINISHED LOWER FLOOR PLAN

- BATH 2
- BEDROOM 4 9'-10" X 10'-2"
- FAMILY ROOM 16'-8" X 12'-10"

CONTRACTOR/REALTOR

Winter Bees

By Ron Brink



We are finally into winter-mode with the bees. We covered the hive with tar paper, set a moisture barrier and an insulation top.

The tar paper is insulation and a barrier to cold winds. The vapor barrier sits atop the frames and helps to keep moisture from getting into the frames.

Why? The heat generated by the bees rises and as it cools, it condenses, dropping moisture. The moisture barrier collects the moisture so that it does not fall on the bees. The cold water droplets would kill them. Our hope is the hive survives the winter months.

About three weeks ago when there were a few days of 50+ degrees I checked the moisture barrier, it needs to be replaced periodically.

I found that in both hives the cluster of bees had reached the top, which meant that I needed to feed them. I set a sheet of newsprint on the top of the frames, then poured 4lbs. of raw sugar, then closed the hives. The bees will eat through the newsprint and feed off the sugar. I will have to check to make sure they have the sugar needed to survive the winter.

When the temp reaches 50+ they send out bees to find water, clear out dead bees, search for food, though there isn't really a lot at this time of year.



Aircraft Noise Line

Register complaints about loud or low flying aircraft:

www.centennialairport.com/index.php/en-us/noise/track-report-noise

or call 303-790-4709.

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Would you like to advertise in April?

Display Advertising Rates Per Issue for Acres Green Greenleaf (Over 1,053 homes)

Business Card \$60 B&W \$80 Color	1/6 page \$80 B&W \$100 Color
1/4 page \$105 B&W \$135 Color	1/2 page \$180 B&W \$230 Color

DEADLINE MAR 20th

KERRI @ PORCHLINK.COM

THANK YOU!

Editor Jean Henke, with thanks to Ron Brink, Karen Padrevita, and Lenora Starr for their help with this issue!

Acres Green Classified Advertising

OB PAINTING: \$300 OFF Interior or Exterior Painting

10% discount for cash payments and Military Vets. A+ BBB Rating. 25 years in business. Call today! 303-908-9063. NOW OFFERING ROOFING AND GUTTER SERVICES.

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METICULOUS HOUSE CLEANING! References upon request. Bonded & Insured. Call Eloisa for free estimate. 303-525-0851.

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Tollgate Crossing	\$25	1,500
Tallyn's Reach	\$25	1,314
Saddle Rock North	\$25	663
Saddle Rock East/South	\$25	1,566
Murphy Creek	\$20	1,400
The Farm	\$10	1,500
ALL OF Aurora	\$145	9,250
Willow Creek 1, 2, & 3	\$35	1,629
Foxridge	\$25	1,000
Hunters Hill	\$10	275
ALL OF Centennial	\$60	2,904
Sapphire Pointe	\$15	800
Founders Village	\$15	2,200
ALL OF Castle Rock	\$25	3,000
Acres Green, LONE TREE	\$25	1,053
Colliers Hill, ERIE	\$25	1,332

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Acres Green Teen Services

List updated for December 2021 issue. To add or update your listing, please have your parents contact Kerri at kerri@porchlink.com. Please include name, age, phone number, and services provided, and birthday for tracking purposes. Please specify "Acres Green".

The Teen Services listing is offered and maintained by the Homeowners Association, and is not a service of Porchlink Media, LLC. Any misuse of the listing should be reported immediately to the Homeowners Association.

Please see Teen Services in the printed newsletter.

Nextdoor

Acres Green



The Nextdoor website is a FREE private social networking site for Acres Green residents. It has been great for people sharing information, offering items for free or for sale, finding lost pets, recommending restaurants and services, joining the Neighborhood Watch and much more!

We are pleased that many of you have signed up and are sharing information in our neighborhood.

If you are interested in checking out this
FREE social networking site, visit:
nextdoor.com/join/QSLJBP



Traffic Concerns and Complaints- ***If you see something putting people in danger, please call 911.*

If you have a concern or complaint about drivers, call the Traffic Safety Hotline at 303-660-7539.

Please leave the following information on the Hotline:

- Detailed description of the traffic problem.
- The exact location where the traffic problem occurred.
- Include information about the time of day and date of the problem.
- Leave your name and contact information.

Complaints about drivers on Nextdoor are not monitored by the sheriff's office.



Seniors Activities Corner

By **Mona Beuthel** Contact Mona at: lamMonaB@gmail.com or at 303-919-9644. Let her know what kind of information you are looking for in the senior section.

Welcome to 2022!

Discover 7 Healthy New Year's Resolutions

1. Get Enough Sleep: Aim for seven to nine hours of sleep per night, which helps to maintain a healthy immune system, improves memory and aids concentration. **Here are some suggestions to combat insomnia:**

- Avoid using your television, cell phone, and/or computer in your bedroom.
- Avoid caffeinated or alcoholic beverages in the evening.
- Keep your bedroom cool, comfortable, & quiet.
- Stick to a schedule. Go to bed and get up at the same time every day, & avoid long naps.
- Stay active during the day. Tire yourself out!

2. Eat Well & Stay Hydrated: Choose high-fiber fruits, vegetables, and whole grains, along with nuts and low-fat dairy and leaner cuts of meat. Limit fatty meat, sugar, butter, salt, and pre-packaged foods. Drink water.

3. Stay Social: Loneliness is known as a “silent killer” of seniors. Staying connected with family and friends is vital to longevity.

4. Use Your Brain: Activities like reading, writing, trying a new hobby, doing mind-bending puzzles like crossword and Sudoku, help ward off a decline in mental health.

5. Exercise: Regular exercise has many benefits for seniors, including:

- Weight management, alleviation of depression, strong bones and muscle, better sleep, improved balance and fall prevention, longevity, decreased risk of heart disease, type 2 diabetes, high blood pressure, and high cholesterol.
- At least 30 minutes of exercise per day. Low-impact activities like biking, walking, Tai Chi, water aerobics, and yoga are great options.

6. Maintain Your Purpose in Life as You Age: Optimists are more likely to reach – and surpass – the age of 85! Manage your stress, relax, and focus on spiritual growth, not the perceived limitations of aging. **Some great ways to stay connected with their purpose include:**

Keep a gratitude journal, volunteer, join or get more involved with a religious organization, surround yourself with other positive people, set reasonable expectations for yourself and accept things you cannot change. Embrace aging!

7. Evaluate Your Home's Safety: Is your home conducive to safely aging well? The way your house is set up can have a big impact on your health as you age! Risks to evaluate include the fall hazards, adequate lighting, and the need for assistive devices.

In-home fall hazards include:

- Blocked walkways with boxes, stacks of newspapers, electrical and phone cords, cluttered high traffic areas, with coffee tables, plant stands, and magazine racks, slippery, loose rugs, curled linoleum and broken tiles, wrinkled carpets, uneven

surfaces, pet toys, beds, dishes and crates. Stairs need secure handrails.

- Install brighter lighting, LED bulbs and add more lamps. As your eyes age, you will need stronger, brighter illumination, even during the day.

Tips for Winter Safety

Injuries related to the weather include: hypothermia, frostbite, falls on ice and snow. Below are some precautions everyone should take during the winter:

Hypothermia: Occurs when your body temperature drops to a dangerously low level. Older adults are at an increased risk of hypothermia due to changes that happen to the body with aging.

Warning Signs: cold skin that is pale or ashy; feeling very tired, confused and sleepy; feeling weak; problems walking; slowed breathing or heart rate. Call 911 if you think you or someone else has hypothermia.

- Shivering is not a reliable warning sign because older people tend to shiver less or not at all when their body temperature drops.
- Don't stay outside for very long. Keep indoor temperature at 65 degrees or warmer.
- Stay dry! Wet clothing chills your body quickly.
- Layer up! Wearing 2 or 3 thinner layers of loose-fitting clothing is warmer than a single layer of thick clothing. Think about getting thermals.
- Essential winter wear: hat, earmuffs, gloves, warm winter coat, insulated boots and scarf. Mittens are warmer than gloves.

Frostbite occurs when your body experiences damage to the skin that can go all the way down to the bone. Extreme cold can cause frostbite. It is most likely to occur on body parts farthest away from your heart. Common places include your nose, ears, cheeks, chin, fingers, and toes. In severe cases, frostbite can result in loss of limbs. People with heart disease and other circulation problems are at a higher risk.

Cover up! All parts of your body should be covered when out in the cold. If your skin turns red, dark or starts hurting, go inside right away.

Warning signs: skin that's white or ashy or grayish-yellow; skin that feels hard or waxy; numbness. If you think you or someone else has frostbite, call for medical help immediately. If frostbite occurs, run the affected area under warm, not hot water.

Injury While Shoveling Snow: Remember, when it's cold outside, your heart works double time to keep you warm. Shoveling snow may put too much strain on your heart, especially if you have heart disease. Shoveling can also be dangerous if you have problems with balance or have “thin bones” (osteoporosis). Ask your healthcare provider whether shoveling or other work in the snow is safe for you.

Falls: Make sure steps and walkways are clear before you walk. Be especially careful if you see wet pavements that could be iced over.

Clear away snow and use ice melt or salt your walkways and steps at home, or hire someone to do it. Wear boots with non-skid soles – this will help prevent you from slipping. If you use a cane, replace the rubber tip before it is worn smooth. Consider an ice pick-like attachment that fits onto the end of the cane for additional traction.

Carbon Monoxide Poisoning: Unless fireplaces, wood and gas stoves and gas appliances are properly vented, cleaned, and used, they can leak dangerous amounts of carbon monoxide—a deadly gas that you cannot see or smell. These and other appliances, such as space heaters, can also be fire hazards.

Warning Signs: Headache, weakness, nausea or vomiting, dizziness, confusion, blurred vision, loss of consciousness. If you think you may have carbon monoxide poisoning, get into fresh air and get medical care immediately.

Call an inspector to have your chimneys and flues inspected – preferred annually.

Open a window (when using a kerosene stove) – just a crack will do.

Place smoke detectors and battery-operated carbon monoxide detectors in strategic places – especially in areas where you use fireplaces, wood stoves, or kerosene heaters. Replace batteries once a year.

Make sure space heaters are at least 3 feet away from anything that might catch fire, such as curtains, bedding, and furniture.

Never try to heat your home using a gas stove, charcoal grill, or other stoves not made for home heating.

If there is a fire, don't try to put it out. Leave the house and call 911.

Accidents While Driving: Adults 65 & older are involved in more car crashes per mile driven than those in nearly all other age groups. Winter is an especially important time to be vigilant when driving because road conditions and weather may not be optimal. **Precautions to Take:**

- “Winterize” your car before the bad weather hits! This means having the antifreeze, tires, and windshield wipers checked and changed if necessary.
- Remember your cell phone when you drive in bad weather, and always let someone know where you are going and when you should be expected back.
- Avoid driving on icy roads, and be especially careful driving on overpasses or bridges. Consider alternate routes, even if it means driving a longer distance. Often bigger roads are cleared of snow better than smaller roads.
- Stock your car with basic emergency supplies: first aid kit, blankets, extra warm clothes, booster cables, windshield scraper, snow brush, shovel, rock salt or a bag of sand or cat litter in case your wheels get stuck, water and dried food, nuts or energy bars, flashlight and extra batteries, map if traveling in new areas.



Seniors Activities Corner

By **Mona Beuthel** Contact Mona at: IamMonaB@gmail.com or at 303-919-9644. Let her know what kind of information you are looking for in the senior section.

The following are programs and organizations to help those of any age who may be struggling.

LEAP- Low Income Energy Assistance: LEAP is designed to assist low-income households with paying their winter home heating costs but is not intended to pay the entire cost of home heating or utility usage. LEAP benefits are available to all eligible persons/households without regard to race, color, sex, age, handicap, national origin, political or religious beliefs.

Applications can be found at: <https://www.douglas.co.us/community/housing-and-energy-assistance>

Food Banks in Douglas County: Call ahead or check with the food bank regarding eligibility & hours of operation. All food banks request that those seeking services bring with them: A photo ID, Proof of current address – such as a utility bill and/or phone bill.

Manna Care: Cherry Hills Community Church located at 3900 Grace Blvd., Highlands Ranch, CO 80126 (Enter off of Grace Blvd. and come to main lobby). **303-791-4500** <https://chcc.org/help-me-grow/manna/>

Help & Hope Center (Douglas/Elbert Task Force) 1638 Park Street, Castle Rock, CO 80109 **303.688.1114**, <http://helpandhopecenter.org>

St. Vincent de Paul Society: St. Francis of Assisi Catholic Church, 2746 5th Street, Castle Rock, CO. **303.847.2606**, <http://svdpcr.org>

St. Elizabeth’s Pantry: Pax Christi Catholic Church, 5761 McArthur Ranch Road, Littleton, CO 80124 **303.799.1036**, www.paxchristi.org

Integrated Family Community Services: 3370 S. Irving Street (Enter at second driveway, follow ‘Enter’ signage) Englewood, CO 80110. **303.789.0501**, www.ifcs.org

Life Center Littleton: 5804 S. Datura Street, Littleton, CO 80120. **303.953.7180**, www.lifecenterlittleton.org/services/food-bank

Parker Task Force Food Bank: 19105 Long Way, Parker, CO 80134. **303.841.3460**. Email: foodbank@parkertaskforce.org, www.parkertaskforce.org

SECOR Cares: Southeast Christian Church, 17151 Pine Lane, Parker, CO 80134. **720.842.5621**, www.secorcares.com

Valley View Cares, a branch of SECOR: Valley View Christian Church, 11004 Wildfield Lane, Littleton, CO 80125. **303.794.6481**, valleyviewcc.com/bless/outreach

Catholic Charities: 410 S. Wilcox Street, Suite 102, Castle Rock, CO 80104. **720.215.4521**, www.ccharitiescc.org

The ROCK Food Bank: Rock Church, 4881 Cherokee Drive, Castle Rock, CO 80109. **303.688.0777**, www.therock.org/foodbank

Health First Colorado: Adults and children may be eligible for a category of Health First Colorado or for financial assistance to purchase insurance through Connect for Health Colorado. To determine if you are eligible, you can apply online, in person, by mail, or over the telephone.

- To apply:
1. Online through the www.colorado.gov/PEAK website
 2. By Mail or print an application in English or Spanish. And turn it into the office or contact the office to have an application mailed to you.
 3. Apply by Phone at 1-800-221-3943/ TDD: 711
 4. Apply in Person at the Department of Human Services, 4400 Castleton Court, Castle Rock, CO 80109

If you have more questions about this program, please contact the Health First Colorado Customer Contact Center or 1-800-221-3943.

For Health First Colorado Transportation please call 303-398-2155.

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Ads placed in this newsletter do not necessarily reflect the opinions of the editor or the AGHOA.

Letters to the editor should be no more than 250 words and include the writer’s name, address and telephone number. Opinions expressed in letters to the editor are those of the writer and not necessarily those of the

publisher, editor or the HOA board. Letters containing misinformation, libelous statements or unsigned letters will not be printed.

Letters to the editor should be addressed to: Jean Henke

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2021 Market Statistics

Arapahoe, Douglas, Jefferson
Residential/Single Family Homes

Data	2020	2021
Closed/Sold	24,661	33,820
Sold \$ Average	553,537	614,426
Sold \$ Median	490,000	540,000
Days in MLS Average	25 days	13 days
Days in MLS Median	7 days	4 days
List vs. Sold \$ Ratio	100%	102.2%
Listed as 'Coming Soon'	5,991	10,208
Expired Listings	3,011	1,727



Market
NEWS

2022 predictions expect prices to continue in an upward trend and the market to remain stable. The current 'Seller's Market' is predicted stay in a strong position for the remainder of this year.

Call me for Your 'Market Evaluation and Consult at no cost or obligation.

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.239 Acres with minor
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