

RAH'S WORLD

Vol. 4 | September Issue 2020



Silent Disco
The latest club craze

Jonas Brothers John Legend Meghan Trainor
Charlie Puth OneRepublic Old Dominion will.i.am
Kelsea Ballerini Leona Lewis Aloe Blacc Macklemore

SONGLAND



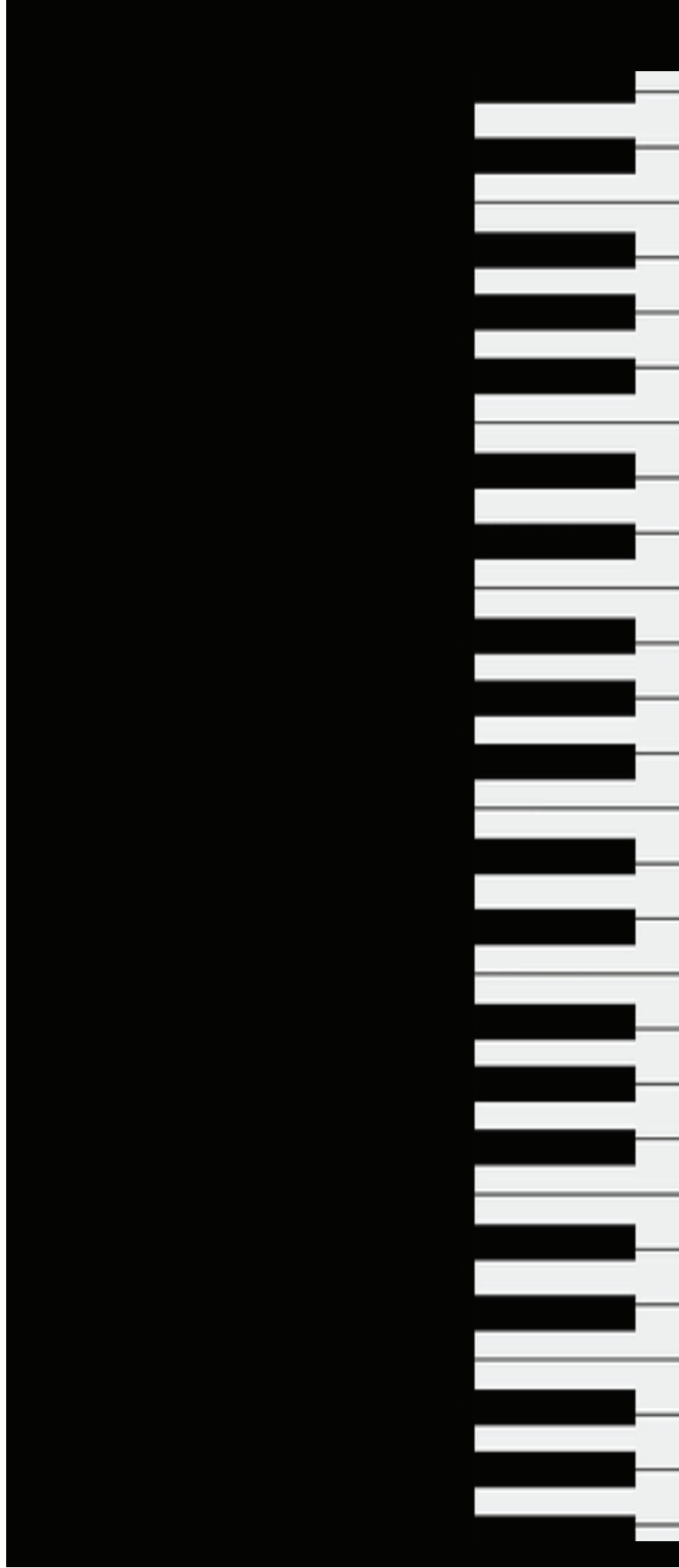
Behind every hit song
is a songwriter with a dream.

SONGLAND



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Editor's Letter

Welcome to the latest edition of Rah's World. Here in Rah's World we stumble upon so many fun things pertaining to the music world. We have the scoop on the latest club craze in the clubs Silent Discos to learning all about different aspects of Sound Design. We also get upclose and personal with Lori-X from the hottest Ska Reggae band in New England the X-ToNeS to word search puzzles where the answers have to do with music and a really interesting photo essay about Rock n' Rolls famous photographer Mick Rock.

Rah's World is a magazine that is meant to take with you to the beach or maybe along on a plane ride. From it's lite reading to photo essays Rah's World is where it's at. We will be indulging in some Rockin' Refreshments which is our section of mixed drinks. Every edition of the Rockin' Refreshments we love to make the refreshments that happened to be named after a musician and or artist. This edition our Rockin' Refreshments are named after Musical genius Prince along with a few other fun surprises. I think it would be great if everyone got a little taste of Rah's World once in a while. So from music, fashion to just plain fun it's all right here in Rah's World. Enjoy!

Lori Monica Tolentino
Editor in Chief



Word Search: Instruments

B	O	Z	R	A	T	I	U	G	S	P	L	P	I
A	R	E	C	O	R	D	E	R	T	N	R	I	I
Z	I	H	F	A	A	C	O	E	A	A	A	Z	O
O	P	K	L	I	I	L	N	O	C	E	R	R	A
O	A	O	U	A	T	I	O	L	I	R	R	P	E
K	C	O	T	O	R	E	P	I	P	G	A	B	A
A	C	L	E	A	U	T	E	A	V	C	E	Z	N
O	O	O	L	I	M	E	R	T	O	L	P	I	I
C	R	C	I	R	P	N	C	R	D	E	I	T	R
Z	D	C	I	C	E	A	N	D	O	U	P	H	A
E	I	I	E	C	T	E	I	B	I	E	N	E	C
A	O	P	R	I	T	F	O	O	F	P	A	R	O
E	N	H	A	R	M	O	N	I	C	A	P	N	A
B	I	H	N	C	M	B	A	A	V	A	C	T	R

- CLARINET
- ACCORDION
- BAGPIPE
- FLUTE
- SNARE
- BAZOOKA
- CORNET
- HARMONICA
- OBOE
- OCARINA
- PAN PIPE
- PICCOLO
- RECORDER
- TRUMPET
- FIDDLE
- GUITAR
- VIOLA
- ZITHER

the world of

Sound



Design

Lori Tolentino



Close your eyes. Listen.

Hello to all of my musical Kitty's and Kats and welcome to Tune Talk section of Rah's World where we talk about creating, hearing, experimenting and exploring music and our focus on Sound Design. Sound Design is the art of practicing and creating sound for a wide ranged variety of needs.

Here in Tune Talk we allow ourselves to get engaged, answer questions, dive-in have some fun and how to appreciate, recognize some different Sound Design recordings and techniques for an array of atmospheres and events that we may encounter in our daily lives. Have you ever sat in a room or anywhere for that matter and close your eyes? Just close your eyes & listen. Tune yourself in to the Sound Design and the actual audio make-up of the atmosphere that surrounds you.



Let's play a game close your eyes listen to the atmosphere around you. Pick out about 5 to 10 sounds that you hear. Try this for about a minute. Ok so what do you hear? Does it make you feel a certain way? Does it make you want to act a certain

way? Can you tell what these sounds actually are? Think about these sounds. Is it a natural environment or is the sound created by a machine, animal, person or instrument? So many questions we ask but once you start acknowledging and recognizing the Sound Design of your atmosphere you will start to see and hear the world in an entirely different way. From a bird chirping in the background to maybe a fork or some type of silverware clanking on a plate to the vibration or humming of a vehicle driving by or starting up Sound Design can be pre-recorded or live time. As a Sound Designer it all depends on the needs of your projects. So we will touch up on fun ways to acknowledge, hear, determine and record Sound Design for a specific situation.

Back in the late 1800s to the early 1900s this was considered the Acoustical Era. During this time period all of the sound recordings were created without using any type of microphones or electric amplification. Sound design is and can be interpreted in many different ways. It is pretty interesting how the absence of instruments can also be as powerful as having instruments in a recording. Bob Dylan back about 60 years ago had written songs with a message during the civil rights movement. Songs like "Times they are a changing". Between the meaning of the lyric and the strength of the acoustic guitar that made those songs so powerful. I remember being in the studio recording a song a few years ago with the famous Robert Xifaras aka Bobby-X (Famous SkA Musician, guitarist, vocalist Extraordinaire) where we were working on an acoustic song that he sang lead, played only the guitar as I sang along adding harmonies. Once the song was done we thought to possibly put other instruments to it but quickly realized that the additional instruments and tracks we added took away from the acoustic strength, and shallowed the depth of the acoustic ambience intended for the song.

Bobby X was a musical genius. He didn't just only play guitar for the band X-ToNeS, he played, keyboard, bass for the songs we were recording in our Xifaras/Tolentino Project which we also called "Manhattan Project". But he knew the power that the absenteeism of the other instruments allowed the song to have soulful depth where it could possibly have lost its intension with instruments and not necessarily get the point across of our song and tell our story. I also learned while recording with Bobby-X about absorbers behind the speakers adding the sound absorbers also on the ceiling and how they affect the ambience of the acoustic recording. He was always teaching me the tricks. He died way

to soon tragically in a car accident. Needless to say I will never be the same without him but his memories live on through his music.

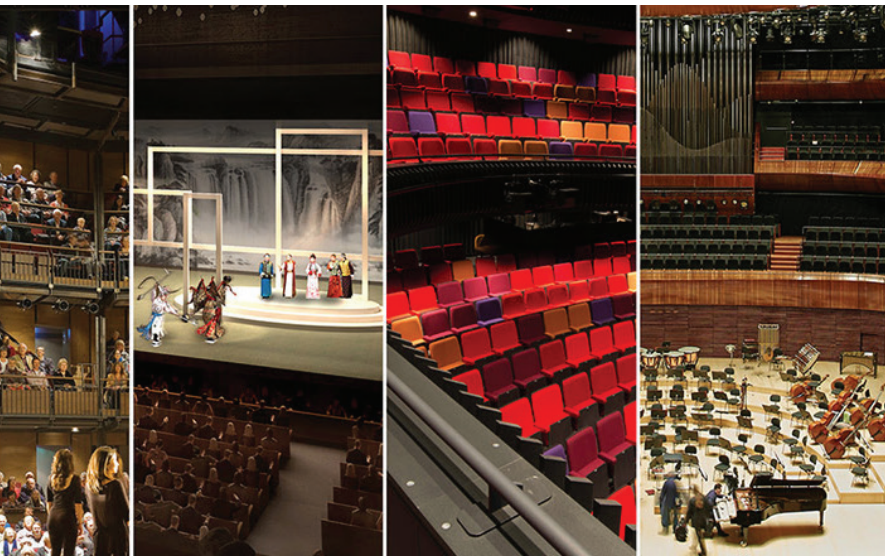
Do you guys remember the show MTV - Unplugged where famous artists would come on to the show and do an acoustic version of their album where the audience was up close, they had the acoustic guitars, they had microphones but nothing else electrical. The focus for the show was to be a majority acoustic sound stage where the audience sat on plush comfy couches, candles were lit, rugs and pillows thrown down for the audience to also get comfortable on the floor and take in the audio atmosphere.

Speaking of Sound stages. Have you heard of Foley Sound Rooms? FOLEY?! What do you mean Foley? What is FOLEY? When I first heard about Foley many years ago on a special program about set designing and sound designing on the cable network HBO. At first I was like what is this? Who is this "foley" that they speak of. Being an artist/musician I was instantly fascinated. The term "Foley" means a place, meaning a Foley Sound Stage or studio. One of the first noted foley effects was back in the 1920's where they did "talk radio" and someone actually held a machine or what they call an effects board that created the sound effects such as ringing phones and closing doors. At that microphones were mostly used for dialog. So when it came time for Universal studios to release an originally silent movie called Show Boat and re-invented it to become a musical it took both film and sound to whole other level of creativity where still today Foley Sounds are used



Do you remember MTV Unplugged

for TV, Video and Movies. Foley Studios are full of different items, materials, tools and many many props and digital effects to recreate the sound design for their projects and creative pieces. I recently took a Sound Design class where we took sample recordings of different items such as silverware clanking to someone scrambling eggs. We then took a 2 minute film removed the sound from in and recreated the entire scene using our Foley Designs. I have to say it actually made me "see"hear the world in a whole different manner. When I watch movies or television shows I no longer just watch with my eyes I also watch with my ears. and the sound design of that room captured in that moment was pretty remarkable. I always enjoyed watching that show you would have famous artists like Prince who was known for his electrical guitar and was



lighting design and of course the design of the sound. Sound Design in a theater or arena type atmosphere is very interesting because you are interpreting a scenic in live action not only the acting and props but also the sound effects and music. A lot of old theaters in history would have a full orchestra underneath the stage to accommodate the sound design for a play or other type of live performance with a conductor at the head. The Japanese in ancient times also used theater design with sound design to interpret what they called Kabuki Theater. The interesting this with Kabuki theater was that there weren't any words to be recited by actors it was all interpreted through visual and sound design. It was quite an event to attend with its dramatics.

So remember the next to you are out and about in the world, close your eyes and take a listen. Experience the sound design and audio amke-up of your surroundings. It has me hearing and seeing the world in a whold other way. We will catch you guys next time here at Tune Talk in the next addition of Rah's World.

also known for playing multiple instruments so to pull back to an acoustic concert and to show the rawness of each of these songs was beautiful and I something I appreciate as a musician and artist. I thought it was pretty amazing how a select group of people would be "hands on" or "manually" creating basically ALL of the sounds for shows, movies and even commercials.

Foley filmmaking named after sound-effects artist Jack Foley is the process of reproducing sound effects to enhance audio quality in a film, video or other type of media post production. Props and sound effects don't always get captured in a scene with all that is going on from the artists re-sighting lines to just the general background noises in the atmosphere. So to capture those sound effects and have them come through a scene to make it effective, Foley sounds needed to be created. It added depth to something or sometimes even removing a sound in a certain way can project as what you would call an effective Foley production.

Another interesting aspect of sound design is Theater Sound Design and how the design of sound is incorporated and or manipulated into a scene such as television commercial or even a song with sound effects. Where we talked about acoustic sound design earlier versus electric sound people may think acoustic isn't powerful enough because it doesn't have all of the instruments and all of the loudness but actually acoustic can be very powerful because it is actually missing all of those things which will allow you to focus on the couple or few things that are actually going on and what is dominant to the specific design. Speaking of missing a few things. I also touched upon the Foley Sound Design and how that is incorporated into specific elements of a production. If a scene needs a car horn to be blown a Foley Artist will articulate the audio for the horn and format it to accommodate the scene. From what kind of horn to how loud or soft. Oh so many things in the world of Sound Design.

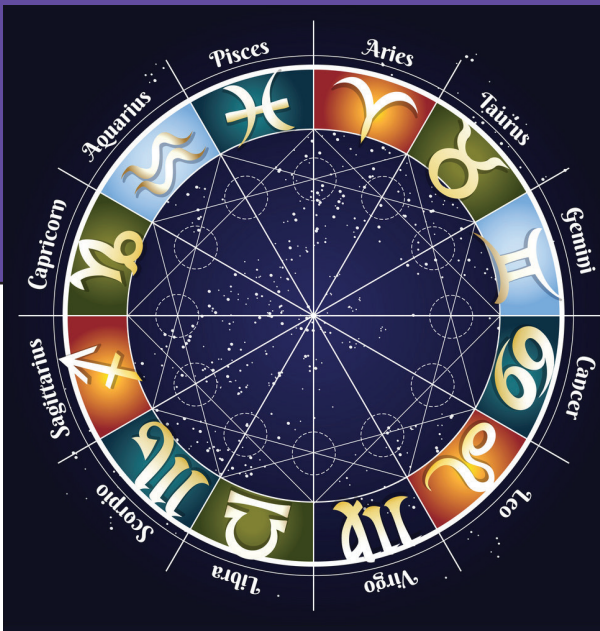
Recently, I had decided to go back to school and take a theater design class. Theater design touches up on everything from making sets, costume design,

Foley Studios are full of different items, materials, tools and many many props



Horoscopes

What's in the Stars for you in 2020?



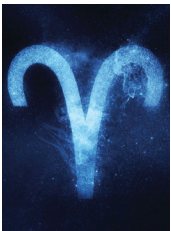
www.horoscope.com

CANCER



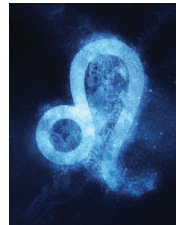
Today you might decide to attend a group activity that is primarily concerned with an intellectual, philosophical, or spiritual interest of yours, Cancer. You might meet a charismatic person whose conversation stimulates your mind and causes you to come up with new insights. During the course of the day, you might notice that this person is very appealing to you, and you could imagine getting romantically involved at some point.

ARIES



Paperwork involving money needs to be executed today, Aries. It could be a settlement, new commission, or bonus of some kind. This is likely to be a joyous occasion because money is coming your way, even though the paperwork itself might be a drag. Try to concentrate and get it done quickly so you and those close to you can go out and celebrate. Make a reservation at your favorite restaurant.

LEO



A public figure, perhaps an author, might capture your interest in some way today, Leo. This person could have a lot to say that appeals to you on a number of different levels. You'll want to acquaint yourself with as much of this person's work as possible. You could experience some valuable personal insights. Don't worry if your practical mind chides you for this obsession. Sometimes it's a good thing!

TAURUS



Today your mind should be especially quick and penetrating, Taurus. You could decide to tackle some in-depth research that you've been considering doing for a while on a subject that fascinates you. You might also want to discuss the subject with someone close to you who shares this interest. Don't be surprised if you come up with some intriguing insights. Write everything down.

VIRGO



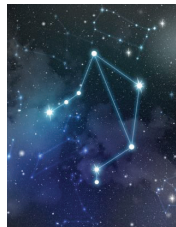
Today you might attend a party or group activity that puts you in touch with some interesting people from faraway places, Virgo. You could find their conversation intellectually stimulating. You're apt to learn a lot from them. Books could be involved in some way. You'll want to stay in touch with them, so be sure to get names, phone numbers or email addresses. This could open up some new doors for you.

GEMINI



Some vivid, beautiful dreams or visions could awaken you and make you aware of new opportunities. They could be creative in nature, and you should consider taking advantage of them, Gemini. This revelation could have been there, unnoticed, for a long time. Don't write it off because of the unorthodox way it appeared. Look into it and see where it leads you. Your destiny might lie just around the corner!

LIBRA



Some big upheaval in your career could take you by surprise, Libra, but it's apt to make a very positive difference to you. Your public standing and income could both skyrocket. Legal papers might be involved in some way. This could happen so suddenly that it has you in a daze, but try to remain focused and go with the flow. You won't want this opportunity to pass you by.

SCORPIO



A social event could bring you into contact with a very intense, fascinating person in an intriguing profession, Scorpio. You could find him or her very charming and sexy. If you aren't romantically involved at the moment, there could be potential here! If nothing else, this person might steer you in a new intellectual or spiritual direction. You could seem somewhat transformed when you leave the party tonight.

SAGITTARIUS



You always tend to have good powers of concentration, Sagittarius, but today you're more focused than usual, probably on a project that means a lot to you. This could be job related, it might involve helping a friend, or it may just be a personal project. Whatever it is, you should accomplish a lot today. The downside is that you might forget to eat, sleep, or take any breaks.

CAPRICORN



An intense conversation with your romantic partner could take place today, Capricorn. This could involve taking the relationship to the next commitment level, and the subject of marriage could come up. If you're already married, this could mean taking on a new responsibility, such as a house or child. If you aren't currently involved, expect to meet someone new and exciting who appeals to you on a number of levels.

AQUARIUS



Today you and the other members of your household might discuss the possibility of making some changes, Aquarius. This could involve some redecorating or remodeling or even something as mundane as a thorough cleaning. However, it could also involve the possibility of moving to a completely different place. The need for change in your surroundings is apparent, so don't hesitate. Go ahead and initiate the first steps!

PICES



Today you might feel the urge to write, Pisces. This could involve nothing more than a lengthy letter or email to a friend, but it could also be creative work, such as a novel, essay, screenplay, or poem. Whatever it is, you're likely to express some intellectual, philosophical, or spiritual concerns that you hope to shed some light on. Don't be surprised if you come up with more questions than answers.

Capricorn 22 Dec - 20 Jan	Aquarius 21 Jan - 19 Feb	Pisces 20 Feb - 20 Mar	Aries 21 Mar - 19 Apr
Taurus 20 Apr - 20 May	Gemini 21 May - 21 Jun	Cancer 22 Jun - 23 Jul	Leo 24 Jul - 23 Aug
Virgo 24 Aug - 22 Sept	Libra 23 Sept - 22 Oct	Scorpio 23 Oct - 22 Nov	Sagittarius 23 Nov - 20 Dec

YOUR FAVORITE MUSIC BASED ON YOUR ZODIAC SIGN



ARIES
Rock



TAURUS
Reggae



GEMINI
Dance



CANCER
Blues



LEO
Heavy Metal



VIRGO
Classical



LIBRA
RnB



SCORPIO
Avant - Garde
Jazz



SAGITTARIUS
World Music



CAPRICORN
Jazz



AQUARIUS
EDM



PISCES
Indie Pop

Rockin' Refreshme



Dearly Beloved

The first cocktail of the night, Dearly Beloved, was light and refreshing—a Hendrick’s Gin cocktail with sesame, cucumber, lemon, and wasabi-riced wine vinegar. The side of the glass was covered in toasted sesame seeds, a nice crunchy element that complemented the flavors of sesame and wasabi in the cocktail itself. This is a perfect summer drink to make every weekend and enjoy surrounded by friends and family. You don’t have to tell them that your “Dearly Beloved” is this cocktail (we won’t).

2 parts Hendrick’s Gin washed with toasted white sesame

2 parts cucumber water

1.5 part lemon

1 part wasabi-riced wine vinegar

In a shaker tin combine the ingredients, strain into a sesame rimmed Collins glass and top with a touch of sparkling water.

Purple Rain

It wouldn’t be a Prince tribute without Purple Rain—and this cocktail was the most theatrical of them all. Wine glasses were filled with a cocktail of toasted sunflower-washed Hendrick’s Gin, Crème de Violet, and lemon juice, and were then topped with an edible purple potato leaf and a few drops of the purple hued cocktail. Guests then topped off the cocktail with champagne, letting it rain.

2 parts Hendrick’s Gin washed with toasted sunflowers

1 part Crème de Violet

.5 part lemon

Champagne



ents

Let's Go Crazy

The third course was a favorite of the evening: a corn water cocktail made with Reyka Vodka, cilantro-ginger simple, and a few drops of chili oil. This cocktail was essentially a liquid tamale sweet, spicy and savory and the drops of chili oil allowed you to control the heat, and the craziness.

2 parts Reyka Vodka

1 part Corn water

.5 part cilantro-ginger simple syrup

Garnish with 3 drops chili oil

In a shaker tin combine the ingredients, double strain Chilled coupe glass, then dot the chili oil.



Cream

Quite appropriately, the dessert course was Cream—a bittersweet cocktail made with Sailor Jerry rum, cold brewed coffee, and sweetened with fig paste and condensed milk. This cocktail was decadent and defiant, just the way Prince would have liked it.

2 parts Sailor Jerry

1 tsp fig paste

1 tsp condensed milk

4 parts cold brewed coffee

In a shaker tin, combine all ingredient, hard shake and double strain over fresh ice, serve immediately.



Silent Disco

The background features a dark, almost black, space filled with vibrant, glowing elements. Several thick, curved lines in shades of purple, magenta, and blue sweep across the frame, creating a sense of motion and depth. Interspersed among these lines are numerous small, bright particles and larger, soft-edged light spots in white, blue, and purple, resembling a starry night sky or a digital data stream. The overall aesthetic is futuristic and dynamic.



Silent Discos: The most Millennial thing ever

Picture this: you're in a tent with hundreds of other partygoers, everyone bobbing their heads, waving their arms, and gyrating their bodies to the same beat. A DJ in the corner is pumping out house beats with a turntable and a laptop set up. It's late at night, or early in the morning, but energy is high and there's no sign of stopping.



If you've ever been to a club, a festival or a rave before, this probably sounds pretty familiar. But there's a twist there's not a sound to be heard in the room except for the shuffling of feet. Enter the silent disco. In fact, if you weren't in the room watching the action, you'd have no idea that there was a raging party happening inside. So what's going on here? It's a unique trend on the rave/club scene: silent discos.

During a silent disco, instead of everyone listening to music coming from the PA system, each guest has his or her own pair of wireless headphones that pump the music directly into their ears. Attending a silent disco can be a funny, surreal experience. But the concept is about more than just novelty. It's also about letting people let loose and party hard without disturbing the neighbors. The earliest events of this type took place in the '90s, and early 2000s. The Bonnaroo Music Festival in Manchester, Tennessee was the first to use the term "silent disco" as part of its event lineup in 2005. Silent discos are now frequently a part of the music festival lineup, particularly for festivals that take place within city limits it's the only way to respect local noise curfews while still providing entertainment for attendees. It was also popular in

Tennessee was the first to use the term "silent disco"

the early '90s with environmental activists for reducing noise pollution and disturbances to animals. Swapping out the big stack speakers for a headphone set is a true gamechanger, opening up a whole world of party possibilities. For instance, the idea of "mobile clubbing" gathering a group of people to an unconventional location, and turning it into their temporary dance floor. At mobile clubs and other types of silent discos, the music is often provided by a DJ, with everyone listening to the same songs. Sometimes there are multiple channels, giving dancers their choice of music. Other times, attendees just bring their own MP3 player or play music from their phone, so everyone's dancing to their own beat literally.

The concept behind silent discos has also been used to put on revolutionary live music performances. The first time this took place was in 1997, when French electronic artist Erik Minkkinen shut himself in a closet in his house and began playing music, which was streamed over the internet to three listeners in Japan a live show that spanned the globe, yet had an audience of only three people. In short, a silent disco is an event where you put on a special pair of noise-canceling headphones and gather with others who have done the same. Then, as individuals, you can tune into one or multiple channels of sound, while simultaneously and indirectly combining energies with those around you. This results in a lot of singing and dancing like no one's watching, and letting your freak flag fly.

To further illustrate, picture two DJs spinning, but without the speaker setup. The floor is filled with thousands of people, all with headphones. But there's no actual music from the DJ being played aloud. Instead, the music is playing in the ears of the attendees, who have the ability to switch between one DJ and the other. They get to choose the beats that move them. From a bird's eye view, you might be able to tell which person is grooving to which DJ, based on his or her moves. You may even be able to tell which DJ is more favored. The music battle of the future is here.

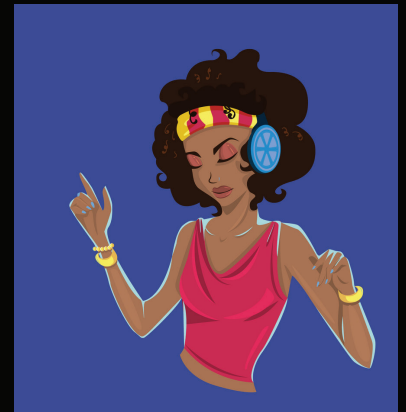
The thing is, even though this room, field or street is filled with of a bunch of people moving and grooving, it is happening with relative quietness. But this silent disco trend is starting to make a lot of noise. These headphone raves started gaining popularity across the seas in places like Europe years ago. Now, they've hit America. They are popping up in the most popular cities, festivals and venues in the nation. In fact, things are about to heat up even more, with the summer of music just around the corner. Multiple theories could explain why these silent discos are such a hot trend. Quiet events are the epitome of 2016, and of our generation. They allow us the freedom to choose. Give us a chance to break the rules and question what's normal, and we'll take it. These events create a platform in which advanced technology can engage and bond us. Because of this, it doesn't matter if it's digging deep in

our own souls or the act of coming together in silence that's so powerful. These events have become our jam: our own modern-day music festival.

If you haven't experienced the silent disco yet, the time is now. You'll be grateful that you did. It's all worth that moment when you can look up from bobbing your head and shuffling your feet in the midst of a crowd, and lock eyes with a total stranger who is doing the exact same movement. Asexual dancing has never felt so intimate. Maybe it's because DJs are in. Maybe noise ordinances have forced us to think outside the speaker box. Maybe superior sound technology is pushing the way. When giant music production pioneers like Sony are making slick, wireless, noise-canceling headphones specifically so silent discos can ensue, you know it's for legit reason. Or maybe it's simply the fact that this quiet clubbing is so weird yet liberating, and immersive yet euphoric. But it isn't imposing, which makes it quite possibly the coolest thing ever.

Whatever the reason may be, it is time to jump on the bandwagon and ride the glorious sound wave of silent disco sweeping the nation. Thanks to DJs, bands, rappers, singers, security and sloppy folk, mainstream music festivals can cause a lot of unnecessary commotion. It's an amazing feeling to tune out the hoopla, and tune into the sounds that can take you higher all around. It's a must try.

#Silent Disco Vibe



80s, 90s, 00s Silent Disco of the Decades at Buffalo RiverWorks - 9/19/20 tickets \$15

SAT, SEP 19 9:00 PM

80s, 90s, 00s Silent Disco of the Decades at Buffalo RiverWorks - 9/19/20

Buffalo RiverWorks, Buffalo



How Does a Silent Disco Work?

I'm an Old. To be clear, I'm not that physically old—it's more that I'm old at heart, and, for the most part, always have been. From the ages of 14 to 18, I was terrified of crowds, dancing, and alcohol. Then, for the next four years, I inexplicably couldn't get enough of them. I didn't go to prom, then I devoted an entire dresser drawer to going-out tops. The last time I went out dancing was at a mustache party in Washington, D.C., in the winter of 2009.

I was too vain to actually don a fake mustache, so I drew one on my finger and subsequently spent the whole night looking like I was smelling it. Still, I had a blast, to the point that when we left and rode back, haz- ardously, on our bikes, I remember not realizing it was 30 degrees out. But my desire to "go out" plummeted in my late 20s. I got busy as hell. Getting hammered is no longer feasible. The thing they say about alcohol and

These are the things where people dance with headphones on in a silent room.

aging is true, and anything more than two beers has me "quitting drinking" the following day. So in recent years, I've reverted back to my 14-year-old interests. I stay home to watch TV and construct elaborate fantasy worlds, such as the one where I can afford a condo in Dupont Circle. So why, then, did I respond affirmatively to an email from my friend suggesting, for the first time in years, that we go out dancing? And not just on any eve but on New Year's Eve? And not just to any place but to a silent disco? These are the things where people dance with headphones on in a silent room.

In the United States, the idea apparently originated with The Flaming Lips, who gave FM radio receivers and headphones to their audience at a concert in Texas in 1999. By 2005, The New York Times was on it, explaining that at that year's Glastonbury Festival in England, "neighbors may well wonder if they have lost their hearing" because "plans call for a 'silent' disco, where the dancers will be equipped with headphones through which the music will be piped." The trend came to Washington a few years later with pop-up silent discos at various events. ("People dancing with headphones on? Wacky," The Washington Post noted in 2010.) To be sure, it was cheaper than other plug-and-play New Year's options in Washington. Novelty seeking is one of the few natural "highs" that works on me (yes, I know about running; no, that doesn't work either). I had, of course, failed to make other plans, and as December wore on, I started feeling guilty.

New Year's Eve is the day Soviet Russians celebrated fake Christmas, complete with a Santa proxy (Father Cold) and his child associate (Snow Girl). I forced my Russian family to move our Christmas to

December 25 sometime in the early 1990s, but it's clear the 31st is still the real deal to them. Not long after we wrapped up our Christmas dinner, full of American holiday recipes my mom had dutifully Googled, she asked me what my plans were for New Year's. "Silent disco," I said. "It's where you dance to no music with headphones on." "Oh," she said. "Why?" Her question echoed in my mind as I found myself suctioned into my "tummy control" panty hose and clomping up the steps of the Embassy Row Hotel. Why? Why? Why? We walked past banners advertising the "Silent Dance Society"—the cult-sounding organizers of the event—and found ... a woman pushing her wheelchair through a mostly empty hotel lobby. It was 10, and the place had not quite filled up yet. We were handed light-up headphones by a very stressed man in a red sequin blazer. "Last song is at 1," he said. "TRUST ME, and I've been doing this for five years, you're gonna wanna turn these in a few minutes before 1 to avoid the crowd."

The disco was staged in the part of the hotel where continental breakfast is normally served, which is perhaps why the "bartender" poured me a full pint of Chardonnay when I ordered a white wine. Next to me, a sweaty guy in running shorts ordered a coffee to go, eyed us warily, then returned to his room. Soon, though, the wine pint began to do its job, and we warmed to the dorky vibe. Plus, this being Washington, there simply are way more people than things to do, so gradually a respectable throng trickled in, and the dance floor grew downright packed. The headphones had three channels, each controlled by one of three MacBook-wielding DJs in the corner. The red channel was what one might call wedding music. Another tended toward hip-hop, and another toward Avicii-style EDM.

For people like me, who have between zero and one dance moves anyway, the most fun was had by switching among the channels rapidly. Other people all switched to the same station, then formed tight circles to gyrate together. One woman grabbed onto the edge of a table and commenced twerking her heart out. The world, in other words, was your disco oyster, and as the night wore on it became clear





we would be leaving our dignity on the dance floor. During “Shout,” I took off my headphones to hear a chorus of off-key “hey-ey-ey-ey”s from around the room. We bungled the countdown—two crowds of people were looking at two different timers or feeds or something—but everyone promptly resumed dancing anyway.

Toward the end, it was lit, as the youths say: A guy in a tuxedo T-shirt joined a group of hot women in the electric slide. A woman in gold muttered, “It’s. About. To go. Down,” as she walked by me, headphones on and drink in hand. Couples tuned their headsets to the same station, clutched each other lovingly, and swayed. I felt—could it be?—mirth. The “Despacito,” the Backstreet Boys, the chasing “Waterfalls.” It reminded me of a foam party I went to in London once, where I danced with a boy I loved, but also everyone else, and also the FOAM, and when the sugary-sweet S Club 7 number “Reach” played, it seemed both cheesy and perfect. Sometimes things can be both.

Nearby, a crowd of balding men who looked like lawyers had crept out from the darkness of the dance-floor area and were, with headphones flashing, doing a gregarious YMCA under the lobby’s bright lights, in full view of any and all hotel guests. Which is good, because everyone deserves to have some fun now and then. Silent discos are a popular trend, taking clubs and parties by storm, but do you know what equipment you need to hold one? When holding a silent disco, you can’t use just any ordinary headphones. Our silent disco headphones are LED wireless and rechargeable, meaning that there is no hassle of constantly having to change the batteries. The volume and channel of music can also be adjusted through the headphones.

Silent Disco Transmitter – For all silent parties it is important to have a wireless transmitter. At The Silent Disco Company, our wireless transmitters have a 500 meter range, in which people can listen to their music. Meanwhile, the wireless transmitter also has a three channel selection, which can be connected to an iPod, laptop or to a DJ performing at your party,

giving your guests the choice of music to choose from.

How to organise a silent disco– Organising a silent disco party is actually much easier than you no doubt imagine it to be. The only thing that you need to do differently compared to holding any other normal party, is you need to arrange your silent disco headphone hire

How to set up a silent disco– When setting up the silent disco, it is important to make sure you have different styles of music prepared to suit a variety of your guests. As the wireless headphone connection has three different channels, this means you can link up the wireless transmitter to three different music stations. Your guests throughout the silent disco can change music station depending on what music or songs they fancy listening to at any given moment.

Meanwhile, The Silent Disco Company offer many other services such as:

- Lighting and sound
- Solutions staging
- Event production
- Event management
- Dance floors
- Entertainment





Wedding Hire - On that special day, no one wants the party to end, but that can be a struggle with noise restrictions in neighbourhood areas. A silent disco wedding is the answer you have been looking for.

Corporate/Exhibition Hire - When holding corporate meeting and exhibitions, it can be a bit of a struggle to translate when people from different countries are attending. By using silent disco hire for corporate events, the separate channels can be used as different languages so that everyone can understand what is being said.

Silent Disco Hire - Whether you are having a disco party, or you're searching for a headphone rental service for your nightclub, disco headphones are a fun and trendy way to attract more attention to your disco theme party. Bring the nights of your festival to a quiet yet energetic close and create an unforgettable atmosphere for your guests. Avoid disrupting nature and neighbors with loud music of traditional sound systems. Cater to a diverse crowd by broadcasting two artists simultaneously to the same audience on the same dance floor with our two-channel capability. Silent Live Concerts are a perfect way for a live band to play where it might otherwise be impossible. A silent live show or concert (aka silent gig) allows for all the audio to be broadcasted through wireless headphones to the audience. All the sound that normally gets amplified by traditional speaker systems is fed to a transmitter and a live show becomes silent. If the band has a drummer, v-drums are used to silence the percussion. It's even possible to silence a horn section!

Fitness Centers - Many fitness clubs and gyms typically offer TVs for passing the times when on cardio machines. The silent disco systems allow you to connect to each TV's audio to a transmitter so those exercising can switch between the TVs they want without distracting others. Specialized fitness Clubs such as CrossFit boxes, yoga studios, and cycle bars offer

multiple types of workouts with different instructors. Classes depend on communication from instructors. The silent disco systems allow numerous trainer to coach while the attendees can select which workout program is right for them. Silent disco systems are perfect for the use in dance studios and dance rehearsals. In dance competitions, warmup and rehearsal of choreography are essential to an excellent performance. Offering silent disco systems at these competitions allow each team members to monitor their music selection without interfering with other groups.

Live Music - Silent discos provide a unique alternative to the the experience of the live music. The silent disco systems allow your event to feature multiple performers. Perfect for battling Djs or bands, the silent disco systems provide you the ability to book a variety of performers to draw a more diverse audience. With no need for traditional PA speakers or stages, the silent disco systems easy to integrate setup is excellent for adding the an extra level of entertainment for any event without adding extreme noise levels Low noise entertainment is great for mobile Dj events such as weddings, birthday parties, and corporate parties. Silent discos provide a dancing option while allowing guests to maintain conversations. Multiple audio sources enables you to provide a selection of musical genre options for a divers audience group.

No need to worry about annoying guests with your singular music option; let them decide what is "real music." In addition to venues, clubs, mobile entertainers, and music festivals, the silent disco systems are an excellent addition for audio and backline rental companies. The expandable, complete system makes it simple to rent the silent disco setups to promotional companies and party planners for the use in their

Silent Disco headphones provide a flexible noise-free audio option

events without cluttering your storage systems. Talent Silent Disco

Systems provide a personalized listening experience for a vast array of applications. Silent discos are events in which the audience uses a pair of dedicated headphones to select what they hear. From battling Djs to language interpretation for presentations, Talent's Silent Disco Systems provide a flexible, noise-free audio option. Silent disco systems are not only entertaining but also extremely practical and functional.

Silent disco systems feature multi-channel wireless headphones and several transmitters with dedicated input sources. Event planners can use up to ten independent transmitters to provide the audience with ten different options for listening. Each audience member receives a set of multi-channel wireless RF headphones. The headphones feature a channel-select controls so each person can decide which transmitter they are hearing. Headphones LEDs also offer feedback as which audio broadcast they audience member has selected. The headphones also include personal volume

control. The noise-free nature of the headphones based systems means you do not have to worry about noise complaints. This low noise systems allows your events to go late into the night with the police knocking on your door. Since the headphones provide audio, you also do not need to haul around and fuss with a large traditional sound reinforcement system. Using silent disco systems, you can have multiple performers without the need



for a separate stage, which conservesevent space.

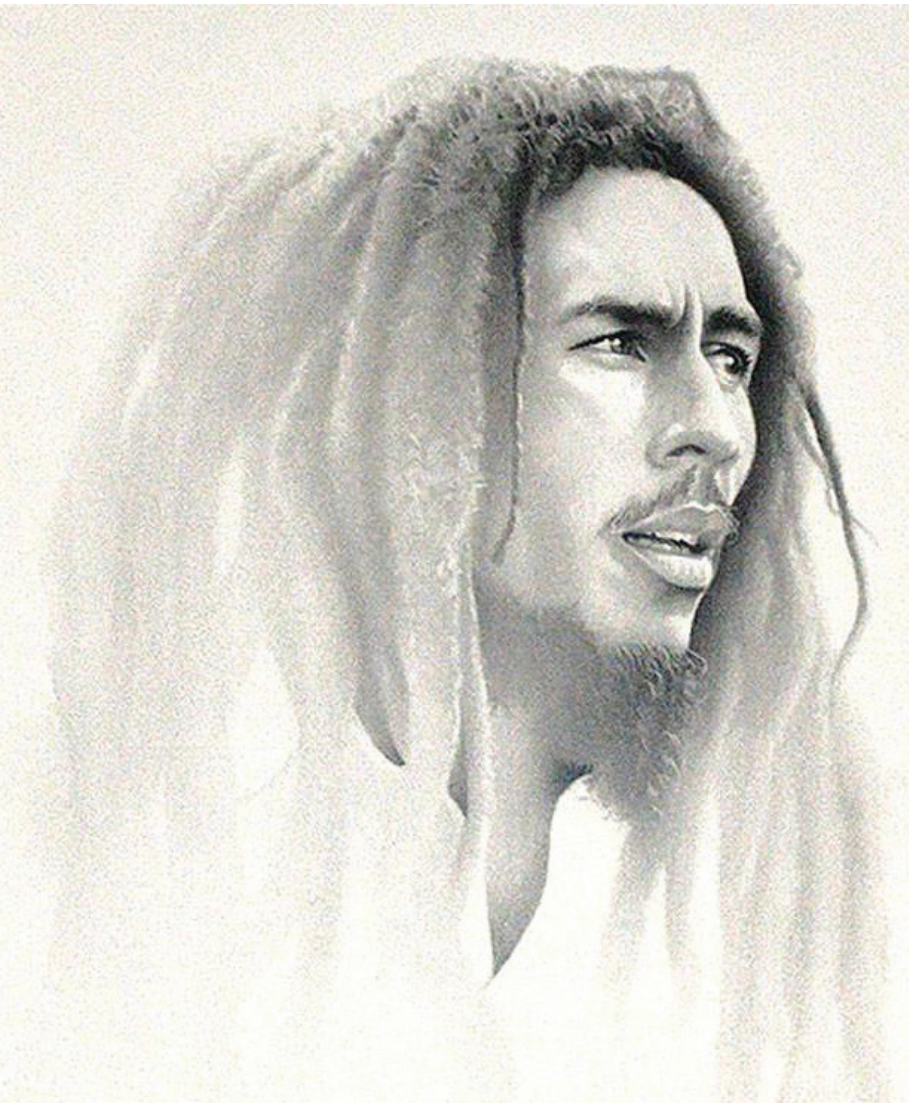
The compact nature of the silent disco system allows for virtually unlimited audience participation. Versatile and expandable, the Talent's Silent Disco Systems are perfect for live music events, fitness clubs, bars and restaurants, educational spaces, and conference rooms, among many more. Creating a personalized listening experience for the audience, Talent's Silent Disco Systems , aid you in throwing a unique, enjoyable and memorable event. With Silent Storm's top-of-the-line silent headphone technology, you can forget about noise curfews and sound ordinances and throw a dance party literally anywhere. Give guests a choice of music genres while keeping everyone on the same dance floor with a tap of a button perfect for diverse groups with varying music genre preferences. Open up an event to multiple performers to entertain guests simultaneously in the same space — ideal for a DJ-battle or for incorporating any combination of audio experiences into one activation. Offer guests personal volume control, eliminating hearing damage

Encourage conversation - no more yelling overblaring music and losing your voice Instantly create an icebreaker and conversation topic with a comedic, high-energy dance floor when headphones are off (think: the sound of dancing feet, singing, whoops and hollers and sometimes even hilariously loud personal conversations between dancers donning Silent Storm headphones. This works very well at conferences and networking events with a focus on verbal connection and communication

Lighten your equipment - Our heaphon-crates are much easier to maneuver than huge loud-speaker sound systems. Equalize the sound quality across the entire broadcast range (about 500 yards in an open space) amazing sound quality regardless of your position in the venue (whether you're in the front row, in the back or even if nature calls). The silent disco equipment ships to your door and is ready to go out of the box.

You're in full control of the audio - Simply plug-and-play by connecting our transmitter to any audio source whether it's your smartphone or professional sound gear — no Wi-Fi or bluetooth required.





Why we need another Bob Marley

Bob Marley died more than three decades ago, yet he is still a strong cultural and musical influence. We explore why the singer affects millions of people across the world to this day.

Robert Nesta Marley, famously known as Bob Marley, was born on 6 February 1965 and died on 11 May 1981. From the 1960s to the 1980s, he transcended three musical genres successfully, namely rock steady, reggae and ska. However, he was, and still is, accepted across the globe as the king of reggae.

His singing and songwriting talent allowed him to set his own course in the music industry. His musical style was highly influential and is still relevant to many people worldwide. Yet it is safe to say that it was the passion he embodied and communicated when he performed live that won over his audiences and earned him fans across the globe. His songs expressed peace, love, and equality, and these values were an expression of the philosophy he lived by. It would be easy to dismiss Bob Marley as a 20th-century figure. Truth is, he is still relevant

and revered by millions of people across the world, even decades after his death. It is interesting to consider why this is the case. Breaking from tradition Bob Marley was born of a white, British-born father and a Black Jamaican-born mother. His mixed racial background and life experiences contributed significantly to the person he became. Marley became the superstar he is today because of the factors that shaped him. These include his experience of racism, being raised in Trenchtown, Kingston, and his Rastafarian beliefs. The latter became an important movement in African-American politics.

Bob Marley was an artist who defended love, peace, emancipation and freedom. He warned against duplicity and hypocrisy in human relations, using music as a weapon and showing how musicians could and should be forerunners in the fight against oppression. His music promoted transparency, equality and accountability. Surely these are the values that see him remain relevant to this day. In fact, Africans are now in need of a new generation of Marleys to once again inspire us and give us faith, hope and charity.

I am pleased to announce *Paths of Freedom - The Bob Marley Family Tree*, Print and Available to Purchase. This is a limited edition work, all profits to charity, published by AR Heritage Publishing, on 11th May 2018, to commemorate the 37th anniversary of the passing of one of the most extraordinarily influential cultural icons of the late 20th century, Reggae Legend and Music Superstar, the Hon. Robert Nesta Marley, OM, (1945-1981).

Bob's music inspires, entertains, excites, educates and unites, in equal measures, people from all walks of life, from across the globe, providing an enduring and robust legacy, to an all too brief existence. His humble nativity in rural St Ann, Jamaica, and his subsequent upbringing in the rough and tough confines of Trenchtown, a notorious slum district of the nation's capital, Kingston, moulded a warm, yet tough individual of unique authenticity and empathy, whose ability to connect with his audiences and articulate their shared life experiences, their hopes, their struggles, their hardships, won him the respect and adoration of millions.

This work seeks to give an understanding of the influences and circumstances that shaped his life and helped nurture his extraordinary talent, through an examination of Bob's maternal heritage, in the transplanted African slave population of Jamaica, casting light on individual stories, experiences, and paths to freedom, and his paternal heritage in the White European settler population. Often incorrectly referred to as an Englishman posted to Jamaica in military service, a great many inaccuracies have been written about Bob's father, Norval Marley, and his immediate family. Contained here is the most factually accurate account of Bob's roots available to date, sourced from original records, dispelling many myths, whilst confirming Bob's undisputed position as a true son of the Island Nation and a most worthy representative of her unique spirit and people

None but ourselves can

FREE

our

MINDS



Bob Marley via Gecko & Fly



X-TONE



ES

New England's Hottest Ska-Reggae Band

Ska is alive and well in New Bedford, Massachusetts in the hands of the city-based band, The X-ToNeS. According to the band, they can best be described as “the Mighty Mighty Bosstones smashed with Sublime”. The national dance and music of Jamaica enjoyed its first wave of success in the 1960s, the second in the late 1970s to the early 1980s. The third wave, which continues today, is an eccentric mix of roots ska-reggae, jazz, rock ‘n’ roll, and punk rock stylings fused to create a unique and immediately recognizable sound.



"Jimmy Johnson, isn't welcome anymore. Jimmy Johnson, grab your bag you're out the door. I don't mind if she's going to make me go, poor old Jimmy his little head is hanging low". Those were the lyrics we sang at our 1st audition trying out for the locally famous X-ToNeS. Myself, Kelsey and Sonia Williams had a quick little chat got ourselves prepared and started singing the song. As we started singing we realized the band members, some of their wives and a few friends started to smile and began to giggle. So we're wondering why are there laughing so after we're finished Rick Bennett bass player for the X-ToNeS says you guys sounded fantastic it's just funny because you don't even realize what this song is about. I looked back at the lyrics looked at the girls and we started cracking up. I was like you guys are too funny. The song was about a penis! So needless to say we had a good laugh. It's a great song and one of the reasons why I was so excited to have the opportunity to join the locally well known Ska Reggae Band X-ToNeS.

I can't even tell you how excited I was because this was the start of a new chapter in my life. I was always a dancer. My mother Connie signed me up for dancing school when I was about 2 years old. I learned tap, jazz, ballet, Polynesian style dance, hip hop And I also learned how to twirl the Baton which I continued right through high school a majorette for the New Bedford High School Whalers. "Go Whalers.

As we prepared to get ready for the summer of all summers I just couldn't believe how amazing these musicians were and how lucky I was to be jamming with them especially with my favorite style music. People ask me what my style is and I say I'm a concoction between Sade, Tina Turner and like Gwen Stefani with a little bit of Lenny Kravitz and Sting oh and let's not forget Lejon Johnson from Sevendust. I know someone who would appreciate that. wink, wink.

But when it comes to Ska, there is just something About how it makes me feel. To the up beat, off beat style of Ska to the chill relaxing vibe of the one drop slow reggae beat, it's happy it's fun it's powerful and emotional all at the same time but always puts me in a great mood.

Spring 2000, That's where it all began. One of the best funnest musical summers of my career thus far. X-ToNeS hit the road. We had a band Van and boy what adventures we had in that thing. I am cracking up just going down memory lane. We had a big summer weekend coming up on Cape Cod starting out in Hyannis then going to Provincetown, MA to play at the Beachcomber in Wellfleet, MA.

So here we go riding and singing songs having a good time in the Van. As we crossed over the Sagamore

bridge next thing you know we see these 2 young ladies with suitcases walking along the side of the highway. Dan Raposa (drummer) says "We have to help them" he pulled over. A couple of us get out ask them if they want a ride but we were quick to learn that they were both deaf and from another country. Ireland is what we learned from the paperwork they showed us. WOW! Now that's an adventure for them but it didn't stop us we found a way to communicate with them, figured out where their hotel was, we all hopped in the van and was able to bring them there safely And we didn't just drop them off. We went into the hotel to make sure that they were able to check in and that they were all set.

I bring the story up because that's one of the reasons why I love these guys so much we take care of each other. Nothing was going to stop us so we charged along and got to our gig. Now traditionally music events, gigs, shows tend to be on a stage of some sort but nope not for the X-ToNeS. Our 1st gig for the start of the weekend was at a Boat Party. We had no idea what was about to happen. Now when I say boat party this was crazy. Boy would I have loved to have cell phones that took pictures and have social media back then like we do now. This was so amazing they set us up on a yacht which played out to



people surrounding us on Boats and floats and jet skis. It was AMAZING!!! It was one of the best times I ever had. To be up there on that beautiful boat with my boys playing the music that we wrote and that we love on the most perfect sunny day. It was dreamy. Let's just say we "rocked" that boat! I remember some of the guys jumping into the water after the 1st set. So fun. And of course we had to have the coolest after party. Bon fires, Jacuzzi, snacks, fun party favors and music of course. It was a nice chance to sit back take it all in and really appreciate it especially after given the 2 young ladies a ride earlier in the day who couldn't hear anything not even music.

Staring into that fire I said my little thankful prayer for everything that I have been blessed with.



Next morning we were ready to go heading down to P-town(I call it mini Vegas) to play at the world famous Beachcomber in Wellfleet, MA. Fun, fun place. What a great time that was oh and before I forget get the Fish Tacos there. They are delicious. What a blast, We blew the roof

off that place. We all piled into a few hotel rooms that night and I won't mention any names but one of us stole a golf cart (well we borrowed it) driving around in the golf cart just chillin at like 3AM. I remember Craig got lost walking in the woods going to the beach or something for like 3 hours. I am cracking up because whenever he came walking back out of the woods we were like where have you been. I was like I hope you wrote a song all that time you were gone. Too funny. Just a couple memories to share with you guys. But so many beautiful ones.

X-ToNeS continued along with their summer tour rockin' out the hottest clubs and events all over New England. We opened up for Toots and the Maytals and Burning Spear at Pufferbellies in Hyannis then later that summer we were artists of the month for Pixie 103, did a guest radio spot which was such a fun experience. They interviewed us about our music, I was able to read the weather report. I'm not gonna lie, inside I was feeling like a little bit of a Rock Star. So we had the guest spot on the radio station, we did a photo shoot where we were the feature article-full page spread and all. We finished out the summer with a bang out on Martha's Vineyard Labor Day weekend playing at the famous Lola's restaurant in Oaks Bluff. What a summer! I was proud. I was proud of my boys and what we were creating because that was something we loved. Our 7-piece Ska/Reggae band had hits from a chill one drop beat to the upbeat ska tempo. Lincoln Greyhound Park in Raynham, MA used our song "Jimmy Johnson" for one of their commercials and An independent film. The tune, "Upside Now," has an insistent beat that challenges the listener, "Just try to keep still." If you're like me, you'll fail. The 90-minute film, "Girl ... Take It Easy," was written and directed by Tom Sumner. "It's about a girl who's in a ska band and looking to make her life normal," explained band manager Peter Goben of Fairhaven. "She's torn between two romantic interests in the band, and she wants to have a normal life with a regular job and regular hours." The film was submitted the next month for consideration for the Sundance Film Festival.

"Upside Now" began life as "a real pop song that the band's singer, Don Lucci had written" years ago. They had altered it for inclusion in The X-ToNeS' playlist, and it was made strictly instrumental for the soundtrack

wrote Joanna Mcquillan Weeks of the Standard Times. X-ToNeS music is fun, full of Passion, soul, depth and meaning. The main reason why I wanted to be part of this. So for many years we continued our ska reggae journey. The X-ToNeS originally started as a 4 piece band. They were called the X-Men. But I guess they finally came to their senses (laughing) And incorporated the super fabulous wonderful Lori Tolentino aka Me. Officially named Lori-X by guitarist Robert Xifaras aka Bobby X. I'm not gonna lie I thought I was the bees knees once he gave me my stage name. We were already close but after that we were bonded forever. Like the "X" tattoo on my arm, it's there forever. Till this day people still call me Lori-X and I wouldn't have it any other way.

After many super fun years of playing together and creating original music the X-ToNeS decided that we were going to take a break. People's lives were heading in different directions. But Bobby X and I still stayed together and still created original music. He named our project the Manhattan Project And I was his "Agent 99". When I say we had so many adventures oh my goodness we had so many adventures. But that's how we created our songs. It was so fun. It was in our blood and what we do. Music was the air we took in so when we would know when we were going to jam or just chill and brainstorm there was no stopping us.

He was the mastermind behind all of it so he would write down ideas for the lyrics and leave them in a "Secret Agent 99" envelope and like put it on my car or put it in my mailbox or hide it somewhere fun like

X-ToNeS song goes to movie

we were really secret agents. "Agent 99" Top Secret would be on the front of the envelopes. Every time I got an envelope I was so excited because I knew

what was inside. That would be one of his musical masterpieces. He would record songs on the cassette tape with just him singing and playing the guitar, include it in the envelope and say work your magic on this. But little did he know he was my magic. He always will be.

Robert M. Xifaras died in an automobile accident January 5th 2018. I'll never forget the moment I got the news. I fell to the floor in disbelief and cried out.... NO! This just couldn't be happening. He had recently seen my parents at the supermarket and said have Lori call me so we can get together after the holiday. But it kills to even think we NEVER go to and that is tough to swallow. The day Bobby-X died is a day I'll never be the same from. My magic was Gone. I was upset, I was angry, confused, sad, lost. X-ToNeS were just talking about possibly doing a reunion show after the Holiday hustle and bustle. But, again it never came to that. All the What If's and Why's just shut me down. I didn't play music or anything. Even today I still can't believe that he is gone. He was the captain of our musical vessel and I didn't know what to do without him. Some shutdown time went by. I was going to say I cried a lot but I still cry about it like it just happened yesterday.



"Fine tuning our fears for the future, teaching something to all that is strange, are we speeding up on the wrong road? Can you bring back my friend, for a day?" were lyrics Bobby-X wrote for a song we were working on called "Kong Escapes". "Fine tuning?" It stuck with me. Bobby X always told me not to let anyone or anything ever take my shine away and to always stay beautiful and not just physically, internally. Internal beauty. That made me think and it started sinking in that I can't NOT play music anymore. I have to play music, I have to continue to do this for myself and for him so his memory will live on. I feel like he's with me all the time he is my music angel. I feel like he knew what I was going through at that dark time. So I worked on "fine tuning" my fears.

Not too long after realizing that I needed music back in my life I received a phone call from one of the most sweetest coolest funkiest fun nicest talented musicians Tom Poitras. I have known Tom for 20 plus years. He used to be the sound man for the X-ToNeS at a local place that we played called the new wave cafe. The New Wave Cafe' was known for being a local home for original musicians. On any given night you walk in there there could be live music from acoustic, to a DJ, open mic, karaoke with Louise, Oh and really good food. It was like a diamond in the rough. So any who, Tom had called asked me if I would be interested in this interactive Calypso style island reggae band. As I held the phone I looked up into the sky and I said thank you. Thank you to my beautiful music angel because if there was anyone that would help me get through this and feel comfortable enough to do music again would be Tom Poitras. Our current band called Hula la allows people to be a part of the show with us. We have fun percussion instruments that people can shake and

play, beautiful bright colored fans that we wave in the air, we do the limbo and other fun things during our show. Fun fact about Hula La is we also have a show for the elderly where we go to the nursing homes and get them interacting in the show which helps with their occupational speech therapy skills as they are singing and dancing with us. And if they are not able and maybe confined to a walker or a wheelchair their aides will wheel them our guide them underneath the limbo stick to also make them feel included in the show.

We also have a kids version of the show. And let me tell you these kids can't get enough they love it they want to be part of it they want to help pack up when it's over it's so great. They ask for the autograph like I'm somebody cool it's just the best and just what I Need in my life as well as them. Recently club owners have heard about what we have been doing and have hired us so there is a 3rd aspect of our show that just makes things different and fun.

As you can see music is my life. Along with Hula La I am lead female vocalist for a 9-piece disco band Disco Dream. I'm so grateful for the musical experiences I've had. From the different bands that I had played in to all the things I learned from different artists and musicians in what I like to call Rah's World. Rah is a nickname that my baby cousin Jason gave me because he couldn't say my 1st name Lori. He called me RahRah and it just stuck with the family. So now you know where Rah's World came from. I woke up on Tuesday morning May 12th, it's finals week and as I was getting ready for class and going through my final project (this magazine) I felt it needed something a little personal so I started to write this article.

As I wrote this article guess what showed up? This beautiful Cardinal (right of page) Cardinals are known for being symbols of people who have passed and also represent rejuvenation, hope, health and joy. We'll call him "Cardinal-X" (smile). Something I needed to see today. See I told you Bobby-X is my musical angel. He hears me, he's with me always. Embracing that is what gives me a sort of comfort. I am blessed to have the most amazing family a girl could ask for. As my dad LeRoy call us, The "7199 Crew" they are always supportive of me and my musical adventures. So onward and forward I go to the next adventure. In the words of Lori-X ...Hellola and "Cheerios Mates"!(shot glass clink)



"Fine tuning our fears for the future, teaching something to all that is strange, are we speeding up on the wrong road? Can you bring back my friend, for a day?"





Legendary rock photographer Mick Rock is often referred to as ‘The Man Who Shot the Seventies’, for his iconic images of Syd Barrett, David Bowie, Lou Reed, Iggy Pop, Queen, the Sex Pistols, The Ramones, Blondie, Rocky Horror Picture Show, etc. London born, he has resided in New York for the past 35 years. He has shot over 100 album covers. But he in reality never shopped shooting.

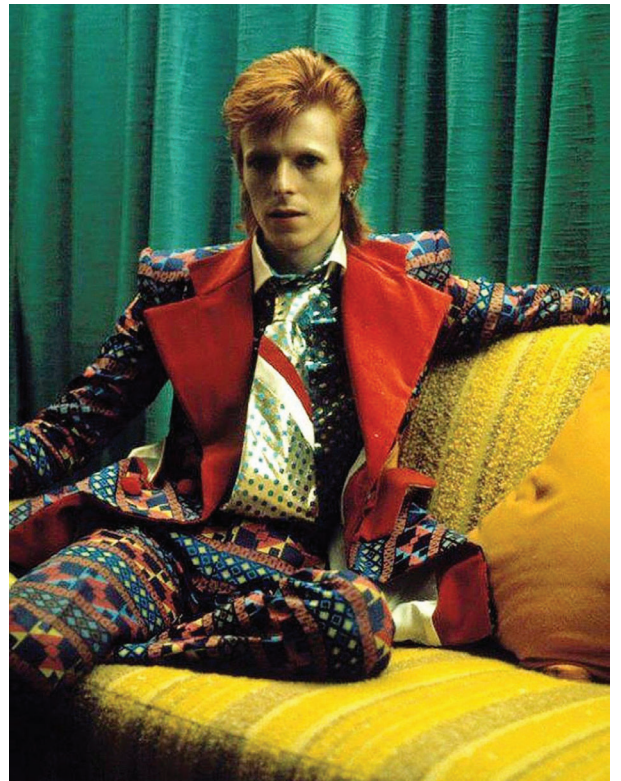
His recent subjects include Snoop Dogg, Father John Misty, Lenny Kravitz , Janelle Monaie, Jimmy Fallon, The Black Keys, Karen O, Ellie Goulding, Alicia Keys, Michael Buble, Daft Punk, Perry Farrell, Motley Crue, TV On The Radio, Pharrell, Josh Groban, Flaming Lips, Nas, Rufus Wainwright, Kings of Leon, RKelly, The Black Lips, Queens of The Stone Age etc.

Rock was instrumental in creating many key rock ‘n’ roll images, such as album covers for Syd Barrett’s Madcap Laughs, Lou Reed’s Transformer and Coney Island Baby, Iggy and The Stooges’ Raw Power, Queen’s Queen II (recreated for their classic music video ‘Bohemian Rhapsody’) and Sheer Heart Attack, The Ramones End of the Century and Joan Jett’s I Love Rock ‘n’ Roll, among many many others.

Mick Rock

Legendary Rock Photographer

Rock launched his career with an unknown David Bowie





Rock's image of Bowie, taken in New York in 2002, was achieved with the help of a fictional backstory. "The eye-patch and the binoculars stirred thoughts in us about a pilot from an imaginary second world war movie, which we were making up as we went along," said Rock. He explained to me that he had four additional wisdom teeth at the back of his mouth. He didn't want to have them removed because it would reduce his palate, which he believed would hamper his naturally extensive vocal range," Rock recalled.

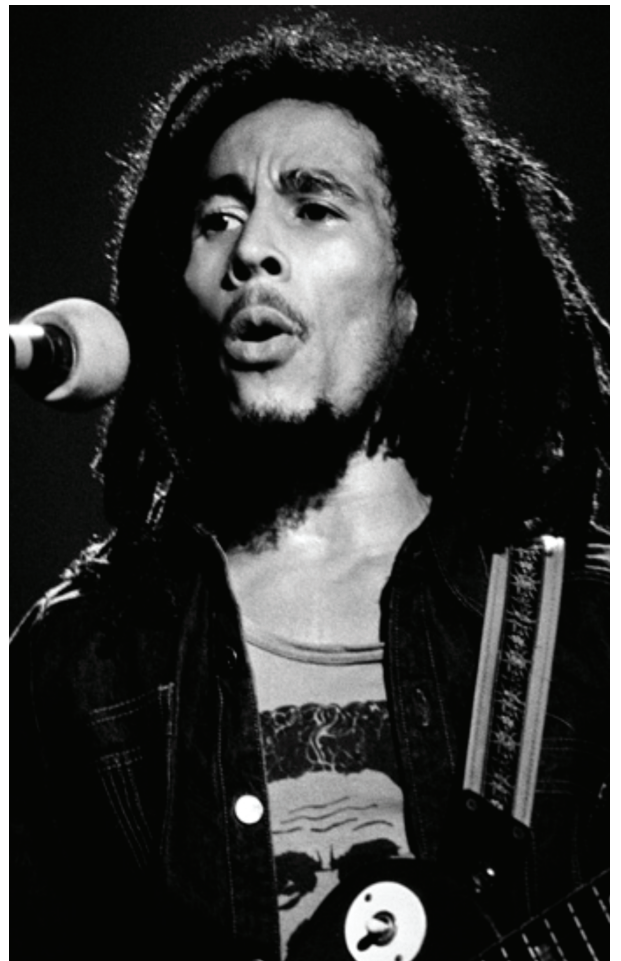
The photographer first picked up a camera after graduating from Cambridge University because it was a welcome contrast to academic study. In the decades since, his potent images have themselves become objects of study, hanging in museums. "I have become so universally identified with that era that they say I shot the 70s," Rock has said. "What was once rock'n'roll, and very disposable, is now art." Mick Rock's camera has charted the careers of the great stars of music and is responsible for some of the most famous album covers, including Lou Reed's *Transformer* and Queen's *Queen II*.

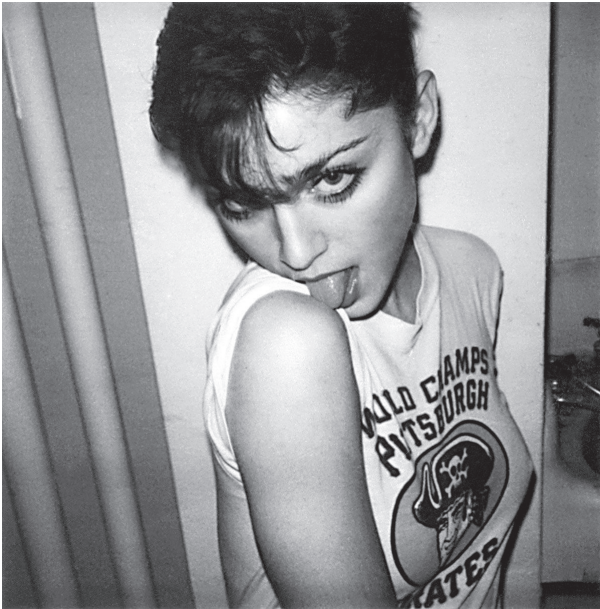
"I don't use the word 'genius' lightly but if David Bowie is not a genius, then there is no such thing"





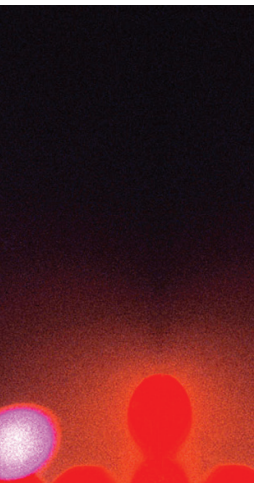
*Bob Marley
and Queen
also included
in the famous
photographers
portfolio*



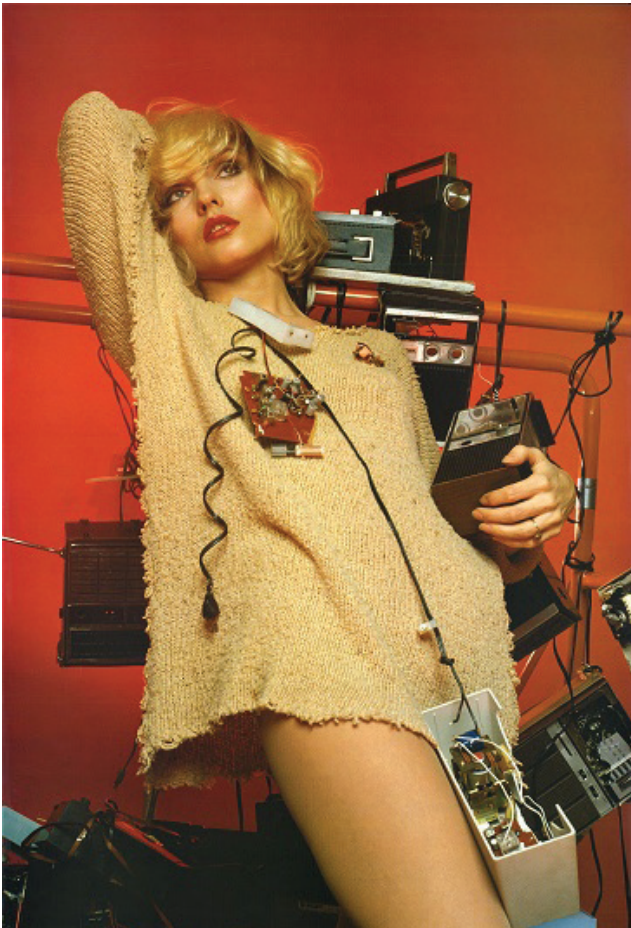


*From models to rappers.
Mick Rock had an eye for
the stars.*





Debbie Harry became the most photogenic and photographed rock performer of all time. Mick Rock lived and lensed cutting edge culture like no other in the 1970's and their collaboration yielded iconic photos that transcended and transformed the public perception of rock'n'roll imagery



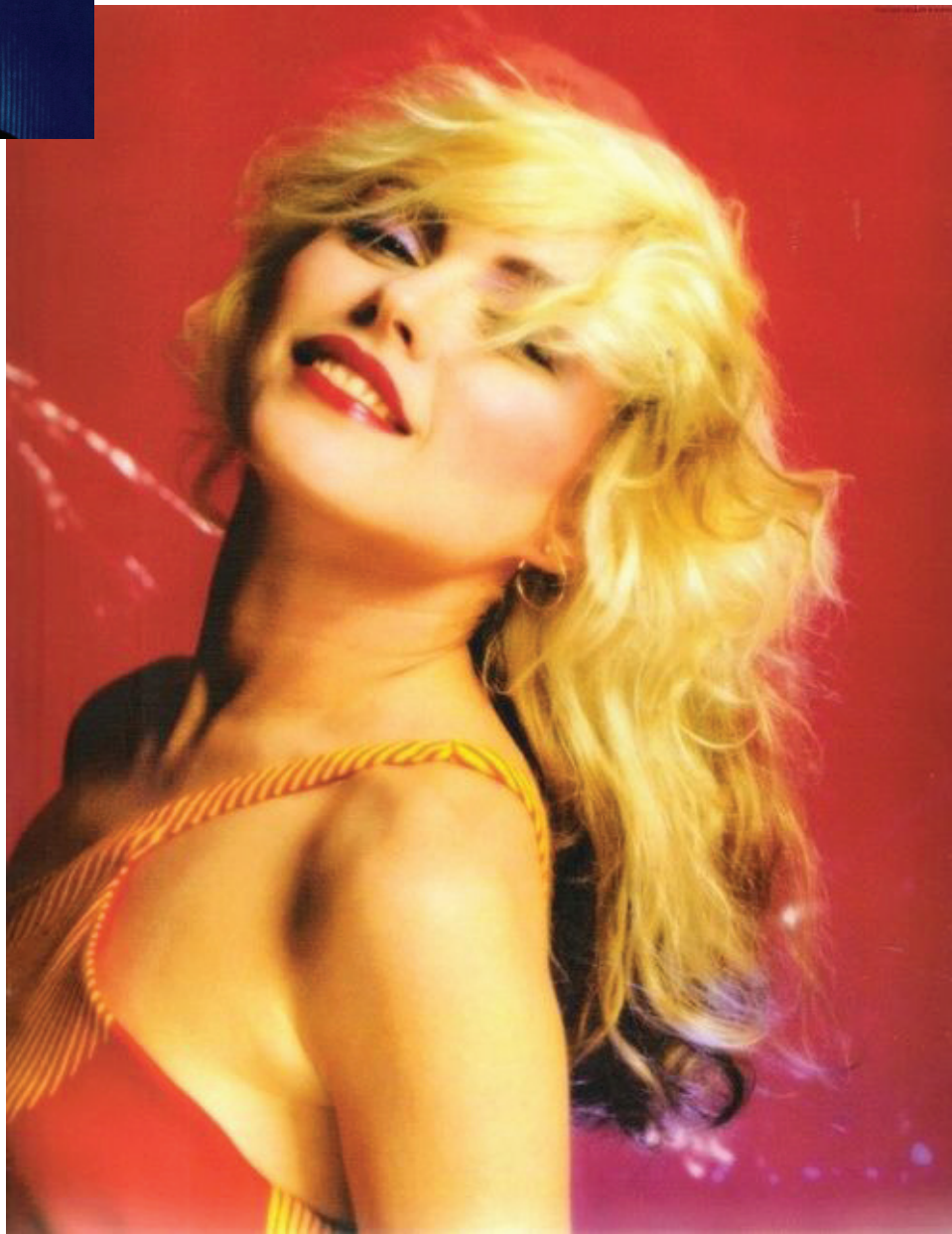
Debbie Harry



Rocks Iconic Photographs



Blondie



Colophon

Rah's World was created by Lori Monica Tolentino of New Bedford, MA. This magazine is part of my My 2020 Publication Design Final Project. Our goal was to create a 36-44 page magazine front cover to back cover. Rah's World Masthead I hand drew using thumbnail technique, brought that drawing into Adobe Illustrator created digital masthead file and then later formatting the magazine in Adobe InDesign. Type face for headings is "righteous" and the type face for the body content, decks and briefs are composed in "marion-regular" typeface at 10pt size and 12pt leading. Photographs were imported into Photoshop edited if needed and then saved as a (.tiff) file for better quality photographs for when we go to print. Printed at Modern Printing in Fall River, MA. Front and back covers have a semi-gloss and medium weight. This Publication Design class was led by Sixten Abbot of Bristol Community College in Fall River, MA. I really enjoyed this course. It definitely has me very interested in Publication Design.

#SILENT DISCO VIBE
Silent Disco: Jessica Oaks

The World of Sound Design
Lori Tolentino

CoolHunting.com - Mixed drinks

Barry Boobis Original Art-work: Bob Marley Painting

Photo Essay
MICK ROCK BIOGRAPHY

X-ToNeS by Lori Tolentino
Bobby- X Guitar & Vocals
LoRi-X aka Lori Tolentino (vocals)
Joe Rapoza Trumpet
Craig Woodacre Sax
Rick Bennet Bass
Dan Rapoza Drums
Steve Massa Keyboards
Don Luce Vocals

www.horoscope.com

Thisisafrica.me - Bob Marley

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