This (these) statement(s) have not been approved by the Food and Drug Administration This (these) product(s) are not intended to diagnose, treat, cure or prevent any disease.



NATURAL POLYAMINES FROM RICE







www.nutralandusa.com





# POLYAMINES & SPERMIDINE

**Polyamines** (PAs) are organic compound having two or more amino groups.

**Spermidine** (SPD), along with **Putrescine** (PUT) & **Spermine** (SPM), are the main Polyamines in mammalian cells and plants and play an important role in cell growth/health.

Though it was originally isolated from semen, Spermidine is the main Polyamine found in plants.

# THE STORY



# POLYAMINES & LONGEVITY

A study published in 2012 revealed an interesting finding:

Spermine & Spermidine concentration in the age group of 90–106 years-old are found at the same level of those in their 30's.

This may indicate an important correlation between Polyamines levels and longevity.



#### THE STORY



# POLYAMINES & SPERMIDINE IN FOOD



Apple, Avocado, Banana, Broccoli, Cauliflower, Orange



Meat

Beef, Chicken



**Legumes & Soybean products** 

Chickpea, Lentil, Soybean, Tofu



Fish & Seafood

Cod, Salmon, Shirmp



**Nuts** 

Almonds, Chestnuts, Pistachios



**Dairy products** 

Milk, Yogurt



**Cereals & Mushrooms** 

Rice, Wheat, Shitake



**Aged Cheese** 

Cheddar, Brie





# HEALTH BENEFITS

Polyamines (PAs) play multiple roles in cell growth, survival and proliferation. Changes in polyamine levels have been associated with aging.

There are extensive studies on the physiological functions of polyamines (Spermidine, Putrescine & Spermine) and their importance for cellular health.

"Dietary supplementation of spermidine prolongs life span and health span by protecting from a range of age-associated pathologies in several animal models."

> Science 26 Jan 2018 Spermidine in health and disease https://pubmed.ncbi.nlm.nih.gov/29371440/









# **Healthy Aging**

#### **Spermidine delays aging in humans**

https://www.ncbi.nlm.nih.gov/pubmed/30082504

#### Spermidine in health and disease

https://www.ncbi.nlm.nih.gov/pubmed/29371440

# induction of autophagy by spermidine promotes longevity

https://pubmed.ncbi.nlm.nih.gov/19801973/

# Spermidine: a physiological autophagy inducer acting as an anti-aging vitamin in humans?

https://www.ncbi.nlm.nih.gov/pubmed/30306826

#### Molecular Basis of the 'Anti-Aging' Effect of Spermidine and Other Natural Polyamines – A Mini-Review

https://www.karger.com/Article/Pdf/356748





# **Immunity Support**

#### **Role of Polyamines in Immune Cell Functions**

https://www.ncbi.nlm.nih.gov/pubmed/29517999

Polyamines reverse immune senescence via the translational control of autophagy

https://pubmed.ncbi.nlm.nih.gov/31679458/

Polyamines and Kynurenines at the Intersection of Immune Modulation

https://www.cell.com/trends/immunology/fulltext/S1471-4906(20)30214-3

Polyamines play a critical role in the control of the innate immune response in the mouse central nervous system

https://www.ncbi.nlm.nih.gov/pubmed/12860970

Regulating T-cell differentiation through the polyamine spermidine

https://pubmed.ncbi.nlm.nih.gov/32407834/





# Neuroprotection

Spermidine protects against  $\alpha$ -synuclein neurotoxicity

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4614020/

Polyamines and central nervous system injury: spermine and spermidine decrease following transient focal cerebral ischemia in spontaneously hypertensive rats

https://pubmed.ncbi.nlm.nih.gov/12031538/

Spermidine prevents high glucose-induced senescence in HT-22 cells by upregulation of CB1 receptor

https://pubmed.ncbi.nlm.nih.gov/29699000/

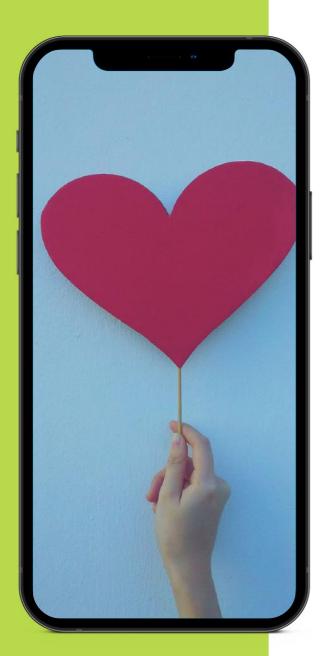
Spermidine preconditioning ameliorates laurate-induced brain injury by maintaining mitochondrial stability

https://pubmed.ncbi.nlm.nih.gov/28112032/

Polyamines in the brain: distribution, biological interactions, and their potential therapeutic role in brain ischaemia

https://pubmed.ncbi.nlm.nih.gov/17627518/





# Cardioprotection

#### Spermidine to the rescue for an aging heart

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5853099/

# Cardioprotection and lifespan extension by the natural polyamine spermidine

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5806691/

Spermidine-enhanced autophagic flux improves cardiac dysfunction following myocardial infarction by targeting the AMPK/mTOR signalling pathway

https://pubmed.ncbi.nlm.nih.gov/31077347/

Spermidine Prevents Heart Injury in Neonatal Rats
Exposed to Intrauterine Hypoxia by Inhibiting Oxidative
Stress and Mitochondrial Fragmentation

https://pubmed.ncbi.nlm.nih.gov/31217839/





# **Fertility Health**

#### Polyamines on the reproductive landscape

https://pubmed.ncbi.nlm.nih.gov/21791568/

Spermidine induces cytoprotective autophagy of female germline stem cells in vitro and ameliorates aging caused by oxidative stress through upregulated sequestosome-1/p62 expression

https://pubmed.ncbi.nlm.nih.gov/34099041/

Spermidine promotes mating and fertilization efficiency in model organisms

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3575463/

Spermine synthesis is required for normal viability, growth, and fertility in the mouse

https://pubmed.ncbi.nlm.nih.gov/15459188/

The protective role of spermine against male reproductive aberrations induced by exposure to electromagnetic field - An experimental investigation in the rat

https://pubmed.ncbi.nlm.nih.gov/30878504/





# Skin & Hair Health

Spermidine-induced recovery of human dermal structure and barrier function by skin microbiome

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7895926/

Systemic and topical administration of spermidine accelerates skin wound healing

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7986284/

Polyamines and hair: a couple in search of perfection

https://onlinelibrary.wiley.com/doi/full/10.1111/j.1600-0625.2010.01111.x

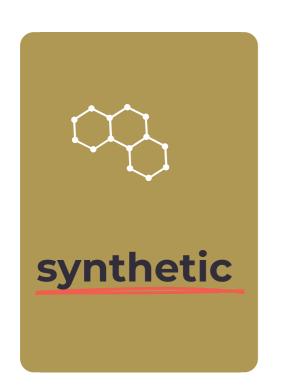
Spermidine promotes human hair growth and is a novel modulator of human epithelial stem cell functions

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3144892/

A spermidine-based nutritional supplement prolongs the anagen phase of hair follicles in humans: a randomized, placebo-controlled, double-blind study

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5718121/

# POLYAMINES & SPERMIDINE IN SUPPLEMENTS COMES FROM 3 SOURES







# **SUPPLEMENT OPITONS**





# ...AND THEY ARE NOT CREATED EQUAL







Unnatural trihydrochloride Made with harsh chemicals Impurities/Safety unknown Natural & Hypoallergenic Non-GMO & Gluten Free Contains other natural Polyamines 1 of the 9 Major Allergens May cause Wheat allergy May contain Gluten



# SUPPLEMENT OPITONS

# Why not "pure" Spermidine?



So-called "Pure" Spermidine is commercially available only in the unnatural **Trihydrochloride** form, with impurities and safety unknown.

There is no sufficient safety studies and health benefits studies done with "pure" Spermidine.

Polyamines (Putrescine, Spermidine & Spermine), not just Spermidine, are consumed in food and have shown health benefits in numerous studies.

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# miricell

WHY & HOW WE CREAT IT FROM RICE





# miricell



# WHAT IS IT

Natural Polyamines from rice Standardized to 1% Spermidine Rich in other PAs and nutrients



THE CREATION

**Natural** 

Naturally and gently extracted from Rice

Non-GMO

Made with Non-GMO Rice Germs only

Allergen-Free

Allergen-Free & Gluten-Free

**Vegan-Friendly** 

Vegan & Vegetarian

Sustainable

Eco-friendly & sustainably made

**Complete** 

Rich in Spermidine & Polyamines





Rice Embryo (Rice Germ), which is full of nutrients (and rich in Polyamines), is one of the "modern" Rice Milling byproducts when Brown Rice is processed into White Rice. Such by products are usually disposed as waste or used for feed purpose.

Miricell™ is made from the usually wasted Rice Germ in rice milling, to not only transform it into a nutraceutical ingredient with great health benefits, but also respect and fully use the resources gifted by nature for a sustainable future.



this tiny little Rice Embryo (Rice Germ)











Nutrient-packed Non-GMO Rice Germs Gently extracted to achieve maximum Polyamines/Spermidine while keeping other nutrients in rice germs 3rd Party verified
Assay(s)
Heavy Metals
Allergens
Contaminants

Miricell™ Natural Polyamines from rice a clean-label ingredient





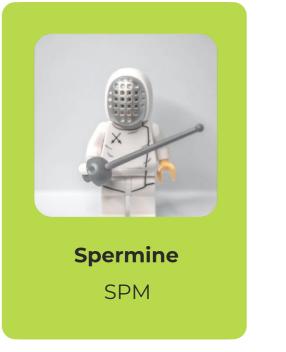
# "THREE MUSKETEERS"

- Main PAs in mammalian cells and plants

Miricell™ is not only standardized to min. 1% Spermidine, but also rich in other health-beneficial Polyamines such as Putrescine & Spermine



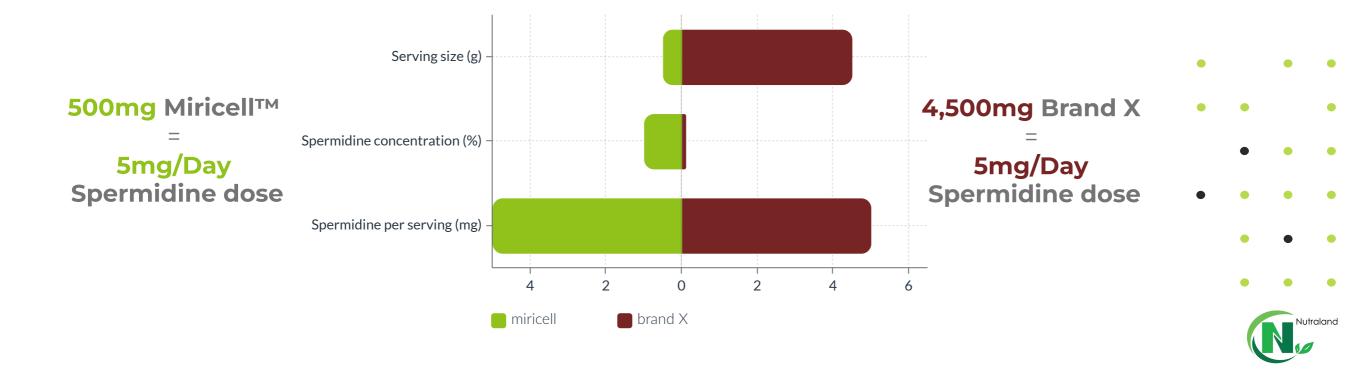








Miricell™ is about 10 times more concentrated than some other Spermidine ingredients in the market





Miricell™ has been extensively tested for validation of assay & non-Allergen claims

•	•	•	Analysis:	Method:	Result:	Spec:
			Spermidine (HPLC)	SOP3.1.2	1.17 % (d.b.)	≥ 1 %
	•	•	Loss on Drying (LOD)	USP<731>	3.98 %	N/A

• • • •

Parameter
 Gluten Allergen (ELISA) - Wheat, Rye, &

Barley

Result

<3.0 ppm











sales@nutralandusa.com