



# 2025-2026 Information Packet

fullforceallstars.com

Email us at: [fullforceallstar@gmail.com](mailto:fullforceallstar@gmail.com)



## WELCOME TO FULL FORCE!

Thank you for your interest in our program. The purpose of this packet is to provide you with information regarding our 2025-2026 season. Please read over this information thoroughly and contact our staff with any questions you may have.

## OUR MISSION

Our mission is to instill confidence, loyalty, leadership, and respect, while fostering lifelong friendships. We believe that each participant is a natural born athlete and, as coaches, it is our duty to train him or her so they can gain strong fundamentals concentrating on safety and quality in cheer stunts and tumbling. We focus on building a team mentality while developing individual skills. At Full Force All Stars, we strive for excellence, perfection, teamwork, and success!

## THE EVALUATION PROCESS

We are committed to evaluating our athletes based on their current age and overall abilities across all skill sets. At evaluations, athletes will demonstrate their tumbling, jumps, motions, and dance skills. Previous years of participation, attendance, attitude, and conduct will also be considered. Using the Varsity Scoring Grid as a guide, we are committed to creating strong, successful teams where athletes are able to showcase a combination of their abilities while strengthening the team as a whole.

Please remember, tumbling alone does not dictate leveling. Everyone will be placed on a team as we have a “no cut” policy but you are not guaranteed a spot on any specific team! Athletes will be placed based upon the skills presented at evaluations and team need. Athletes should perform skills they can execute with the best technique. Execution and technique are weighted higher than the difficulty of the skill.

All athletes must attend evaluations to be considered for placement on a team. All returning athlete accounts must be current to be evaluated. If you are unable to attend the evaluation dates, a private evaluation can be scheduled. Please understand that athletes may be re-positioned, moved or replaced at any time at the discretion of the coaching staff. Any changes are made to benefit the team as a whole.

## SKILL REQUIREMENTS

LEVEL	STUNTING	JUMPS	STANDING TUMBLING	RUNNING TUMBLING
1	Knee Level stunts, prep level.	Beginner jumps	Back walkover, non-tumblers	Front Walkover, non-Tumbler.
2	Prep level one-legged stunts, extended two legged stunts.	Level Jumps	Back handspring, back-walkover into back handspring	Running tumbling to a back handspring
3	Prep level one-legged stunts, extended two legged stunts.	Level jumps	Multiple connected back handsprings, jumps to standing back handsprings	Running tumbling to tuck, specialty tumbling to tuck
4	Release moves to extended level, twisting stunts to two feet, double twisting dismounts from two feet.	Above level jumps	Standing tuck, jumps to back handspring tuck, standing back handsprings to tuck	Running tumbling to layout, specialty pass to layout.
5	Twisting stunts to extended level to one-foot, double twisting dismounts from one foot.	Hyper extended jumps	Jumps to back tuck, standing tumbling to layout	Running tumbling to full, specialty to full
6	Twisting stunts to extended level to one-foot, double twisting dismounts from one foot.	Hyper extended jumps	Jumps to back tuck, jump to standing tumbling to full or standing tumbling to double	Running tumbling to double, specialty to full or double.

## OUR PROGRAMS

To make sure we offer a team to fit each athlete's level and lifestyle, we offer several different cheer options. Here is a look at several of our options:

	PRACTICE	COMPETITIONS
<b>Elite (Jun-Apr)</b>	2 Practices/week, approx. 4 hours	Approximately 10-12 local and travel competitions, including two-day events, and possible end of season bid events *Potential overnight competitions include CANAM, Cheersport Nationals, and D2 Summit
<b>Prep/Novice (Jun-Apr)</b>	2 Practices/Week, Approx. 2 hours	Approximately 5 -6 local and possible limited travel competitions
<b>Half Year/Rec (Oct-Apr)</b>	1 Practice/Week, Approx. 2 hours	Registration and evaluations will occur in September. Approximately 4-6 local and/or possible limited travel (2-3) competitions
<b>Tiny Novice (Oct-Apr)</b>	1 Practice/Week, Approx. 1 hour	Registration and evaluations will occur in September. Approximately 2-3 local competitions

Additional practices may be added at the discretion of staff.

ANTICIPATED COSTS (SUBJECT TO CHANGE)		Elite (Jun-May)	Elite Triple Crown (Jun-May)	Prep (Jun-Apr)	Crossover Team (Jun-May)
<b>Registration Fee</b> Includes Team Sports Bra		\$75 – Returning Athletes \$85 – New Athletes			
<b>Tuition</b> Divided into 11 monthly payments from June to April		\$1430	\$1430	\$1210	\$330
<b>Tentative Competition Fees</b> For first team, includes competition registration fees for regular season events, <u>does not include End of Season bid event registration fees</u>		\$1400	\$1900	\$900	\$800
<b>Choreography Fee</b>		\$250	\$250	\$200	\$250
<b>Stunt Camp</b>		\$100	\$100	\$100	----
<b>Music Fee</b>		\$100	\$100	\$75	\$100
<b>Uniform Package</b> Includes uniform and bow		\$700	\$700	\$700	----
<b>Practice Wear</b> Prep and Elite athletes will purchase two sets of practice wear		\$175	\$175	\$175	-----
<b>Sneakers</b> The required shoe for competitions is the Rebel Revolution Blackout or Ice Blackout and should be purchased independently through Rebel		\$125	\$125	\$125	-----
<b>Warm-Up Jacket (Optional)</b>		\$125	\$125	\$125	-----
<b>Backpack (Optional)</b>		\$125	\$125	\$125	-----
<b>End of Season Operational and Practice Wear Fees</b> Fees collected for End of Season practice wear set and operational fees, including practice facility rental, coach registration fees, etc. THIS DOES NOT INCLUDE ATHLETE REGISTRATION FEES FOR END OF SEASON COMPETITIONS. Athlete fees will be determined after bids have been received.		\$175	\$175	\$175	-----
<b>USASF Membership</b> Required fee paid by parents/guardians directly to the USASF website		\$49	\$49	\$49	-----

Registration and pricing for our Half Year, Performance Rec, and Tiny Novice teams will be released as soon as it is available.

## PAYMENTS

Electronic payments may be made through our payment processing system, Square, or directly through our gym management system, Sports Engine. Cash payments may be made in the gym office during office hours or placed in the payment drop box in an envelope clearly marked with the athlete's name and what the payment is for.

Charges are posted to accounts on the 1<sup>st</sup> and 15<sup>th</sup> of each month. If payment has not been received by the 14<sup>th</sup> and the 28<sup>th</sup>, your athlete will not be able to attend practices and competitions and a \$25 late fee will be assessed to your athlete's account. Please contact Ty ([tyl.fullforce@gmail.com](mailto:tyl.fullforce@gmail.com)) or Sandy ([sandral.fullforce@gmail.com](mailto:sandral.fullforce@gmail.com)) concerning any payment questions. Due dates for any other fees will be communicated via email and social media.

If you pay your athlete's entire annual balance by 8/1/25, you will receive one month of tuition for free. A sibling discount is offered for families with more than one athlete in our program. If your family has multiple athletes in our program, you will pay full tuition for the highest level athlete, half off the tuition fees for each additional athlete.

To aid in planning payments, we have broken down payments by month. This chart shows the anticipated fees for athletes who have a uniform and do not need to purchase one for Season 2:

ANTICIPATED FEES - NO UNIFORM					
Fees		Elite Team	Triple Crown Team	Prep Team	Crossover
		Monthly Payment	Monthly Payment	Monthly Payment	Monthly Payment
June	Tuition, Stunt Camp, Practice Wear, and 1/2 Music Fee	\$455	\$455	\$423	\$80
July	Tuition, Choreo, and 1/2 Music Fee	\$430	\$430	\$348	\$330
August	Tuition, Operational, and Competition Fees	\$438	\$522	\$335	\$180
September	Tuition and Competition Fees	\$363	\$447	\$260	\$180
October	Tuition and Competition Fees	\$363	\$447	\$260	\$180
November	Tuition and Competition Fees	\$363	\$447	\$260	\$180
December	Tuition and Operational Fees	\$205	\$205	\$185	\$30
January	Tuition and Competition Fees	\$363	\$447	\$260	\$180
February	Tuition and Competition Fees	\$363	\$447	\$260	\$180
March	Tuition and End of Season Operational and Practice Wear Fees	\$305	\$305	\$285	\$30
April	Tuition Fee	\$130	\$130	\$110	\$30
Total Annual Cost		\$3,780	\$4,280	\$2,985	\$1,580

This chart shows the anticipated fees for athletes who need to purchase a uniform for Season 2:

ANTICIPATED FEES - WITH UNIFORM					
Fees		Elite Teams	Triple Crown Teams	Prep Teams	Crossover
		Monthly Payment	Monthly Payment	Monthly Payment	Monthly Payment
June	Tuition, Stunt Camp, Practice Wear, and Uniform Deposit	\$580	\$580	\$560	\$30
July	Tuition, Choreo, and Music Fee	\$480	\$480	\$385	\$380
August	Tuition, Operational, and Competition Fees	\$485	\$585	\$365	\$210
September	Tuition and Uniform Balance	\$655	\$655	\$635	\$30
October	Tuition and Competition Fees	\$410	\$510	\$290	\$210
November	Tuition and Competition Fees	\$410	\$510	\$290	\$210
December	Tuition and Operational Fees	\$205	\$205	\$185	\$30
January	Tuition and Competition Fees	\$410	\$510	\$290	\$210
February	Tuition and Competition Fees	\$410	\$510	\$290	\$210
March	Tuition and End of Season Operational and Practice Wear Fees	\$305	\$305	\$285	\$30
April	Tuition fee	\$130	\$130	\$110	\$30
Total Annual Cost		\$4,480	\$4,980	\$3,685	\$1,580

## COMPETITIONS

Our competition schedule will primarily consist of Varsity and Cheer & Dance Extreme competitions. We may also attend local competitions. There may be times where not all teams attend the same competitions. The competition registration fees for regular season competitions will be paid by the competition fees collected in the pay schedule listed above. Competition fees are not refundable. The pay schedule above is based on our estimated anticipated competition fees but may need to be updated slightly when Varsity releases their fees this summer. Please note, the competition schedule will be released by early September but is always subject to change. Several Varsity competitions we attend will be Stay to Play competitions, meaning all athletes will be required to stay at specific hotels selected by Varsity. We will release that information as soon as we have it.



While regular season competition registration fees are a part of your monthly payment to Full Force, there are fees that are not a part of our payment schedule and will be your responsibility. These include but are not limited to: hotel accommodations, travel expenses, food expenses, and competition tickets for family and friends. Since end of season competitions, such as US Finals, The Finale, and D2 Summit, offer the possibility of paid bids, the registration fees for those competitions are NOT included in the competition fees collected throughout the year. We will communicate those fees and the due dates as soon as the information is available.

## FUNDRAISING

We recognize that All Star cheer is an expensive sport! To help offset these costs, there will be a wide variety of monthly fundraisers offered throughout the year. Your profit from the fundraisers will be applied to your athlete's account to be used towards monthly tuition, competition fees, uniform fees, choreography and music fees, or practice wear. It may not be applied toward travel expenses. If an athlete leaves the organization, for any reason, all funds in the athlete's account will be moved to the Full Force general fund. Fundraisers held for the benefit of your athlete's account are optional but encouraged.

We will also hold several gym fundraisers each year, which will include raffles, sales, bingos, or volunteer opportunities. These funds will be used toward gym costs including but not limited to program events, coaches' travel expenses, equipment, etc. Money will also be raised at other functions throughout the year, such as send-offs and showcases.

## IMPORTANT DATES

- Evaluations – 5/16/25 & 5/17/25, potential callbacks 5/20/25
- Practices Begin – 6/2/25
- Stunt Camp – 7/10/25 & 7/11/25
- Choreography – TBD

The gym will be closed the following dates:

- Fourth of July – Friday, 7/4/25
- Summer Break – Monday, 7/14/25 - Friday, 7/18/25
- Labor Day – Monday, 9/1/25
- Halloween – Friday, 10/31/25
- Thanksgiving – Wednesday, 11/26/25 - Saturday, 11/29/25
- Christmas – Wednesday, December 24, 2025 – Thursday, December 25, 2025
- New Year's – Wednesday, December 31, 2025 – Thursday, January 1, 2026
- Easter – Saturday, 4/4/25-Sunday, 4/5/26

**Thank you for your interest in Full Force!**

*Full Force All Stars Staff*