



## BACK TO SCHOOL PRAYERS

Prayer. It's one of the best ways you can prepare your kids and grandkids each year as they head back to school. Praying Scripture over them is one of the most powerful ways to pray. Here is a back to school prayer you can pray for your kids and grandkids:

Lord, I pray that my kids (grandkids) will experience the peace of God this year that exceeds all understanding. I pray they will not worry about things they cannot control, but that You will guard their hearts and minds and keep them trusting in You. I pray they will not only enjoy the peace of God, but peace with God. I pray they will develop a spirit of gratitude and thanksgiving as they look to You daily for their needs. I pray that You will give them the capacity for joy that bubbles up from Your peace. I pray Your emotional, physical, and spiritual protection over my kids (grandkids). Keep evil far from them, and help them to trust You as their refuge and strength. I pray You will guard their minds from harmful instruction, and grant them discernment to recognize truth. I pray You will make them strong and courageous. Help them to find rest in Your shadow, as they live in the spiritual shelter You provide for them.

Amen

## SERVING US IN AUGUST

### Saturday Host/Hostesses

- 8/3 Jan Lasar
- 8/10 Jane Krumm
- 8/17 Ted & Julie Lasher
- 8/24 Bill & Claudia Williams
- 8/31 Trevor & Jan Taylor

### Sunday Guest Table

- 8/4 Joyce O'Neil
- 8/11 Mel Snyder
- 8/18 Mel Snyder
- 8/25 Mel Snyder

### Liturgists

- 8/4 Nancy Johnson
- 8/11 Claudia Williams
- 8/18 Nat Collis
- 8/25 Dave Hagaman

### CPR/AED

- 8/4 Julie Howe
- 8/11 Linda Virgili
- 8/18 Sue LaHood
- 8/25 Angie Hanson

**Safety & Security:** Gene Maaske

**Usher Captain:** Louise Ward

**Trustee for the Month:**

Mike Maginness

Thank you, Highlands Church, for embracing us during this time. Thank you for your prayers, cards, flowers, and meals. Thank you for being the kind and loving family that you are. Thank you for filling in the various roles as pastor while Robert is out. Thank you for being patient and giving us an environment of healing so that your shepherd can return to his flock. Your kindness has not gone unnoticed and your prayers have not fallen on deaf ears. God is with us and we are feeling your prayers. We have talked about you daily and we are so thankful that we are here, in Bella Vista, among people who are truly living out the mission of Jesus Christ.

Caroline and Bobby recently attended the three services and worshiped with you. I have a picture of Oscar Hansen holding Bobby during the Saturday Celebration service and the first thing I thought was, "this is what family does." As a mother, thank you. Thank you for loving my children and disciplining them the way the scriptures teach us to. Thank you for welcoming them with smiling faces and giving them high five's. Thank you for being their Highlands aunts, uncles, grandmothers and grandfathers and helping Robert and I raise them to be the strong, independent, Christian leaders that I pray they become.

My master's degree is in Counseling from the University of Arkansas. Prior to graduate school, I lived and taught in Rwanda. Mental Health is basically nonexistent in developing countries as many other day to day needs are greater. The country I called home for a year and a half is still going through the traumatic after effects of the 1994 genocide and there are very few people trained to provide the emotional, mental and spiritual support they need. I'm telling you this because we are very fortunate to live in a country, and an area of Arkansas, that has a variety of mental health resources available. You and your loved ones are not alone. There are an abundance of counselors in the area that specialize in everything from addiction to PTSD. A great place to start is [www.psychologytoday.com](http://www.psychologytoday.com) and click on "Find a Therapist". If an emergency arises, call 911 or go to the Emergency Room. Zechariah 2:4-5 has brought me comfort recently.

*"Jerusalem shall be inhabited as villages without walls, because of the multitude of people and livestock in it. And I will be to her a wall of fire all around, declares the Lord, and I will be the glory in her midst."*

I love verse 5, "I will be to her a wall of fire all around." Imagine that for a moment. During our weakest moments, our most vulnerable of times, God is a protective wall of fire around us. Not only can this wall not be torn down or scaled, but this wall is God, our all-consuming fire, engulfing our enemies. It gets better inside the wall. God says, "I will be the glory in her mist." He is not only protecting us, He is there with us, filling us with His glory.

In Christ,  
Betsy Cloninger

## **THANK YOU**

Dear Highlands Church.

Thank you for the generous amount of sympathy cards sent to me when my beloved sister Jackie passed away. She was a part time member of Highlands Church. She helped with many of the Cookie walks by taking the numbers and greeting people and loved coming to them. She helped with the flea jewelry on a few occasions, came to the dinner theatres and loved Sunday Morning church especially when the hand bells played and enjoyed the Christmas Cantatas and Easter dramas.

Although she had many health issues she would come even when she became wheelchair bound. Many church members knew her and always made her feel welcome. Sadly she succumbed to pneumonia. I was so blessed to be with her when the angels appeared to take her home. I know she is happy in her new home. I and John joined Highlands church in 2001. We have received many blessings thru the years and have enjoyed volunteering in so many areas.

Highlands church has been a joyful place for us as well as a place of comfort during sad times. Thanks again to Highlands church for all of the well wishes when I too was hospitalized with pneumonia. Even though I was unable to attend Jackie's burial service, I comforted myself by re-reading all of the beautiful cards and words of comfort.

Thank you again and again Highlands Church for taking us in the palm of your hands and comforting my family during a difficult time. When I take the numbers at our next Cookie Walk, I know Sister Jackie will be right there too welcoming folks.

Sincerely,

Elaine Crain

Dear Highlands,

It was a wonderful birthday party pot luck at the Fellowship Hall on July 27 honoring Ernest Walter Grilk's celebration of birth. It was wonderful because so many of you were there to join the immediate and extended family of the Grilks as we looked at the pictures of his life and chatted with each other. We couldn't have done it without the Care Group leadership. Thank You to ALL! Grilk Family

## **OUR CONDOLENCES**

To the Frank family on the passing of their mother, JoAnne. Our thoughts and prayers are with you. Cards may be mailed to her daughters, Kirstin & Shelby, at Kristen's address:

Kirstin Lewis

319 Fineview DR

McMurray, PA 15317

## **PRAYER CHAIN & MEMBER CARE**

If you know someone in need of prayer, ill or hospitalized, please contact the church office and let Lori or Amey know. Please do not assume Robert or the Compassionate Disciples already know.

## **BOWLERS NEEDED**

Tuesday Men's Bowling League is in need of bowlers for the upcoming 2019 – 2020 Winter season. We bowl on Tuesday at 1 PM (weather permitting) at Roger's Bowl beginning November 5 for 18 weeks (Holidays excluded) and end in March. This is a men's fellowship league meaning that bowling is for fun, fellowship, and an opportunity to get out of the house. Skill and ability are not required as we have averages from 100 up to almost 200. Teams are initially arranged to be balanced so if you are interested or want more info, please contact Rich Abbott at 876-6616 or call the First United Methodist Church at 855-1158.



## NURSERY

The nursery is available every Sunday morning during our 9:30 & 11:15 services for birth through 3 years old.

## CHILDREN'S CHURCH

All children, ages 4 through 6th grade, are invited to Children's Church on Sunday mornings during the 9:30 and 11:15 service. Children will worship with their parents until Sarah Catherine takes them back for fun, fellowship and learning more about Christ and His love for them.



## YOUTH GROUP

Equipping 7th—12th grade students to grow together on their journey to know, love, and serve Jesus Christ. Sundays 5:00—6:30 pm. For more information, contact Sarah Catherine Davis at (501) 733-3666.

## LITTLE FREE PANTRY

Please help our Student Ministry fill the Little Free Pantry with nonperishable food items and toiletry donations. Getting into the habit of bringing one food or toiletry item to each worship service can go a long way in helping the needy in our community. There is a bin located in the entry to Fellowship Hall and Sanctuary to drop off your items.

## 8:15 ADULT SUNDAY SCHOOL

Join us on Sunday mornings at 8:15 in the Mark classroom. We will start a study of Isaiah on June 2. Jesus and the New Testament writers frequently quoted Isaiah so we decided to do a 13 week study of it. This is a learning and discussion class. All are welcome at any time. Questions, contact Donna VanderSchaaf at 479-715-6059 or see her at the Sunday Traditional service. Questions, please contact Gary Marshall at 479-553-7950.

## 9:30 ADULT SUNDAY SCHOOL

Join us on Sunday mornings at 9:30 in the Mark classroom. We are using the Standard Lessons Commentary. Each lesson will use scripture with verse by verse explanation of the text with detailed background followed by group discussion. Everyone is welcome.

## JULY 2019 CARE GROUP ACTIVITIES

### CARE GROUP

### ACTIVITY

Hagaman	BBQ & July 4th at Hagaman's
Metz/ Chapman Steck/ Moeller	Picnic at Chapman's Gusano's & Band Concert
Pinkerton/Ramsey Stone	Beach Bum Party Sunday Brunch at Blooms
Krumm/ Potter	Picnic & Fireworks at Maaskes
Foster/Leonard/Jackson Collis Henkel Miller	Beach Bum Party Beach Bum Party Beach Bum Party Potluck at Johnson/ Puckett
Lasher/Richardson O'Neil/Marshall Balzer/Marsh Williams/ Hudec Manske/ Lehman	Beach Bum Party Beach Bum Party Beach Bum Party Wooden Spoon Beach Bum Party

## HIGHLANDS 2ND ANNUAL CRUISE-IN & CAR SHOW

This year's car show is scheduled for **Saturday, September 28th, 10:00 am—2:00pm.**

The "Cruise-in" event is free to attend with your vehicle or just as a spectator. There will be games and other entertainment for all in attendance.

The charity fundraiser funds are raised through show sponsors, individual donations and the sale of meal tickets. A minimum \$10 donation is required to purchase a ticket good for a hotdog, hamburger or cheeseburger lunch with chips, baked beans and potato salad.

Proceeds from this event go to support 3 local charities; Bright Futures, Samaritan's Feet and Snack Packs for Kids. These charities support deserving Gravette School District children with weekend meals, new shoes and socks and any special support needed from school supplies, clothes, food or even emergency home repair.

In early August, Church members will be asked to sell (meal) ticket packets to promote show attendance. Similar to the former Homes Tour, ticket packets with the meal ticket, show information, directions (map) and sponsors list will be provided to the church membership (4 for individuals, 8 for families) to sell to friends, family, neighbors & acquaintances. Money from the sales, and/or unsold tickets can be returned to the church in envelopes provided. Our challenge to the membership again this year is for each family to find at least 1 person willing to bring a car out for our show.

Last year, in our first year of the show, we cleared \$11,879 for the 3 charities. With everyone's help (and better weather) we hope to do even better this year. Don't forget to mark the date on your calendar.

## SNACK PACKS

Mission Ministry will be packing Snack Packs for the children of Gravette Schools on Tuesday, September 17. If you are interested, please join us at the Samaritan Center 1211 West Hudson Road, Rogers (Hwy 102, approximately 2 miles east of Sam's). We pack on the 3rd Tuesday of each month at 2:00 p.m. Questions, contact Steve Terry (405) 222-8727 or [s\\_terry58@hotmail.com](mailto:s_terry58@hotmail.com)

## COOKIE WALK

We have a need to begin collecting Folgers cans for the Cookie Walk. It will be here before we know it! Folgers cans that make 240 cups of coffee are needed. Empty Folgers cans may be dropped off in the white cabinets inside the entry to Fellowship Hall. Many thanks!



SPRC is pleased to announce Jessica Cotton will be joining us as our Nursery Worker. Jessica lives in Bella Vista with her husband James and their six children. She is very excited to be joining the staff at Highlands Church. Please give Jessica and her family a warm Highlands Church welcome when you see them this weekend.

## CENTERED IN PRAYER

There is one thing still remaining which cannot be neglected without great injury to you devotions: to begin all your prayers with a psalm.

There is nothing that so clear a way for your prayers, nothing that so purifies the soul from poor and little passions, nothing that so opens heaven or carries your heart so near it as these songs of praise. They create a sense of delight in God: they awaken holy desires; they teach how to ask; and they prevail with God to give. They kindle a holy flame; they turn your heart into an altar; they turn your prayers into incense and carry them as sweet-smelling savor to the throne of grace. A Serious Call to a Devout and Holy Life, by William Law.

Hymn- Dear Lord, Whose Loving Eyes Can see:

Dear Lord, whose loving eyes can see  
Each troubled mind without, within  
We bring our week to Thee,  
All soiled and worn and marred with sin.

Lord, make us pure: enrich our life  
With heavenly love for evermore.  
Give us strength to face the strife,  
and serve Thee better than before.  
Edwin Gilbert

## FLEX & STRETCH

Decline in muscle strength and flexibility can affect your quality of life from getting in and out of a chair or just getting out of bed. Flexibility is the ability of the muscles and tendons to lengthen and stretch in response to movement.

Stretching Tips:

- Take a deep breath and slowly exhale as you stretch.
- Hold each stretch for 30 seconds to give the muscle ample time to relax.
- Don't bounce while you stretch as this increases your risk of injury.
- Only stretch until you feel tension in the muscle, not to the point of pain.
- Always warm up before stretching by moving around for 5 minutes, such as going for a short walk.
- Never stretch to the point of pain or hold your breath during stretches.
- Always consult a doctor before starting a new exercise routine.

You are more than welcome to join us at our next session. Flex & Stretch starting **September 2 through November 11**. Monday, Wednesday, & Fridays mornings at 7:30 am. 30 Sessions \$45.00. (Same rate as last 17 years).

15 Sessions \$30.00. New comers are welcome to stop by and give it a free trial run. Come join the fun and experience the benefits.

## UNITED METHODIST WOMEN

A huge THANK YOU to all the United Methodist Women for sharing their baking skills in June and July. The Muffins-for-Missions fundraiser raised approximately \$1100.00 for Samaritan's Feet Back-to-School Shoes. That is simply amazing and a delicious time was had by all. Also, hugs to Sue La-Hood for sharing her yummy Banana Bars with Chris and Mike. This month, Robyn Wolters will prepare her dreamy Pineapple Sheet Cake with Cream Cheese Icing for the 4<sup>th</sup> month in the Dessert-for-a-Year fundraiser.

# August 2019 Calendar

## Recurring Events

### Sundays

- 8:15 am Adult Sunday School
- 9:30 am Traditional Worship
- 9:30 am Adult Sunday School
- 9:30 am Children's Sunday School
- 11:15 am The Gathering Worship
- 11:15 am Children's Sunday School
- 12:15 pm Gathering Rehearsal
- 5:00 pm Student Ministry (7-12 grade)
- 7:00 pm AA Meeting

### Mondays

- 3:00 pm Women's Emmaus (2nd & 4th Mondays)
- 5:00 pm Men's Emmaus

### Tuesdays

- 1:00 pm Growth Group– McCauley
- 3:00 pm Yoga

### Wednesdays

- 1:00 pm Staff Meeting (2nd & 4th Wednesdays)
- 1:00 pm Stitches (2nd & 4th Wednesdays)
- 2:00 pm Fellowship Committee (1st Wednesday)

### Thursdays

- 9:00 am Kitchen Cleanup (2nd & 4th Thursday)
- 3:00 pm Library Meeting (3rd Thursday)
- 3:15 pm Sat Celeb Rehearsal (1:30 pm on 3rd Thursday)
- 4:00 pm Care Group Leaders Meeting (3rd Thursday)

### Fridays

- 7:00 am Men's Emmaus
- 10:30 am Compassionate Disciples (1st Friday)

### Saturdays

- 1:00 pm Scrapbooking & Card Making (4th Saturday)
- 3:00 pm Sat Celebration Rehearsal
- 5:30 pm Saturday Celebration

## Other Events and Meetings:

August 20, 2019 (Tuesday)

- 6:00 pm Admin Council Meeting

August 21, 2019 (Wednesday)

- 6:30 pm Choir

August 28, 2019 (Wednesday)

- 4:00 pm Bells
- 6:30 pm Choir





# HIGHLANDS CHURCH

A United Methodist Congregation

CELEBRATION SERVICE  
SATURDAYS 5:30 PM

TRADITIONAL SERVICE  
SUNDAYS 9:30 AM

THE GATHERING  
SUNDAYS 11:15 AM

## Church Staff

REV. ROBERT CLONINGER  
*Senior Pastor*

LORI HEALD  
*Office Administrator*

AMEY BURKETT  
*Administrative Assistant*

DRU MATTHEWS  
*Bookkeeper*

SARAH CATHERINE DAVIS  
*Children & Youth Ministries Coordinator*

JOHN MATTHEWS  
*Director of Music Ministries*

JAMES HENDRIX  
*Contemporary Worship Leader*

PAM MEYER  
*Celebration Worship Leader*

JEANNINE WAGAR  
*Organist*

JOYCE SHELDON  
*Chimes & Bells Director*

JESSICA COTTON  
*Nursery Worker*

## Giving Your Tithes & Offerings

You can give your tithes & offerings online by visiting our website, [www.humcbv.com](http://www.humcbv.com). Online giving is a safe and easy way to give to Highlands. Contact the church office if you have questions regarding online giving.

Deadline for the September Newsletter is August 20 at noon. Please email items to **Sarah Catherine Davis** at our new email [highlandschurchnews@gmail.com](mailto:highlandschurchnews@gmail.com) or place in the Newsletter mailbox in the hallway next to the church office.

**If you have any comments or questions about the newsletter, please email or call Sarah Catherine Davis directly.**

The Mission of Highlands Church is to make disciples of Jesus Christ.



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