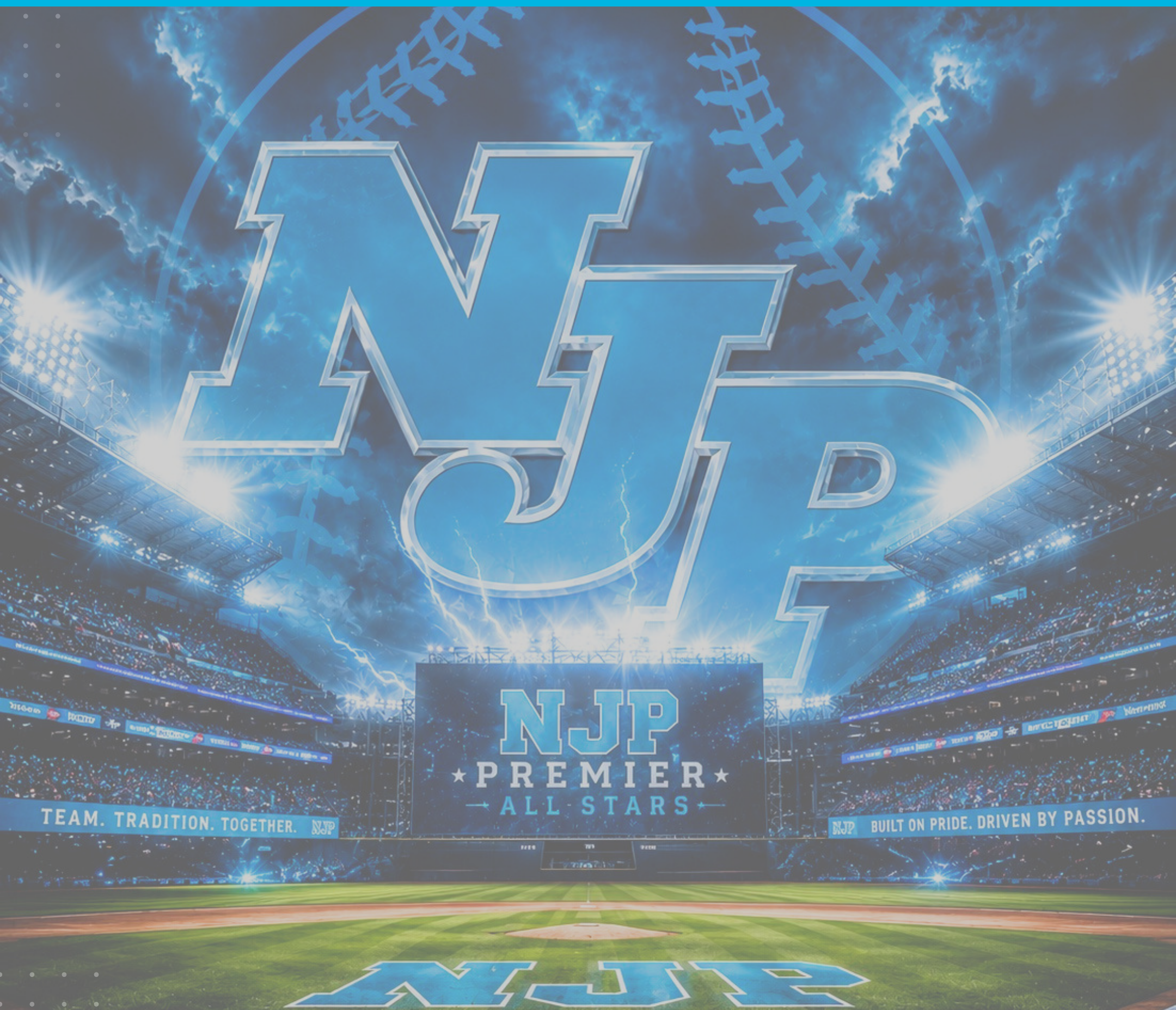


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2026-2027 **SEASON 16**
CHEER ABILITIES PACKET



1500 Campus Drive Morganville, NJ 07751



www.njpremierallstars.com



Welcome!

ABOUT OUR CHEER ABILITIES PROGRAM

The Kings & Queens team at our gym is a special, tuition-free cheerleading team designed for children and adolescents with disabilities. This inclusive team provides athletes with the opportunity to experience the joy and camaraderie of cheerleading in a supportive, empowering environment. Our dedicated coaching staff and team athletes that serve as "buddies," ensure each participant receives personalized support and encouragement. The team performs at our gym's showcases and performs in select events throughout the season. With an informational session/event held in the fall, Kings & Queens is all about fostering confidence, friendship, and athleticism, while celebrating the unique abilities of every member.

PROGRAM SPECIFICS

- FREE TUITION
- 2-3 SATURDAY PRACTICES PER MONTH
- 3-4 COMPETITIONS & 2 LOCAL PERFORMANCES
- AGES 6 & UP

PROGRAM DATES

The program runs from October through April

INFORMATIONAL OPEN GYM

September 19th, 2026

10AM - 11AM

NJ Premier All Stars - 1500 Campus Drive, Morganville, NJ 07751

No pre-registration required

Program Information

PRACTICE WEAR, FEES & PRACTICE INFORMATION

PRACTICE WEAR

There are no mandatory practice wear requirements for Kings & Queens. We simply ask that all athletes come dressed in comfortable, loose-fitting athletic clothing that allows them to move freely.

Athletes should also have:

- Hair tied back
- Sneakers
- A water bottle
- Each athlete will purchase a NJ Premier T-shirt to wear to practices/events/showcase.

TUITION FEES

There is NO TUITION for this team!

All cheerleading instruction provided to our Kings & Queens athletes is completely FREE. We are so proud to offer this program and provide our athletes with a fun, positive, and inclusive cheerleading experience!

TEAM FEES

Kings & Queens Team T-Shirt — \$10.00 - Due October 1st

Uniform — \$325.00 - Due November 15th

Competition Bow — \$20.00 - Due December 1st

Competition/Expo Fees :

If there are entry fees associated with any competitions or events we attend, families will be charged accordingly. However, we anticipate that most of our expo performances will be FREE!

Program Information

PRACTICE WEAR, FEES & PRACTICE INFORMATION

PRACTICE INFORMATION

Practices will be held: Saturdays from 10:00 AM–11:00 AM

We will begin the season with one-hour practices. As we get to know our athletes and see how they respond to the practice environment and length of time, we may gradually increase practice time if appropriate.

Our goal is to create an environment where every Kings & Queens athlete feels comfortable, successful, supported, and excited to come to cheer!

Event Schedule

PERFORMANCES

Kings & Queens can expect to perform at 2 NJP showcases and 3 or 4 local competitions

<u>EVENT</u>	<u>DATE</u>	<u>LOCATION</u>
NJP Showcase	Nov 14, 2026 OR Nov 15, 2026	TBD
Competition #1	Jan 16, 2027	Toms River, NJ
Competition #2	Feb 6, 2027	Trenton, NJ
Competition #3 (TBD)	Mar 6, 2027	Atlantic City, NJ
Competition #4	Apr 3, 2026	Toms River, NJ
End of Season Showcase	TBD	NJP

Program Commitment



PROGRAM COMMITMENT

Before committing to NJ Premier All Stars Kings & Queens, we feel it is important that athletes and families understand the commitment needed to help make this season a positive, successful, and enjoyable experience for everyone.

Our Kings & Queens program has a limited practice schedule, typically 2–3 practices per month. Because our time together is limited, it is extremely important that athletes attend their scheduled practices whenever possible. Consistent attendance allows our athletes to become comfortable and confident with their routine. Missing practices can result in athletes having to learn or relearn material during competition warm-ups or performances, which can create unnecessary stress. Our goal is for every athlete to arrive at an event feeling prepared, confident, supported, and excited to perform!

Every athlete is an important part of our team. Cheerleading is a TEAM sport, and routines rely on athletes practicing together, building consistency, and becoming familiar with their teammates and coaches.

We understand that our Kings & Queens athletes may have individual needs and circumstances, and we will always work with our families with patience, flexibility, and understanding. We simply ask that families communicate with us whenever an athlete will be unable to attend.

At NJ Premier, we are building more than a routine. We are creating a place where our Kings & Queens can experience teamwork, confidence, friendship, accomplishment, and the joy of being part of a team.



Program Commitment



PARENT COMMITMENT

Our Kings & Queens parents and families are an incredibly important part of making this program successful!

We ask families to:

- Commit to the practice and performance schedule to the best of their ability.
- Communicate with us if your athlete will be absent or if there are circumstances we should be aware of.
- Meet all posted fee deadlines so uniforms, bows, T-shirts, and other necessary items can be ordered and received on time.
- Help athletes arrive on time and prepared for practices and performances.
- Maintain a positive and supportive environment for all of our athletes, families, coaches, and teammates.
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At NJ Premier, we call ourselves a PRAMILY — Premier + Family.

Our athletes thrive when they are surrounded by encouragement, patience, positivity, and support. We want practices, competitions, performances, and events to be something our Kings & Queens athletes and their families look forward to.

Thank you for trusting us with your athlete and for helping us create an amazing season for our Kings & Queens!



COACH COMMUNICATION

Open communication between our coaches and families is extremely important to us. We want our Kings & Queens families to always feel comfortable reaching out with questions, concerns, or information that will help us best support their athlete.

The best times and ways to communicate with our coaching staff are:

- Before or after practice
- During a scheduled meeting
- Through the BAND app
- By email or phone when necessary

If there is anything we should know that may help your athlete have a more successful practice or performance experience, please communicate with us. The more we know, the better we can support your athlete and their individual needs.

HEALTH & SAFETY

The health, safety, and well-being of our Kings & Queens athletes will always be a priority.

- Emergency contact and medical information must be provided for every athlete and kept up to date throughout the season.
- Families must disclose any medical conditions, injuries, allergies, medications, behavioral considerations, sensory needs, or other information that may affect an athlete's participation or help our coaches better support them.
- Please notify the coaching staff of any changes that occur throughout the season.
- If your athlete requires specific accommodations, assistance, or strategies to feel safe and successful, we encourage you to communicate those needs with us.

Our goal is to understand each athlete as an individual and provide the safest, most positive experience possible.

COMPETITION & PERFORMANCE CONDUCT

Competition and performance days are an exciting opportunity for our Kings & Queens to showcase everything they have worked on!

To help events run smoothly:

- Athletes must arrive at the designated report time, dressed and prepared as instructed.
- Athletes should remain with the team and coaching staff as directed.
- Athletes must remain at the event until officially dismissed by their coach, unless prior arrangements have been made.
- Families should communicate with the coaching staff as early as possible if an issue may affect arrival or participation.
- We ask all families to represent NJ Premier All Stars with positivity, encouragement, and good sportsmanship.

Most importantly, these events are about giving our Kings & Queens an opportunity to shine, feel successful, have fun, and experience the excitement of performing with their team! 🏆💙

Tentative Season Dates



SAVE THE DATES SCHEDULE

DATES	EVENTS
9/19/2026	Informational Open Gym
10/17/2026	PRAMILY Pumpkin Picking
10/29/2026	Trunk or Treat
10/31/2026	<i>CLOSED - Halloween</i>
11/5 & 11/6	<i>CLOSED - Teacher Convention</i>
11/14 or 11/15	Season 16 Showcase
11/25 - 11/27	<i>CLOSED - Thanksgiving Break</i>
12/24 - 12/27	<i>CLOSED - Holiday Break</i>
12/31 - 1/1	<i>CLOSED - New Year's Eve & Day</i>
3/28/2027	<i>CLOSED - Easter</i>
TBD	End of Season Showcase

TENTATIVE PRACTICE & COMPETITION DATES

MONTH	DATE/EVENT
SEPTEMBER	19th - Informational Open Gym
OCTOBER	10, 17, 24
NOVEMBER	7, 28
Sat/Sun, November 14/15th	NJP Season 16 Showcase - TBD
DECEMBER	5, 19
JANUARY	9, 30
Sat, January 16th	The Northeast Crown - Toms River, NJ
FEBRUARY	20
Sat, February 6th	American Cheer Power, Trenton, NJ
MARCH	20, 27
Sat, March 6th (TBD)	Nfinity Champions League - Atlantic City, NJ
APRIL	
Sat, April 3rd	Cheersport - Toms River, NJ
APRIL, TBD	End of Season Showcase