

MetSync

Food Supplement with Probiotics and Vitamin B1

30 capsules

Net weight ≥ 15 g e

WHAT IS MET SYNC?

Met Sync contains a blend of three SynbÆctive® strains specifically designed to support metabolic health and weight management.

Vitamin B1 contributes to normal energy-yielding metabolism, supports the nervous system and psychological function, and promotes healthy heart function.

Met Sync - SynbÆctive® strains has shown benefits supported by clinical and preclinical evidence¹:

- **Carbohydrate Control:** Controls sugar absorption by inhibiting enzymes involved in carbohydrate digestion.
- **Lipid and Cholesterol Balance:** Enhances fat use, lowers LDL and triglycerides, improves HDL, and regulates cholesterol through enhancing the activity of Bile salt hydrolase.
- **Glycaemic Profile:** A significant improvement of both fasting plasma glycaemia and fasting plasma insulin.
- **Anti-Inflammatory and Antioxidant Effects:** Controls TNF-α and C-Reactive Protein levels, boosts antioxidant enzymes and strengthens immune response via IL-4 cytokine release.²
- **Anthropometric Improvements:** Enhances the reduction of waist circumference, visceral adipose index, and arterial pressure.

WHY CHOOSE MET SYNC?

Met Sync is formulated to support individuals in:

- Improving metabolic functions
- Controlling hyperglycaemia
- Controlling cholesterol synthesis
- Modulating chronic inflammation
- Weight management

INFORMATION ON COMPOSITION

Ingredients: Corn starch, glazing agent (hydroxypropyl methyl cellulose E464; gellan gum E418), maltodextrin, *SynbÆctive® strains (*Limosilactobacillus reuteri* PBS072 (DSM 25175), *Lactobacillus acidophilus* PBS066 (DSM 24936), *Lactiplantibacillus plantarum* PBS067 (DSM 24937)), magnesium salts of fatty acids (E470b), Vitamin B1 (Thiamine hydrochloride).

*SynbÆctive® is a registered trademark of SynBalance S.R.L.

INSTRUCTIONS FOR USE

Take 1 capsule daily, preferably on an empty stomach or as directed by your healthcare professional, with a glass of water.

WARNINGS

Do not exceed the recommended daily dose. Food supplements should not replace a varied diet and healthy lifestyle. Keep out of reach of children.

STORAGE CONDITIONS

Store in a cool, dry place, away from direct sunlight and heat sources. Contains live cultures sensitive to heat: store at a temperature between 15 - 25°C.

DISCLAIMER

This leaflet is intended for informational purposes for consumers and healthcare professionals. Vitamin health claims are authorised by the European Commission under Regulation (EU) 432/2012. Probiotic effects relate to support of intestinal flora balance and wellbeing, not to the prevention or treatment of disease.

PACKAGE CONTENT

Printed cardboard box containing 3 blisters, with 10 capsules each containing 500 mg per capsule, and a leaflet.

MANUFACTURER

Manufactured by **FMC SRL**, Via Asi Consortile KM 0+200, 03013 Ferentino (Fr), Italy

Distributed by **LIYFE**, 89 Level 0, Triq is-Siggiewi, Siggiewi SGW 2021, Malta – Europe

References:

¹ SynbÆctive® MetSyn - white paper - rev 02 of 2023-12-20

² Presti, I., et al. "Evaluation of the probiotic properties of new *Lactobacillus* and *Bifidobacterium* strains and their in vitro effect." *Applied microbiology and biotechnology* 99.13 (2015): 5613-5626.