



# DIGITAL SAFE GIRLS

## June Report



PROUDLY SUPPORTED BY



Embassy of the Czech Republic  
in Nairobi

# BACKGROUND AND CONTEXT

The project addresses the rising cyber violence against adolescent girls in Kisumu County, Kenya, driven by increased digital platform use. It aims to build digital resilience, create safe online communities, and establish support systems through education and advocacy.

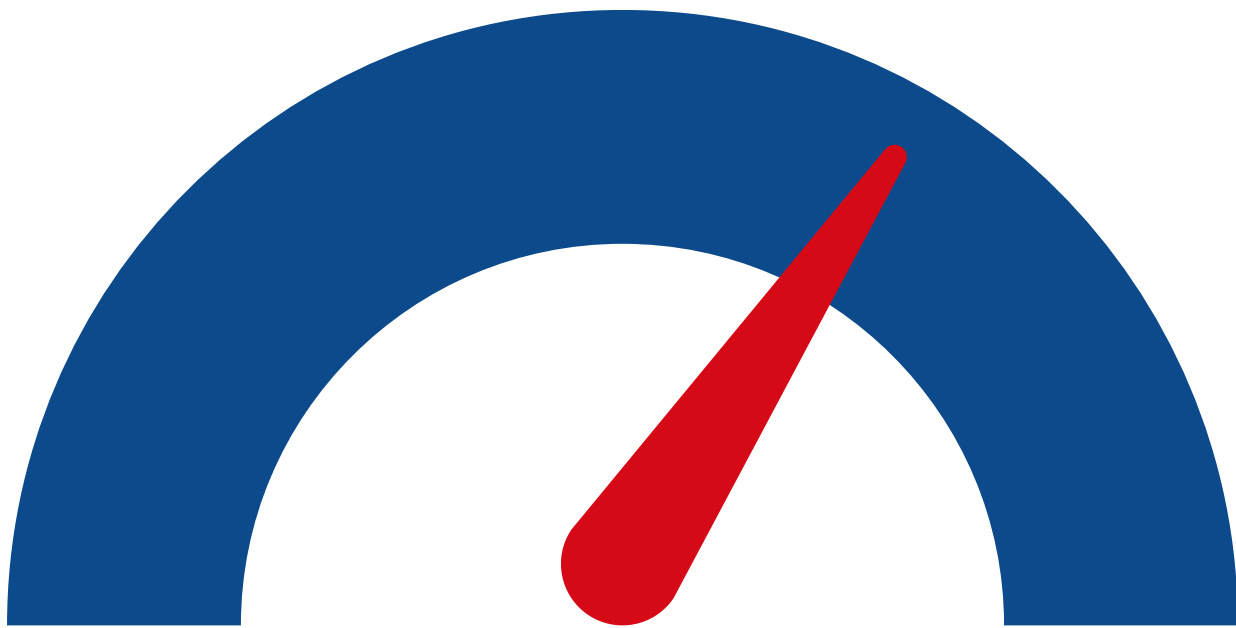
Two key sessions were held:

- **Achego Girls Secondary School:** June 14, 2025
- **St. Theresa Girls Secondary School, Kibuye:** July 19, 2025





# OUR NUMBERS



# Measuring Progress

Performance goals are a good way to monitor and measure progress.

Reporting performance can include details such as indicators identified, data collected and SDG-related activities accomplished. Clear and concrete performance goals make it easier to generate relevant, consistent and comparable data over time, in formats that your audience can understand and appreciate.

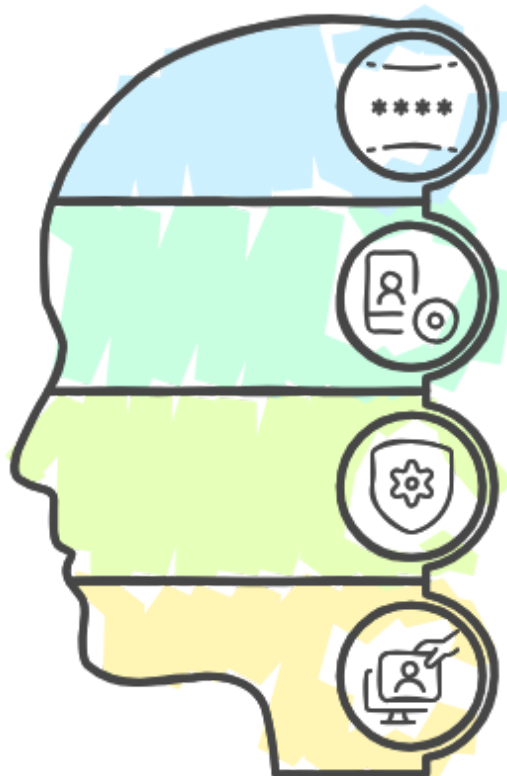
Key Indicator	Activity / Project	Data / Outcome
Your Key Performance Indicator goes here	Add a few details describing the related activities	<ul style="list-style-type: none"><li>• What results did you obtain from your project?</li><li>• Write them here.</li></ul>
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# SAFE DIGITAL PRACTICES

Stay safe online by using strong passwords, enabling two-factor authentication, and avoiding sharing personal info. Be mindful of what you post, review your privacy settings, and always treat others with respect. Report cyberbullying and help create a safe digital space.

## Building a Safe Digital Environment



### Strong Passwords

Creating secure passwords with diverse characters

### Two-Factor Authentication

Adding an extra layer of security to accounts

### Privacy Settings

Adjusting settings to protect personal information

### Responsible Online Behavior

Treating others with respect and reporting bullying



# IDENTIFYING AND RESPONDING TO DIGITAL THREATS

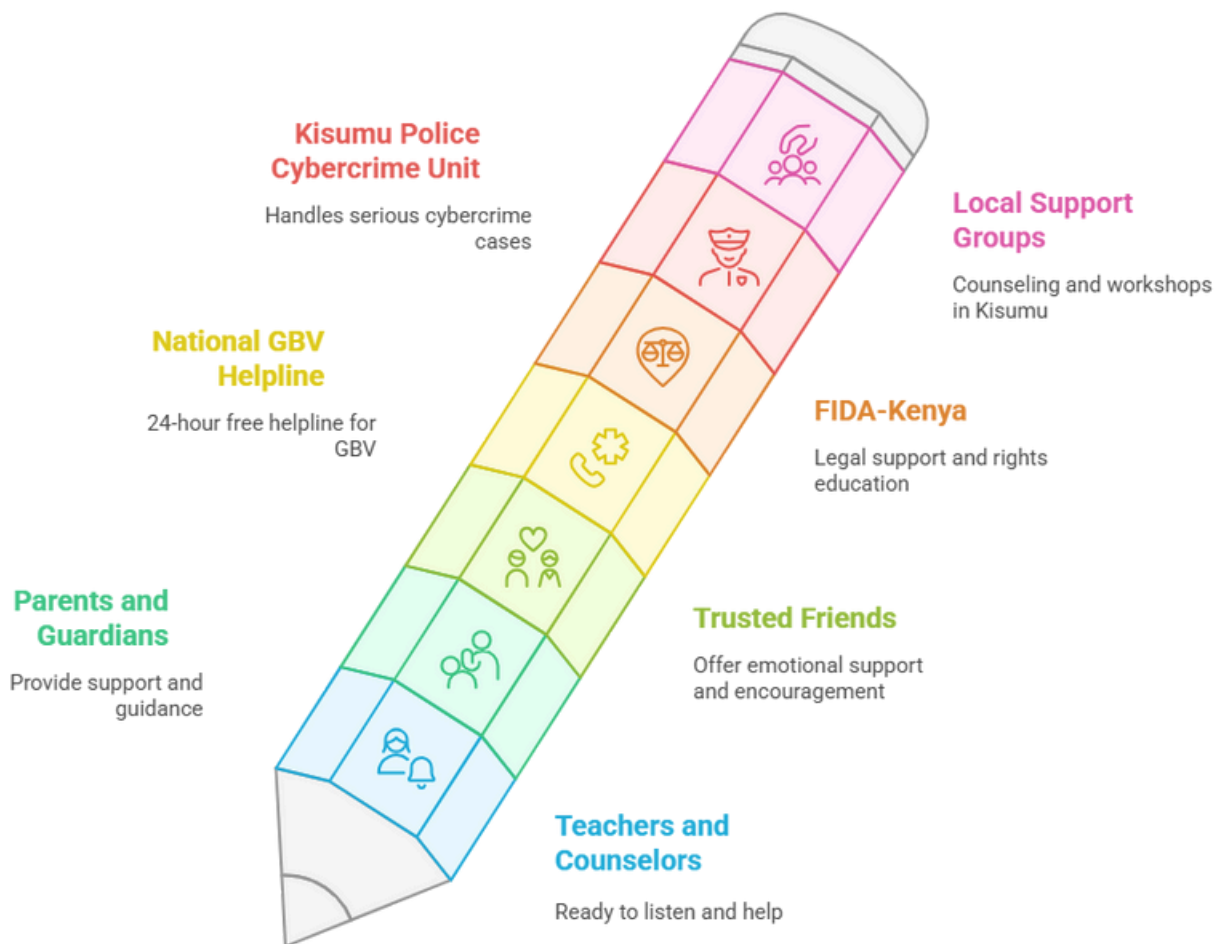
## Know the Signs:

- Receiving repeated, unwanted messages that make you feel scared or upset.
- Someone threatening to harm you or share private information.
- Strangers asking for personal details or inappropriate photos.
- Posts or messages spreading lies or insults about you or someone you know.

## Responding to Online Threats



# REPORTING AND GETTING SUPPORT



## ***Reporting channel to cyber violence include***

- DCI (0800 722 203, [tips@dc.go.ke](mailto:tips@dc.go.ke)),
- CAK via [ke-cirt.go.ke](http://ke-cirt.go.ke),
- Visit nearest police station with evidence.

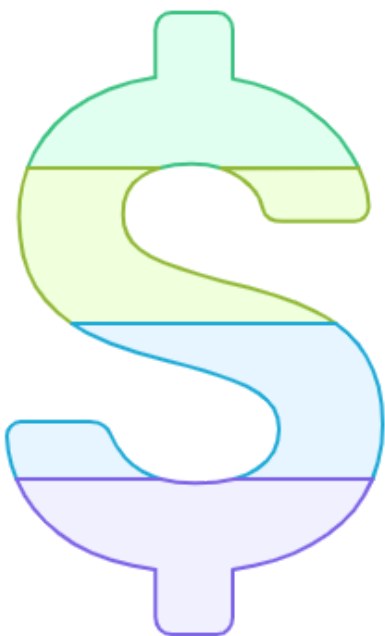




# DIGITAL SAFETY PLEDGE

Cyber safety starts with you! Make a personal commitment to be safe, responsible, and respectful online. Your actions can prevent harm and help protect your classmates, friends, and family.

Let's build a school and a community where every girl can feel safe using digital technology—because everyone deserves to participate equally and without fear in the digital world.



## Personal Commitment

Individual pledge to be safe and responsible online



## Community Building

Creating a safe digital environment for everyone



## Digital Safety Pledge

Formal promise to uphold cyber safety principles



## Empowerment

Encouraging confidence and safety in digital interactions

## Digital Safety Pledge

*"I pledge to be respectful online, protect my personal information, support those facing cyber violence, and report unsafe behavior. Together, we can make the internet a safer place for all."*



# NOTES

This image shows a blank sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## Digital Safety Pledge

*"I pledge to be respectful online, protect my personal information, support those facing cyber violence, and report unsafe behavior. Together, we can make the internet a safer place for all."*



# Digital Safety

*The Dos for  
Best Practices*



## ① Do Protect Personal Information

Keep your full name, address, phone, and school private.

## ③ Do Think Before You Post

Only share images and posts you're comfortable showing family and friends.

## ⑤ Do Stay Safe Online

Avoid suspicious links or downloads; use privacy settings on social media.

## ⑦ Do Practice Digital Etiquette

Be polite and respectful online; only talk to people you know.

## ② Do Report Cyberbullying

If you're a victim or witness bullying, report it to a trusted adult or platform.

## ④ Do Use Strong Passwords

Create strong, unique passwords ; Never share your password

## ⑥ Do Be Cautious with Links

Don't agree to meet someone from the internet without a trusted adult.

**SCAN ME**  
**REPORTING**  
**CHANNELS**

[HTTPS://JIJENGESYOUTH.ORG](https://jijengeyouth.org)





# Digital Safe Girls

## Guide to Cyber Safety



### What is Cyber Violence?

Cyber violence refers to using digital platforms to intimidate, harass, or abuse others.

#### Types of Cyber violence





- Cyberbullying
- Online Harassment
- Cyberstalking
- Identity Theft
- Doxxing
- Online Threats



#### Stay Smart, Stay Safe

- Use strong passwords
- Lock your profiles
- Think before you post.
- Don't share personal details
- Avoid talking to strangers online

#### Where to Get Help

-  Teachers & Counselors
-  1195 – GBV Helpline
-  FIDA Kenya – Legal help
-  Police Cybercrime Unit

**FOR  
MORE  
SCAN  
ME**



#### Proudly Supported By



**CZECH  
AID**



Embassy of the Czech Republic  
in Nairobi



### Digital Safety Pledge

*"I pledge to be respectful online, protect my personal information, support those facing cyber violence, and report unsafe behavior. Together, we can make the internet a safer place for all."*



# THANK YOU

We appreciate the efforts of our program led Tom Ogalo, Facilitator Kelvin Otieno Opondo and the Embassy of the Czech Republic, Head of the Economic and Commercial Section, Marta Anna Ledgard, MBA for their contribution and guidance to the development of this Digital Safe Girls Manual.

Together, we build a safer digital world. Every action you take online shapes the future. Remember to stay informed, stay respectful, and protect yourself and others. Your voice matters in creating a secure and inclusive space for all. Keep learning, keep growing, and keep inspiring!

## CONTACT US



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