

Acct #:

DOB:

**Medical History – Check each of the topics that relate to your medical history**

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Allergies               | <input type="checkbox"/> Allergic to Latex      | <input type="checkbox"/> Amputation              | <input type="checkbox"/> Anemia                 |
| <input type="checkbox"/> Angina                  | <input type="checkbox"/> Asthma                 | <input type="checkbox"/> Ataxia                  | <input type="checkbox"/> Bell's Palsy           |
| <input type="checkbox"/> Bipolar                 | <input type="checkbox"/> Blood Clot/Emboli      | <input type="checkbox"/> Bowel/Bladder Problems  | <input type="checkbox"/> Bronchitis             |
| <input type="checkbox"/> Carpal Tunnel Syndrome  | <input type="checkbox"/> Cellulitis             | <input type="checkbox"/> Cerebral Palsy          | <input type="checkbox"/> Concussion             |
| <input type="checkbox"/> COPD                    | <input type="checkbox"/> Coronary Heart Disease | <input type="checkbox"/> Depression              | <input type="checkbox"/> Dizziness or Faintness |
| <input type="checkbox"/> Drink Alcohol           | <input type="checkbox"/> Emphysema              | <input type="checkbox"/> Energy Loss             | <input type="checkbox"/> Epilepsy/Seizures      |
| <input type="checkbox"/> Epstein-Barr            | <input type="checkbox"/> Gout                   | <input type="checkbox"/> Guillain-Barre Syndrome | <input type="checkbox"/> Headache, Severe       |
| <input type="checkbox"/> Hearing Difficulties    | <input type="checkbox"/> Heart Attack           | <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Hernia                 |
| <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Intractable Pain       | <input type="checkbox"/> Kidney Disease          | <input type="checkbox"/> Lipedema               |
| <input type="checkbox"/> Low Blood Pressure      | <input type="checkbox"/> Low Blood Sugar        | <input type="checkbox"/> Lumpectomy              | <input type="checkbox"/> Lupus                  |
| <input type="checkbox"/> Lyme Disease            | <input type="checkbox"/> Lymphedema             | <input type="checkbox"/> Mastectomy              | <input type="checkbox"/> Multiple Sclerosis     |
| <input type="checkbox"/> Neurological Issues     | <input type="checkbox"/> Osteoarthritis         | <input type="checkbox"/> Osteoporosis            | <input type="checkbox"/> Oxygen Dependency      |
| <input type="checkbox"/> Pacemaker               | <input type="checkbox"/> Parkinson's Disease    | <input type="checkbox"/> Pneumonia               | <input type="checkbox"/> Pregnancy, Current     |
| <input type="checkbox"/> Rheumatoid Arthritis    | <input type="checkbox"/> Sciatica               | <input type="checkbox"/> Shortness of Breath     | <input type="checkbox"/> Sleep Apnea            |
| <input type="checkbox"/> Sleeping Problems       | <input type="checkbox"/> Spinal Stenosis        | <input type="checkbox"/> Stroke/TIA              | <input type="checkbox"/> Thyroid                |
| <input type="checkbox"/> Tobacco Use             | <input type="checkbox"/> Torticollis            | <input type="checkbox"/> Varicose Veins          | <input type="checkbox"/> Vasculitis             |
| <input type="checkbox"/> Vertigo/Balance         | <input type="checkbox"/> Vision Difficulties    | <input type="checkbox"/> Weakness                | <input type="checkbox"/> Weight Loss            |
| <input type="checkbox"/> Women's Health Issue(s) |   |  |   |

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- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Abdomen              | <input type="checkbox"/> Ankle, Left       | <input type="checkbox"/> Buttock, Right     | <input type="checkbox"/> Feet/Toes, Left     |
| <input type="checkbox"/> Arm, Right           | <input type="checkbox"/> Buttock, Left     | <input type="checkbox"/> CRPS, Bilateral    | <input type="checkbox"/> Hands/Fingers, Left |
| <input type="checkbox"/> Chest, Left          | <input type="checkbox"/> Chest, Bilateral  | <input type="checkbox"/> Elbow Right        | <input type="checkbox"/> Hip, Left           |
| <input type="checkbox"/> CRPS, Right          | <input type="checkbox"/> Elbow, Left       | <input type="checkbox"/> Hands/Fingers, All | <input type="checkbox"/> Jaw, Left           |
| <input type="checkbox"/> Feet/Toes, Right     | <input type="checkbox"/> Hip, Both         | <input type="checkbox"/> Knee, Right        | <input type="checkbox"/> Knee, Both          |
| <input type="checkbox"/> Hands/Fingers, Right | <input type="checkbox"/> Knee, Left        | <input type="checkbox"/> Lower Back, Left   | <input type="checkbox"/> Lower Back, Right   |
| <input type="checkbox"/> Hip, Right           | <input type="checkbox"/> Leg, Right        | <input type="checkbox"/> Neck, Left         | <input type="checkbox"/> Neck, Bilateral     |
| <input type="checkbox"/> Jaw, Right           | <input type="checkbox"/> Neck, Right       | <input type="checkbox"/> Upper Back, Left   | <input type="checkbox"/> Shoulder, Left      |
| <input type="checkbox"/> Leg, Left            | <input type="checkbox"/> Pelvis            | <input type="checkbox"/> Wrist, Right       | <input type="checkbox"/> Upper Back, Center  |
| <input type="checkbox"/> Lower Back, Center   | <input type="checkbox"/> Upper Back, Right | <input type="checkbox"/> Arm, Left          | <input type="checkbox"/> None of these       |
| <input type="checkbox"/> Pelvic Floor         | <input type="checkbox"/> Wrist, Left       | <input type="checkbox"/> Chest, Right       |  |
| <input type="checkbox"/> Shoulder, Right      | <input type="checkbox"/> Ankle, Right      | <input type="checkbox"/> CRPS, Left         |  |

**Medical History – Check each of the topics that relate to your medical history**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Cancer                           | <input type="checkbox"/> I am a caregiver for someone else | <input type="checkbox"/> Infectious Disease       |
| <input type="checkbox"/> Pre-Diabetes                     | <input type="checkbox"/> I live alone                      | <input type="checkbox"/> My home has stairs       |
| <input type="checkbox"/> Diabetes, Type 1                 | <input type="checkbox"/> I use a cane                      | <input type="checkbox"/> Other important issue(s) |
| <input type="checkbox"/> Diabetes, Type 2                 | <input type="checkbox"/> I use a walker                    | <input type="checkbox"/> Other surgery            |
| <input type="checkbox"/> I have received PT or OT at home | <input type="checkbox"/> I use a wheelchair                |   |

**Medical History – Check each of the topics that relate to your medical history**

- |   |                                    |   |  |
|---|------------------------------------|---|--|
| <input type="checkbox"/> Joint replacement(s) | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Pins or metal implant(s) | <input type="checkbox"/> Numbness/Tingling |
|---|------------------------------------|---|--|

Located where: \_\_\_\_\_

Located where: \_\_\_\_\_

**If you had previously checked the box that you have Arthritis- Where is it located?**

- |                                |                               |                                |                               |                                     |                               |                                |                                 |
|--------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------------|-------------------------------|--------------------------------|---------------------------------|
| <input type="checkbox"/> Toes  | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Fingers    | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Ankle | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Wrist      | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Calf  | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Arm        | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Knee  | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Shoulder   | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Thigh | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Neck/Spine | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Center |
| <input type="checkbox"/> Hip   | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both |                                     |                               |                                |                                 |

**If you had previously checked the box that you have numbness/tingling-Where is it located?**

- |                                |                               |                                |                               |                                     |                               |                                |                                 |
|--------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------------|-------------------------------|--------------------------------|---------------------------------|
| <input type="checkbox"/> Toes  | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Fingers    | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Ankle | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Wrist      | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Calf  | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Arm        | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Knee  | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Shoulder   | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both   |
| <input type="checkbox"/> Thigh | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both | <input type="checkbox"/> Neck/Spine | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Center |
| <input type="checkbox"/> Hip   | <input type="checkbox"/> Left | <input type="checkbox"/> Right | <input type="checkbox"/> Both |                                     |                               |                                |                                 |

- Check this box if you don't have any medical history to report  
Check this box if you prefer not to report your medical history

**How often do you exercise?**

- Never
- Usually once per week
- Usually twice per week
- Usually 3 times per week
- 4 or more times per week

**Does your daily routine, or work, aggravate your injury?**

- No
- I am unable to participate in my normal routines or work
- My routine/work usually impacts my injury 1 day per week
- My routine/work aggravates my injury about 2 days per week
- My routine/work aggravates my injury 3 or more days per week
- My routine/work aggravates my injury every day, but I try to cope

**Does your diagnosis impact your ability to do your job?**

- I am retired
- The diagnosis prevents me from working
- I can only work part time
- I can work, but with great difficulty
- I can work, with minor difficulty
- The diagnosis does not impact my ability to work
- Not applicable

**Does your diagnosis impact your ability to attend school?**

- The diagnosis prevents me from attending school
- I am in school, but the diagnosis has a big impact
- I am in school and the diagnosis has a minor impact
- School is normal, but I cannot participate in sports
- School is normal, no impact
- Not applicable

Please list any medications you are currently taking **(Please include dose and frequency)**:

- I am not taking any medications
- I will bring a list of my medications in

Check the box below that prompted today's visit- Please **select only one**-main concern for today's visit:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Ankle, left      | <input type="checkbox"/> Hands/fingers, left  | <input type="checkbox"/> Pelvic floor       |
| <input type="checkbox"/> Ankle, right     | <input type="checkbox"/> Hands/fingers, right | <input type="checkbox"/> Shin/calf, left    |
| <input type="checkbox"/> Arm, left        | <input type="checkbox"/> Head, left           | <input type="checkbox"/> Shin/calf, right   |
| <input type="checkbox"/> Arm, right       | <input type="checkbox"/> Head, right          | <input type="checkbox"/> Shoulder, left     |
| <input type="checkbox"/> Buttock, left    | <input type="checkbox"/> Hip, left            | <input type="checkbox"/> Shoulder, right    |
| <input type="checkbox"/> Buttock, right   | <input type="checkbox"/> Hip, right           | <input type="checkbox"/> Spine              |
| <input type="checkbox"/> Chest, left      | <input type="checkbox"/> Incontinence         | <input type="checkbox"/> Thigh, left        |
| <input type="checkbox"/> Chest, right     | <input type="checkbox"/> Jaw, left            | <input type="checkbox"/> Thigh, right       |
| <input type="checkbox"/> CRPS, left       | <input type="checkbox"/> Jaw, right           | <input type="checkbox"/> Upper back, center |
| <input type="checkbox"/> CRPS, right      | <input type="checkbox"/> Knee, left           | <input type="checkbox"/> Upper back, left   |
| <input type="checkbox"/> Elbow, left      | <input type="checkbox"/> Knee, right          | <input type="checkbox"/> Upper back, right  |
| <input type="checkbox"/> Elbow, right     | <input type="checkbox"/> Lower back, center   | <input type="checkbox"/> Vertigo/balance    |
| <input type="checkbox"/> Feet/toes, left  | <input type="checkbox"/> Lower back, left     | <input type="checkbox"/> Wrist, left        |
| <input type="checkbox"/> Feet/toes, right | <input type="checkbox"/> Lower back, right    | <input type="checkbox"/> Wrist, right       |
| <input type="checkbox"/> Forearm, left    | <input type="checkbox"/> Neck, left           |   |
| <input type="checkbox"/> Forearm, right   | <input type="checkbox"/> Neck, right          |   |

Please describe what type of pain you feel that also prompted this visit:

- |   |                                   |                                    |                                   |
|---|-----------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Aching         | <input type="checkbox"/> Burning  | <input type="checkbox"/> Constant  | <input type="checkbox"/> Cramping |
| <input type="checkbox"/> Deep           | <input type="checkbox"/> Dull     | <input type="checkbox"/> Heavy     | <input type="checkbox"/> Numb     |
| <input type="checkbox"/> Pins & Needles | <input type="checkbox"/> Stabbing | <input type="checkbox"/> Throbbing | <input type="checkbox"/> Variable |
| <input type="checkbox"/> Weak           |                                   |                                    |                                   |

Please rate the level of pain/discomfort you are experiencing – Please circle one (10 Worst pain)

0	1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	---	----

What makes your pain worse?

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Reaching back        | <input type="checkbox"/> Lying flat       | <input type="checkbox"/> Getting out of bed    | <input type="checkbox"/> Dressing and grooming |
| <input type="checkbox"/> Cooking              | <input type="checkbox"/> Carrying items   | <input type="checkbox"/> Climbing stairs       | <input type="checkbox"/> Sitting               |
| <input type="checkbox"/> Twisting             | <input type="checkbox"/> Lifting anything | <input type="checkbox"/> Lifting heavy weights | <input type="checkbox"/> Pulling               |
| <input type="checkbox"/> Raising arm overhead | <input type="checkbox"/> Looking up/down  | <input type="checkbox"/> Walking               | <input type="checkbox"/> Bending               |

What relieves your pain?

- |  |                                     |  |                                   |
|--|-------------------------------------|--|-----------------------------------|
| <input type="checkbox"/> Ice             | <input type="checkbox"/> Heat       | <input type="checkbox"/> Stretching        | <input type="checkbox"/> Exercise |
| <input type="checkbox"/> Pain medication | <input type="checkbox"/> Lying flat | <input type="checkbox"/> Avoiding activity | <input type="checkbox"/> Nothing  |

Is this a recurrence of a previous injury or condition?  Yes  No

The year of your initial injury: \_\_\_\_\_

Have you had a recent surgery for the primary condition you are being seen for?  Yes  No

When was the surgery date? \_\_\_\_\_

**Please enter height and weight:**

Feet: \_\_\_\_\_ Inches: \_\_\_\_\_ Weight: \_\_\_\_\_

**Falls- How many times have you fallen in the past year?**

0 times       1 time       2 times       3 times       4 times  
 5 times       6 or more times

Were you injured:    Yes       No

**About Depression: Over the last two weeks have you been bothered by feeling down, depressed, or hopeless?**

Yes, I have been bothered by feeling down, depressed, or hopeless.

No, I have NOT

**About Depression: Over the last two weeks have you been bothered by having little interest or pleasure in doing things?**

Yes, I have been bothered by having little interest or pleasure doing things.

No, I have NOT

Your time and completion of this medical history form is greatly appreciated! Thank You