



Green Roots was born from a place of love, frustration, and hope. We are a parent-carer-led, volunteer-run non-profit, created because our neurodiverse children were growing up – and suddenly the world had no place for them.

As our children entered puberty and early teen years, we watched something heartbreaking happen:

the support that once existed simply fell away.

Younger groups felt too young.

Most youth services didn't start until 16.

And the in-between years – the years when identity forms, confidence wavers, and independence begins – were quietly, consistently overlooked.

Families like ours were left asking the same painful question:

“Where can my child go now?”

There was **NO** answer.

So we decided.... to become **one**.

We built Green Roots to make sure no neurodivergent young person ever feels forgotten in the years that matter most. This is a space where autistic and neurodiverse pre-teens and teens can belong, breathe, and grow at their own pace – surrounded by people who understand them, celebrate them, and see their potential.

Green Roots exists because every young person deserves a place to put down roots before they step into adulthood.

And because no family should ever feel alone on that journey.

