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| Client Intake Form |
| **Self-Care & Inspirational Coaching:** **Mental Health & Wellness**Life Coach: Amanda Allenadallen60@gmail.com469-585-3088https://self-careandinspirationalcoach.godaddysites.com$75 per session |
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| Client Information |
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| Name | Phone Number | Email Address |

1. **Tell me a little bit about yourself?**
2. **Where are you from?**
3. **What do you want?**
4. **What goals would you like to achieve with this coaching experience?**
5. **Are you ready to invest in your personal development?**
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