# OMEGA Design GRAPHICS

BRANDING · PACKAGING · TRADE SHOWS DIGITAL ADS · STORE & DIGITAL COUPONS

- Retail Packaging
- Rebranding
- Private Label





- Retail Packaging
- Rebranding









### STORE BRAND PRIVATE LABEL

Retail Packaging



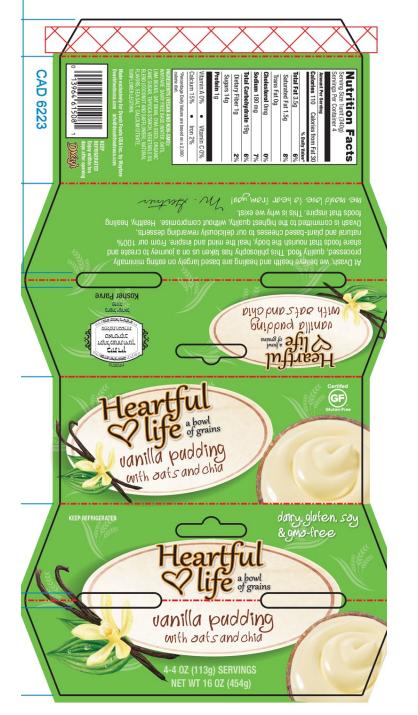
- Retail Packaging
- Rebranding
- Private Label







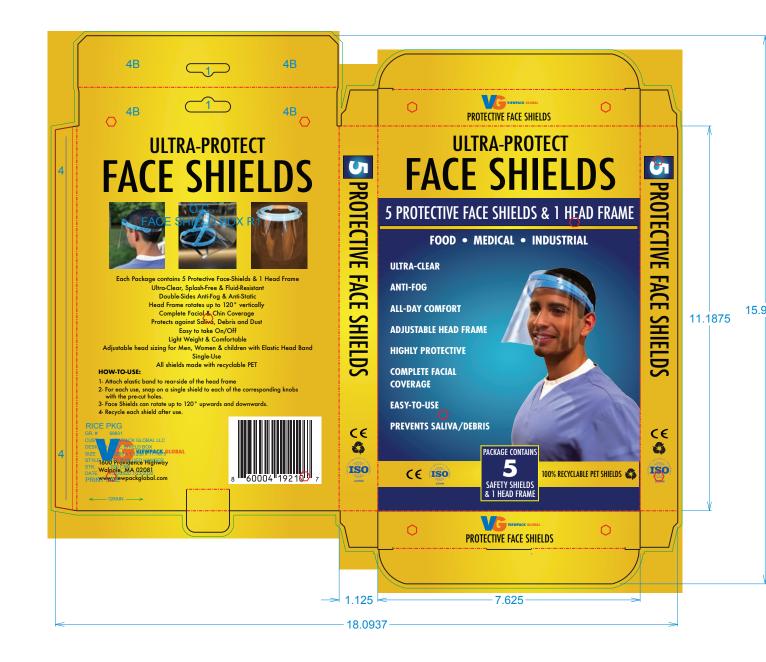
Printed Sleeves





### PRODUCT PACKAGING

Printed Box



### MARKETING MATERIAL

- Brochures
- Business Cards
- Signage
- Tradeshow
- Banners

### WHY AYURVEDA WELLNESS HEALING?

We are unique, just like your footprint. We We are unique, just like your tootprill. We offer a team approach when working with our clients. Whether you have a consultation or bodywork, or even a private Ayurveda cooking class, we share recommendations with each other.

To help the client better understand their unique constitution, we also incorporate Numerology in our private consultations. This aides in all aspects of what we offer being consistent with our overall approach, helping you, the client achieve optimal health and wellbeing.

We are graduates of:

- 🐉 Kerala Ayurveda Academy
- 🔆 Yoga Spirit
- Swedish Institute of Massage



Thank you for the best massage that I ever had. I feel great thanks to you. I will be back!!!!

I am so happy to tell you I have never felt better! You have helped me beyond words. Thank you, Thank you, Thank you!!!



Kim Sardo, AWP A registered Ayurveda Practitioner with NAMA and offers one on one personal consults, seasonal cleansing programs and workshops.



Wyndee Egan, AWP,RYT A registered Ayurveda Practitioner with NAMA and offers private consults, private and group yoga and Ayurveda Cooking classes.



RYT. A licensed massage therapist and is certified in Ayurveda bodywork treatments. She is also a certified voga instructor.

To schedule an appointment: 978.852.0923 www.ayurvedawellnesshealing.com info@ayurvedawellnesshealing.com

### WHAT IS AYURVEDA?

Ayurveda, also known as Ayurvedic Medicine, is the traditional medicine of India, which originated over 5,000 years ago and is considered to be the longest continuously practiced system of medicine.

Ayurveda provides both curative and preventive measures towards optimal physical, mental and spiritual well-being. The word "Ayurveda" is from the ancient Indian language, Sanskrit, and literally means "Knowledge of Life".

Inherent in Ayurvedic principles, is the concept that you are capable of taking charge of your own life and healing. Preferring to focus on the type of person who has the disease, rather than just understanding the type of disease the s. Ayurveda is a patientsystem of healing.

> mphasizes re-establishing he body through diet, lifestyle, dy cleansing, and the health of the and spirit, In North America. considered a form of alternative ke traditional Chinese medicine. whole medical system, meaning d on theories of health and methods of preventing and h conditions.



### BENEFITS OF AYURVEDA:

- # Personalized Treatment
- Natural Treatment
- # Heals the Body & Mind
- # Heals Skin Disorders
- Relaxes Central Nervous System
- \* Preventative
- Rid the Body of Ama (toxins)
- \* Promote Good Health

### AYURVEDA WELLNESS HEALING OFFERS:

### Ayurveda Consultation

Our wellness consultation is an in-depth 90-minute session to help address your health concerns and to "introduce you to yourself". During this consultation we get to thoroughly know you looking through the lens of Ayurveda by having you take a body constitution quiz (Dosha).

We discuss your body, bodily functions, food intake as well as the times you are eating your meals, examining the eyes, nails, tongue, general appearance and state of mind, all of which reveal places of balance and imbalance. Our job is to uncover and remove the cause/s that clutter your mind, senses, and body and restore you back to your original constitution so you may access your greatest potential for a healthy, vibrant and balanced life.

### SEVICES

In addition to consultations we offer a variety of therapeutic bodywork therapies.

- \* Abhyanga
- Swedish massage
- Marma Point Balancing
- Deep Tissue Massage
- \*\* Reflexology
- \* Cranial Sacral Therapy

### YOGA AND YOGA THERAPY

\* Sister science of Ayurveda. It focuses on adapting your yoga practice to suit your unique constitution.

### MEDITATION

\* Offers individual and group meditation classes for your unique constitution.

### NUMEROLOGY

. In our consultations we incorporate Numerology as another tool to better understand you.

### AYURVEDA COOKING CLASSES

Offer one on one and group Ayurveda Cooking classes.





Ayurveda

Wellness

Healing,LLC.

BLOCKAGE IS DISEASE, FLOW IS HEALTH



"Blockage is disease, flow is health"

Lynn Connor Licensed Massage Therapist

Tel: 978.852.0923

Like us on facebook@ ayurveda wellness healing

lynn@ayurvedawellnesshealing.com www.ayurvedawellnesshealing.com

### BANNER ADS

- Digital, Social Media Ads
- Print Ads



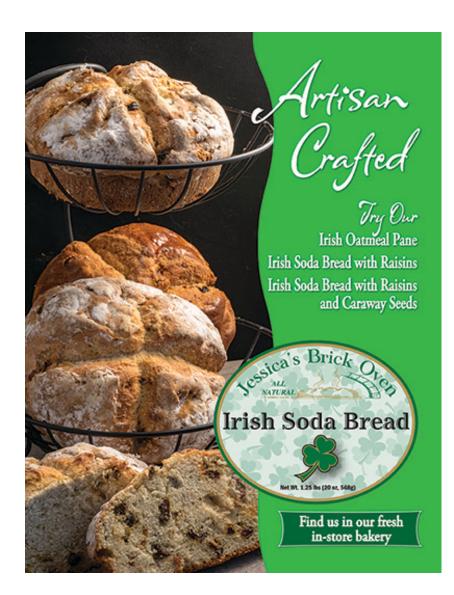


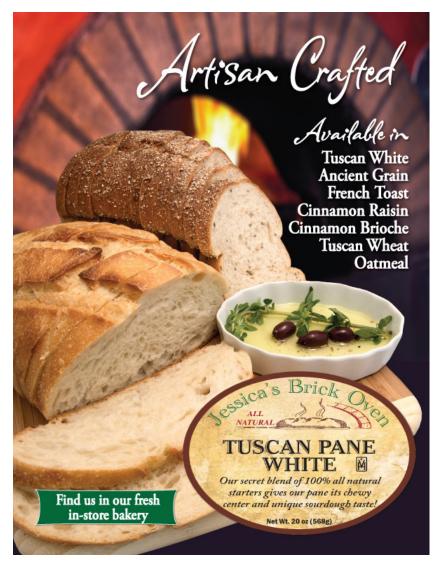


### Magazine Ads

- In Store Magazine Ads
- In Store Banners
- Photography and Design







### Packaging





























### Packaging





















## Frozen Foods Design

### Manufacturers Coupons





TO THE RETAILER: Joseph's will reimburse you 90 cents plus 6¢ handling if you receive this coupor for the redemption of the Joseph's Products shown and if upon request, you submit exidence of punchase of thereof satisfactory to Joseph's. This coupon cannot be assigned transferred or regroduced. Customer is responsible for any sales law if required. Visid where prohibles based, or restricted by law. Good only in the USA. Cash value 1204. Coupon will not be honored if presented by outside agencies, brokers or offers who are not retail distributors of Joseph's products or authorized by Joseph's. To redocer-coupons: MARL TO: Revenide Specially Foods, Inc. 154 North Broadway, Suito 206, Salore, NR103079 Any other uso conditutes t

LIMIT ONE COUPON PER PURCHASE







with the purchase of any (2) two Mama Rosie's Products TO THE RETAILER: Harry Rosles Co., Inc., will wintburse you \$1.00 plus ligharding if you receive this coupon for the redemption of the Marra Resis/bentees shown and if upon request, you submit evidence of purchase of thereof satisfactory to Manu Rasie's Co., Inc. This couper carnot be assigned, transferred or reproduced, Customer is responsible for any sales tax if required. Void where prohibited, taxed, or restricted by law Good only in the USA. Deshvalue 1,50s. Coupus will not be horosed if presented by outside agencies, brokers or affers. who are not retail claimbuture of Marria Planie's products or authorized by Marria Rosie's. To recleem coupons MAIL 10b Harns Rosie's Co., Inc., 10 Corrange Street, Sonton, MA 837-05.















### **FLEET GRAPHICS**

VANS TRUCKS CARS















Catalogs