StAy Safe

OVARIAN CANCER SYMPTOMS DIARY

SYMPTOMS

VAGINAL BLEEDING

VAGINAL DISCHARGE THAT IS NOT NORMAL

PAIN OR PRESSURE IN THE PELVIC AREA

ABDOMINAL OR BACK PAIN

BLOATING

FEELING FULL TOO QUICKLY

DIFFICULTY EATING

FREQUENT / URGENT NEED TO URINATE

CONSTIPATION

Fill in the squares in the diary below for each day that you have a symptom.

See a doctor if you have bleeding that's not normal for you, or if you have any of the other symptoms for 2 weeks or longer.

It may be nothing to worry about, but find out for sure.