

### **Icebreaker Responses:**

**How are you finding hope in these dark times? How will you find hope in the days and months to come?**

Yay! Torie, you're an inspiration!

Community like this.

Humor and laughter.

I find hope through being with community - and remembering that there are millions of us.

Friends, Jig saw puzzles!

Sticking Together!

Torie!

Group support!!

Self-care, connection and action!!

By taking action where I can.

Joining in community with Democrats!

Making heart connections with young people!

Joining in community.

This group and the realization that we're stronger together.

Celebrating all the amazing programs helping the country passed by Biden.

Self-care, connection with others.

Doing deep reading of non-knee-jerk thought leaders.

Thank Goddess for movies and music. And DSA.

Continuing activism and organizing!

Focusing now on closer communities here in California.

Being in Community.

Looking to do more direct action which invigorates.

Torie!

Taking action where I can. Calling Representatives on how to vote and then thanking them.

To find our vital issues.

Being involved in actions like the Women's March on 1/18/2025.

My father's fighting example from WWII. And political mentors, Dorothy Healey and Ben Dobbs

Staying connected with like-minded people.

Being kind!

Any available work: 20 postcards for the Supreme Court runoff in Mississippi

David Grabber. Timothy Snyder. Rebecca Soling.

Music - Over the Rhine - Love and Revelation.

Andy Borowitz lifts my spirit and funny bone.

Helping my undocumented cleaning person get connected to CHIRLA so she can get started on the path to citizenship.

Being of service with groups like Making Waves, AWARE LA, SURJ, and in my work advocating for unhoused Veterans. And listening to humorous podcasts, like Handsome w/ Tig Notaro.

I joined SURJ national (Showing Up for Racial Justice) and they are doing a small group activist training starting Dec. 4.

