

**Welcome**  
**Making Waves for Democracy Meeting**  
**March 29, 2026**  
**Barrie Levy**

Welcome! What a week! What a month! The whiplash of the past 14 months continues! I've been preoccupied by my heightened feelings of fear and outrage, as the whole world gets dragged into Trump's crazy orbit. I've been reactivated this week about toxic male megalomania as we tear down one leader and fail to jail our rapist in chief. Ok, can you tell I'm mad? Mad as hell!

AND I AM ALSO FILLED WITH HOPE as I thoroughly enjoyed seeing Americans everywhere get out on the streets and call it like they see it – we'll have NO KINGS IN OUR AMERICA!

And IT IS SPRING! As we see the extraordinary flowers blooming now, and hear so many birds in our trees, there are many other reasons to be hopeful:

There were way more [No Kings](#) events yesterday than last time! Over 8 million people showed up! And in every single Congressional District in the US!

Montana began collecting signatures for a referendum this November that would [ban corporations from political](#) spending on candidates or ballot issues. If passed, it could prove a death knell to Citizens United.

According to a new Reuters poll, Donald Trump's approval rating [just hit an all-time low of 36%](#). New polling shows that Trump has [lost working-class whites](#).

In a humiliating defeat for Trump, [Democrat Emily Gregory flipped Florida House District 87](#) — Trump's home district, which he won by 11 points in 2024.

Democrats have now won or overperformed in 258 out of 289 key elections — a rate of nearly 90%.

Democrats in Virginia passed 25 gun reform bills that had been rejected by the Republican governor. Now Governor Spanberger will sign them all! Elections matter!

Yet again, a record amount of new solar and wind capacity came online globally last year!

A group of Florida's Republican sheriffs wrote to Trump asking him to [end mass deportations](#) of undocumented immigrants who haven't committed crimes.

AND The 2026 John F. Kennedy Profile in Courage Award [will be presented to the people of the Twin Cities of Minnesota](#) for their nonviolent resistance to ICE and commitment to protecting their neighbors!

OUR COURT SYSTEM IS WORKING HARD AND DOING A GREAT JOB! Judges are more clearly outraged, too – writing dramatically in their decisions, addressing the attacks on our democratic processes.

A federal judge [blocked](#) the Trump administration's efforts to overhaul national vaccine policies, including the controversial decision to cut the number of federally recommended vaccinations for children.

WOW! There is resistance everywhere – in the courts, in state houses, and on the streets!

Today we will envision the changes we can look forward to after this November's election, when we flip Congress BLUE! Jeanne Miranda, our policy expert, will help us see what it will look like when we take back the House and the Senate!

Flipping the House! We are already busy working on that, as we canvas for Derek Tran in Orange County – so he can keep his seat in a purple district. Our friend from CADEM, Tracy Zeluff, will talk with us today about Deep Listening Canvassing – which so many of us are doing now in Orange County – reaching voters and finding out what are the most important issues for them. Three of our canvassers will tell us about their experiences knocking on doors and having these conversations with voters.

You will get to sign up to join the campaign – this is an important time in the election cycle to talk with voters and help them see that their representatives care about what they think and that their votes are very important. Our next date to canvas for Derek Tran is April 18 in Garden Grove.

And we'll talk with one another about what we're all doing to take action, and to take care of ourselves, to offset our fear and rage (I'll be listening closely!)